

# LOK-stödets utveckling under 20 år, Uppland

Statligt Lokalt Aktivitetsstöd, LOK-stöd, skapades i slutet av 1960-talet då barn- och ungdomsidrotten utvecklades snabbt för att numera vara en stor och viktig del av svensk idrott. LOK-stödet infördes för att ge idrottsföreningar ett ekonomiskt stöd för att kunna bedriva verksamhet för barn och ungdomar. I princip har LOK-stödet sett ut på ungefär samma sätt sen starten. En del regler har förändrats liksom nivån för det ekonomiska stödet. I det här dokumentet redovisas LOK-stödets utveckling för orienteringsföreningar under de senaste 20 åren.

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# 1. LOK-stödet

Statligt lokalt aktivitetsstöd, det så kallade LOK-stödet, är ett stöd till svenskt föreningsliv för att stimulera till att skapa bra verksamhet för barn och ungdomar. LOK-stödet skapades för att ge ett stöd till föreningslivet för att satsa på meningsfulla aktiviteter för barn och unga. En ny och växande ungdomskultur ungdomskravaller, raggarkultur och motbokens avskaffande var några saker som sågs som ett hot mot sunda värderingar bland unga.

Reglerna för LOK-stödet har förändrats ett antal gånger under årens lopp. De senaste förändringarna och är åldersgruppen 21-25 år blev berättigad till LOK-stöd 2014 och ett extra ledarstöd till de grupper som har två ledare. För orienteringsföreningarna i Sverige innebär LOK-stödet ett årligt tillskott på omkring 3,8 miljoner kronor fördelat på 347 föreningar (2019). Varje deltagartillfälle ger i genomsnitt 11 kronor till föreningen.

LOK-stödet är också en viktig fördelningsnyckel när Riksidrottsförbundet fördelar det statliga stödet inom idrotten. Ju mer LOK-stödssammankomster som redovisas för orientering desto mer stöd till orienteringsidrotten.

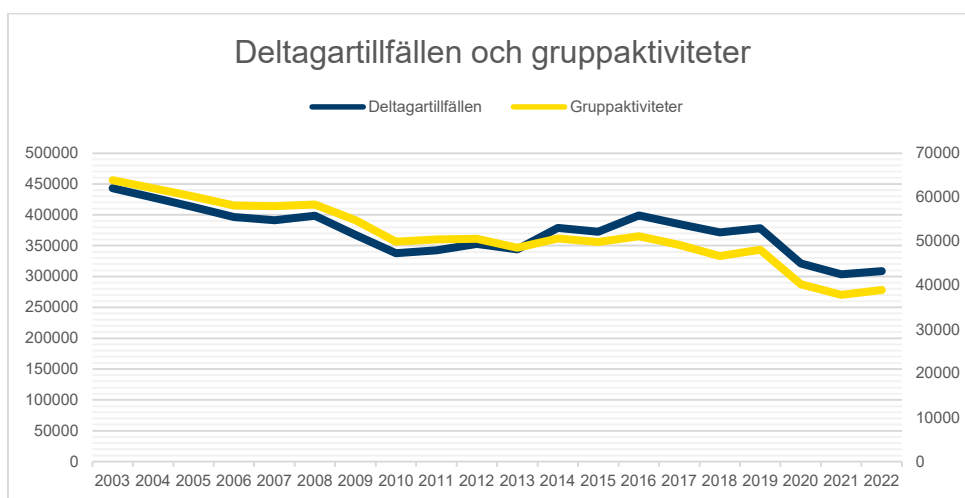
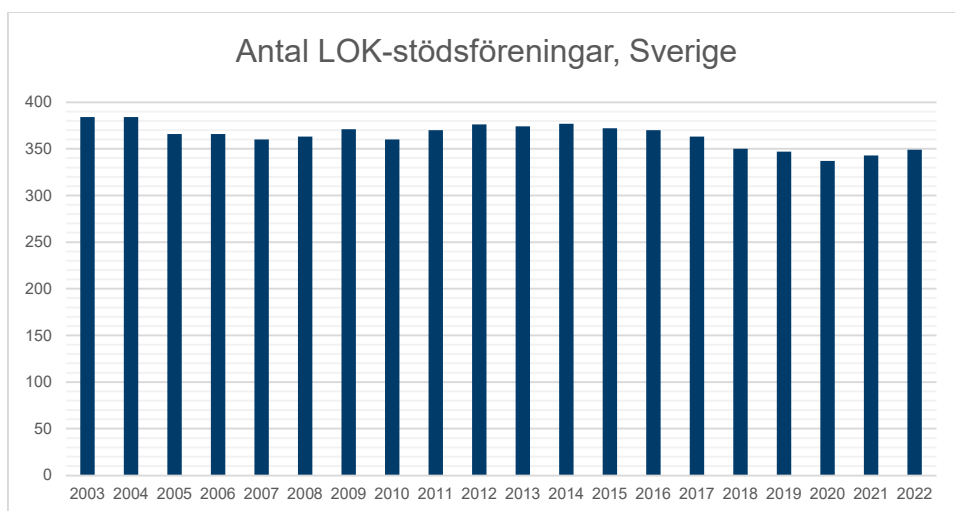
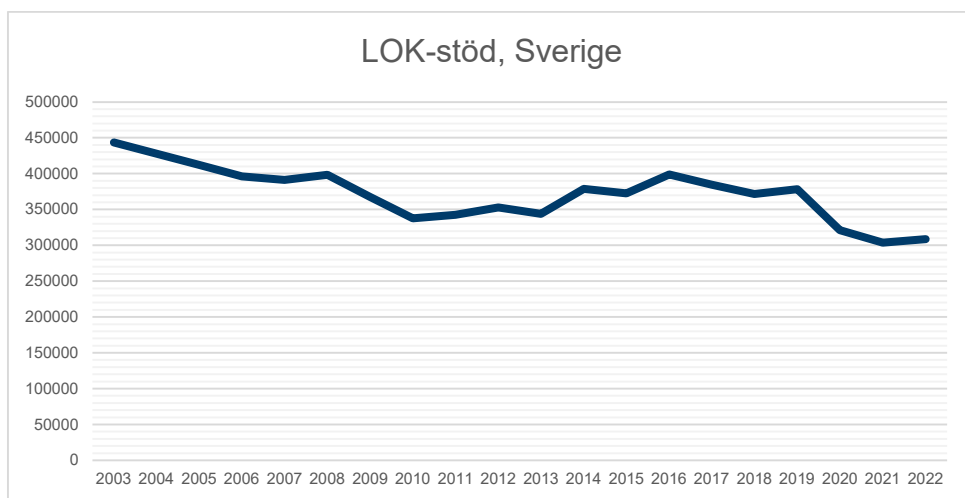
Här följer en redovisning av LOK-stödets utveckling i distriktet som helhet och för respektive förening i distriktet. Föreningar som eventuellt saknas redovisar inget LOK-stöd. Av redovisningen nedan framgår den totala utvecklingen, eventuella skillnader mellan pojkar och flickor samt utvecklingen för LOK-stödets olika åldersgrupper. Förhoppningsvis kan underlaget ge mer kunskap om för vilka målgrupper framtida satsningar bör göras. I vilka åldrar och vilket kön finns våra styrkor respektive svagheter? Vilka satsningar behöver göra?

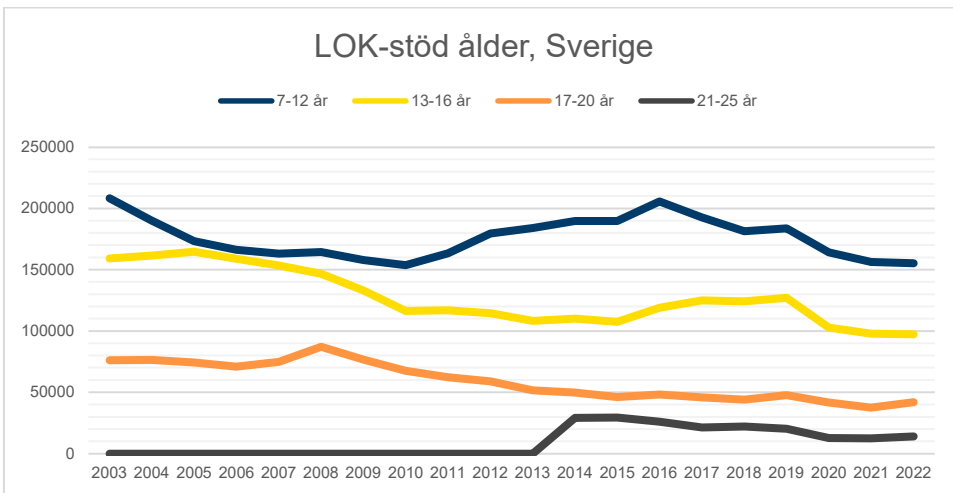
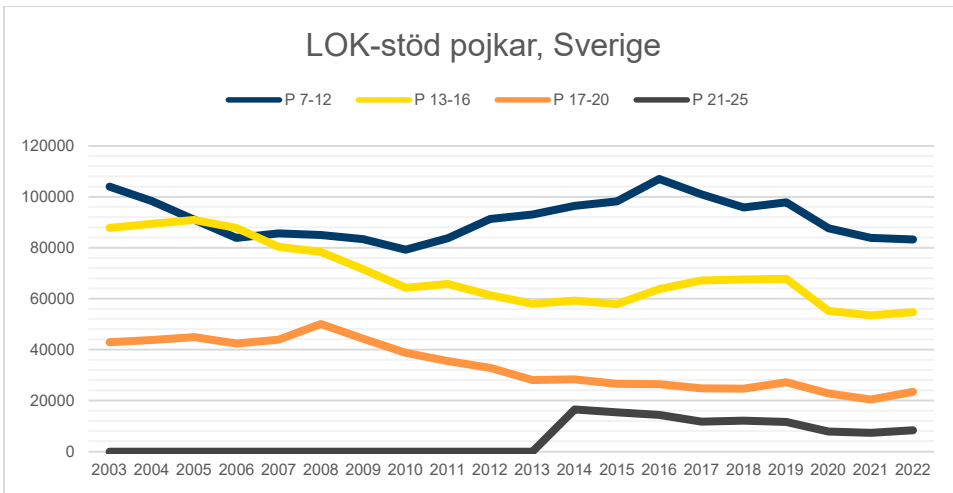
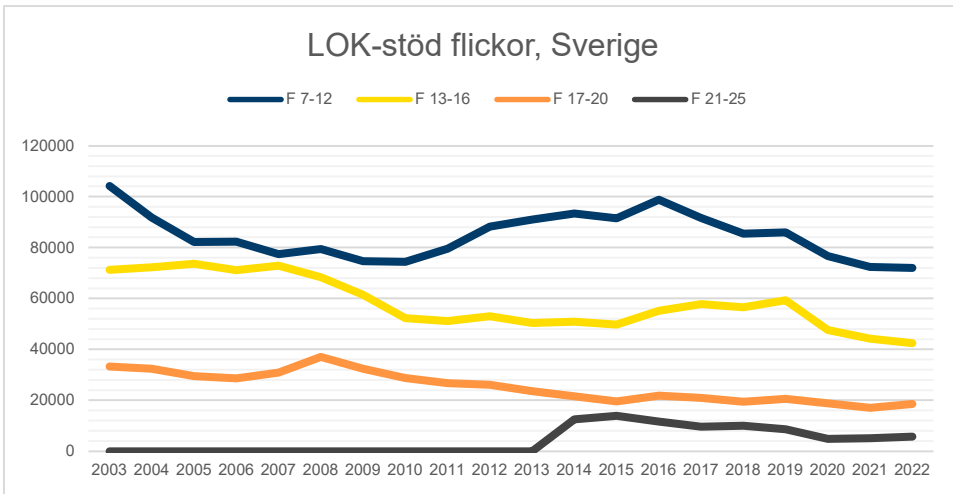
I mars 2020 drabbades Sverige och världen av en coronapandemi med restriktioner och begräsningar som följd. Restriktioner i olika nivåer kvarstod till den 9 februari 2022. Detta påverkade verksamheten.

Alla värden är antal deltagartillfällen. Källa: Riksidrottsförbundet

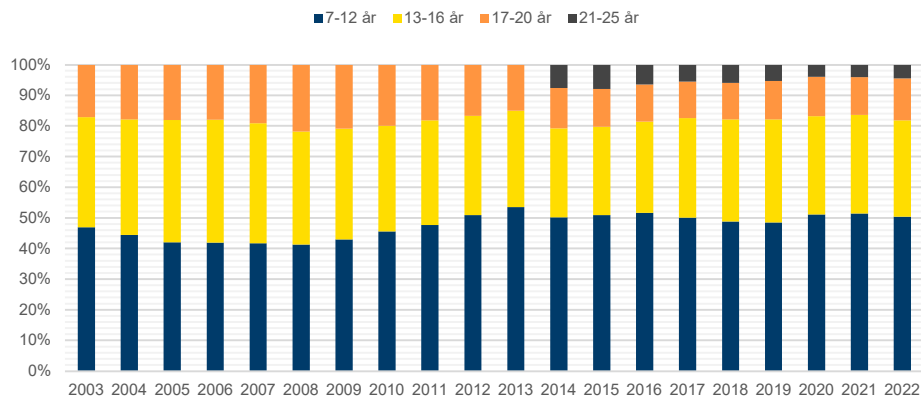


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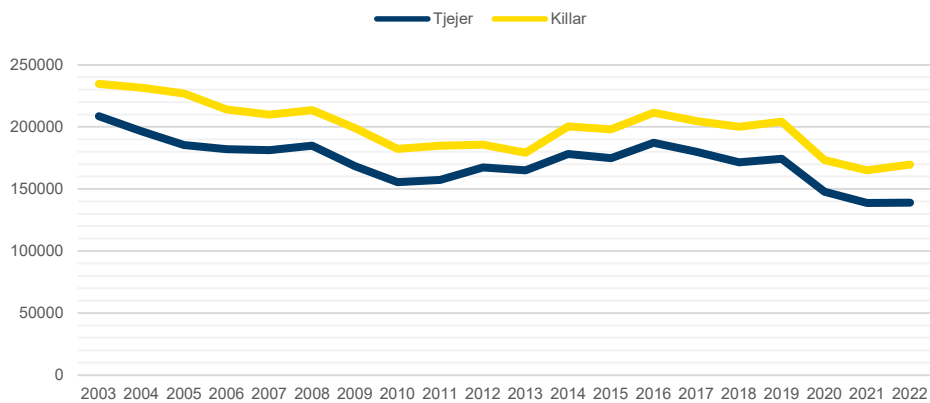




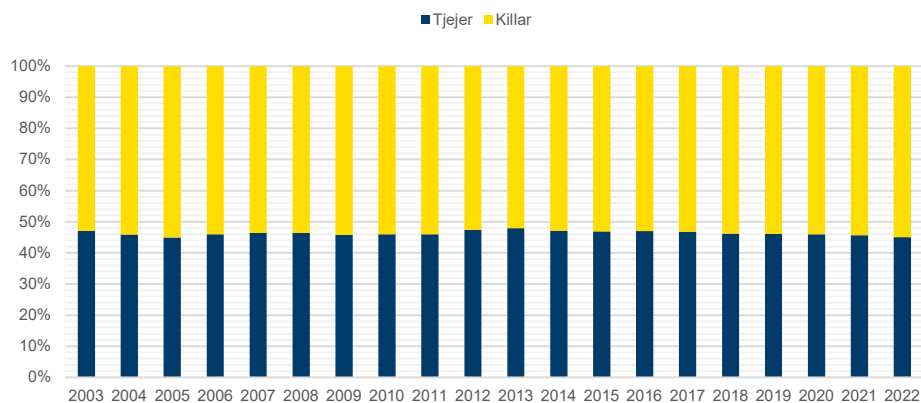
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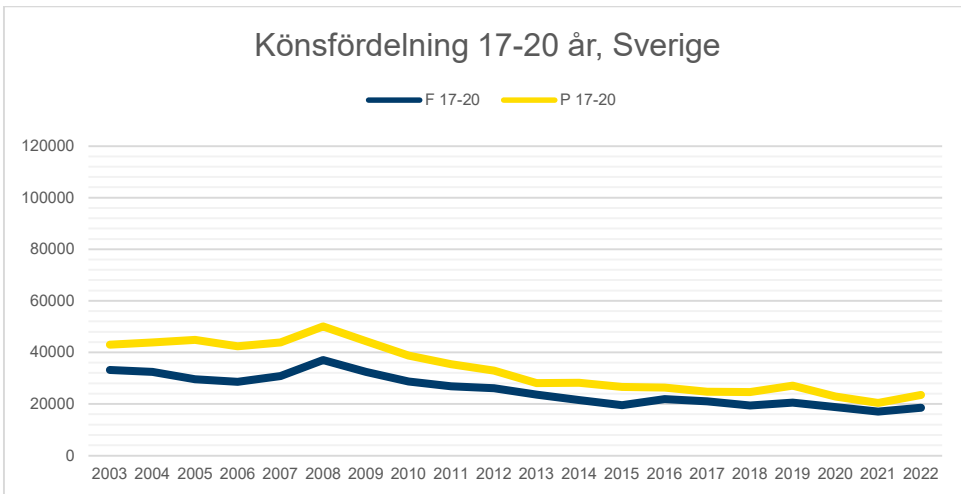
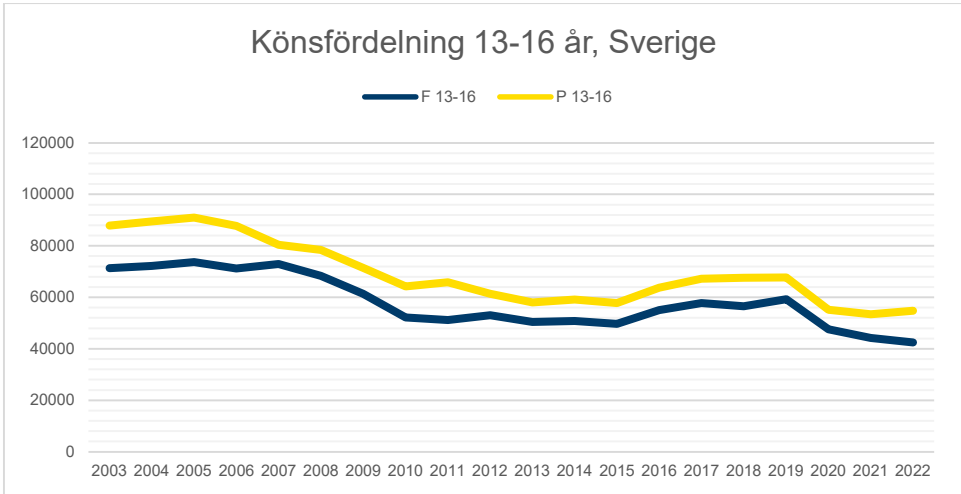
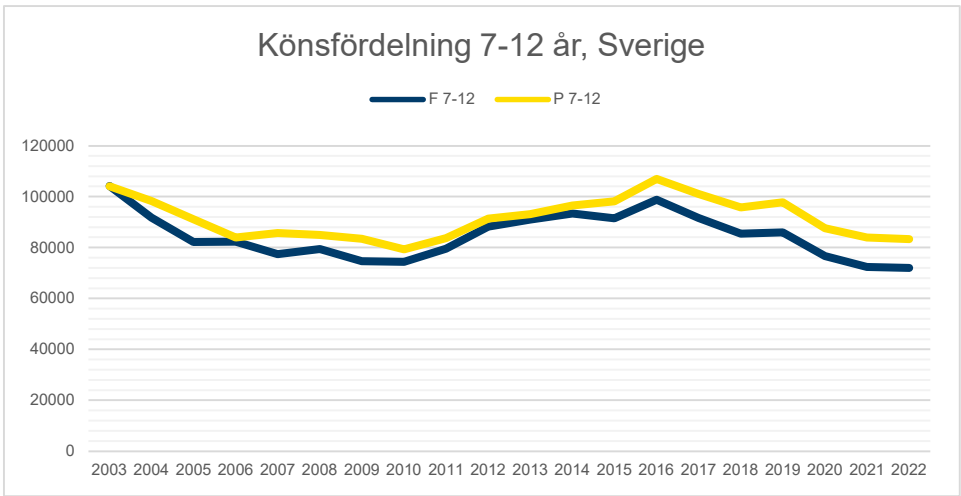


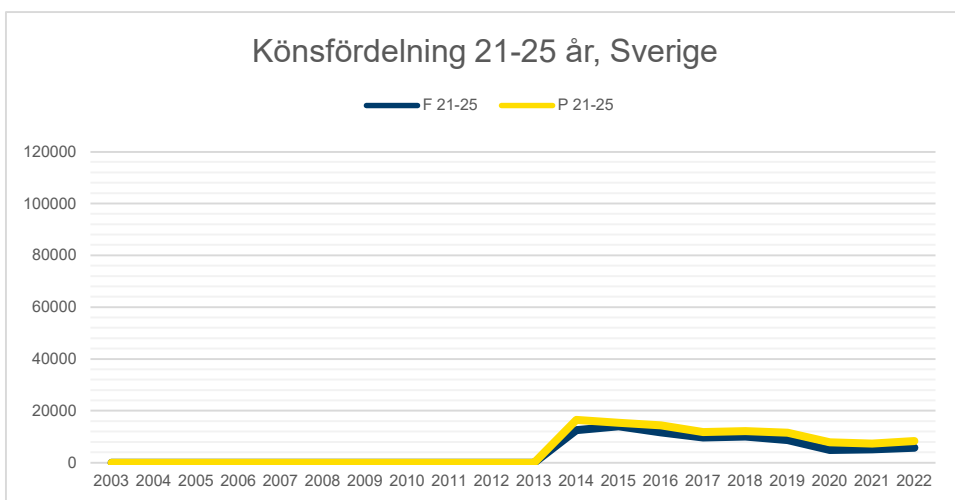
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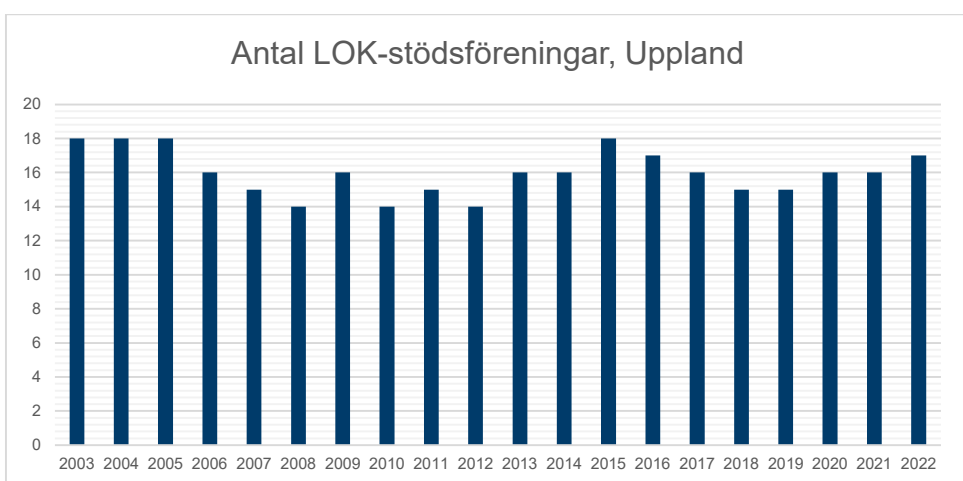
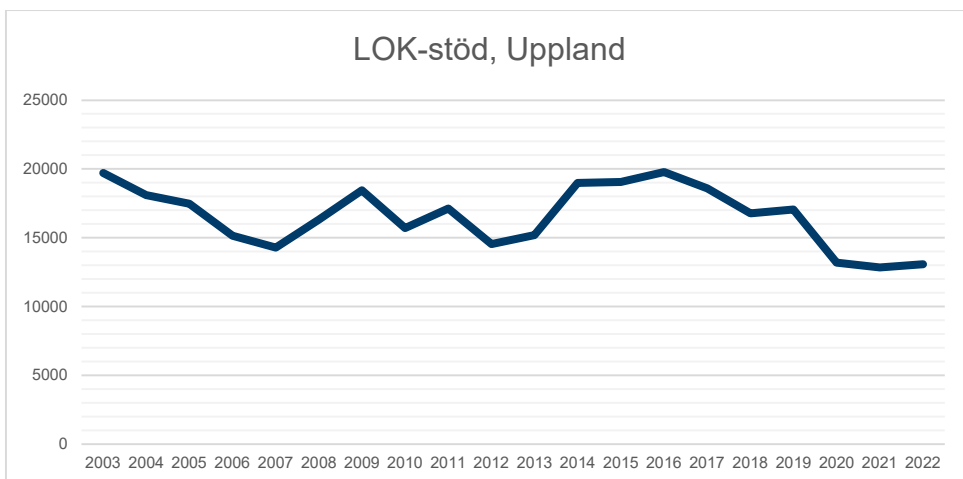
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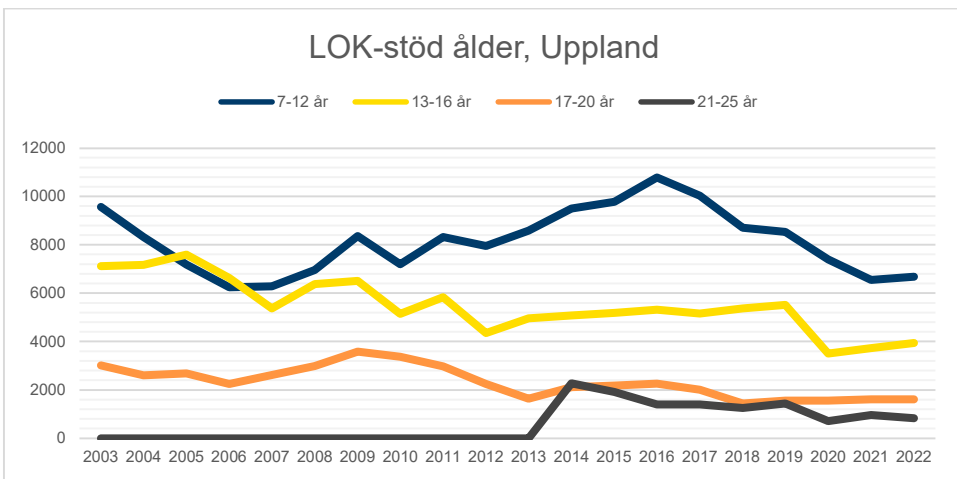
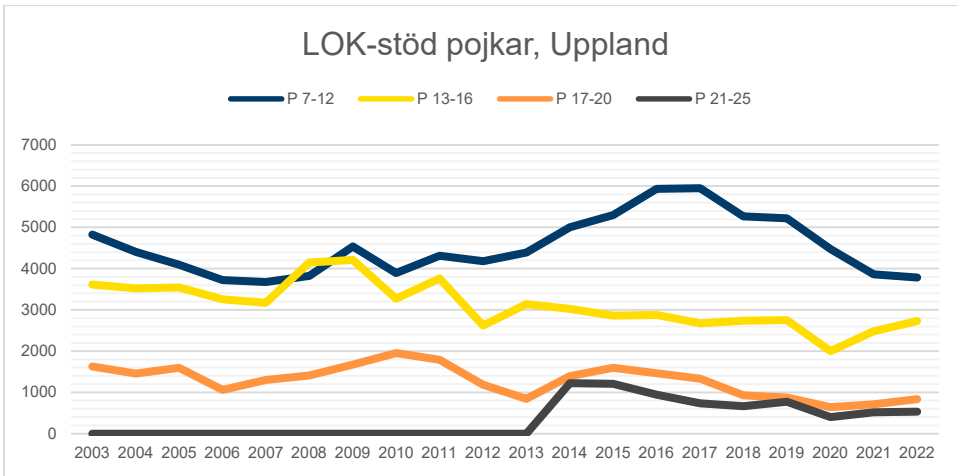
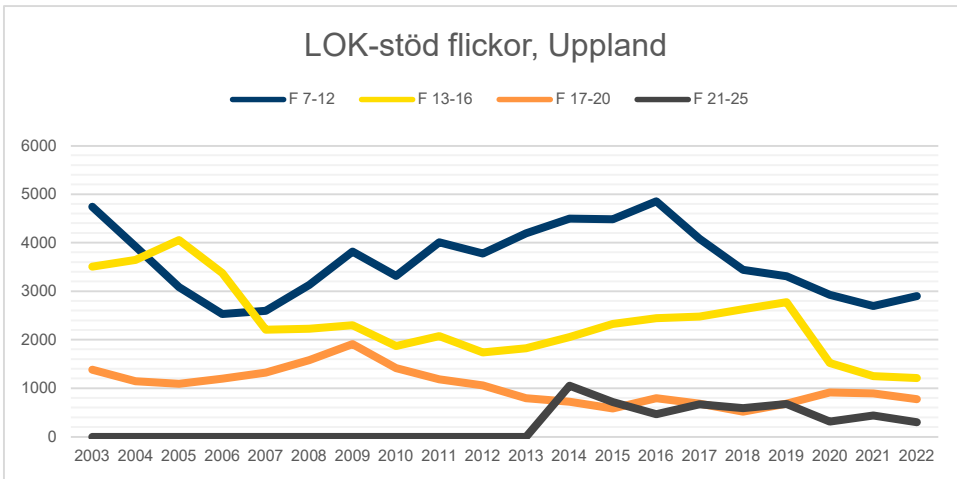




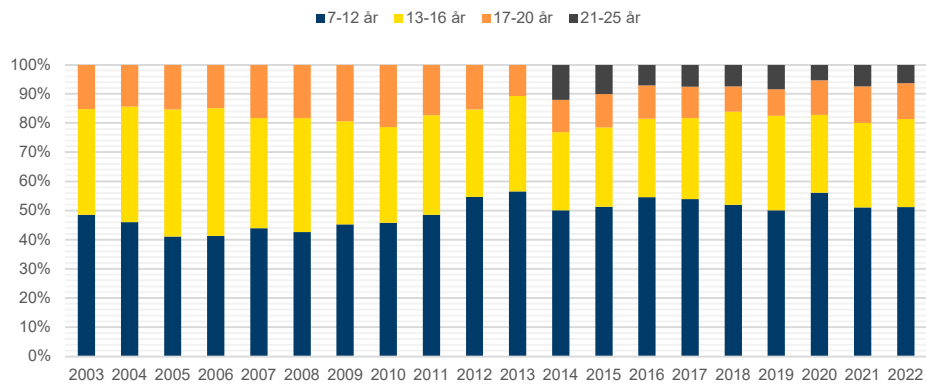
## 3. Uppland



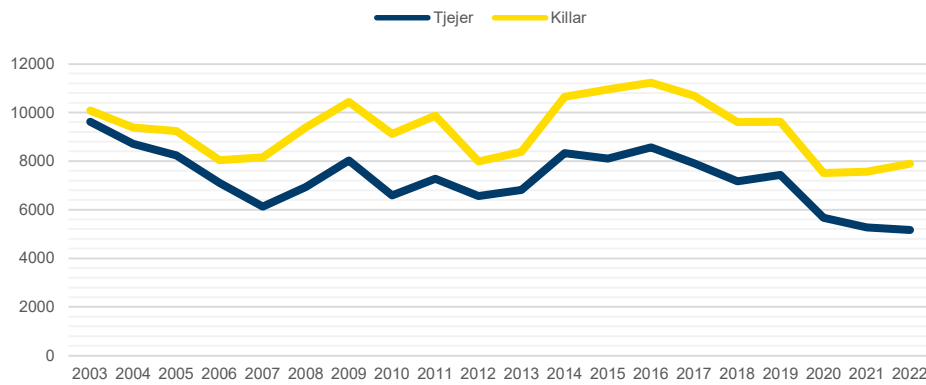




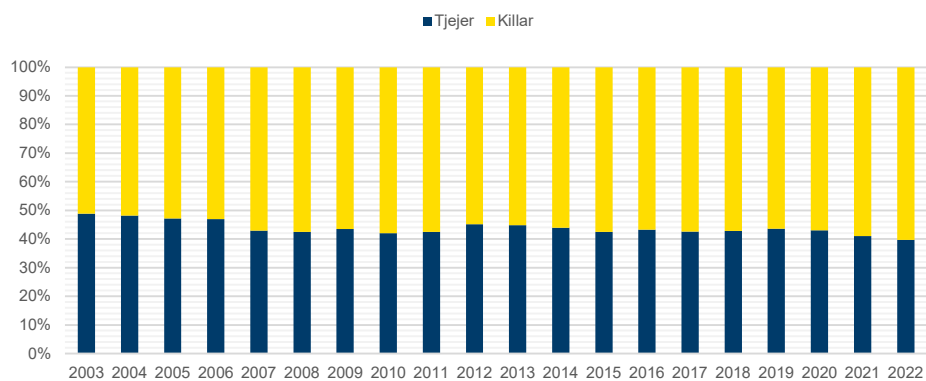
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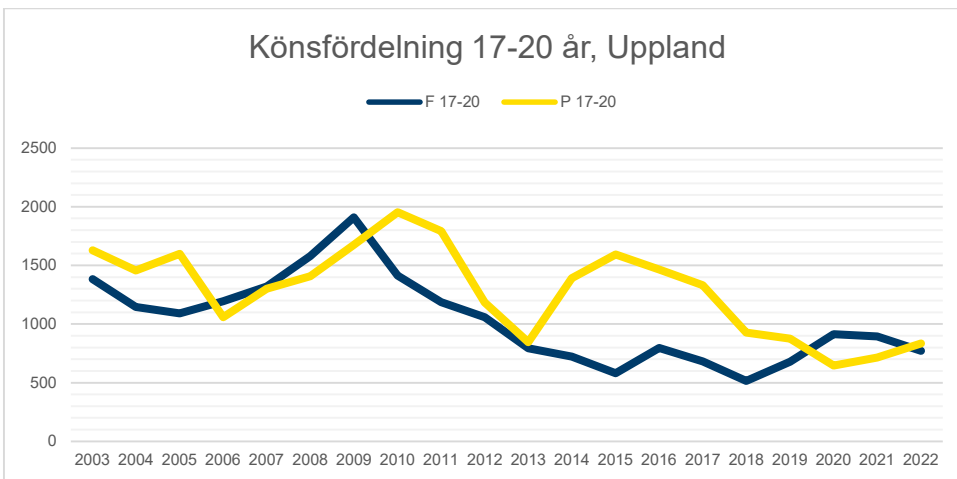
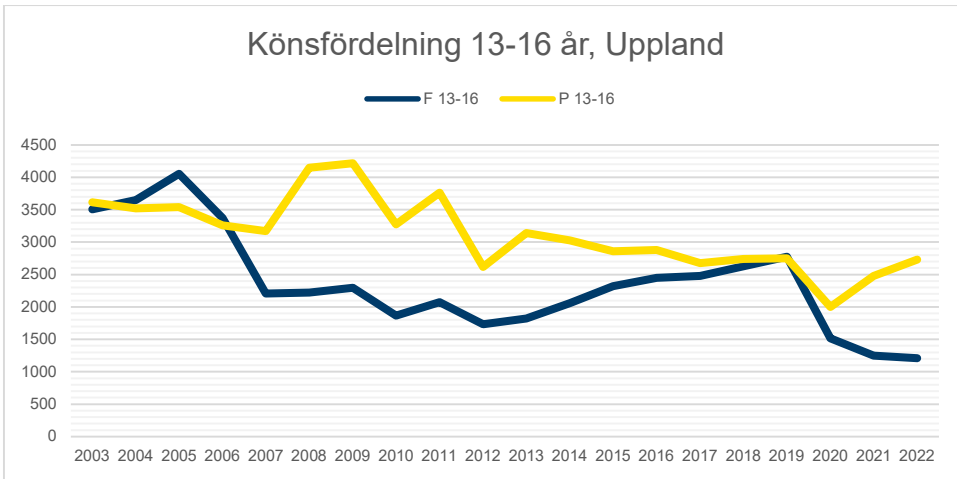
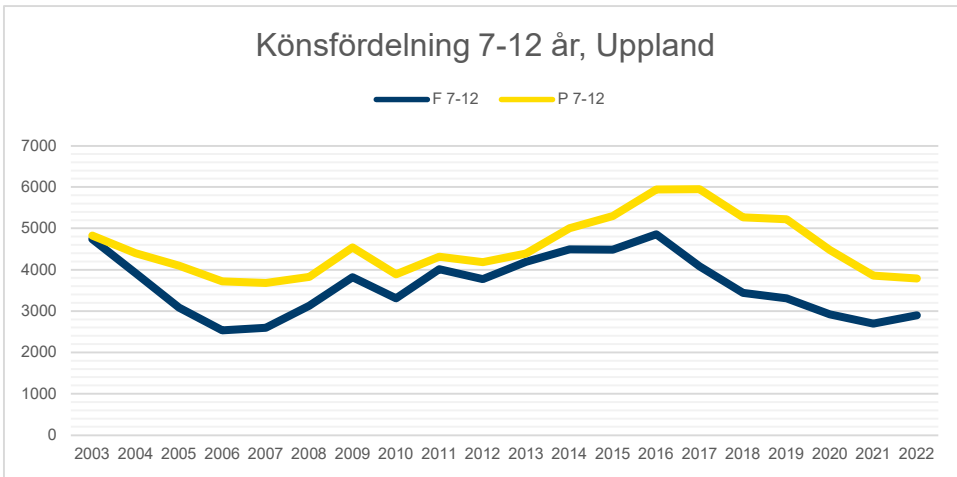


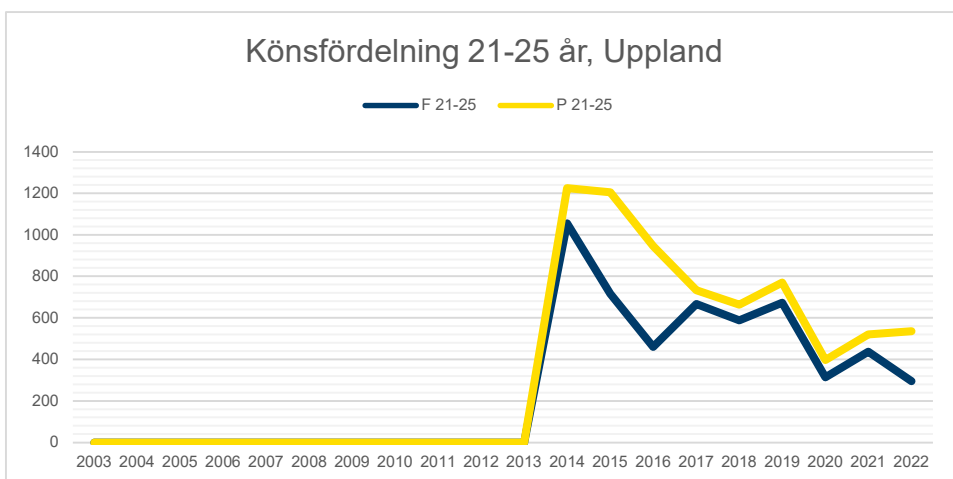
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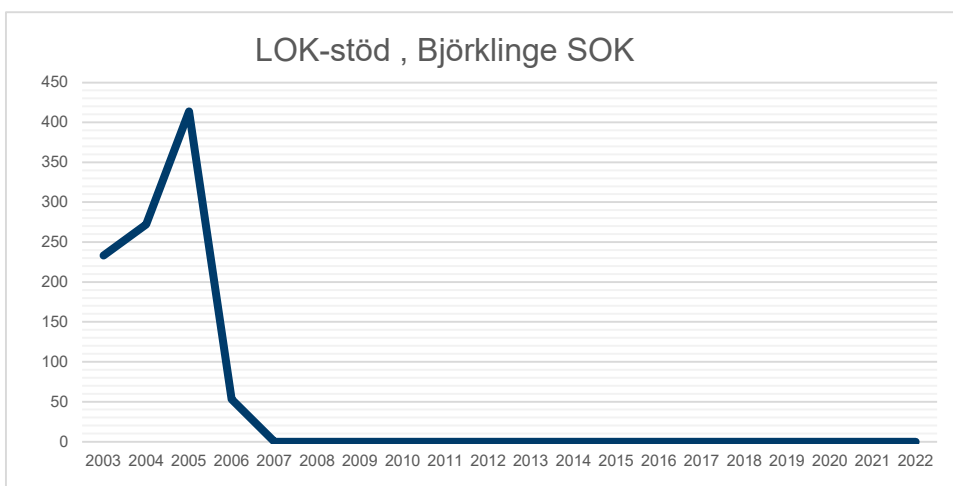
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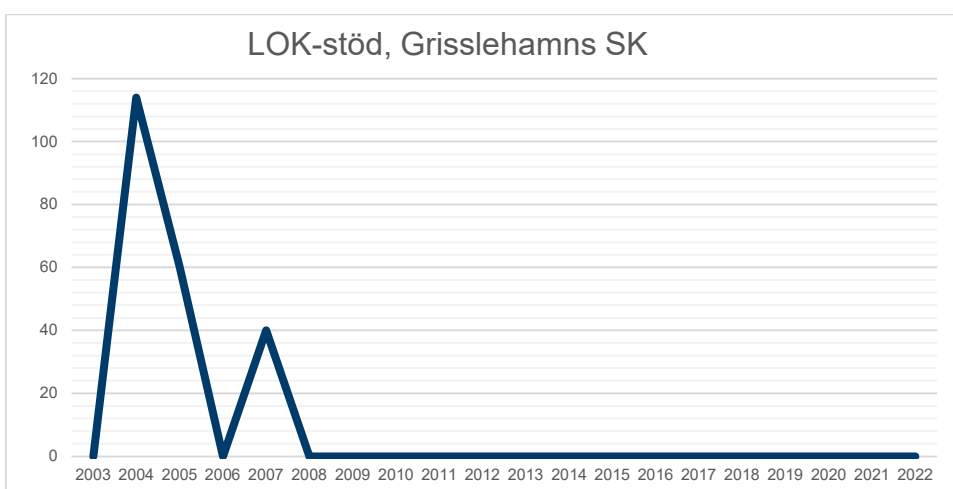




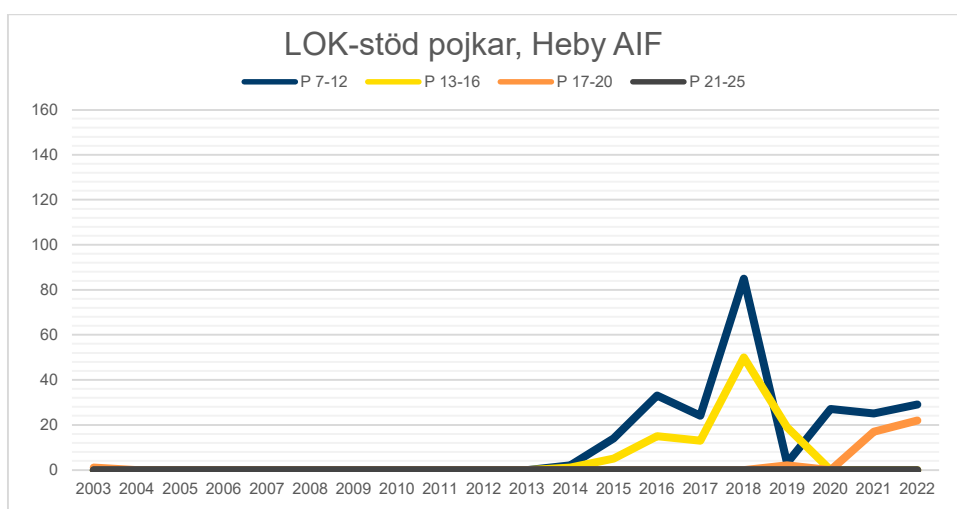
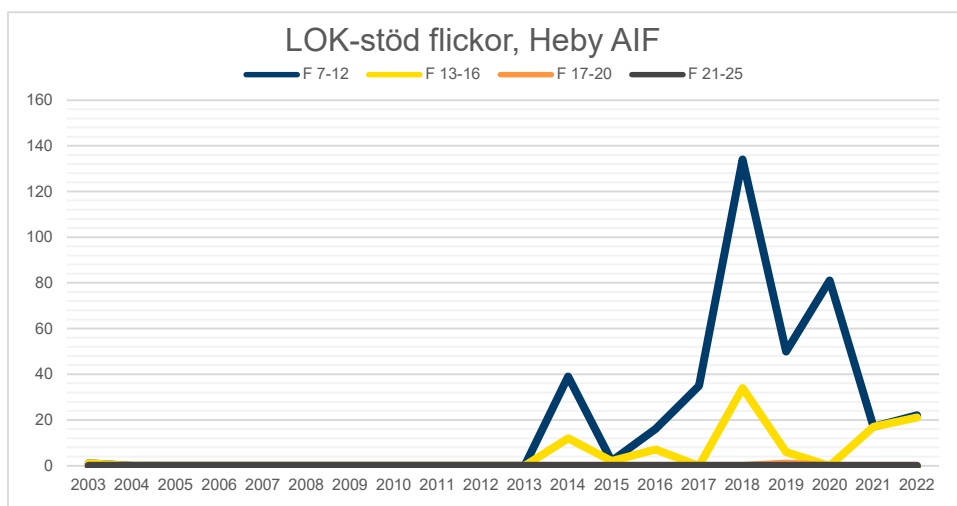
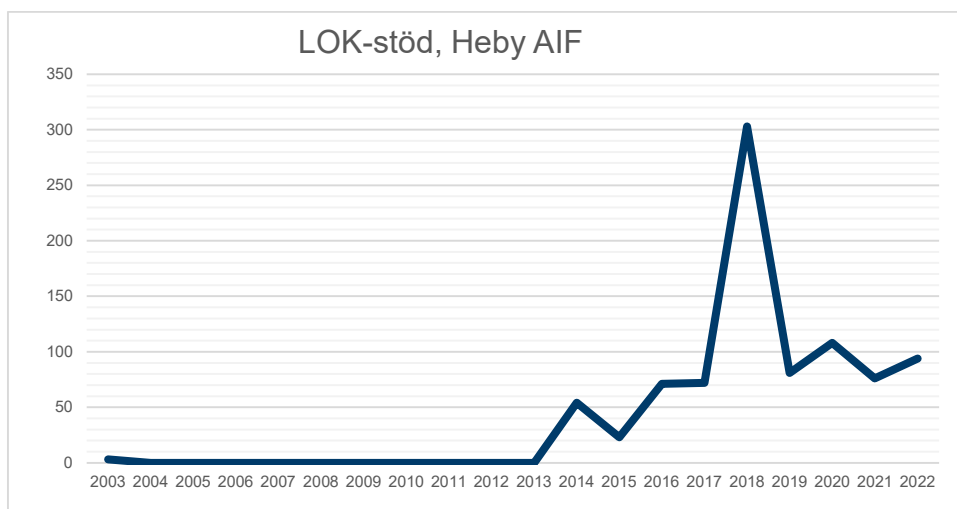
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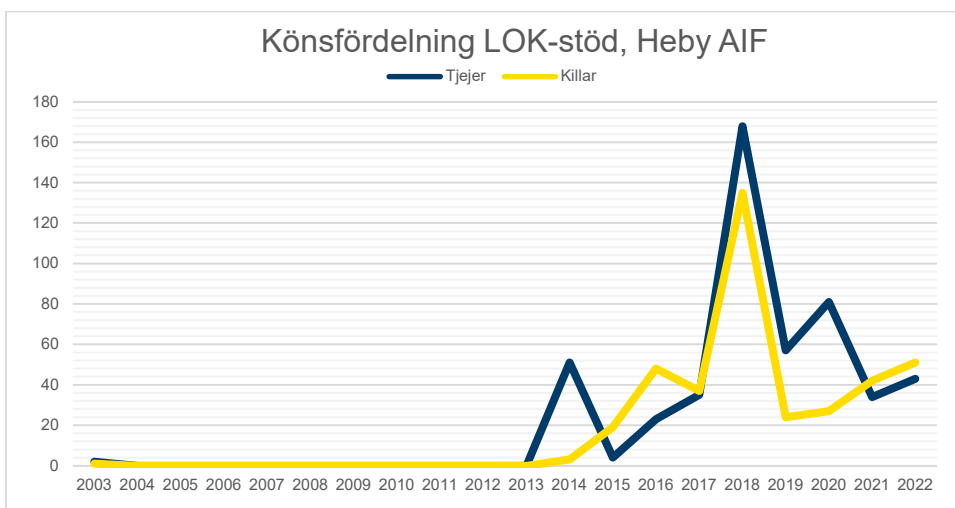
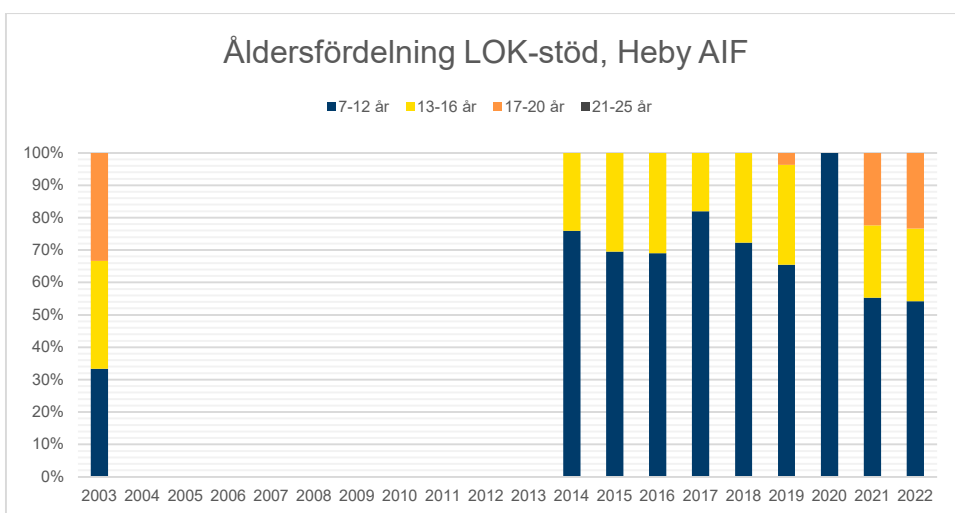
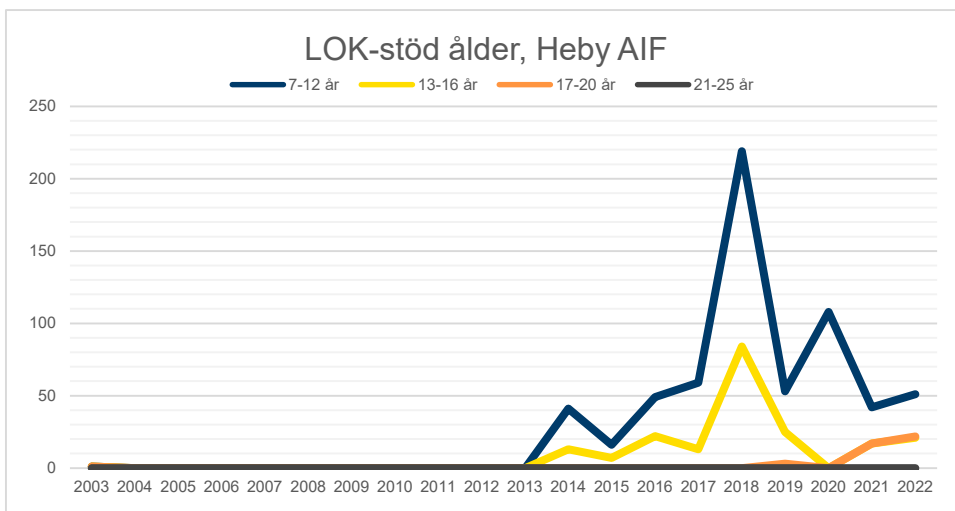


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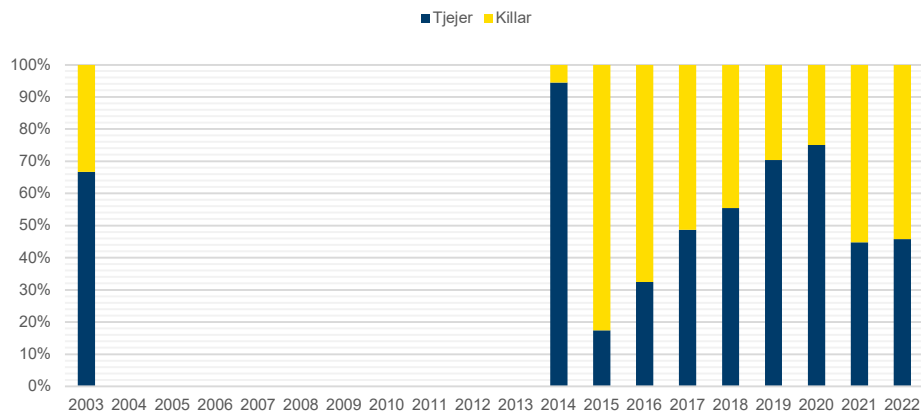


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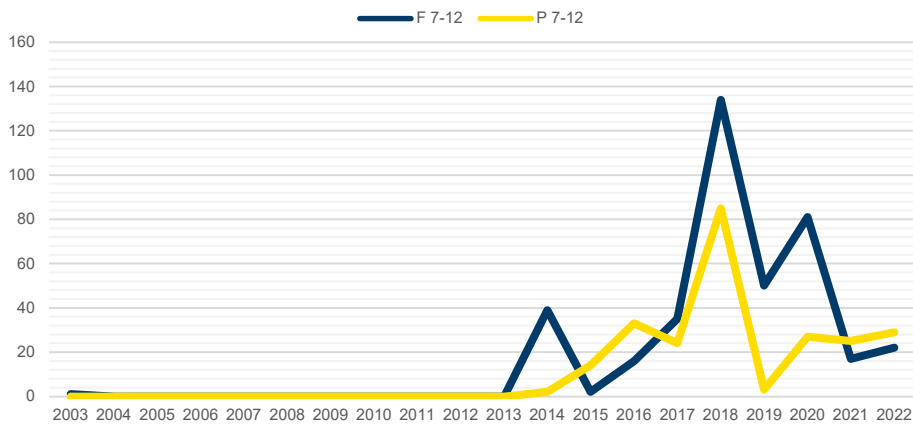




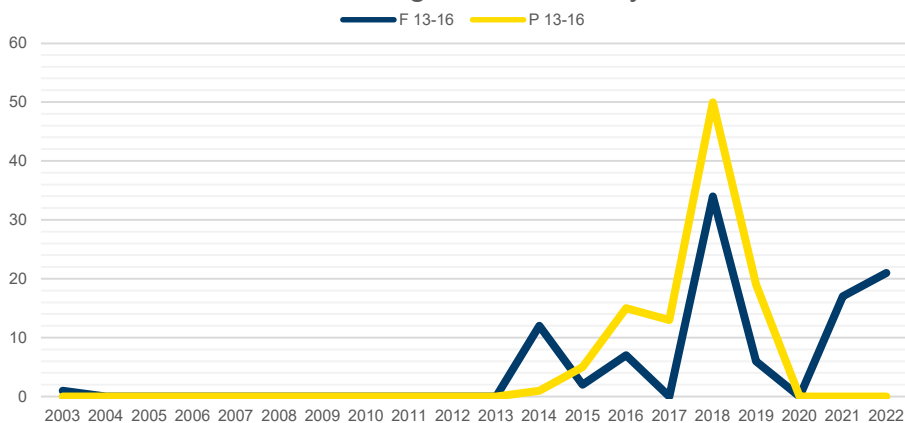
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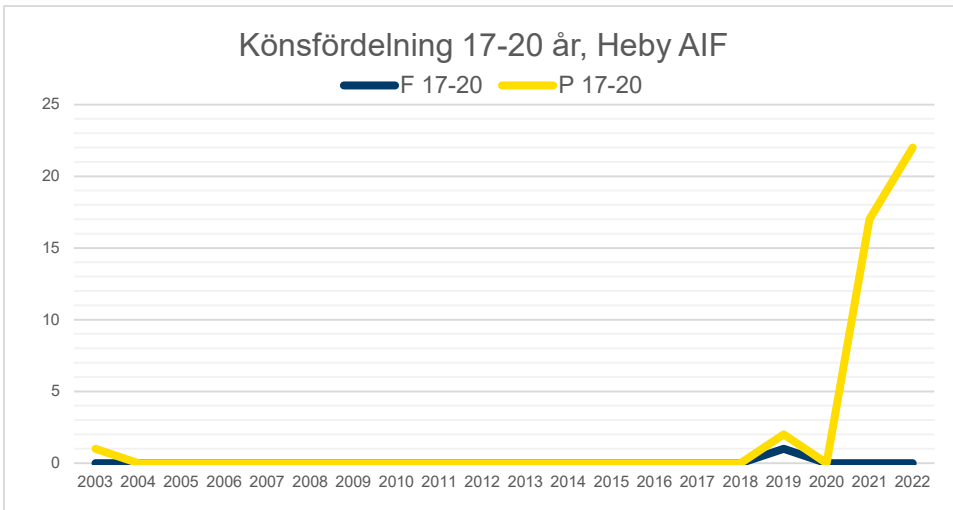


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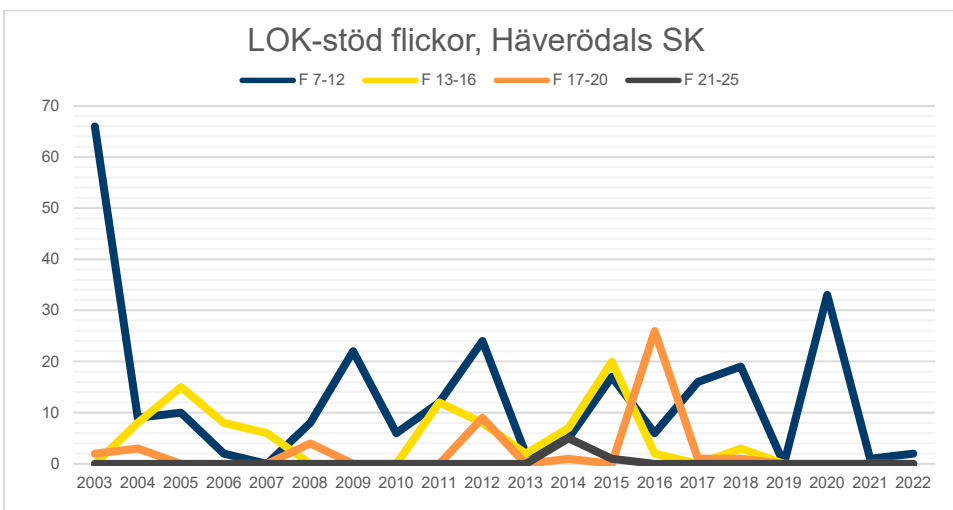
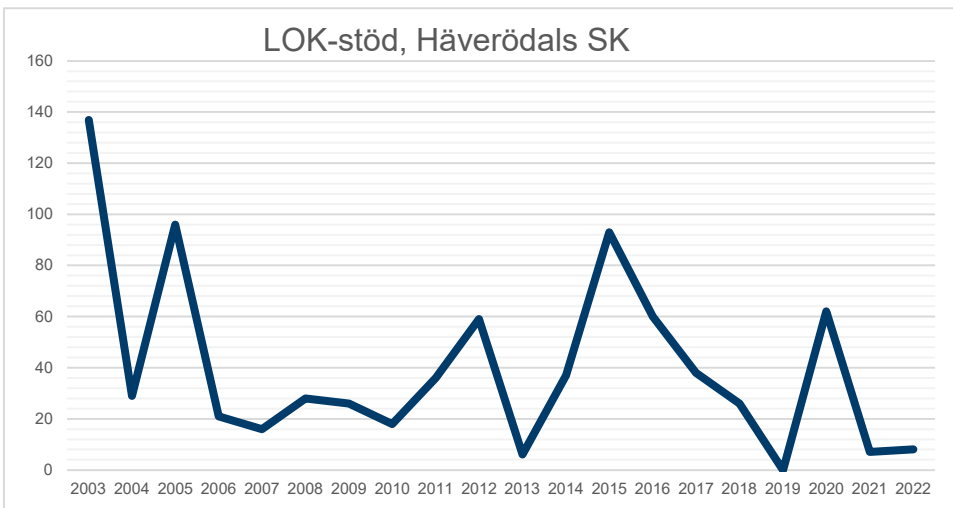


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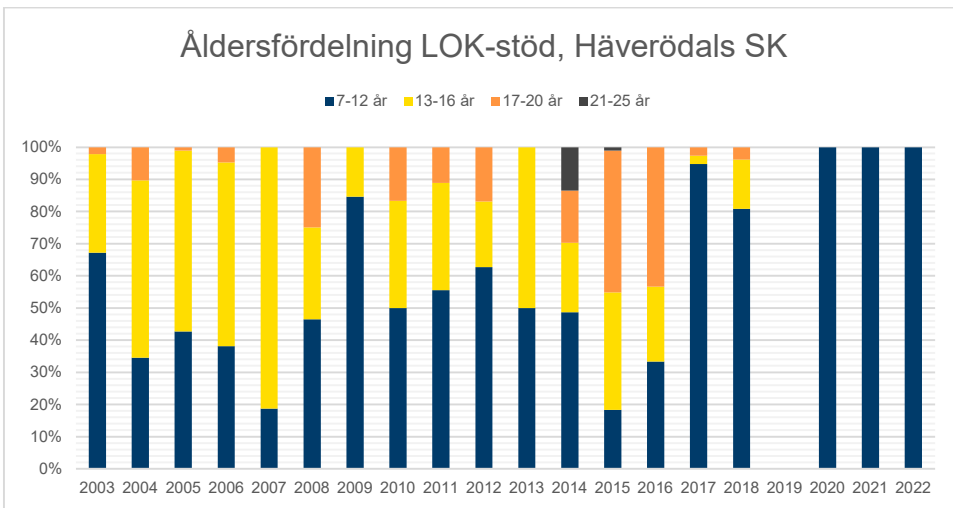
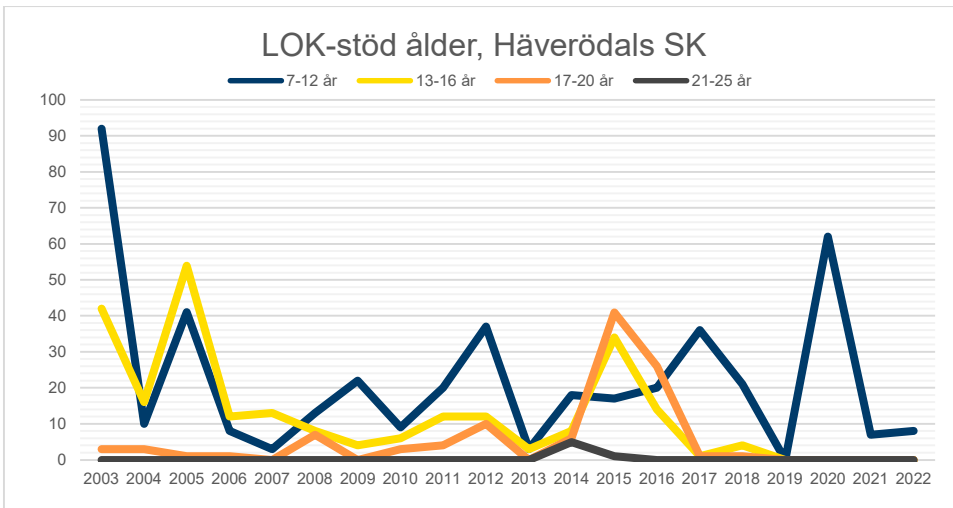
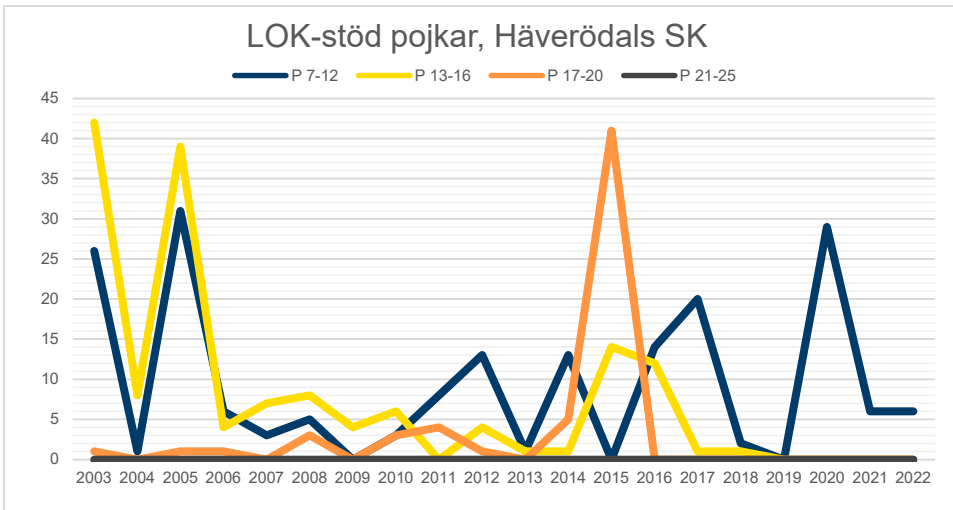


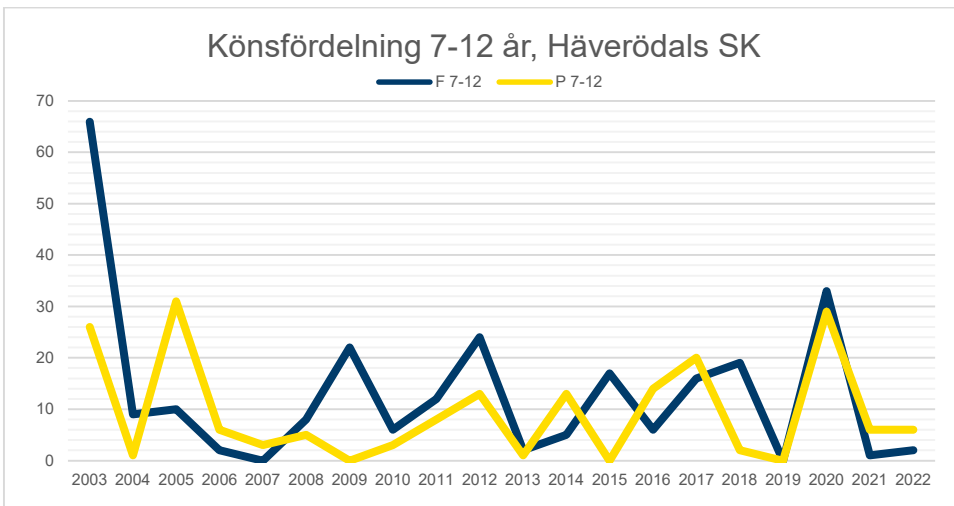
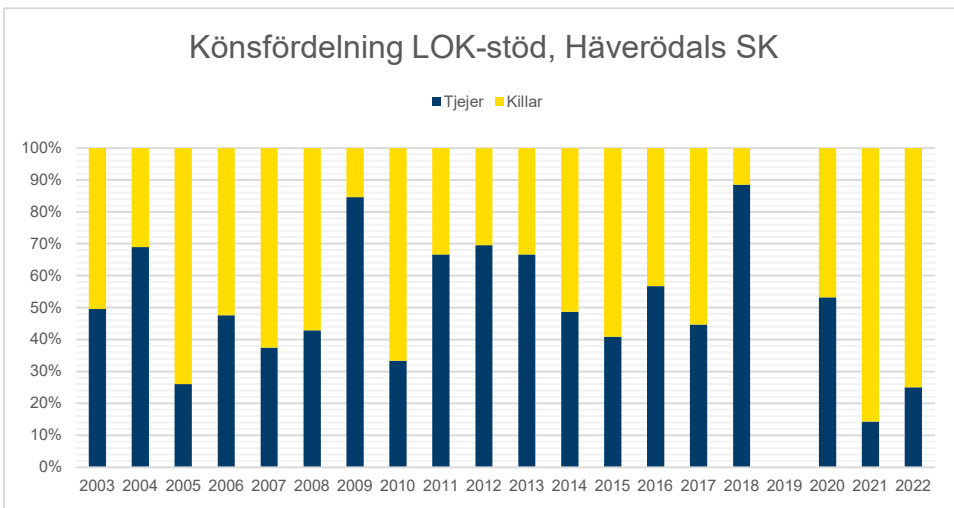
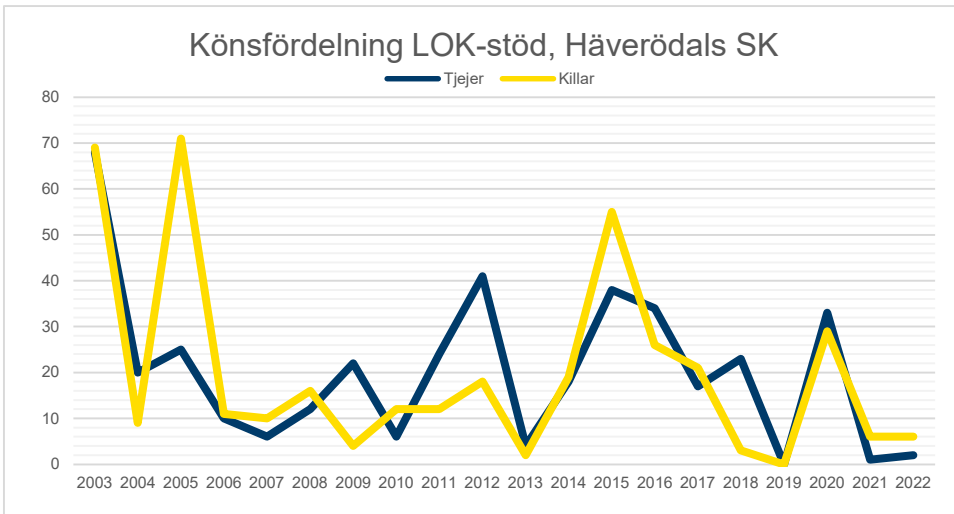


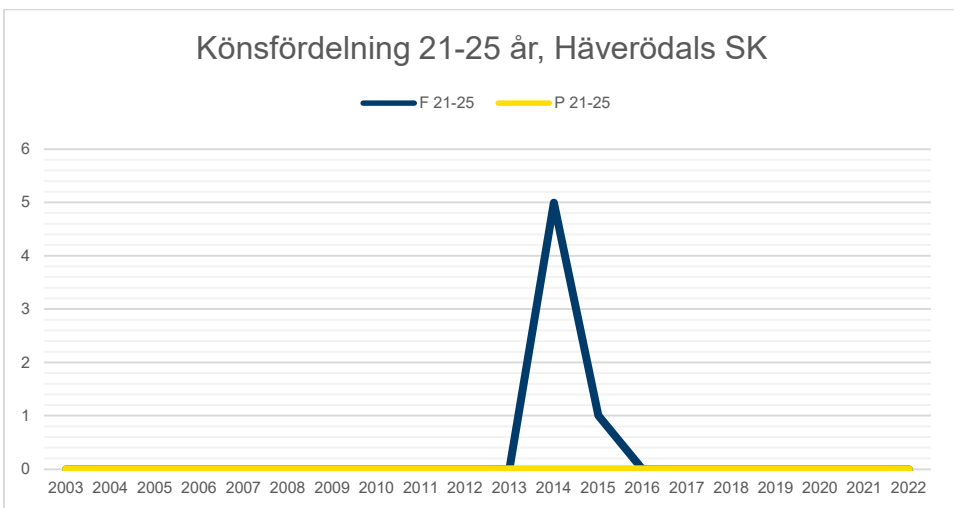
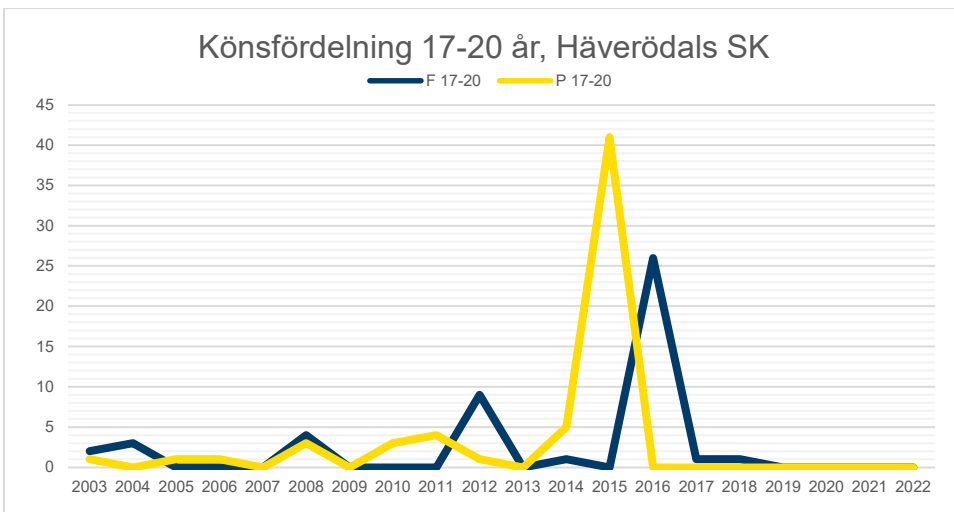
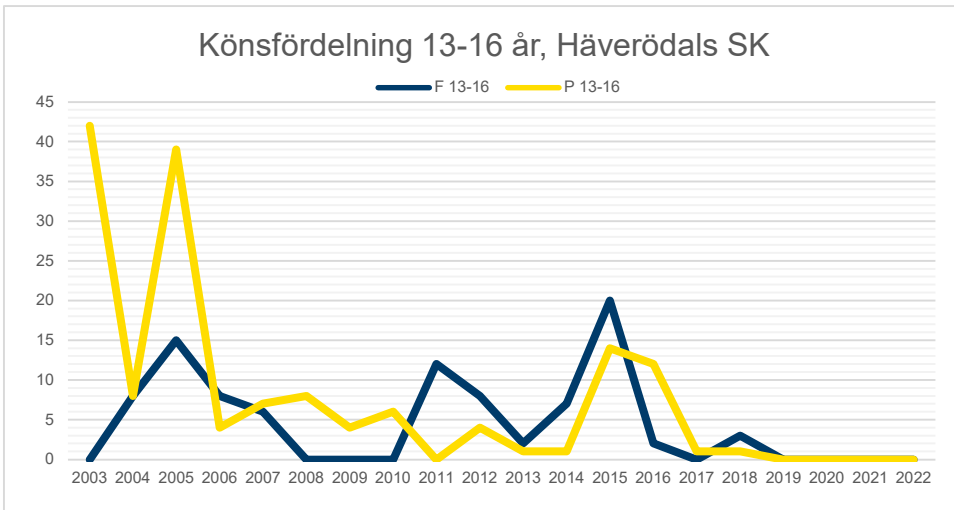
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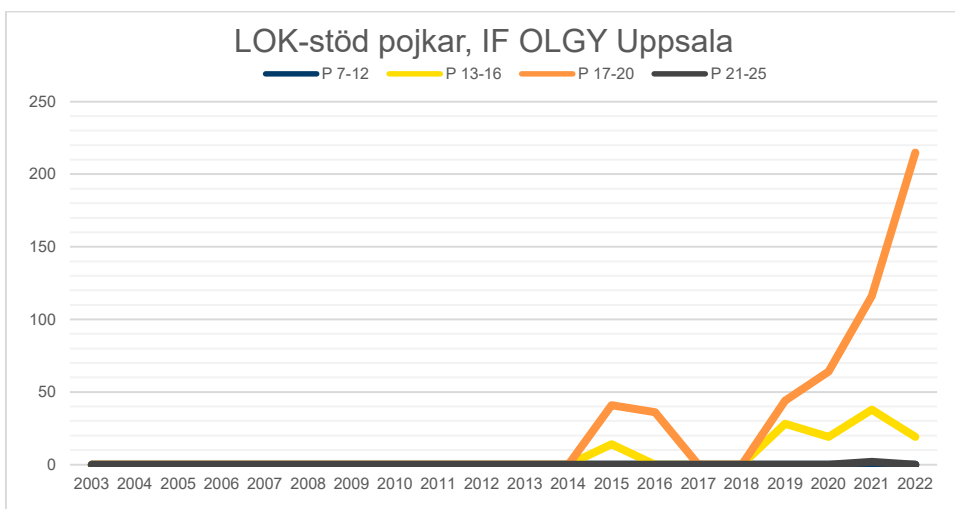
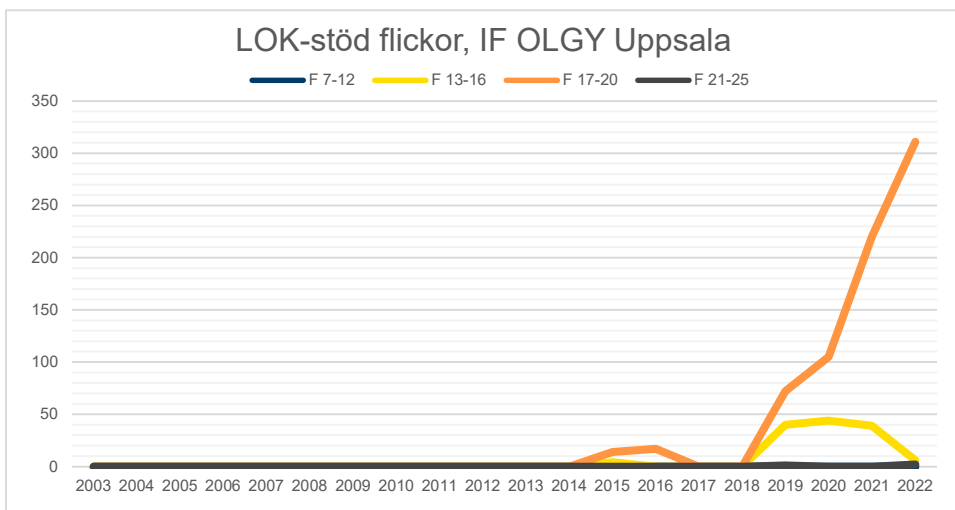
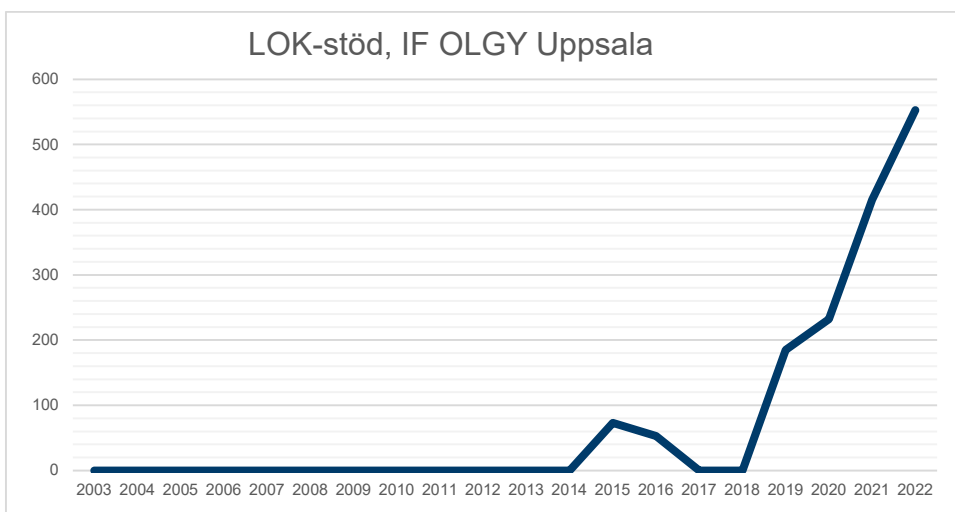


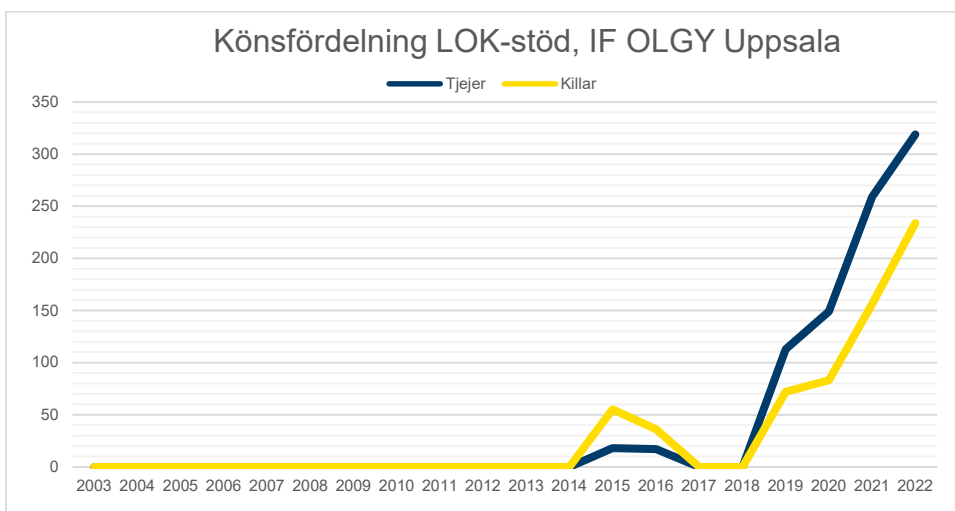
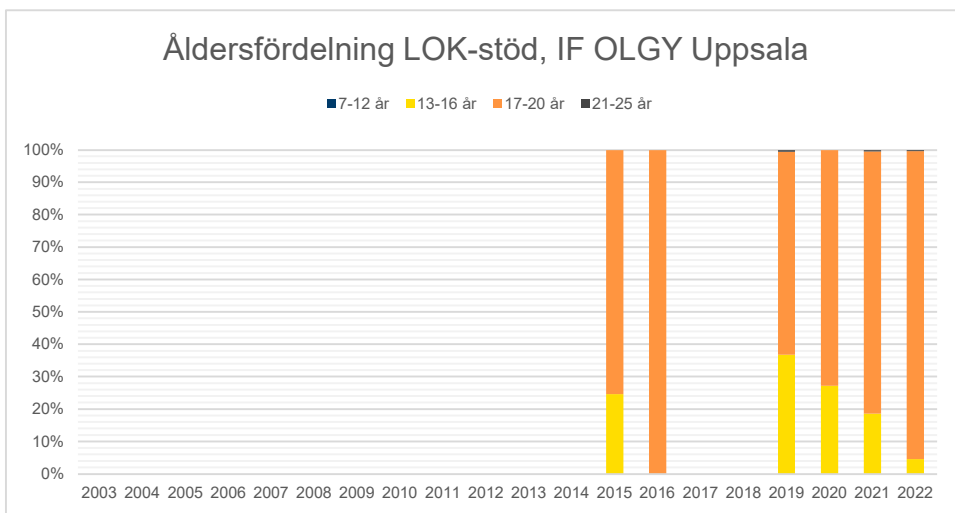
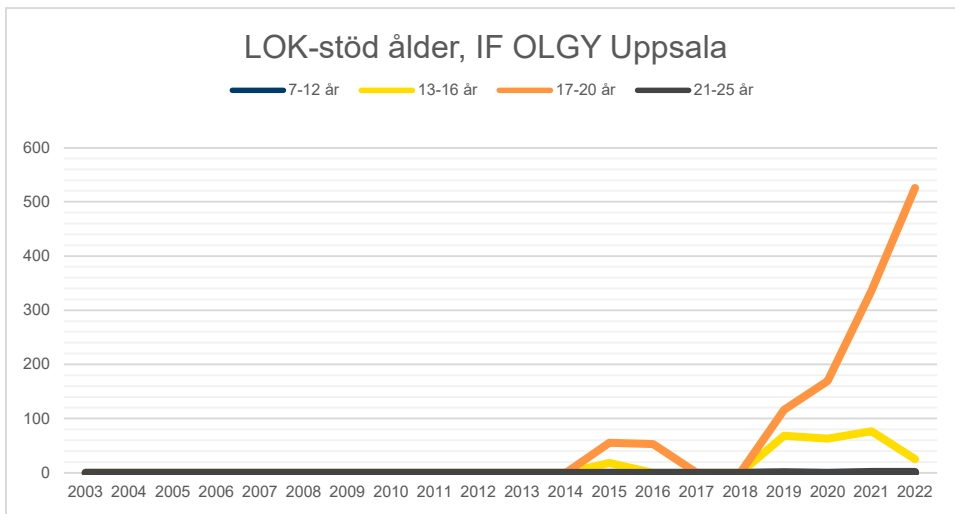




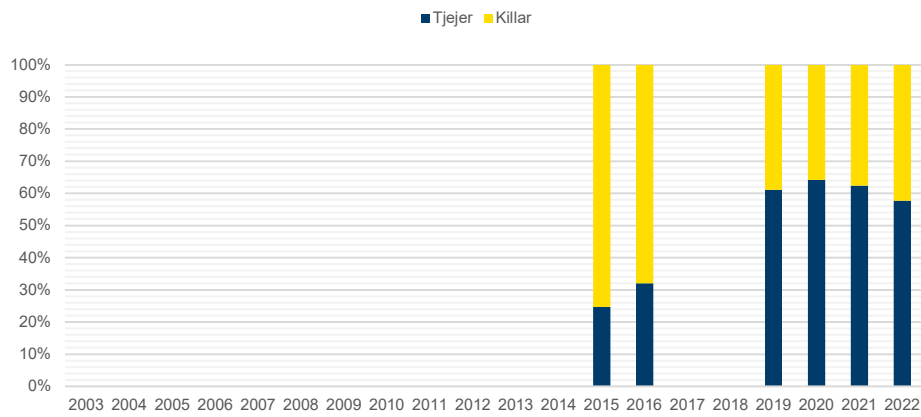


## 8. IF OLYG Uppsala

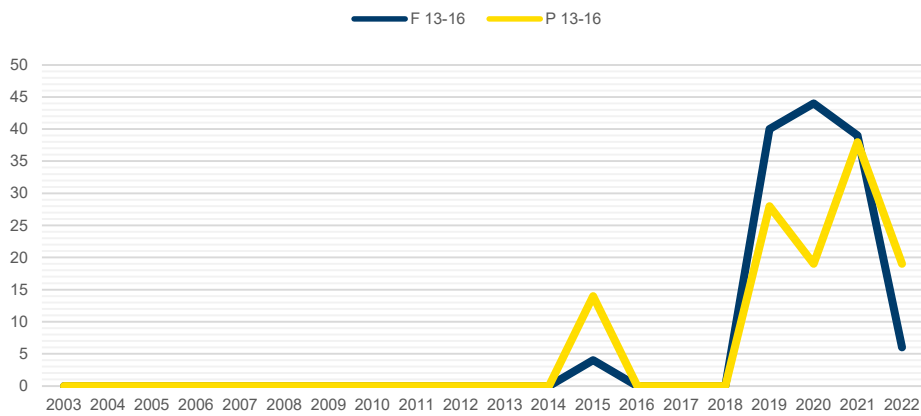




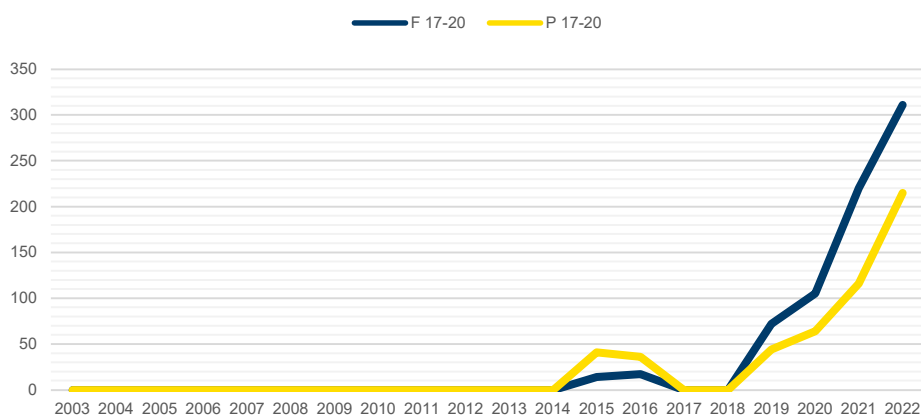
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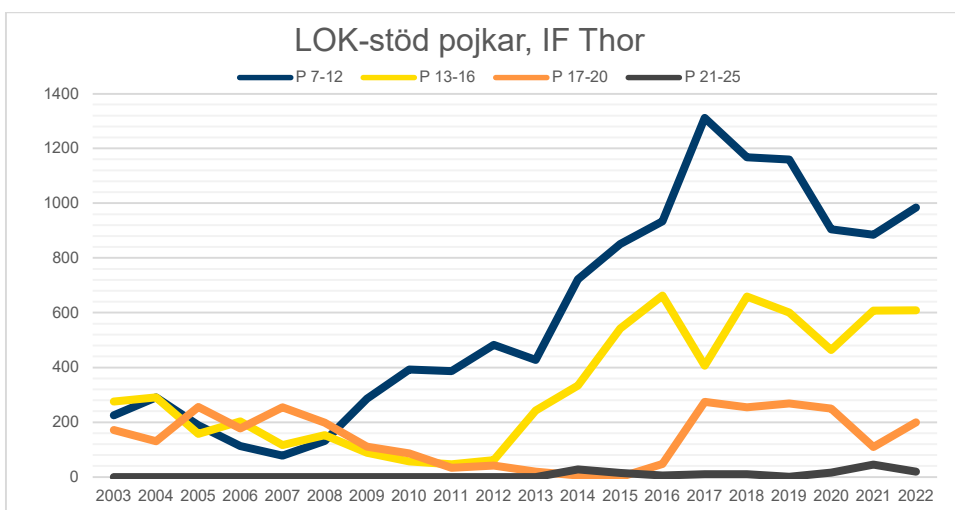
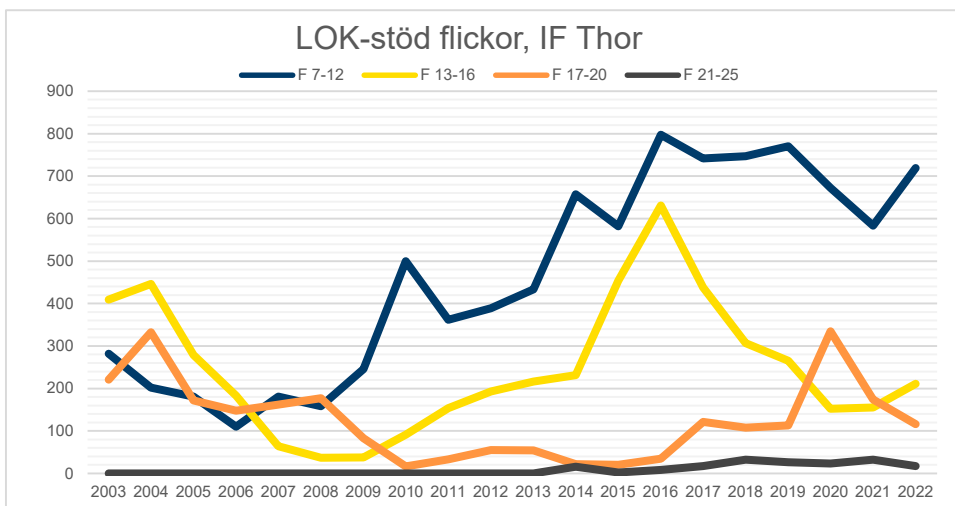
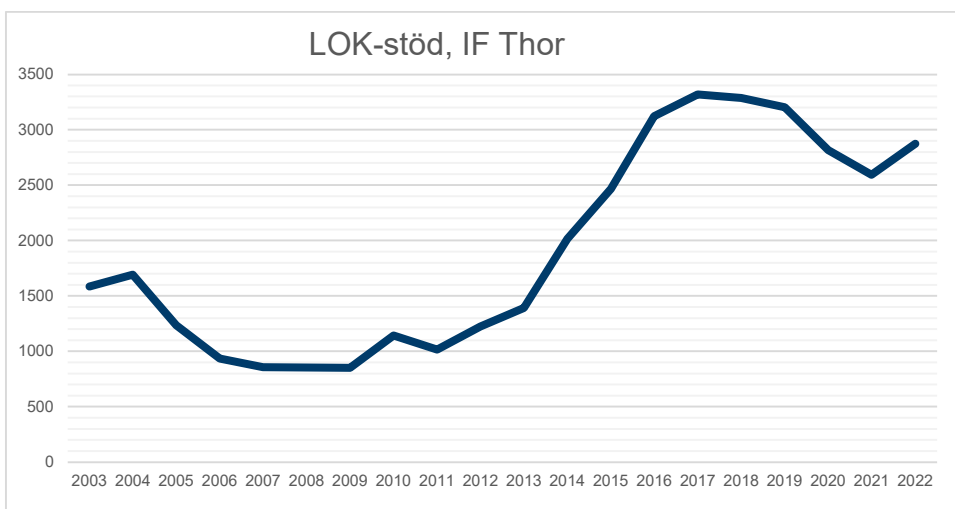
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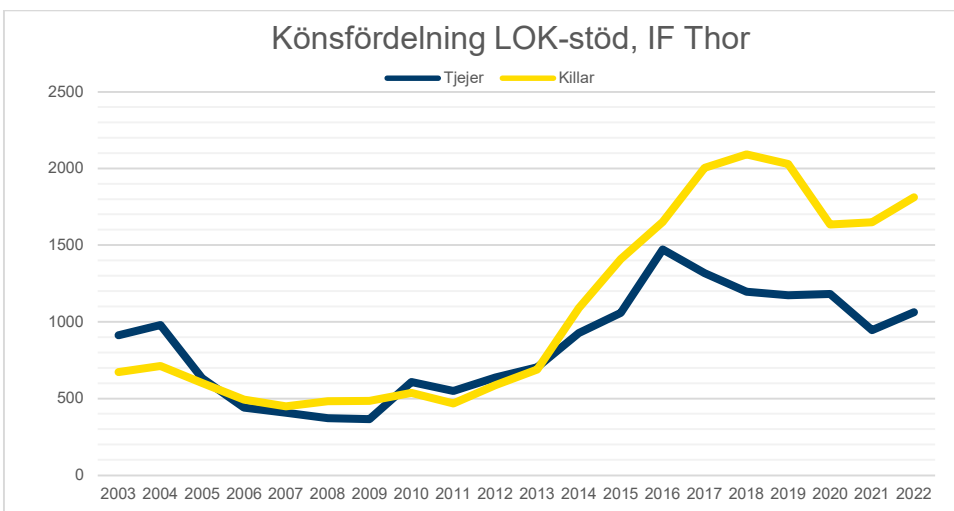
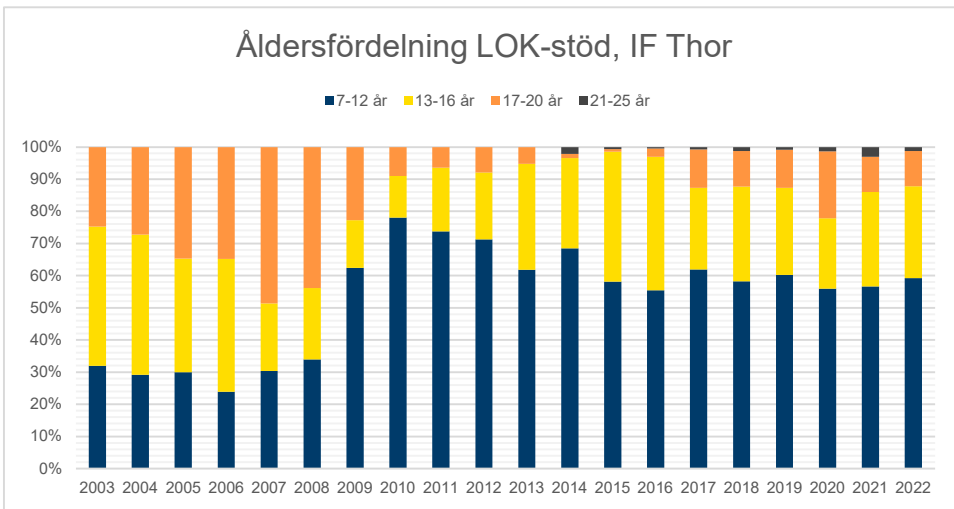
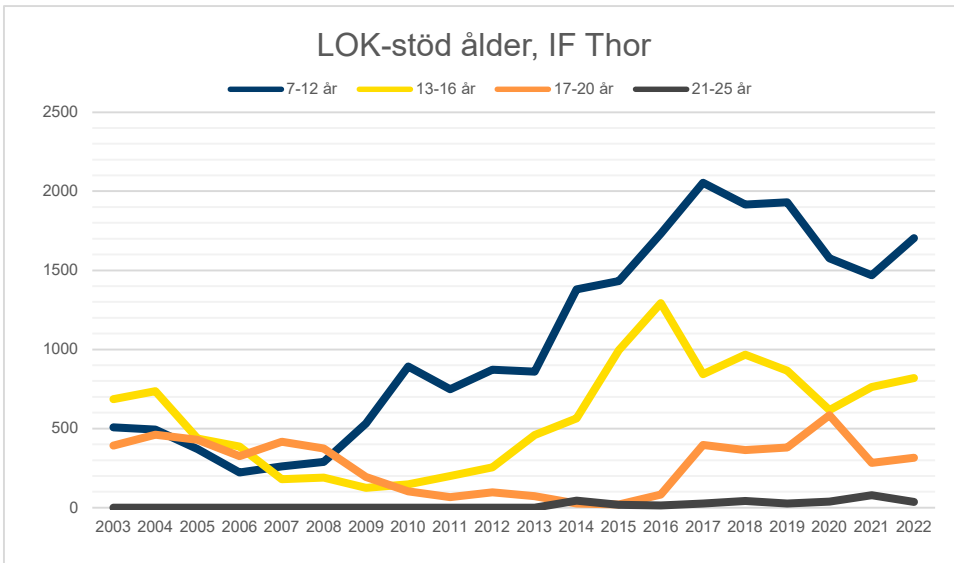


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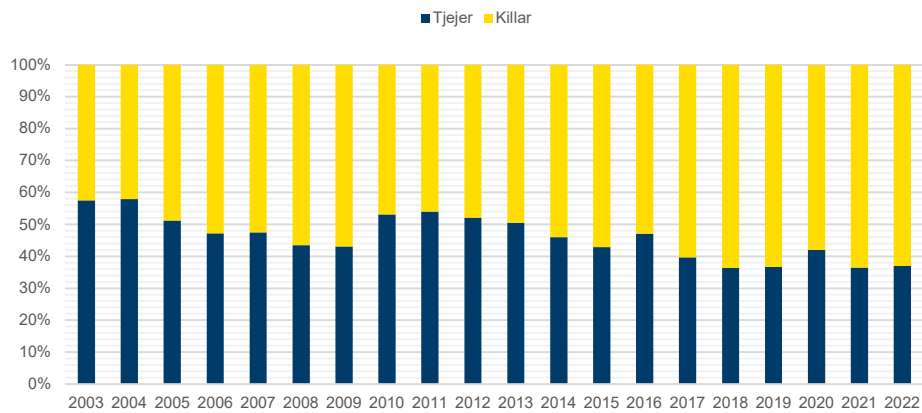
## 9. IF Thor



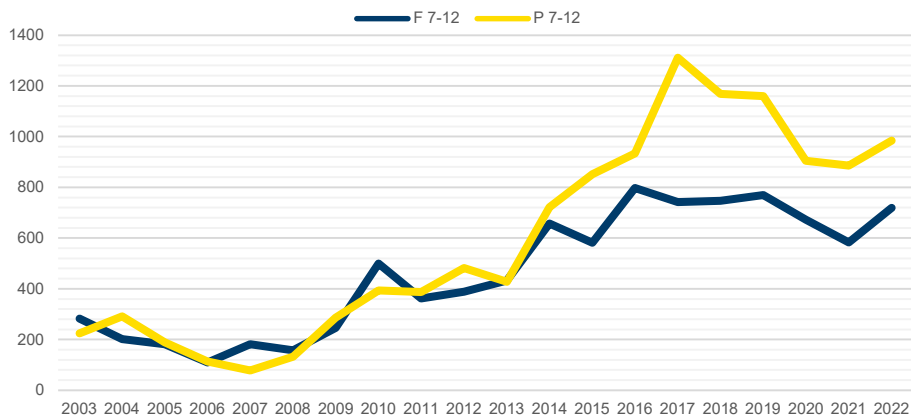




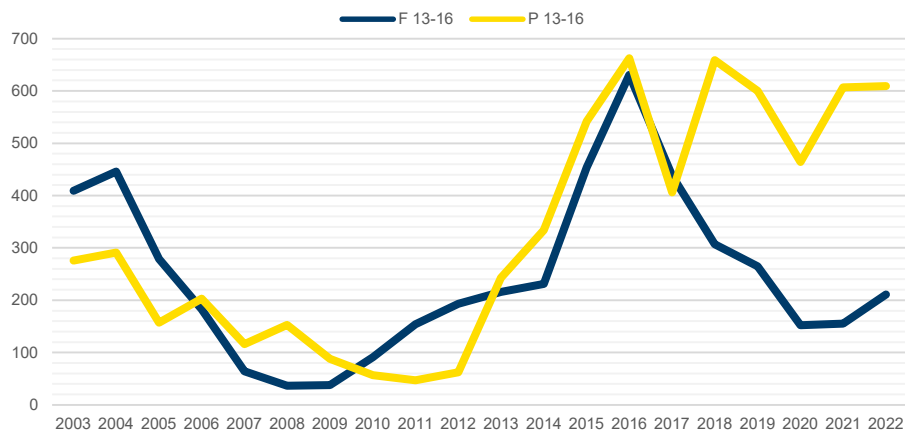
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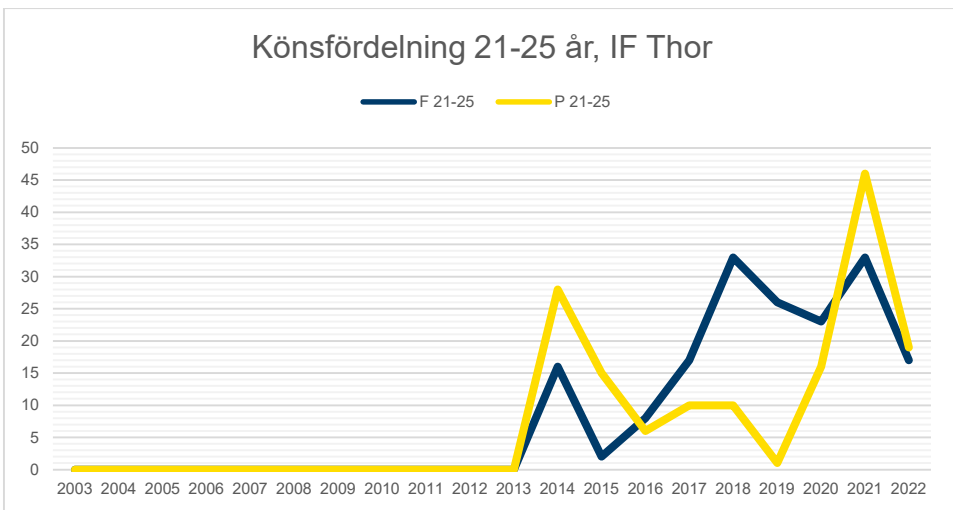
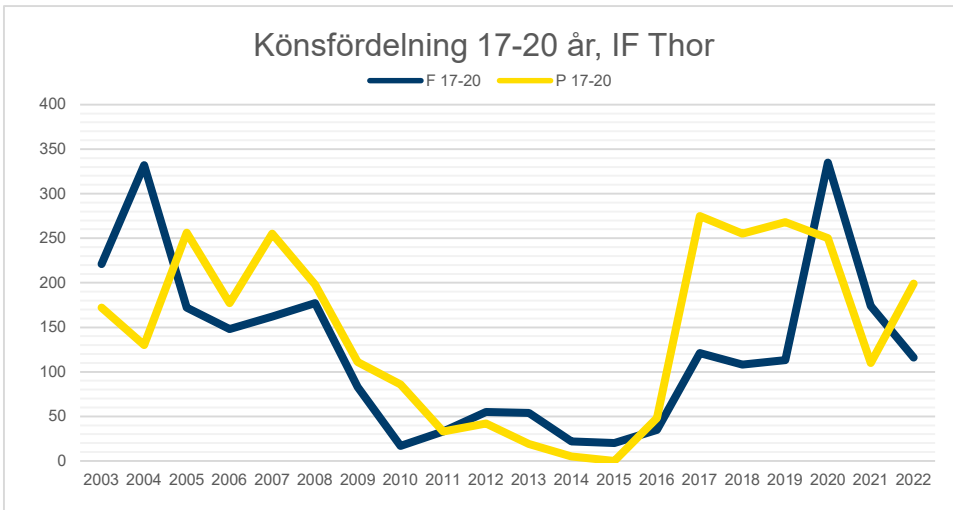


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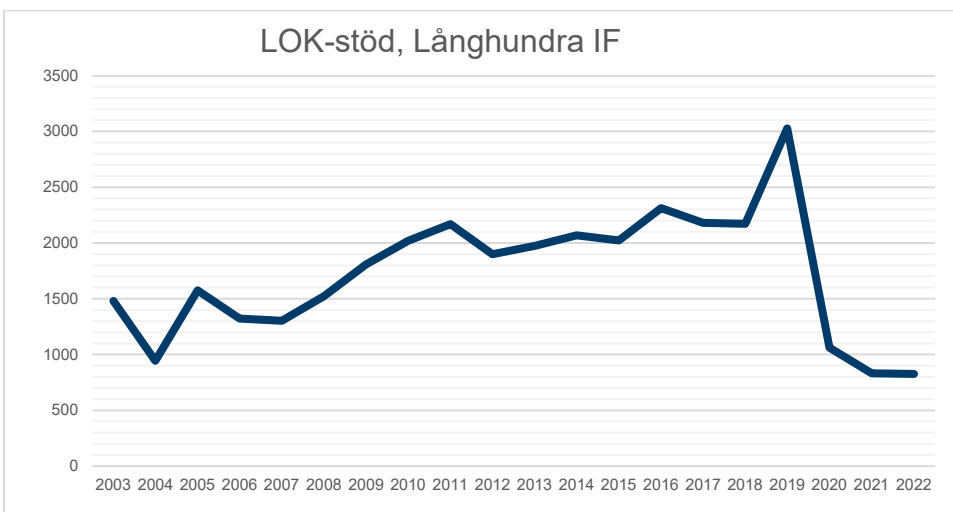


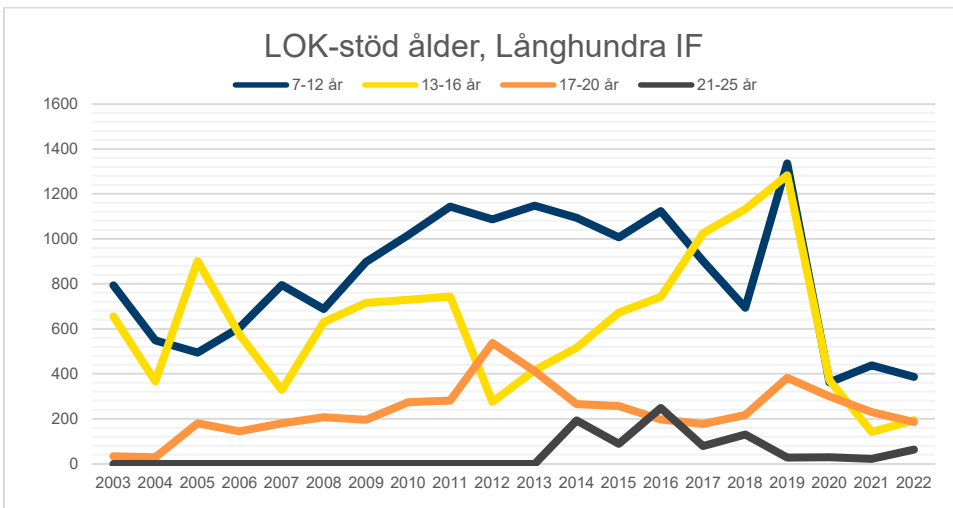
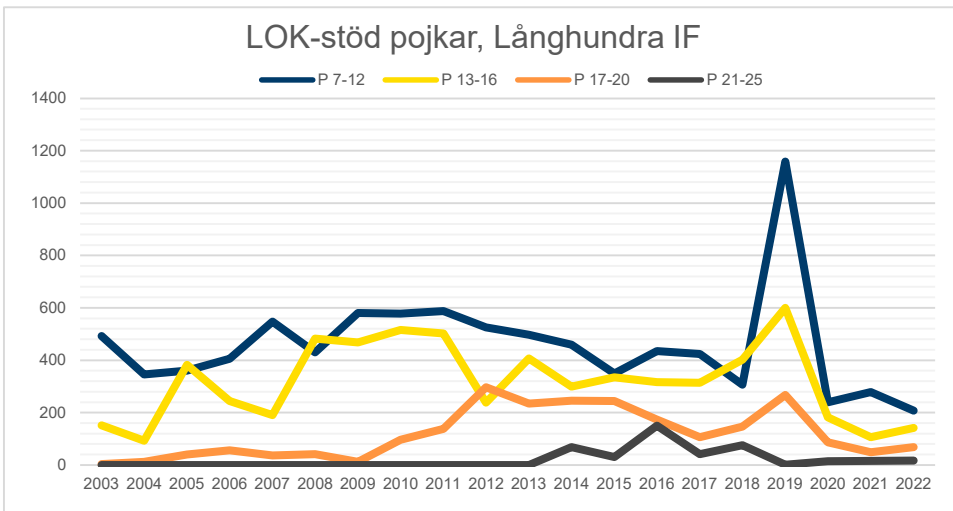
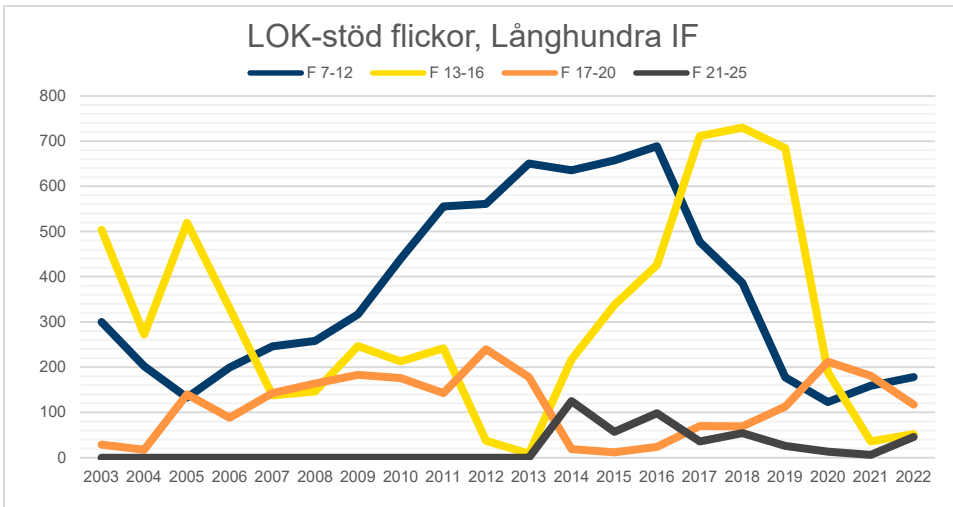
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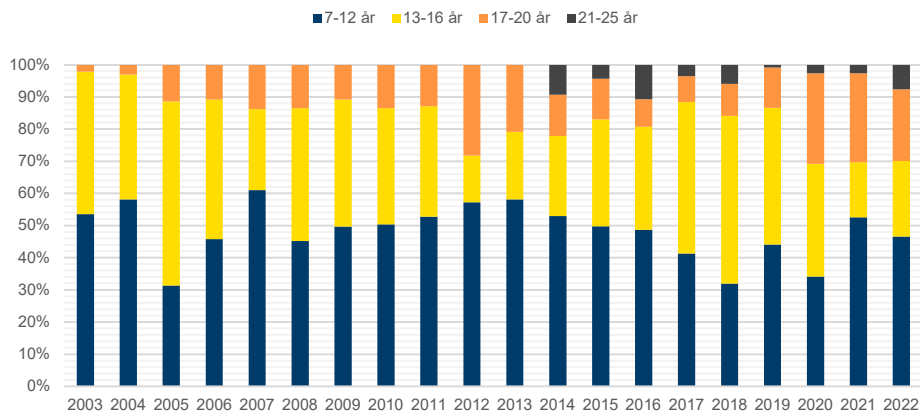


## 10. Långhundra IF

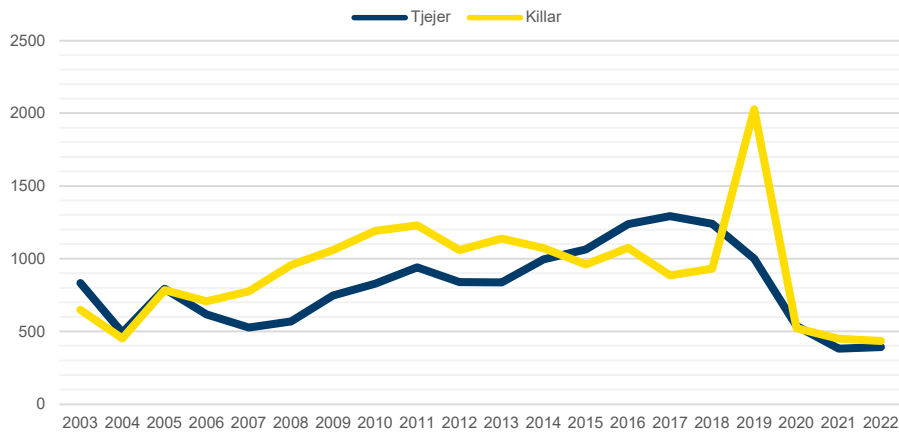




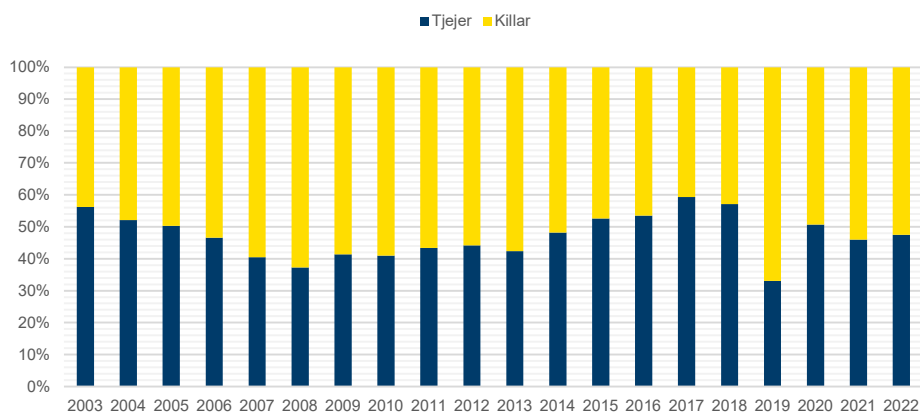
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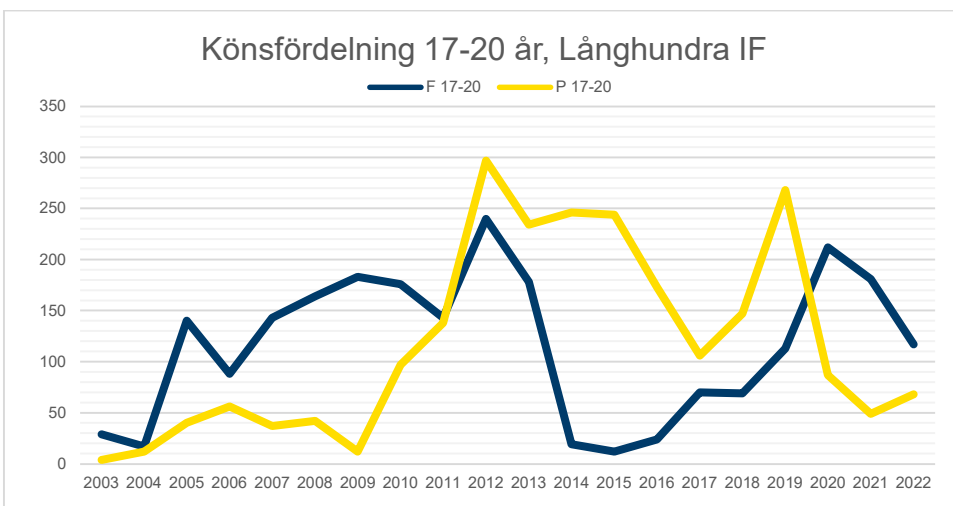
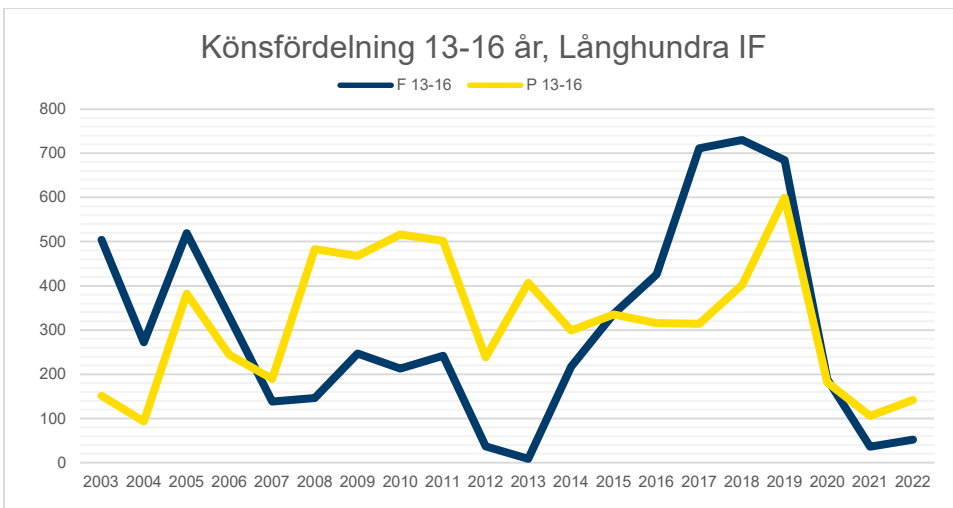
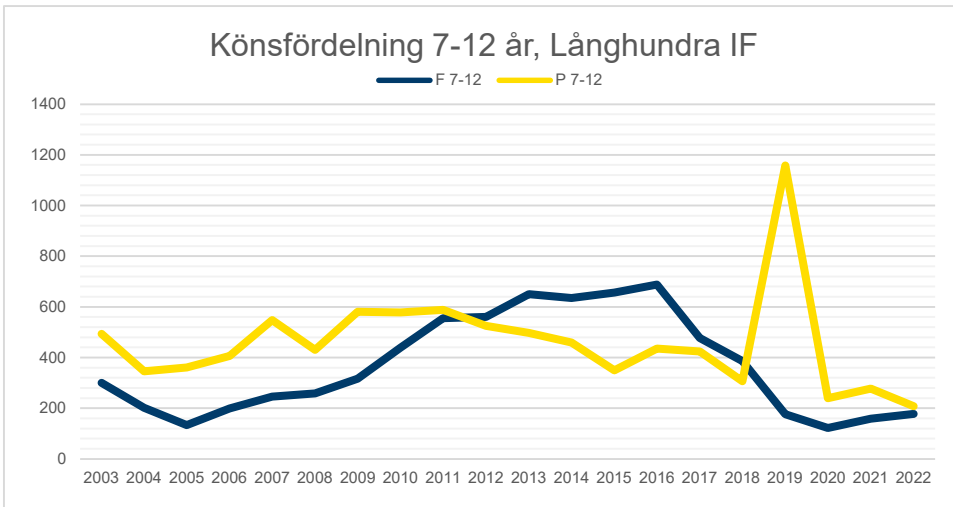


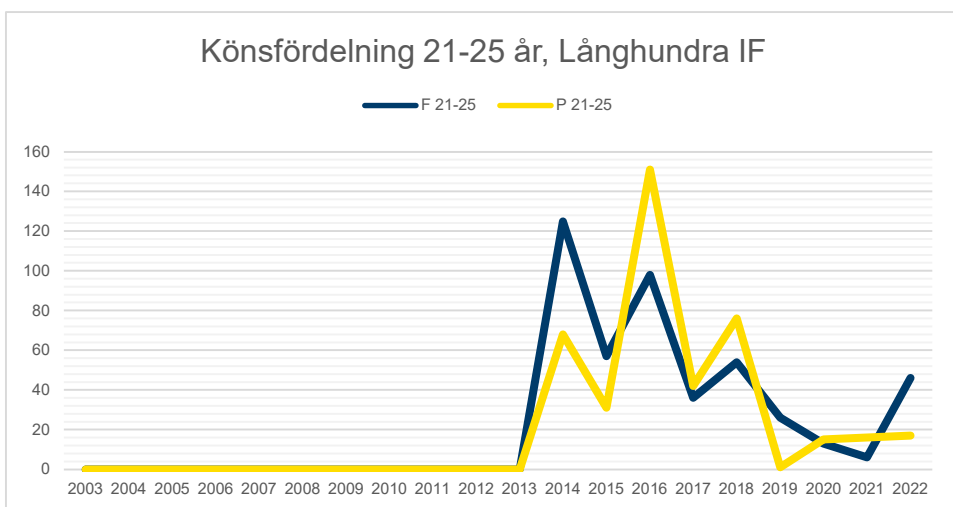
### Könsfördelning LOK-stöd, Långhundra IF



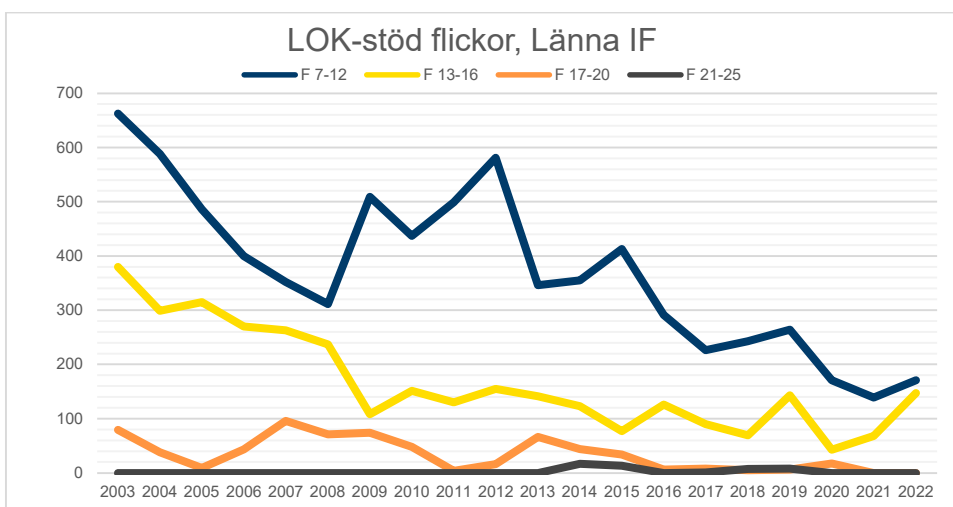
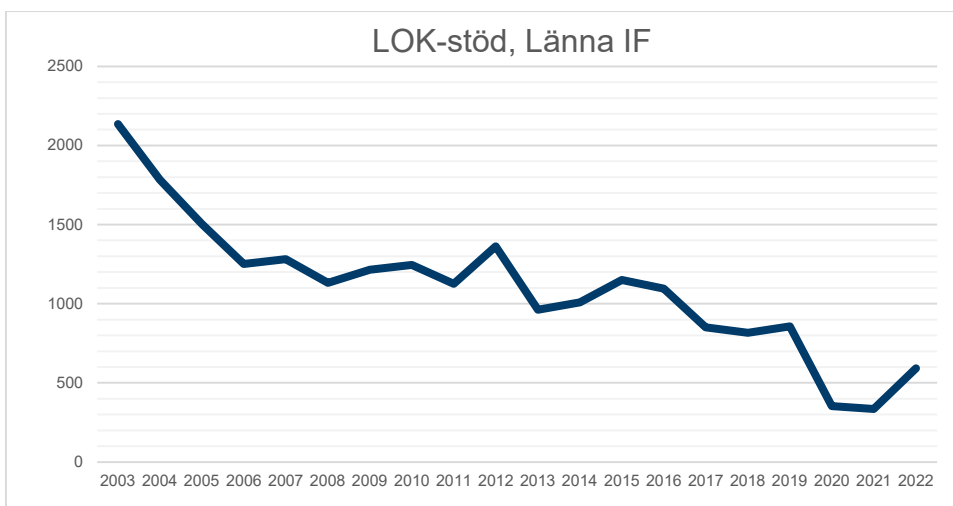
### Könsfördelning LOK-stöd, Långhundra IF

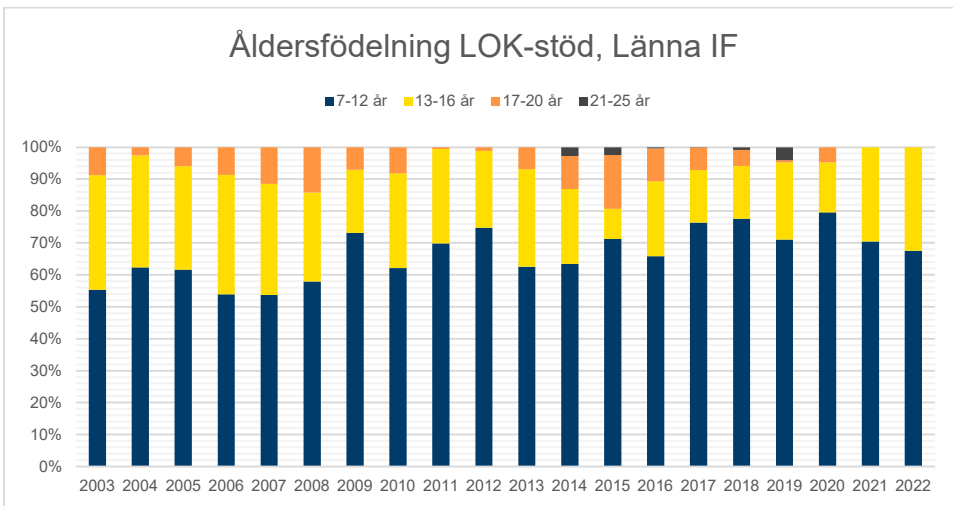
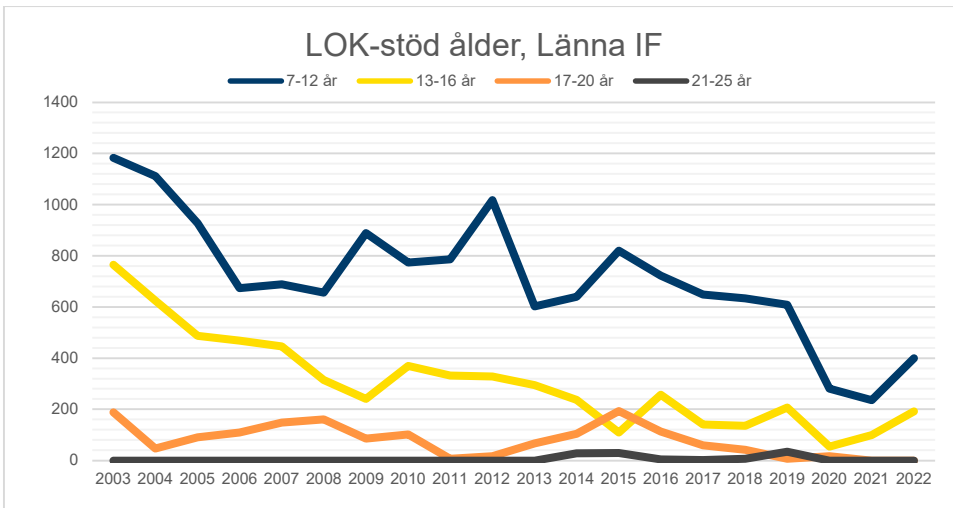
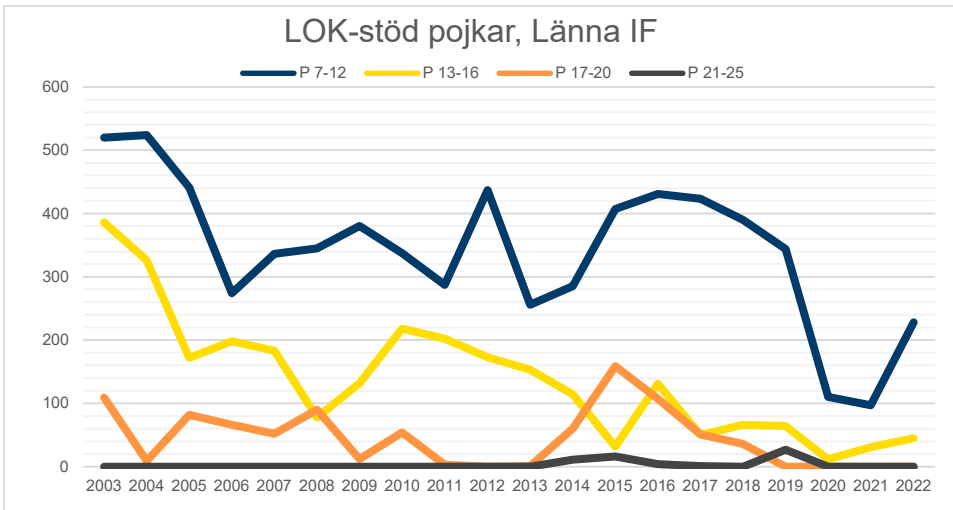


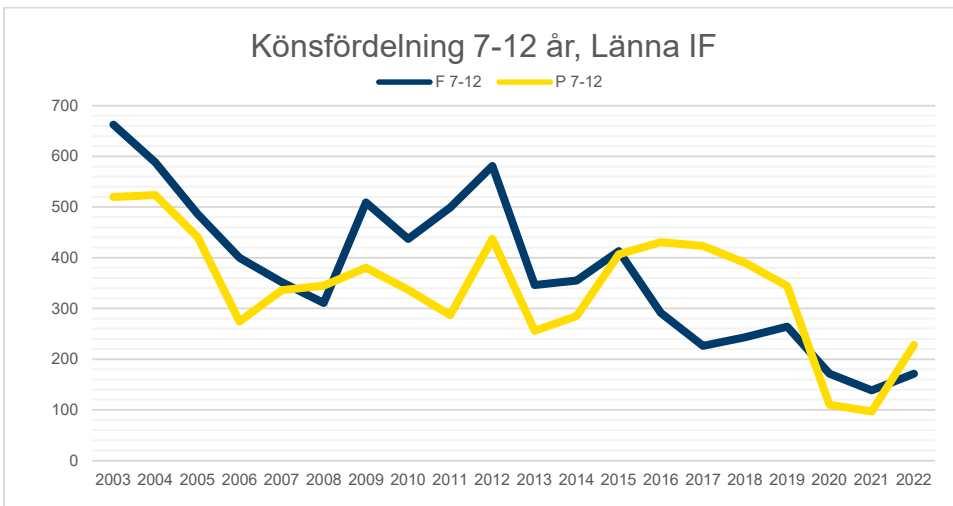
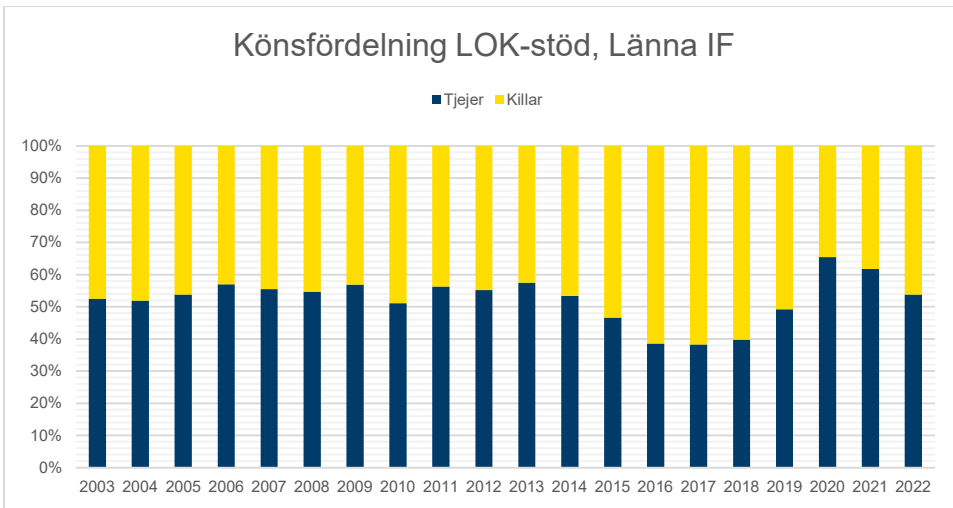
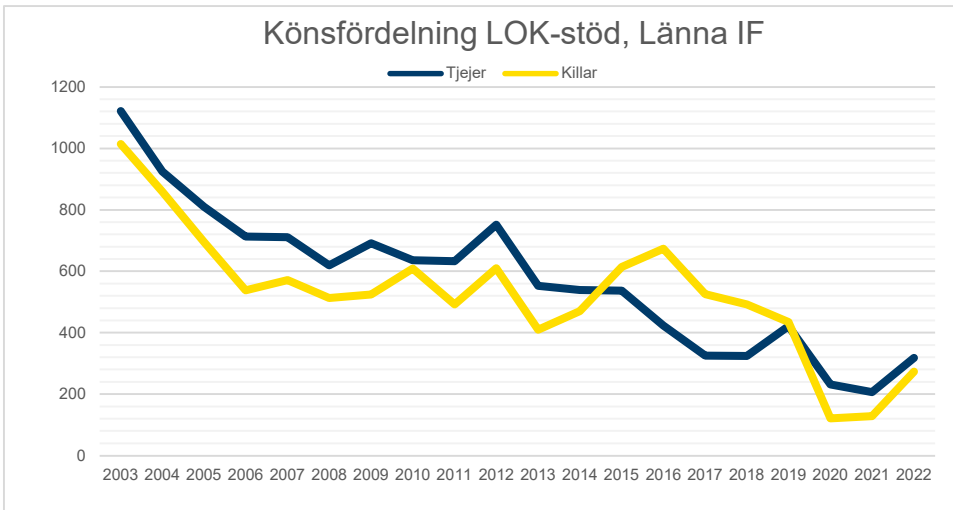




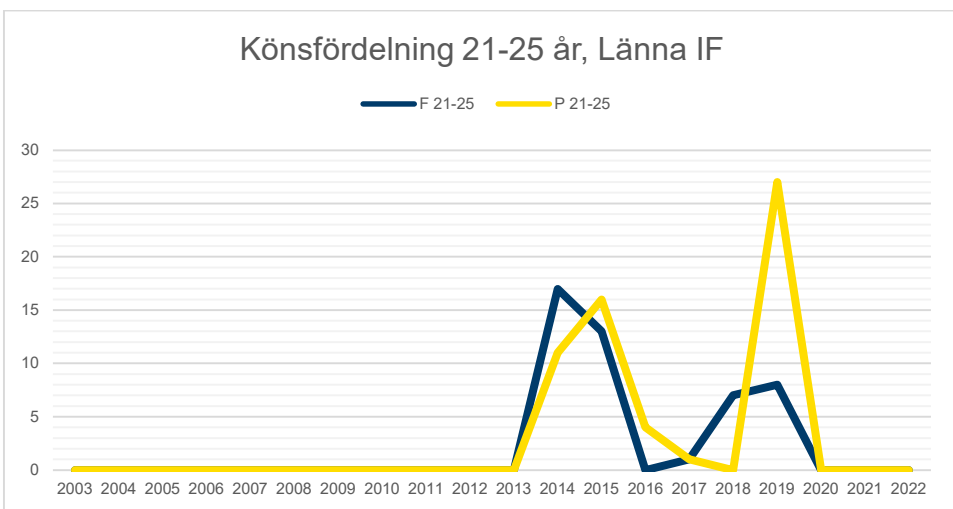
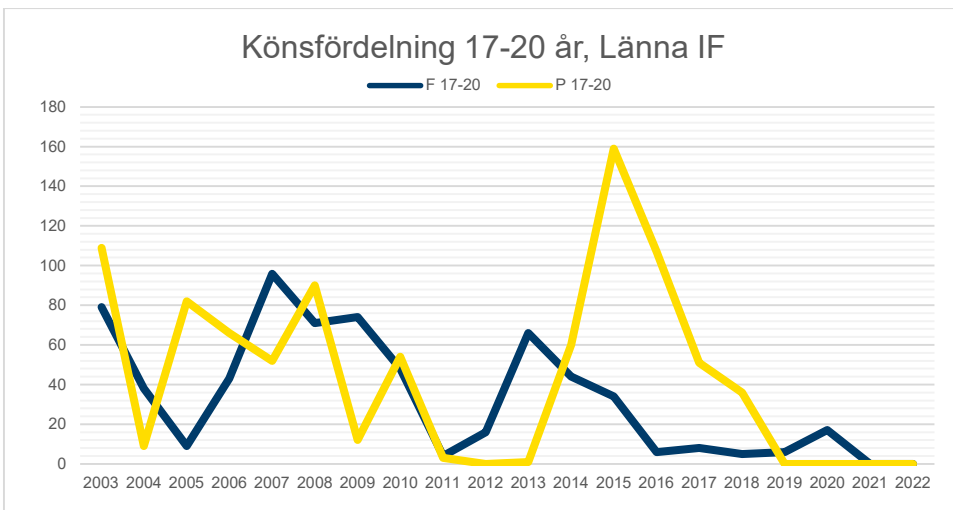
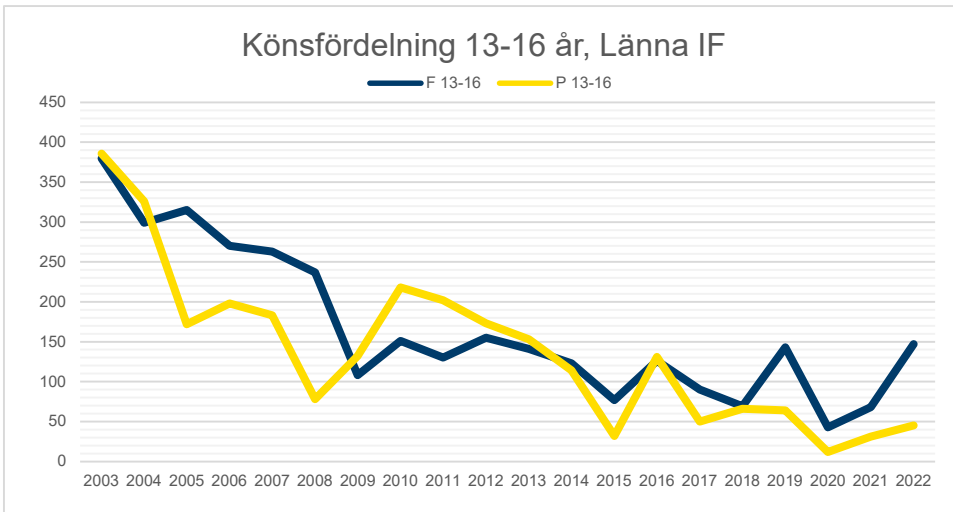
## 11. Länna IF



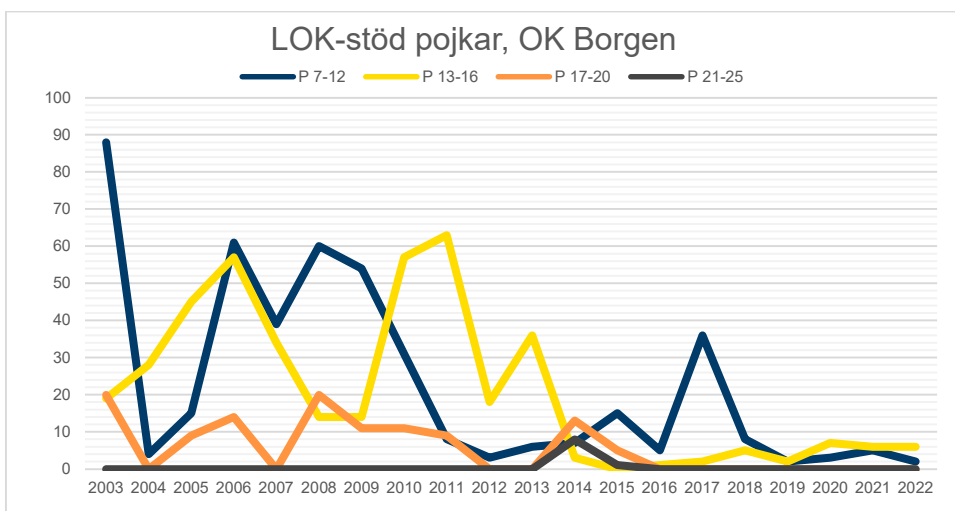
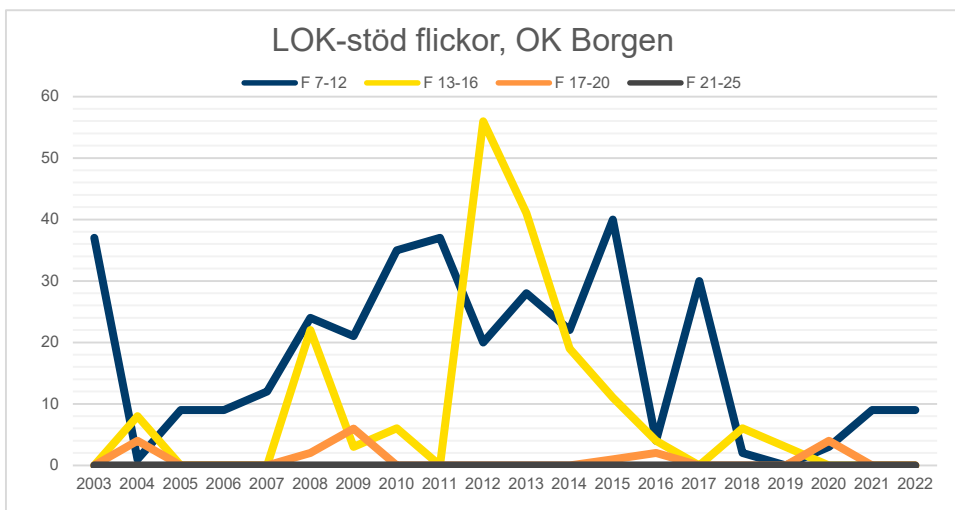
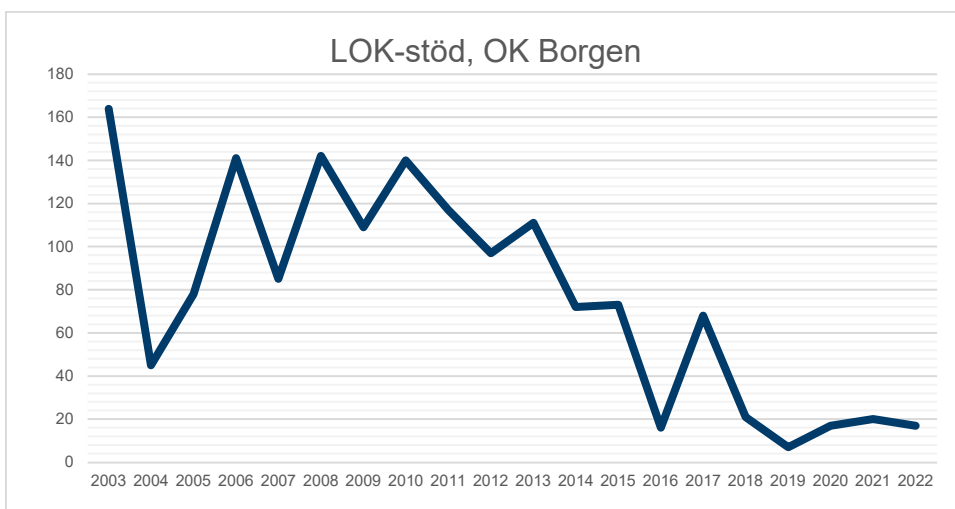


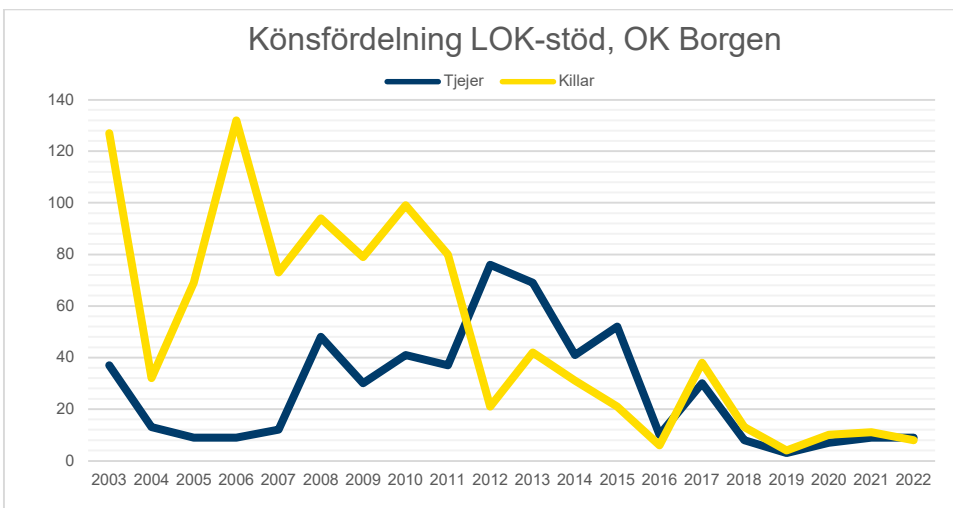
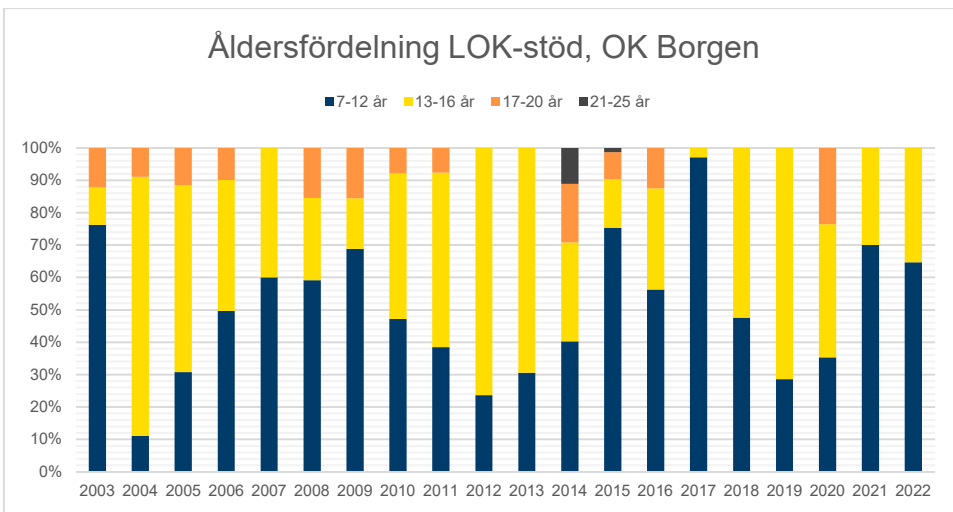
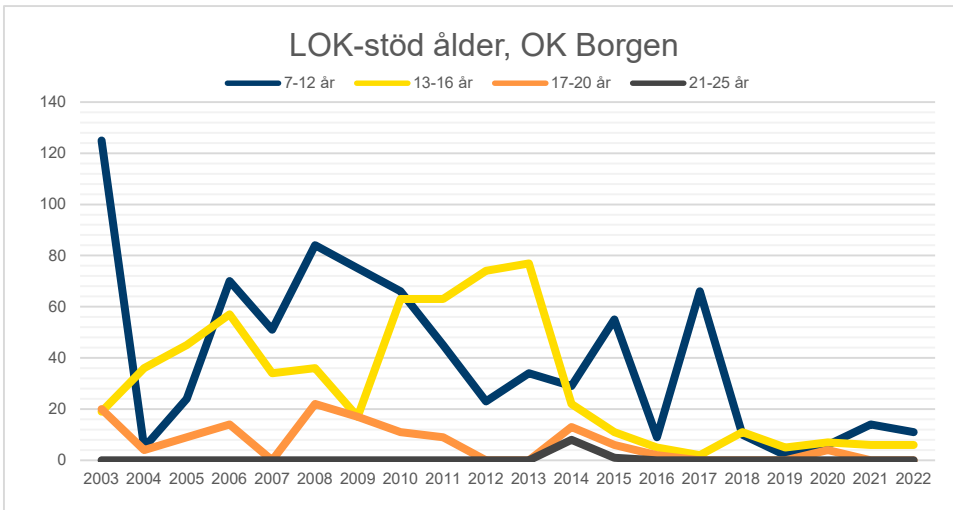




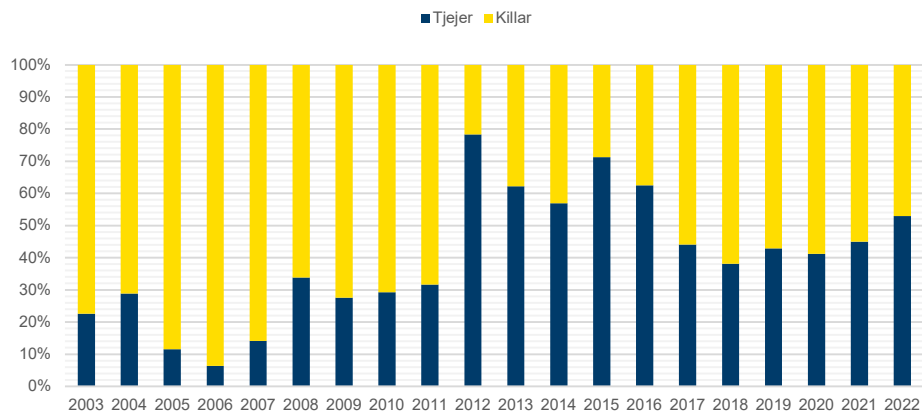


## 12. OK Borgen

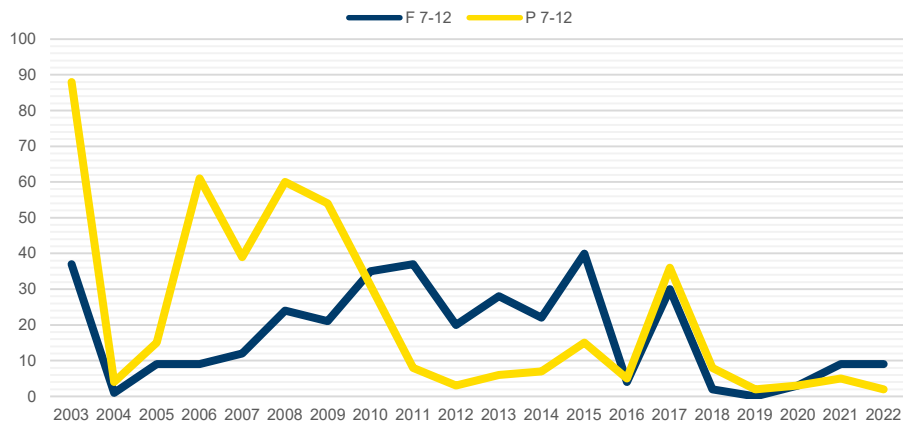




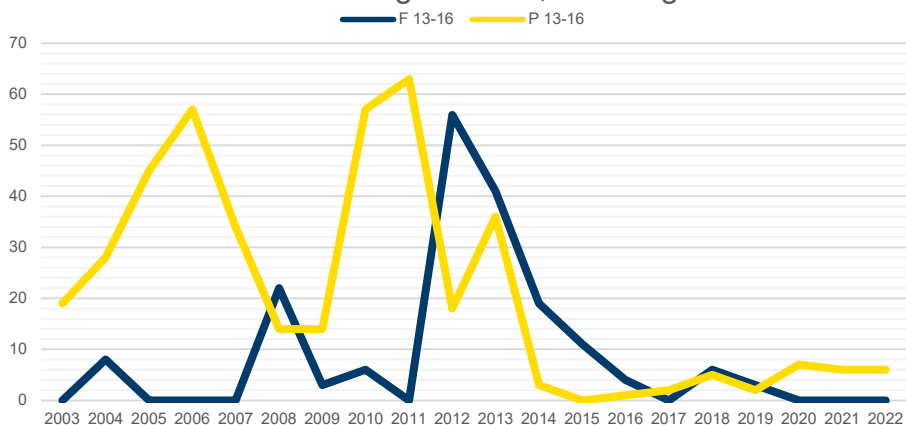
### Könsfördelning LOK-stöd, OK Borgen

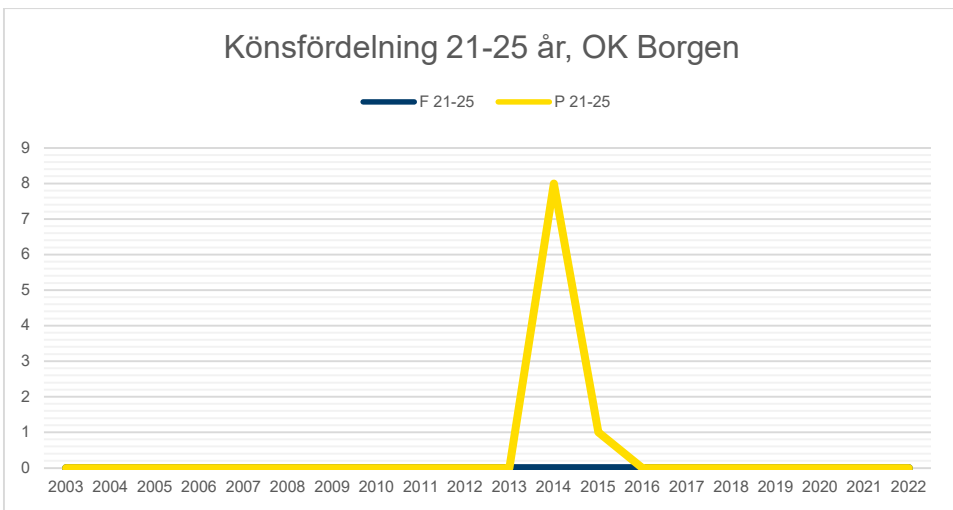
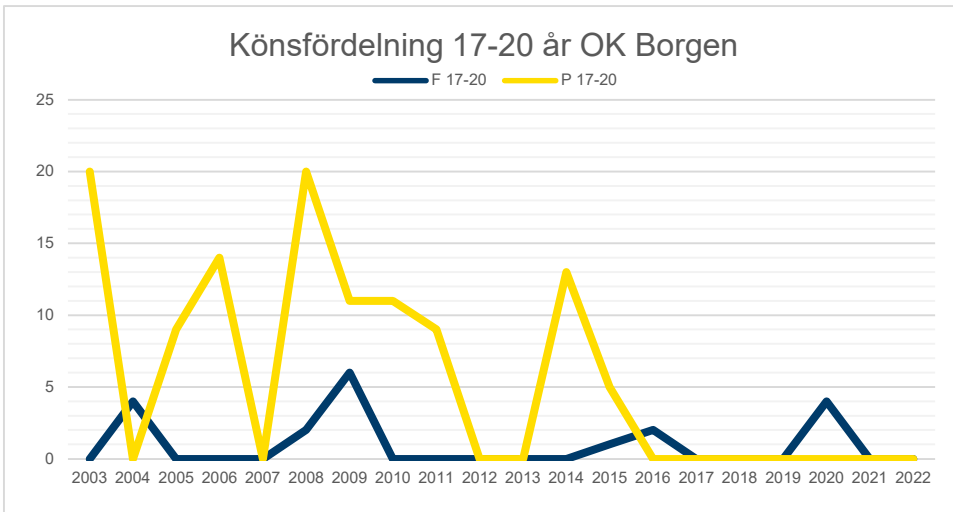


### Könsfördelning 7-12 år, OK Borgen

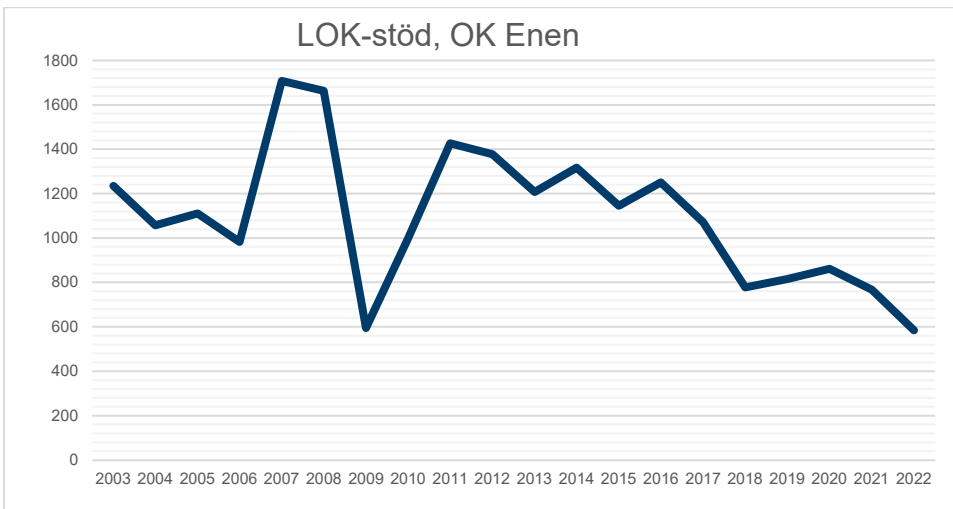


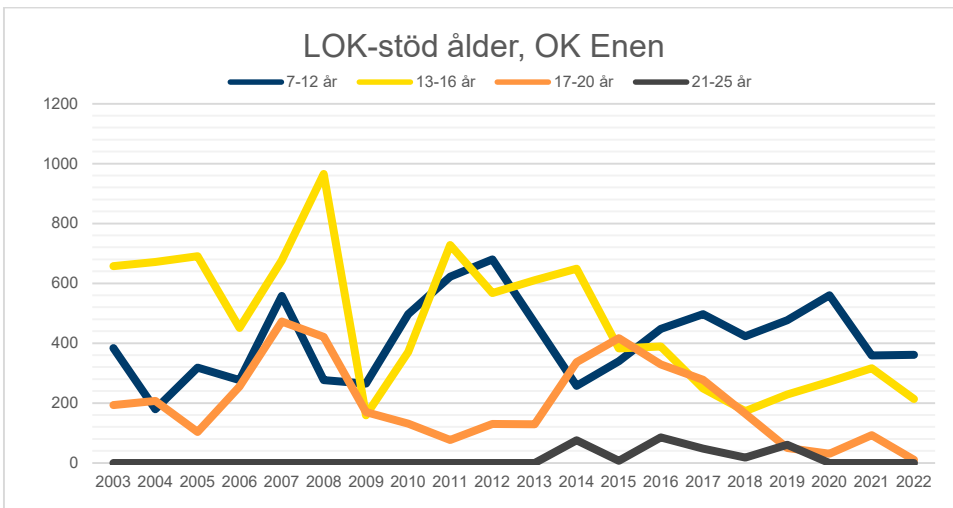
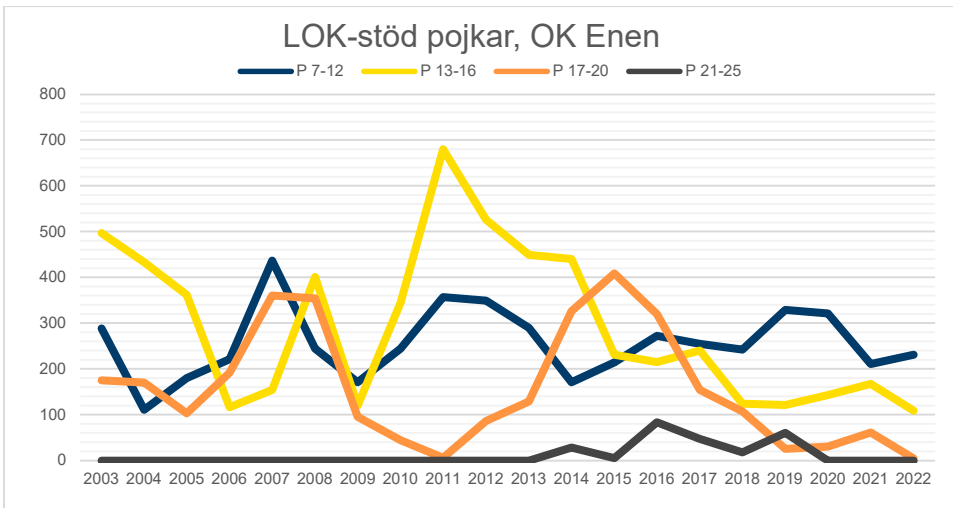
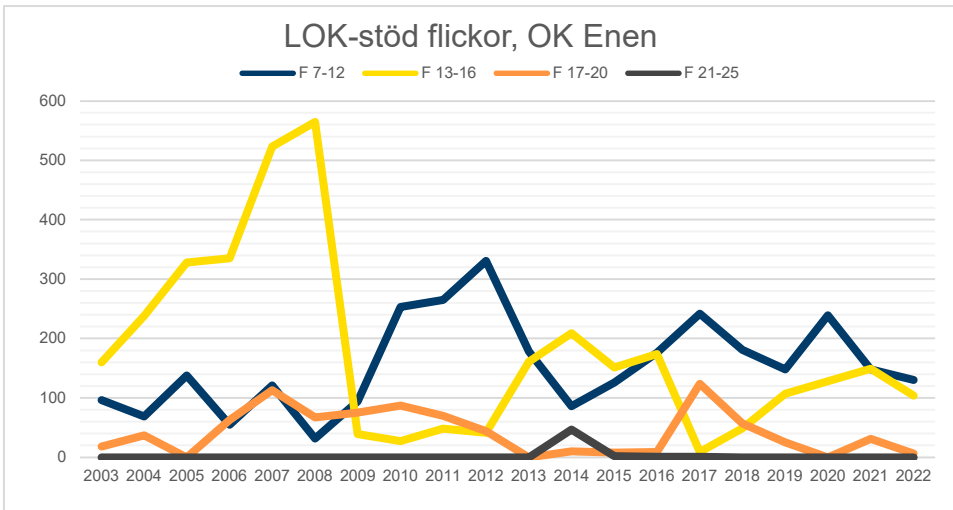
### Könsfördelning 13-16 år, OK Borgen



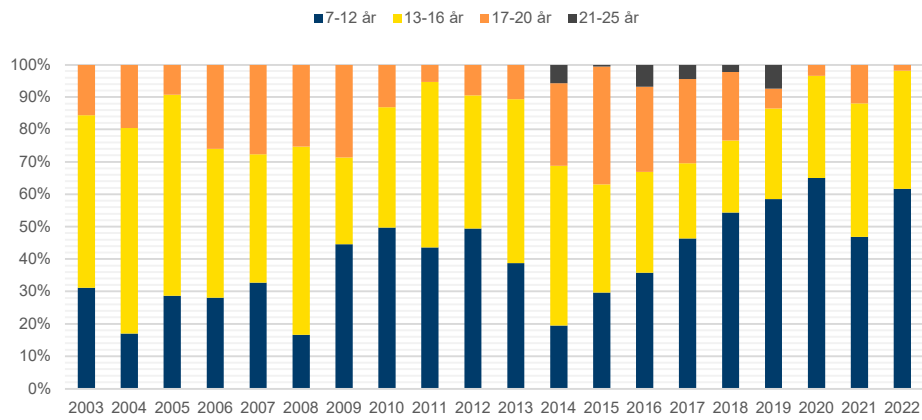


## 13. OK Enen

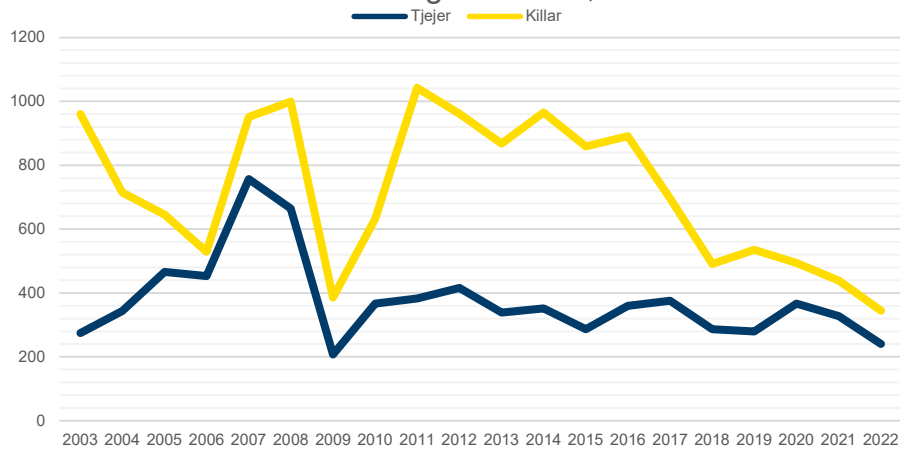




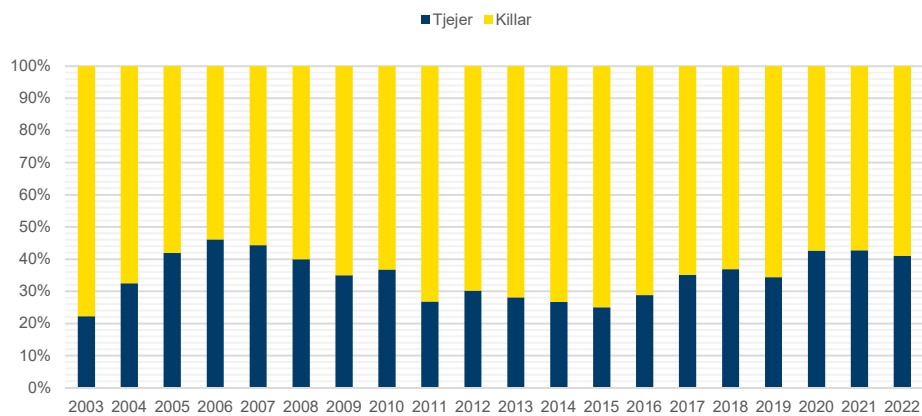
### Åldersfördelning LOK-stöd, OK Enen

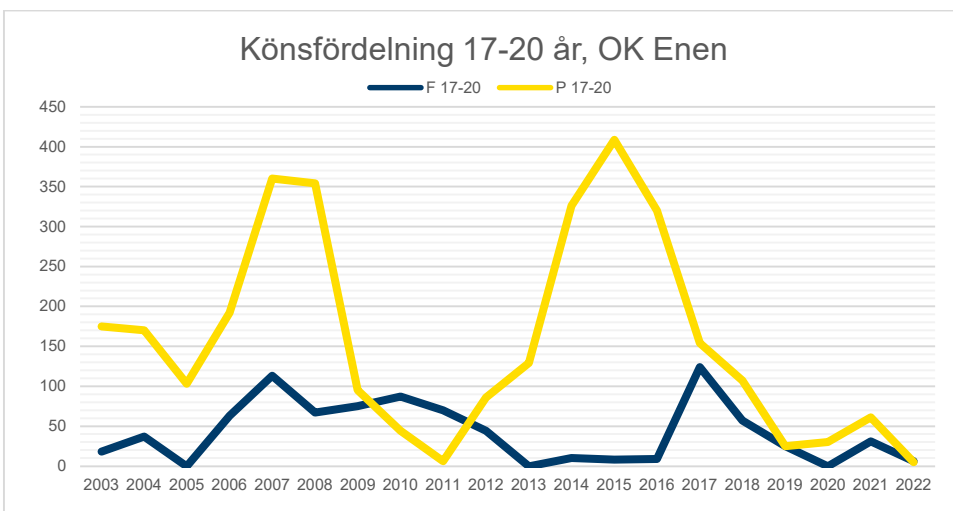
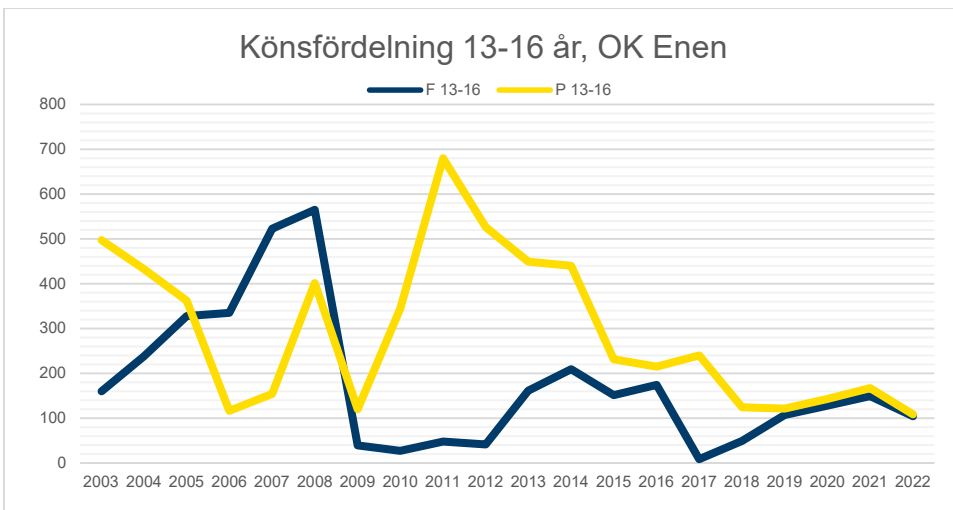
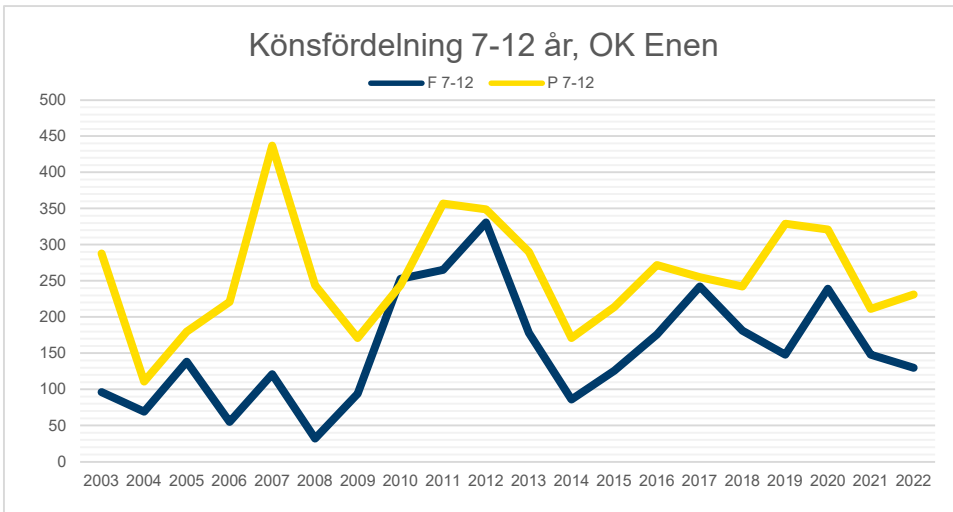


### Könsfördelning LOK-stöd, OK Enen

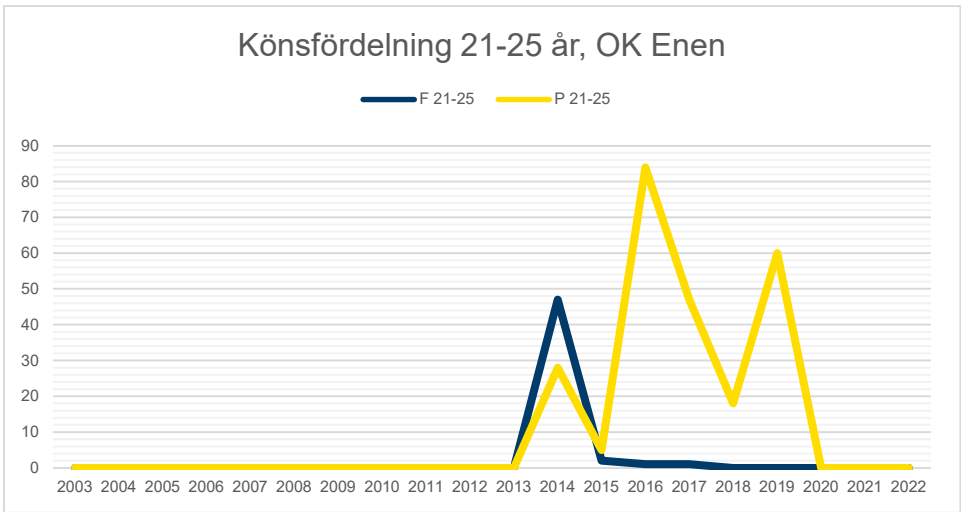


### Könsfördelning LOK-stöd, OK Enen

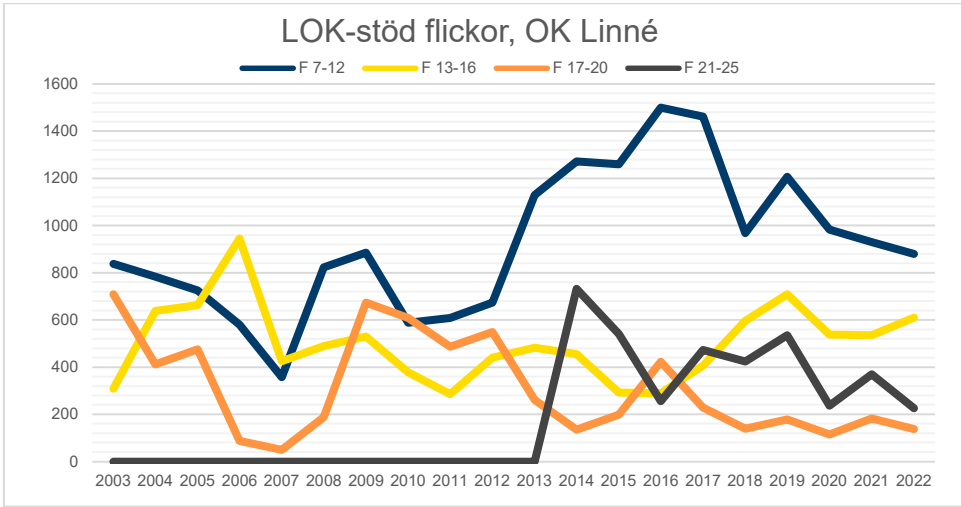
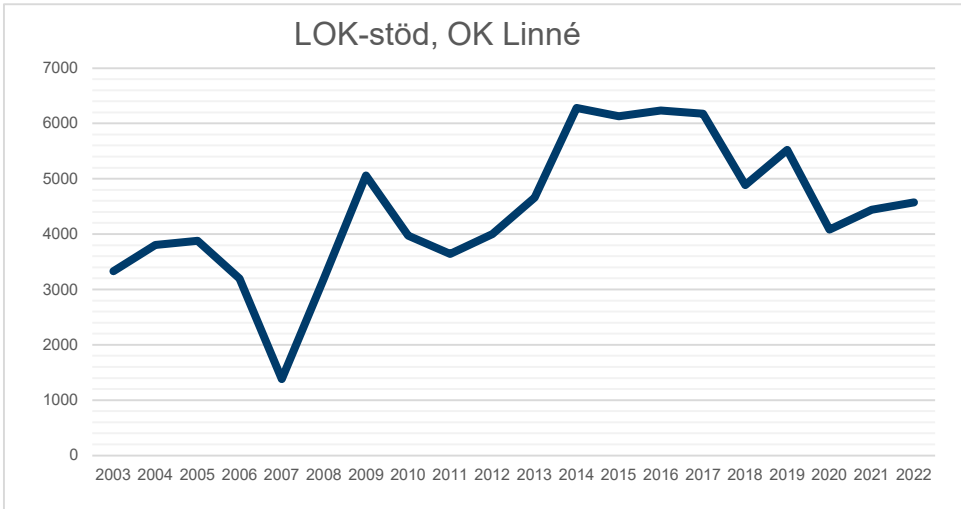


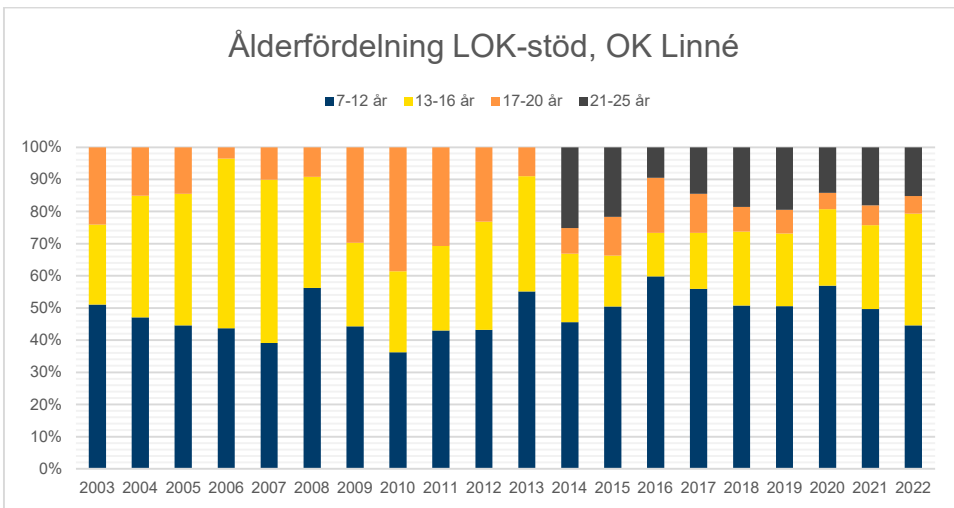
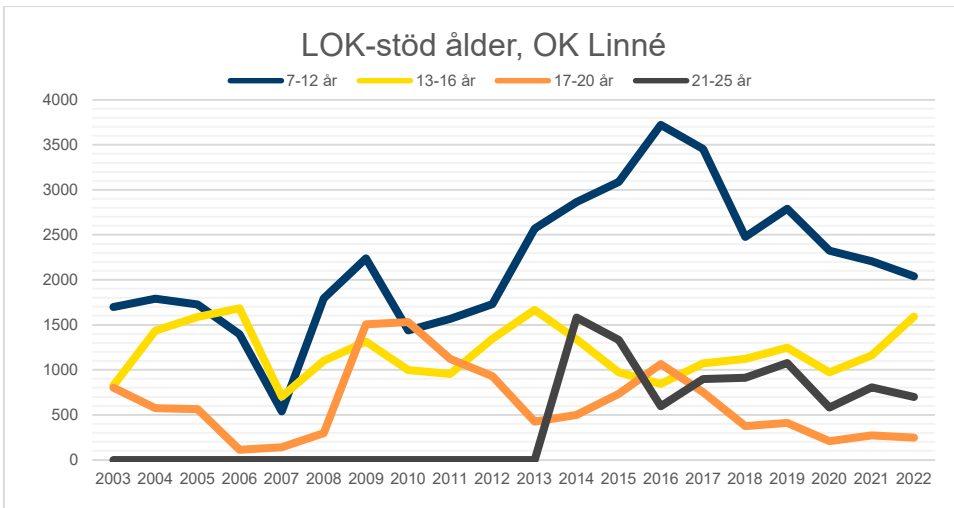
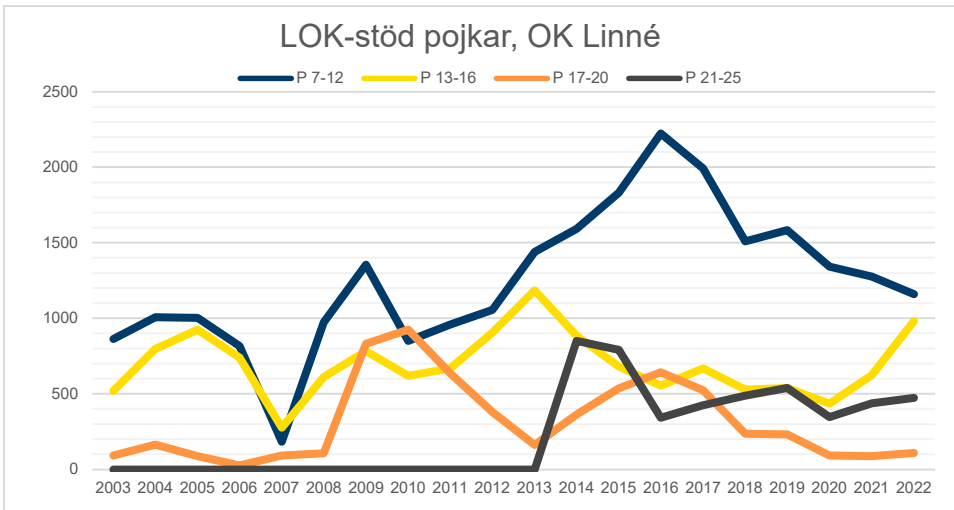


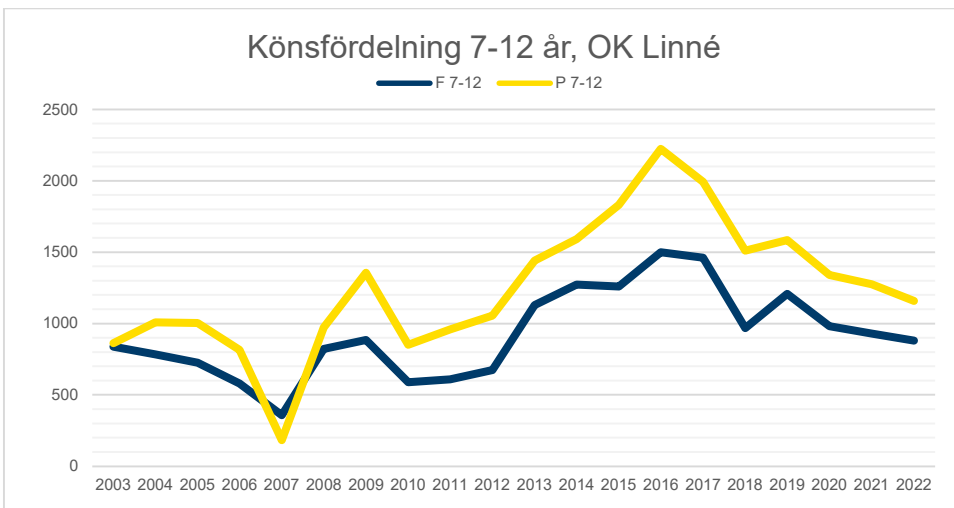
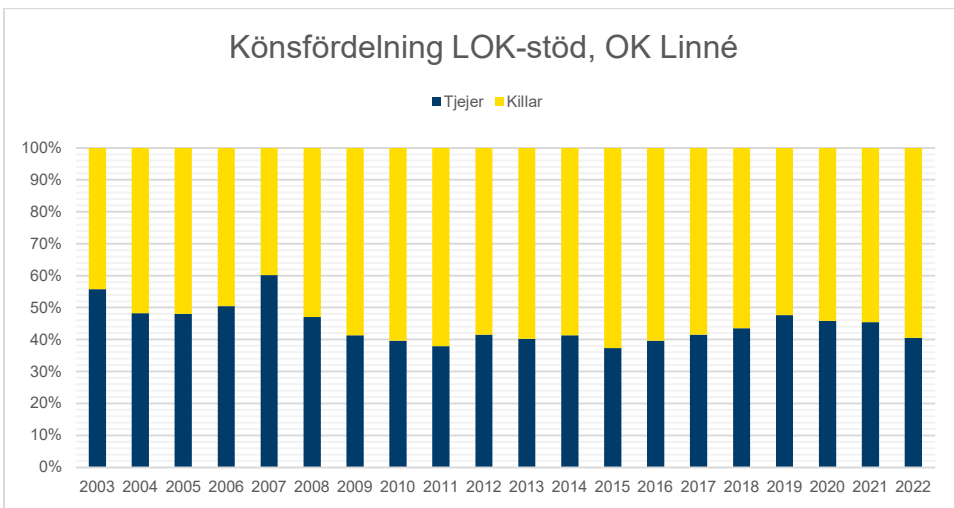
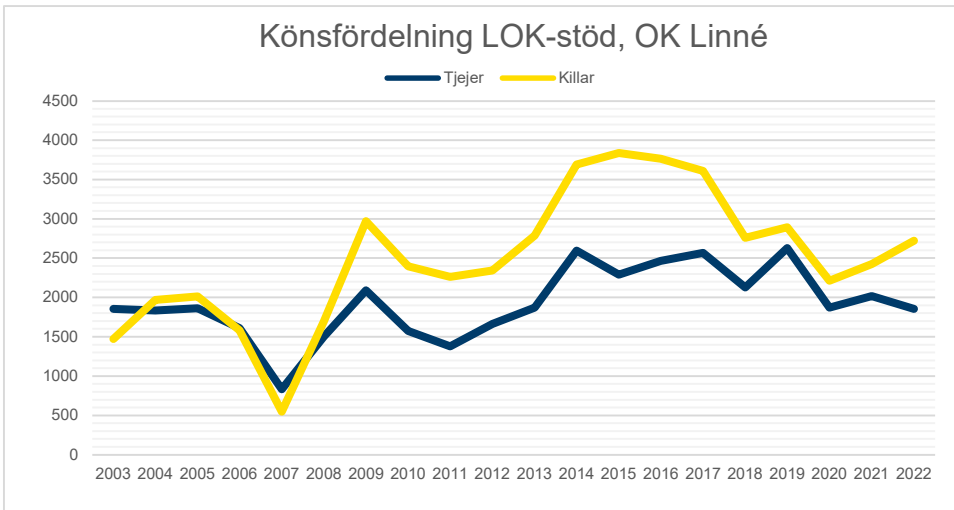


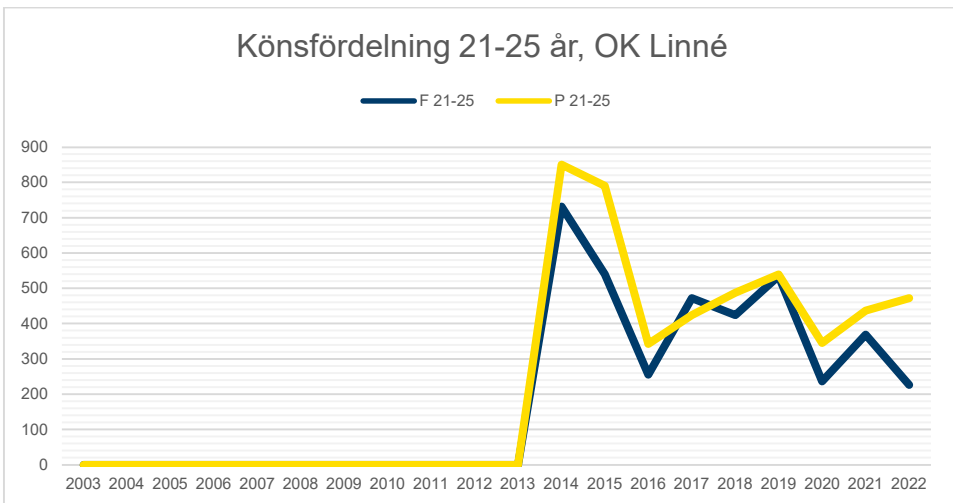
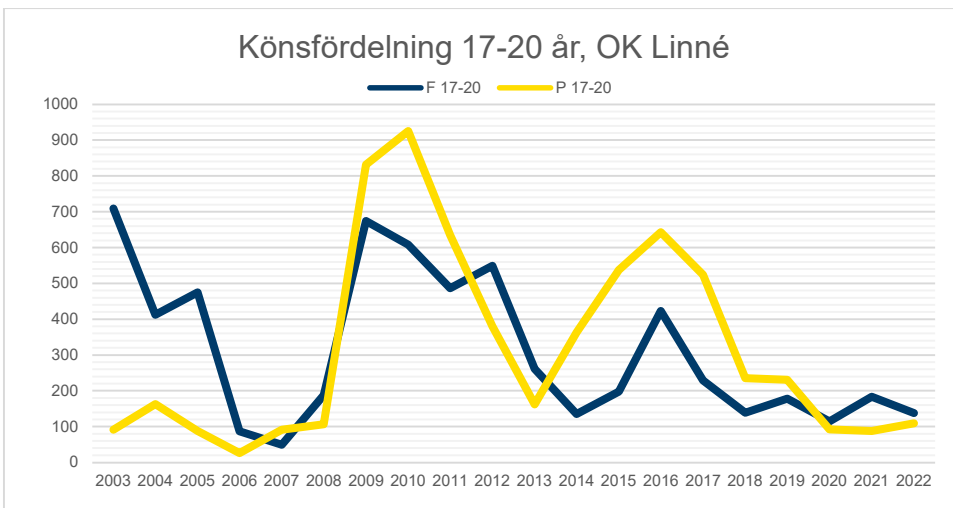
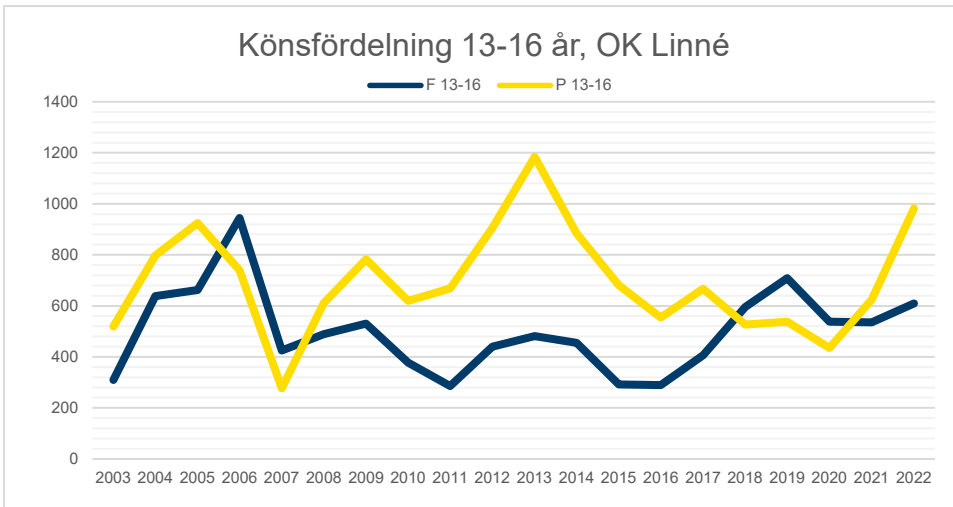


## 14. OK Linné

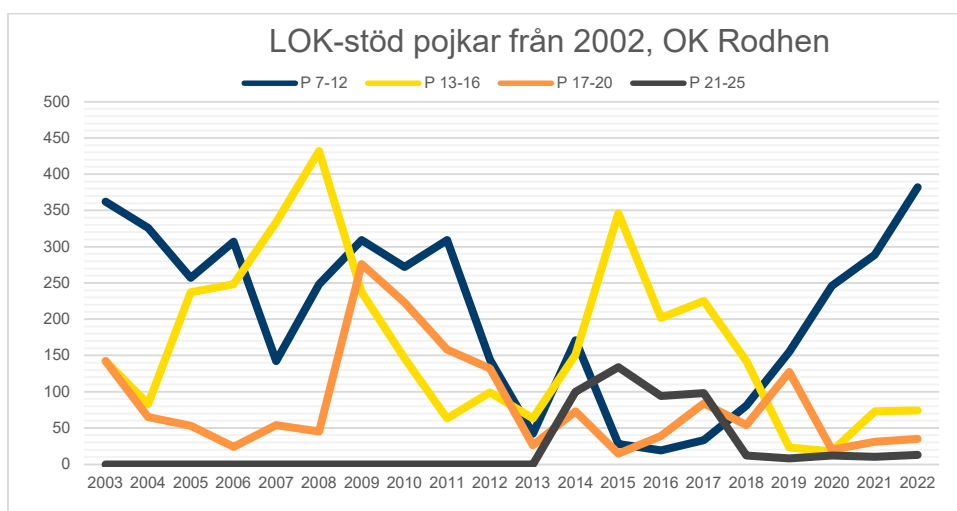
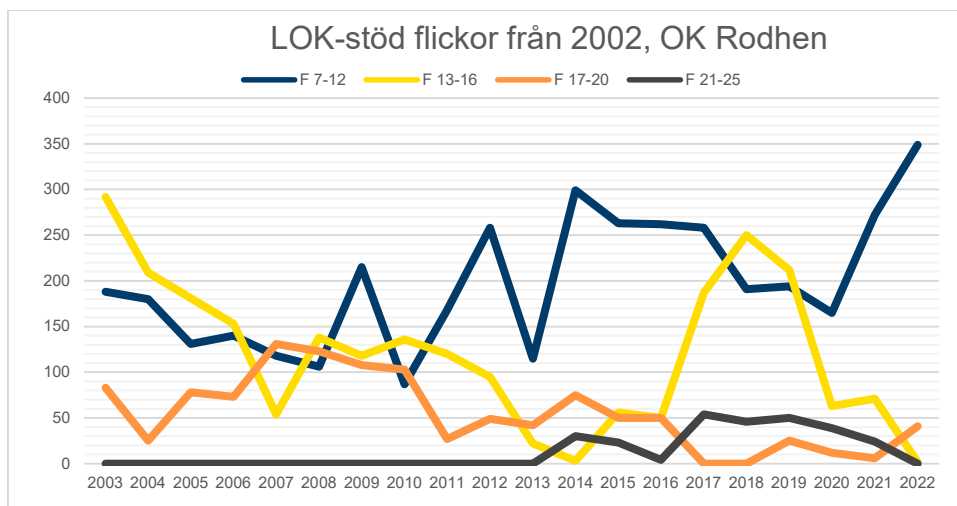
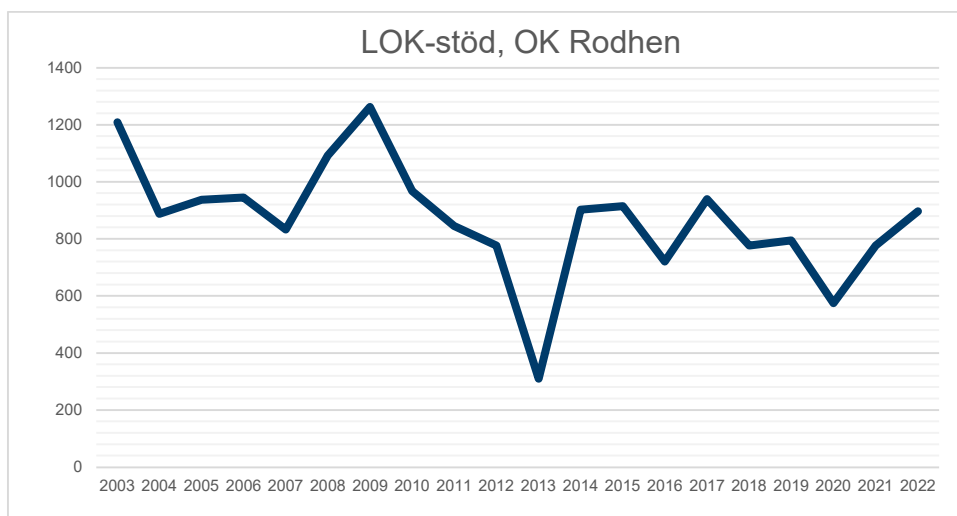




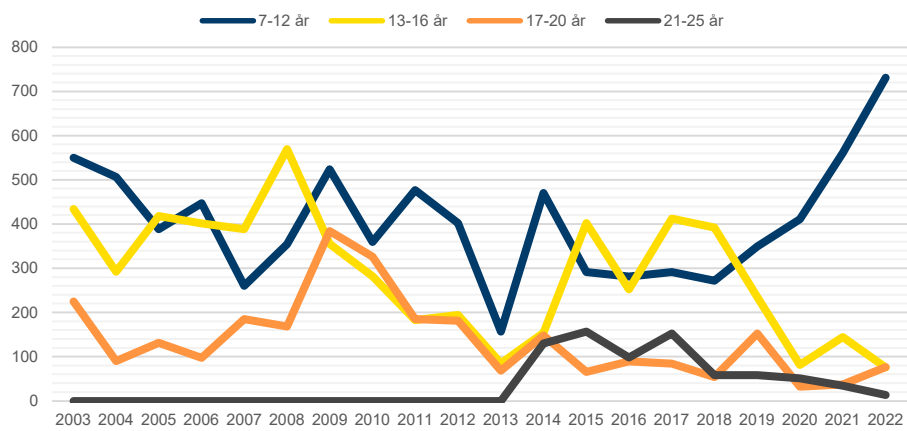




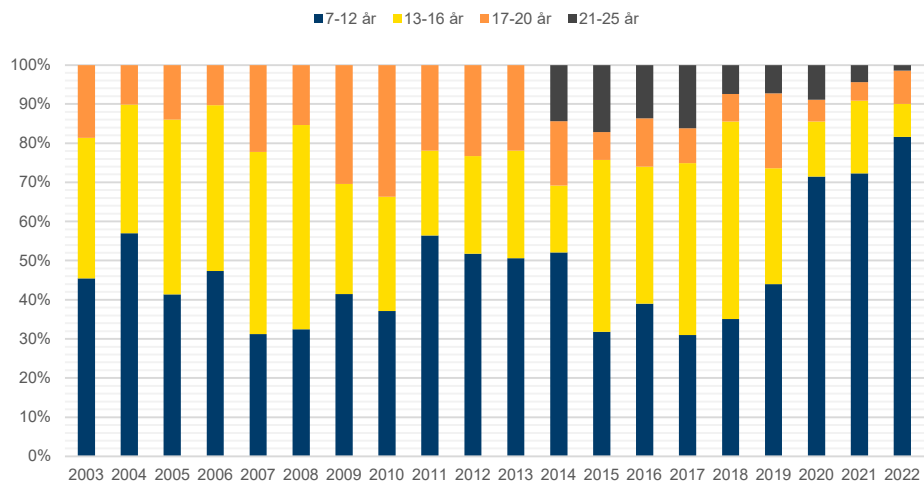
## 15. OK Rodhen



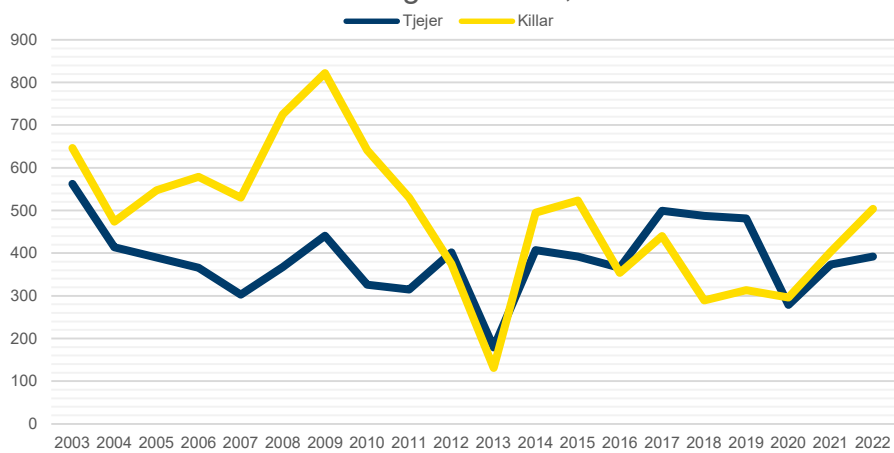
### LOK-stöd ålder från 2002, OK Rodhen



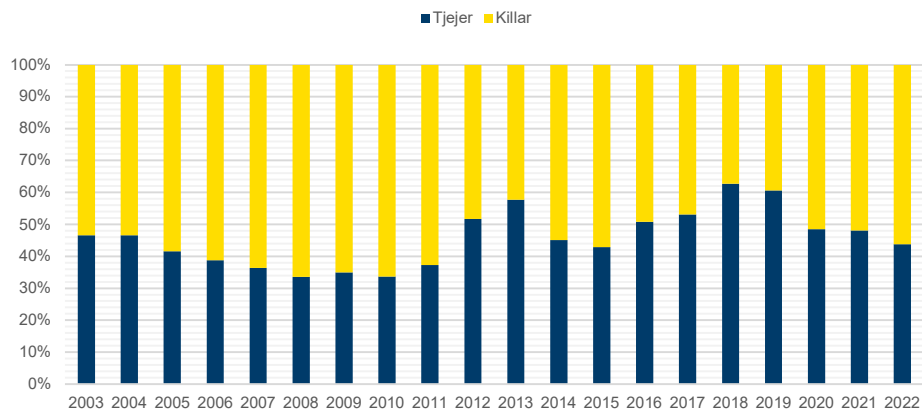
### Åldersfördelning LOK-stöd, OK Rodhen



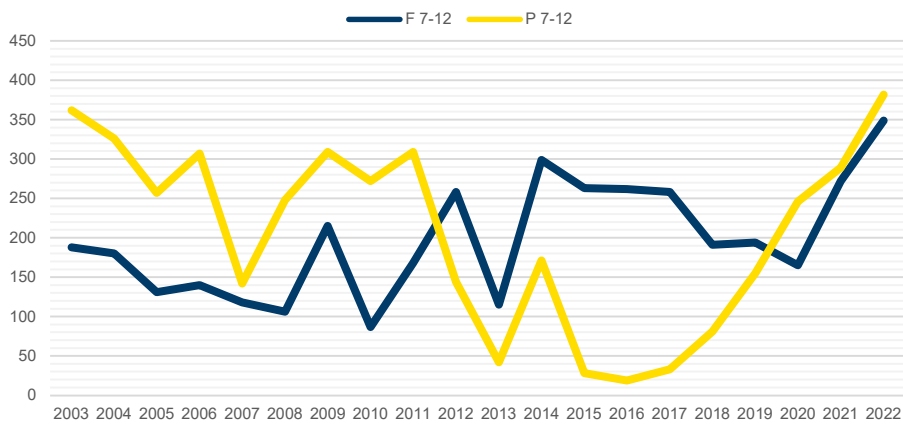
### Könsfördelning LOK-stöd, OK Rodhen



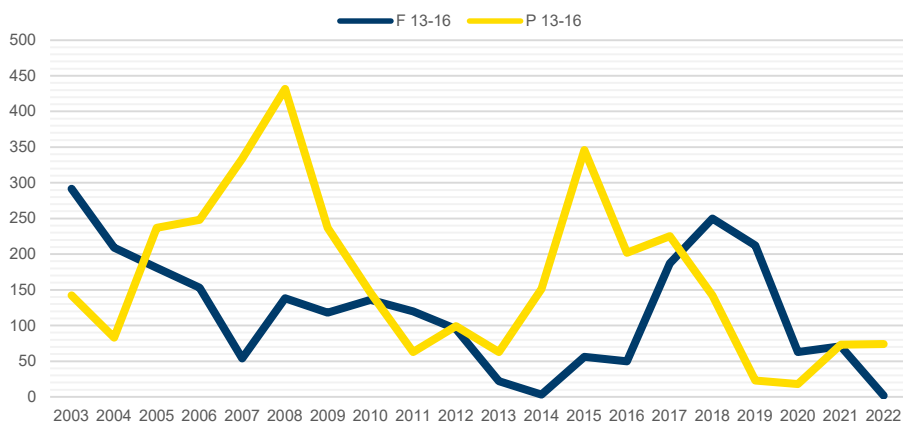
### Könsfördelning LOK-stöd, OK Rodhen

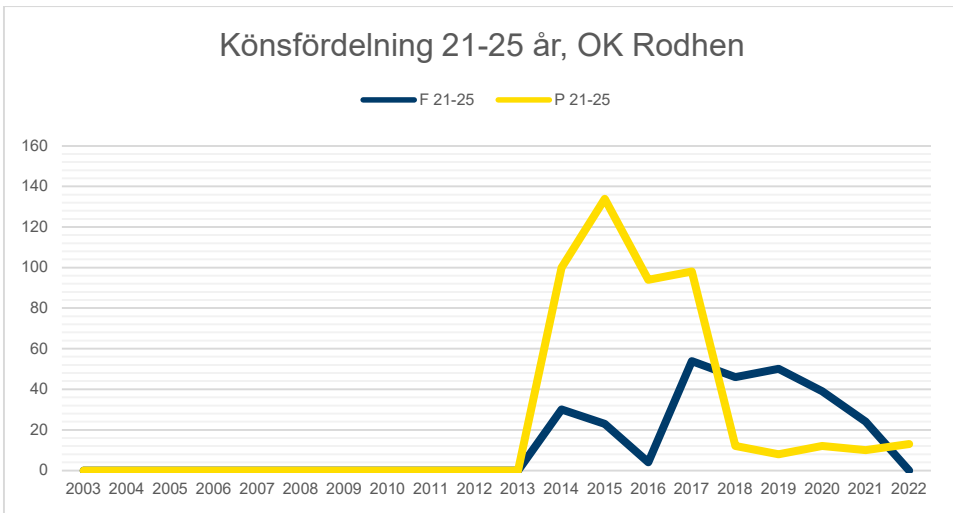
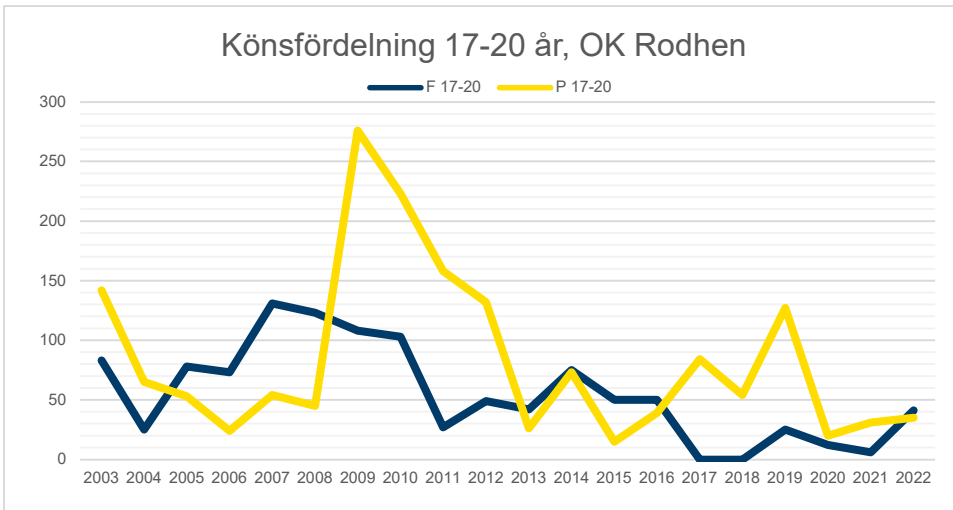


### Könsfördelning 7-12 år, OK Rodhen

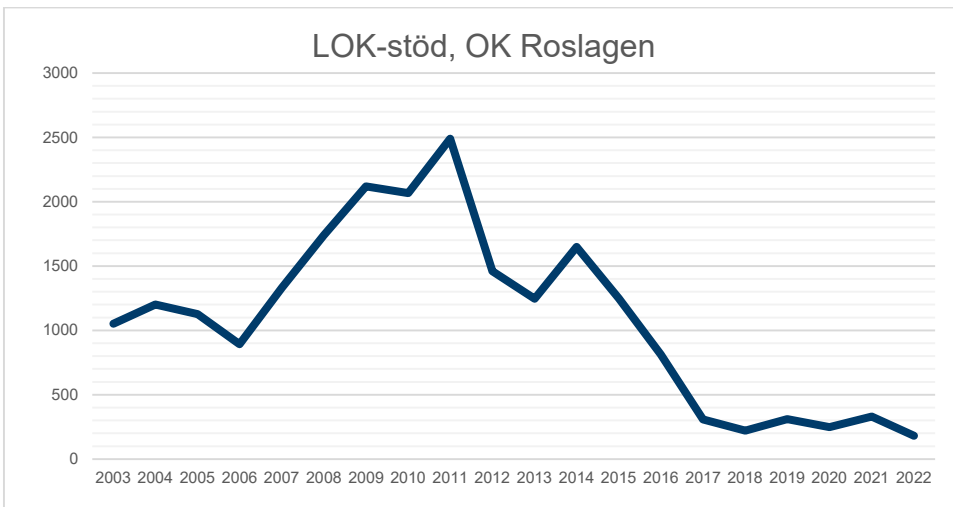


### Könsfördelning 13-16 år, OK Rodhen

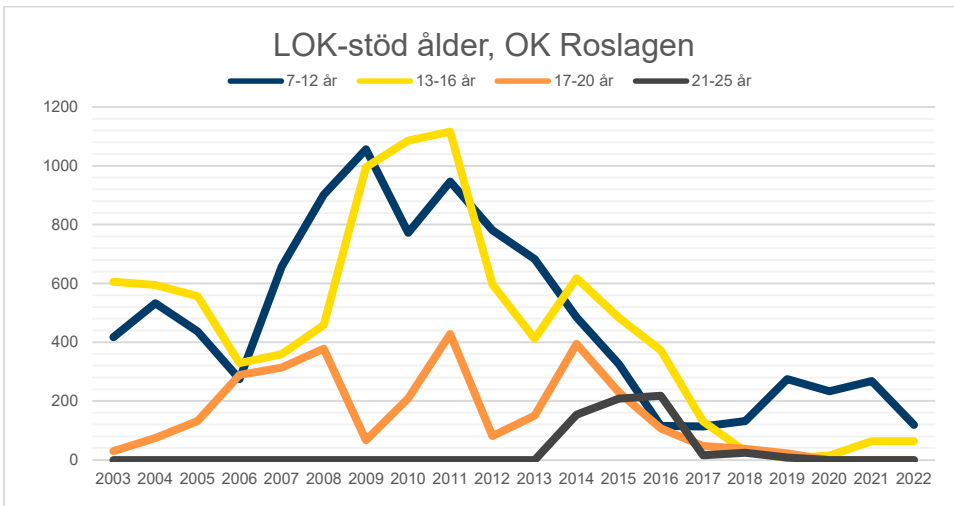
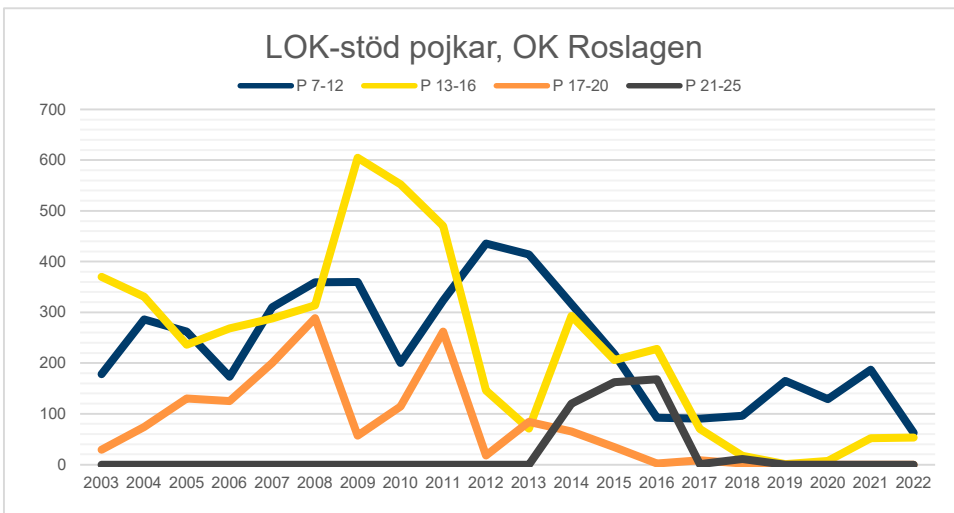
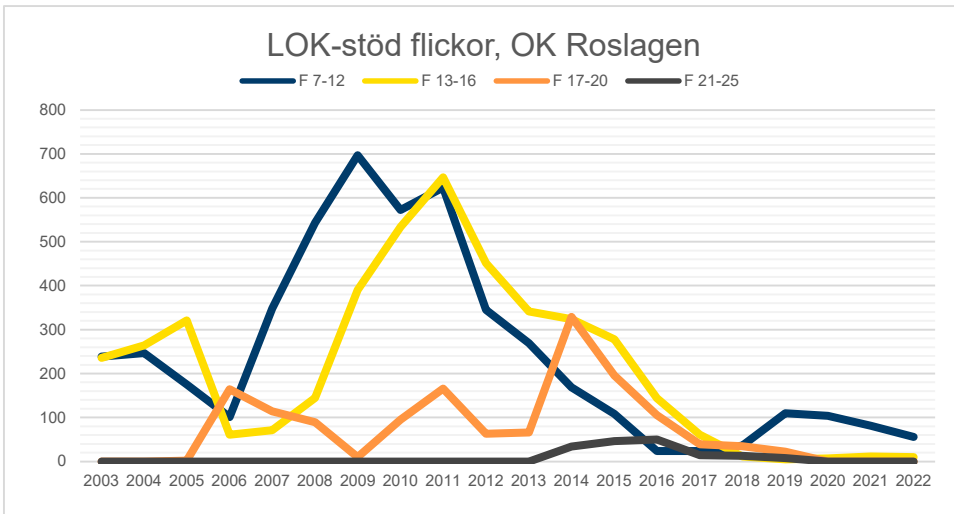




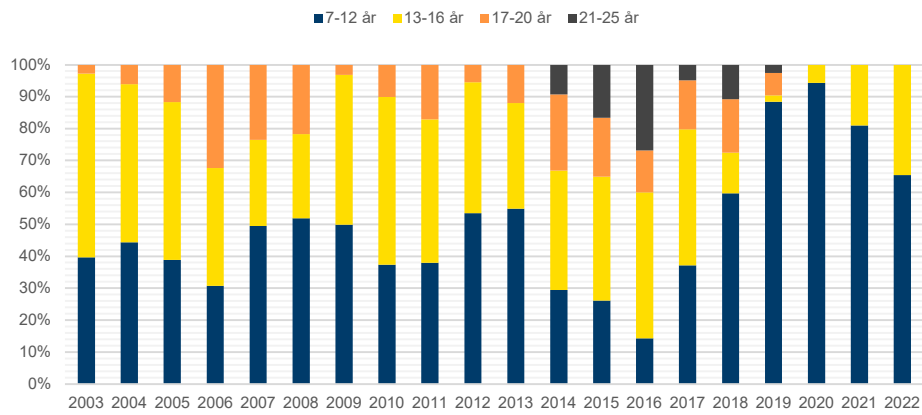
## 16. OK Roslagen



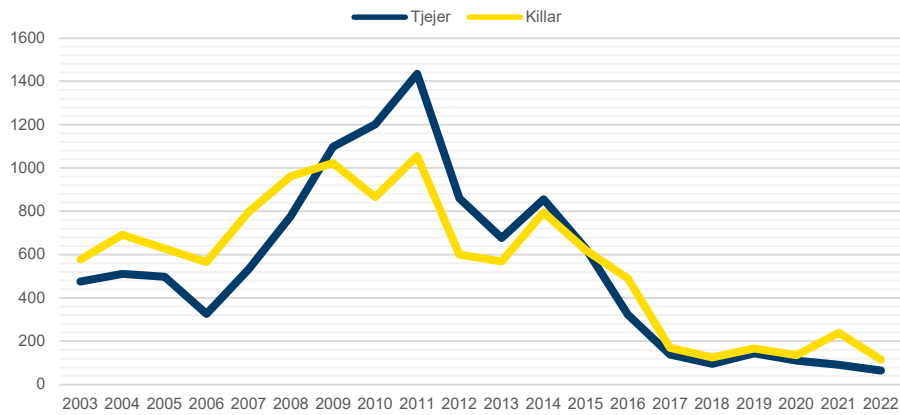




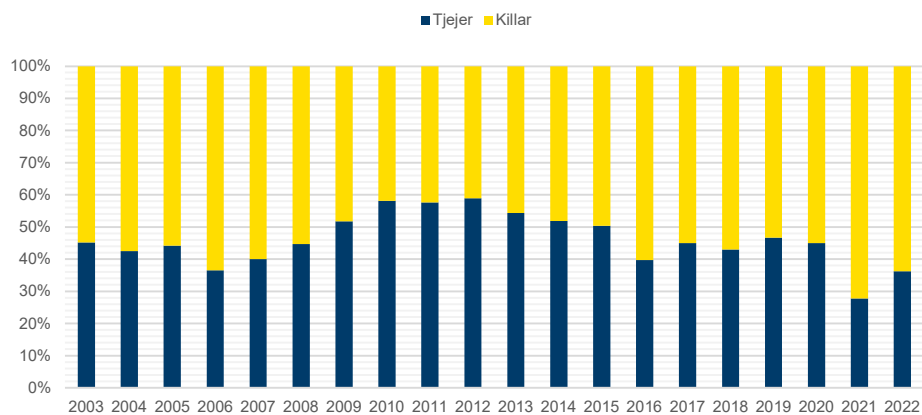
### Åldersfördelning LOK-stöd, OK Roslagen

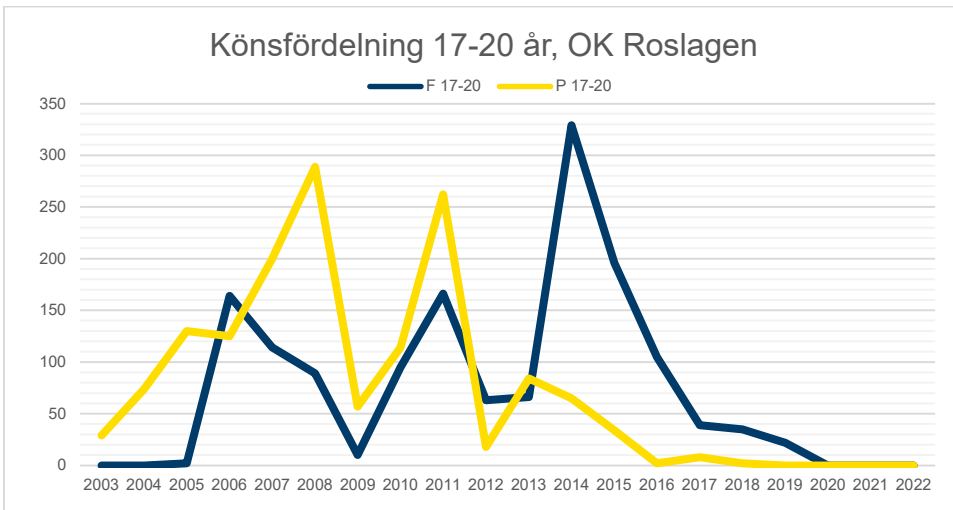
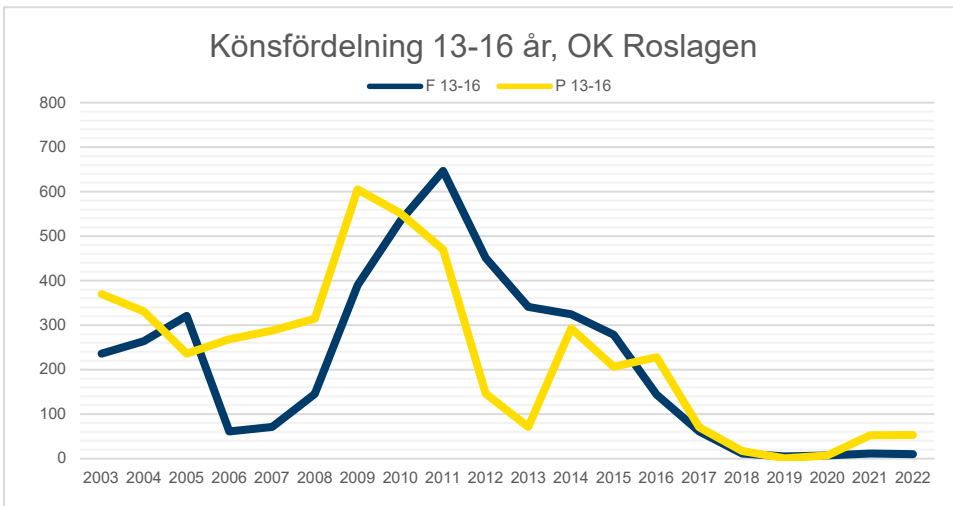
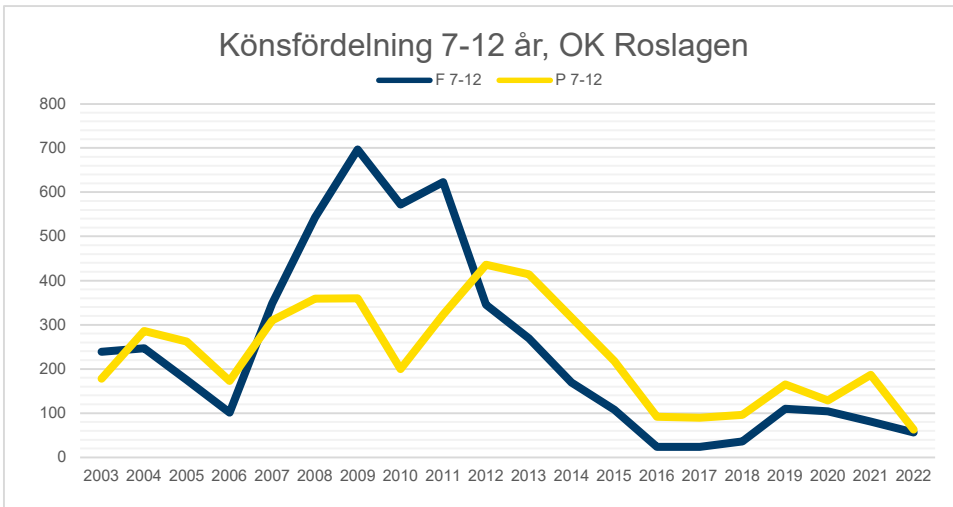


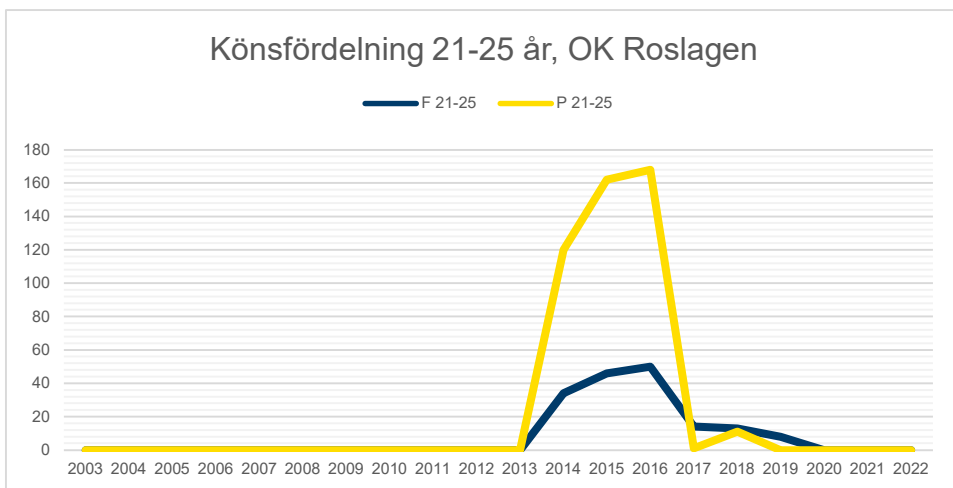
### Könsfördelning LOK-stöd, OK Roslagen



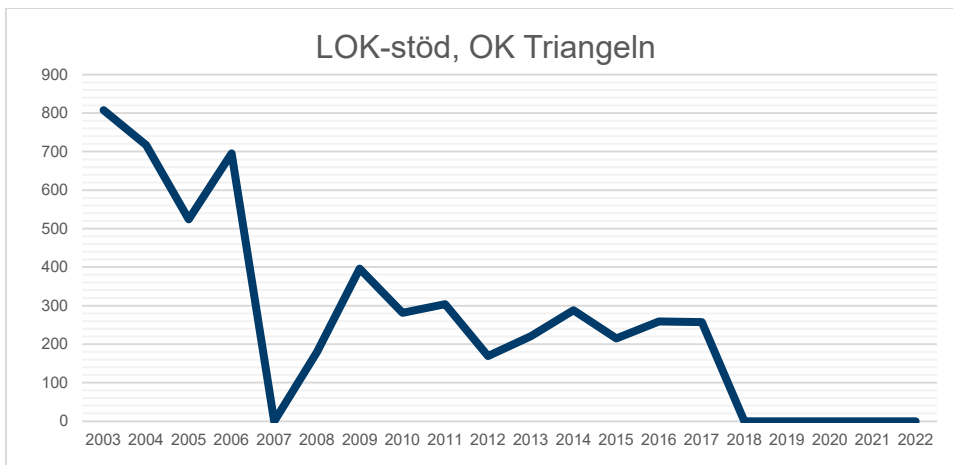
### Könsfördelning LOK-stöd, OK Roslagen



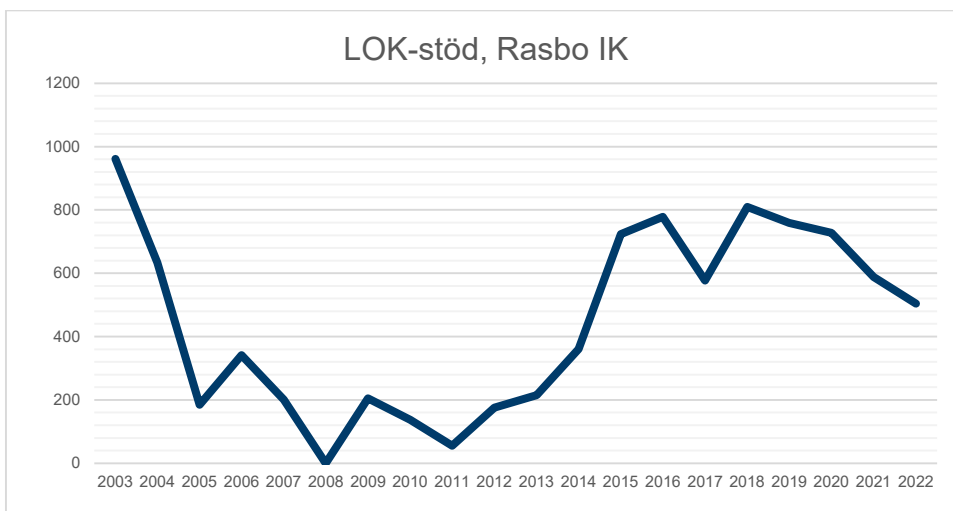


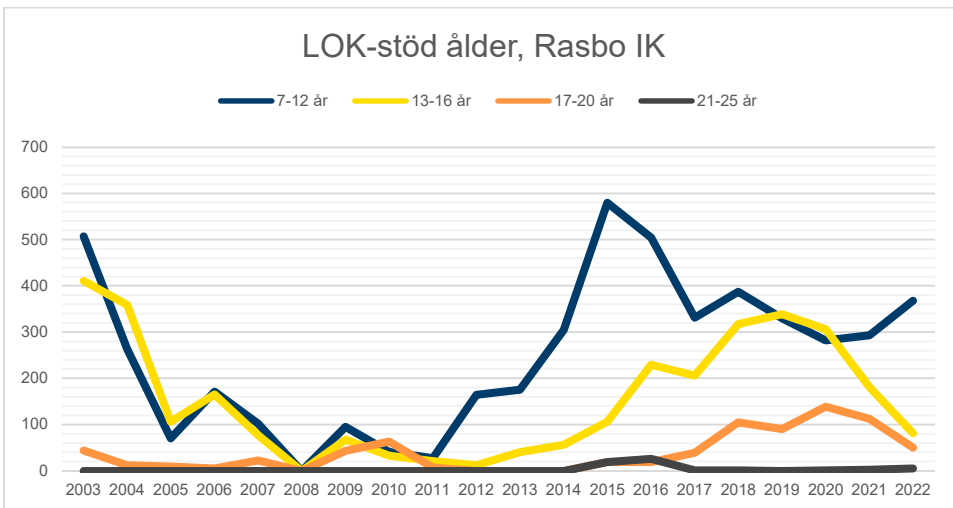
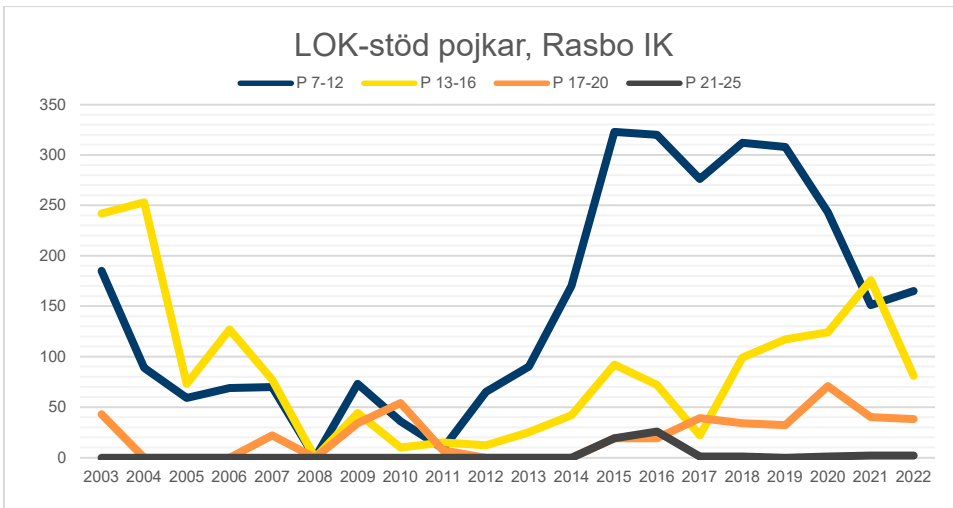
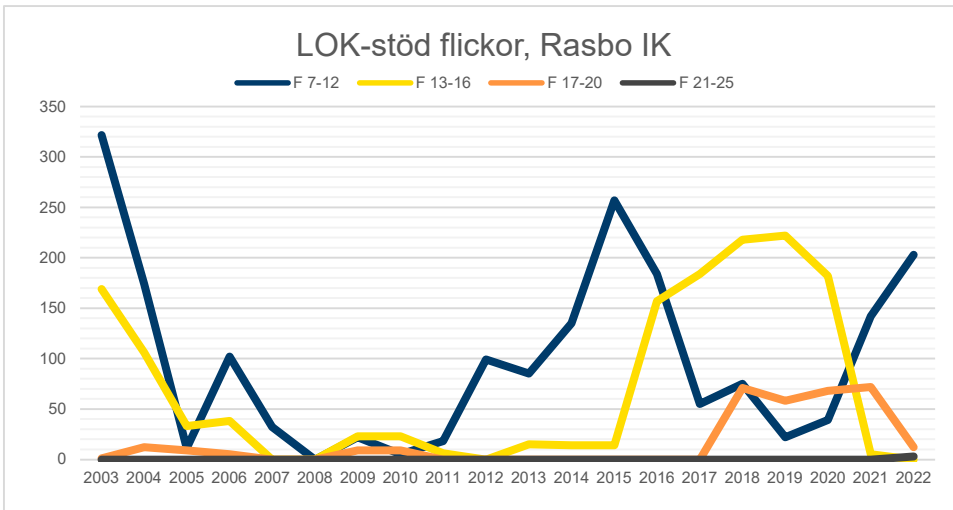


## 17. OK Triangeln

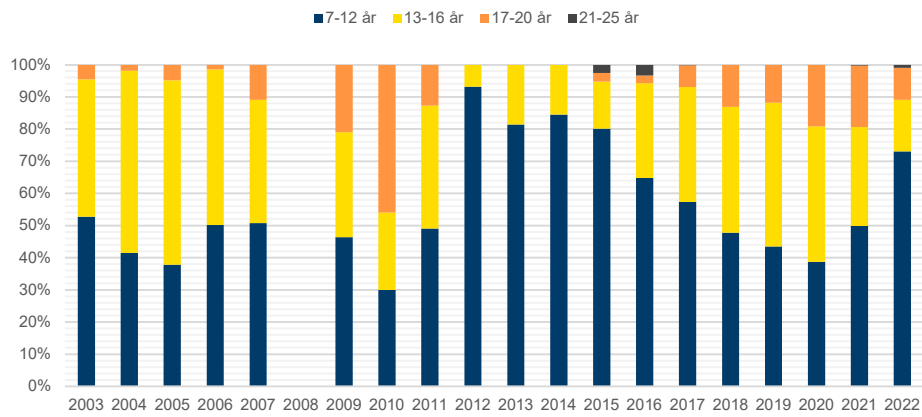


## 18. Rasbo IK

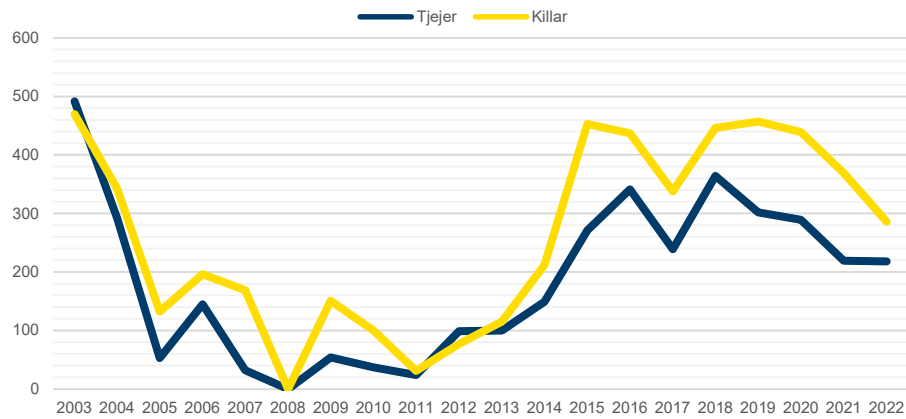




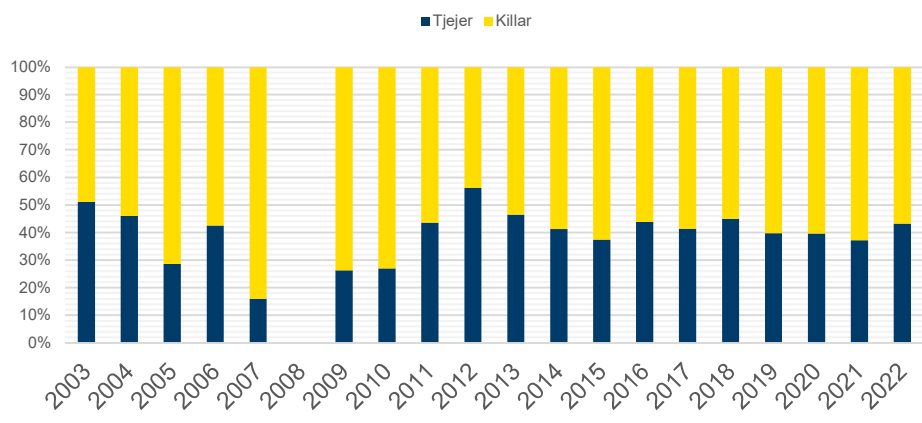
### Åldersfördelning LOK-stöd, Rasbo IK

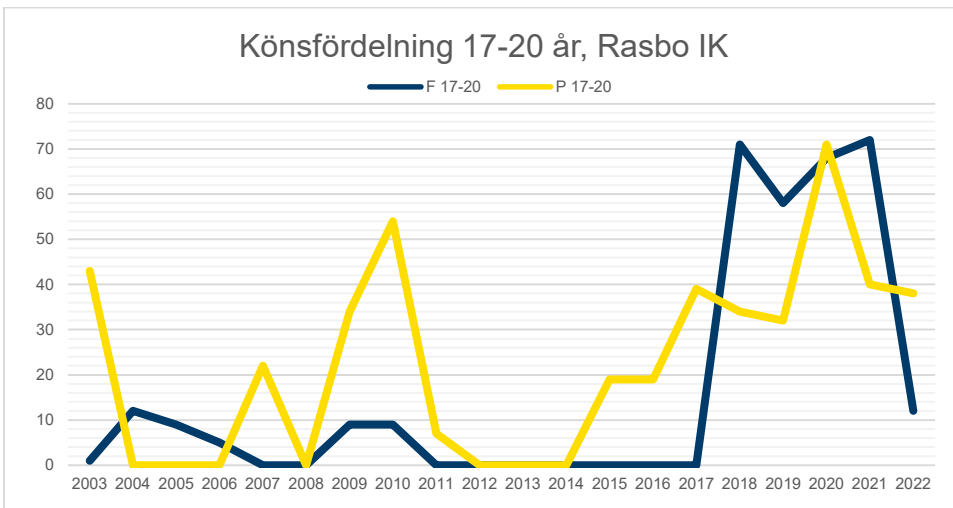
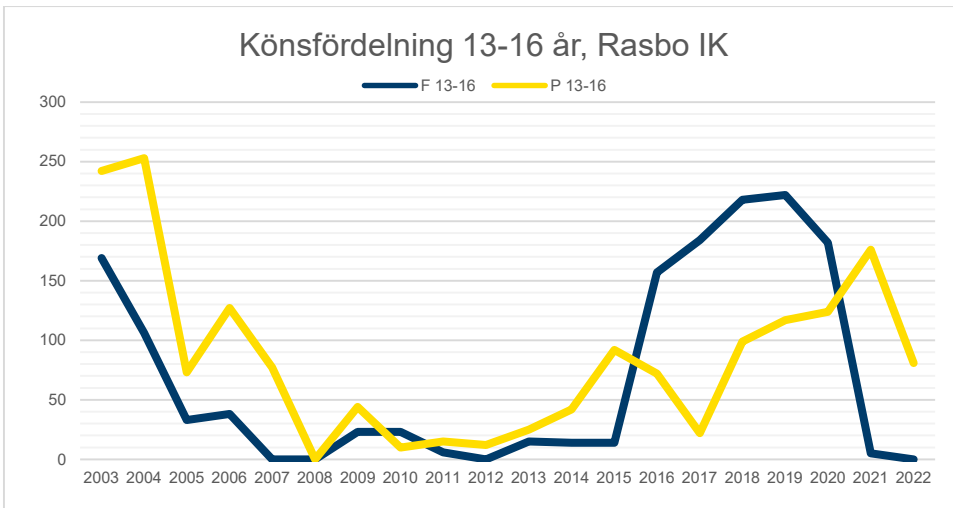
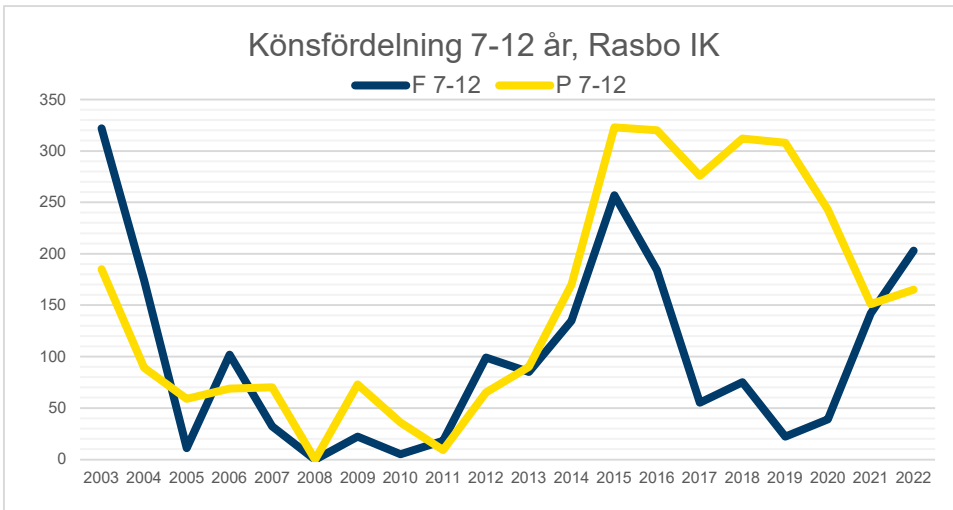


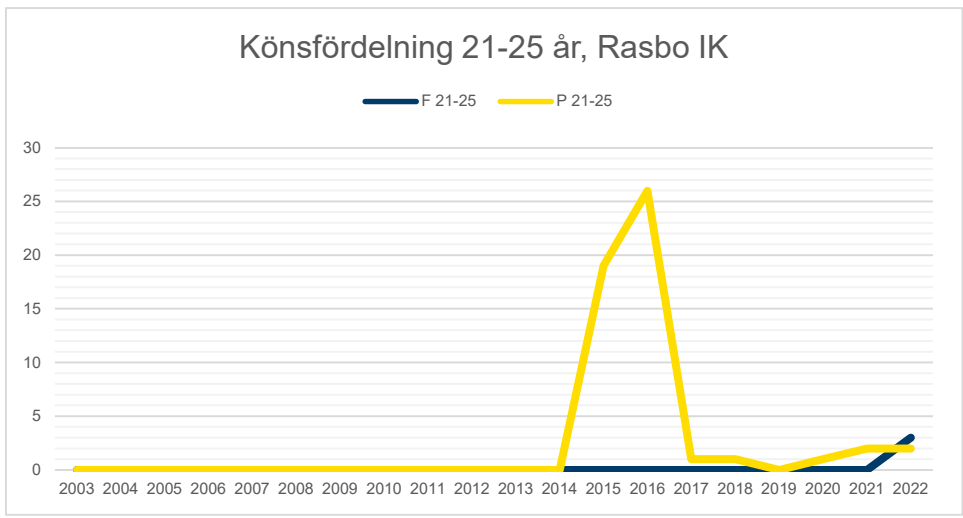
### Könsfördelning LOK-stöd, Rasbo IK



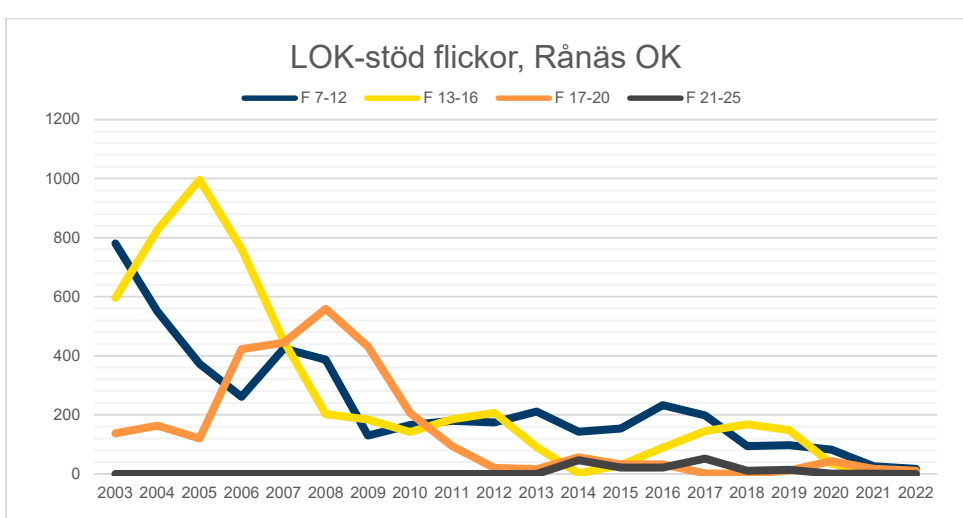
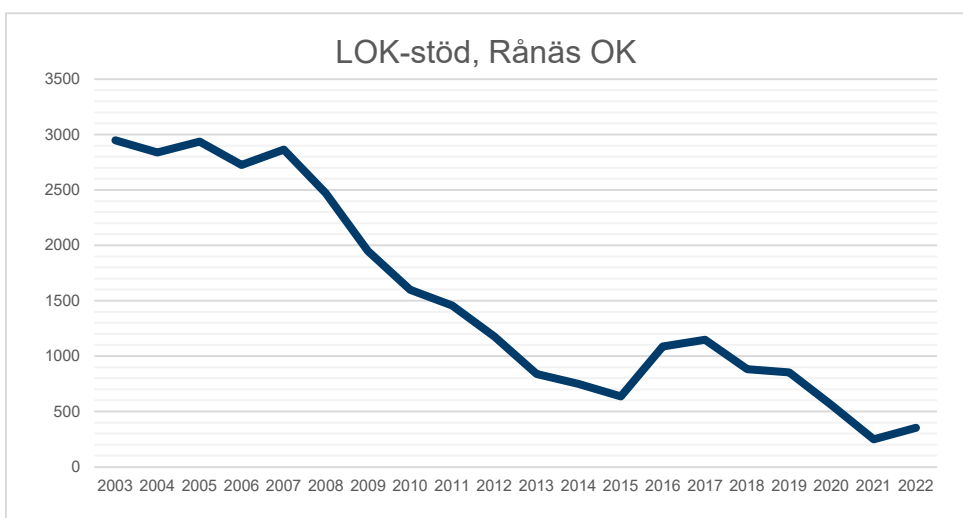
### Könsfördelning LOK-stöd, Rasbo IK



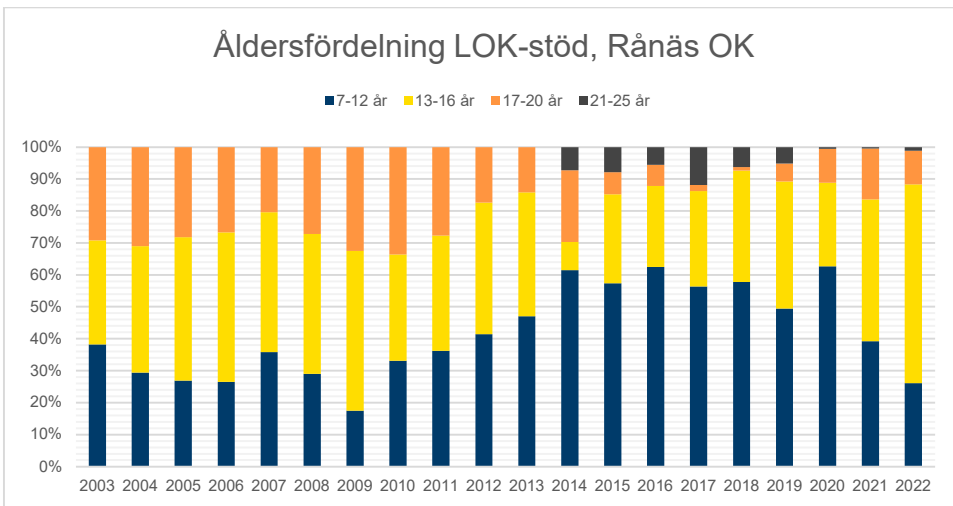
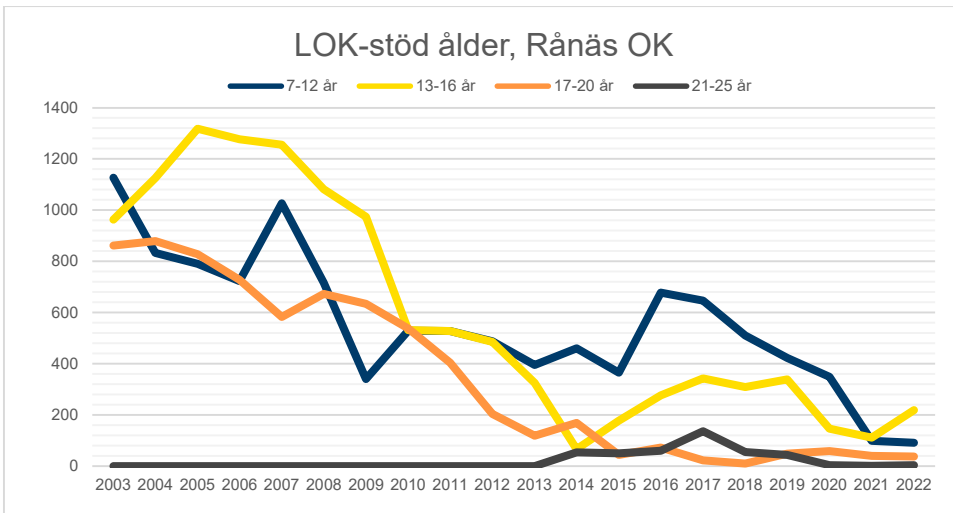
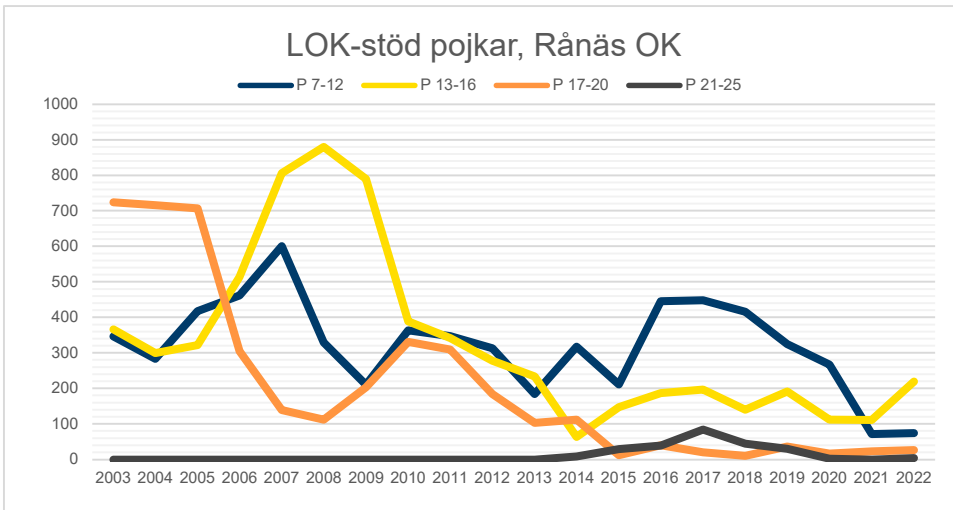


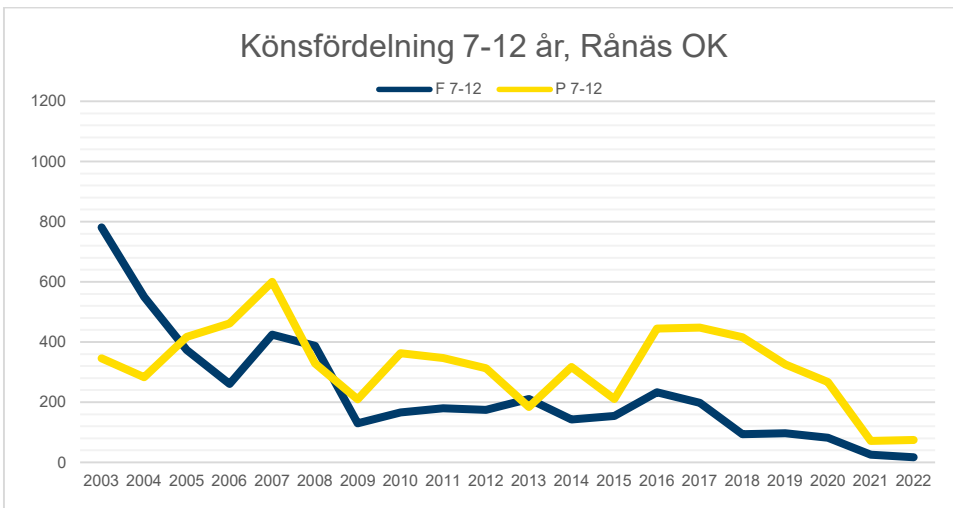
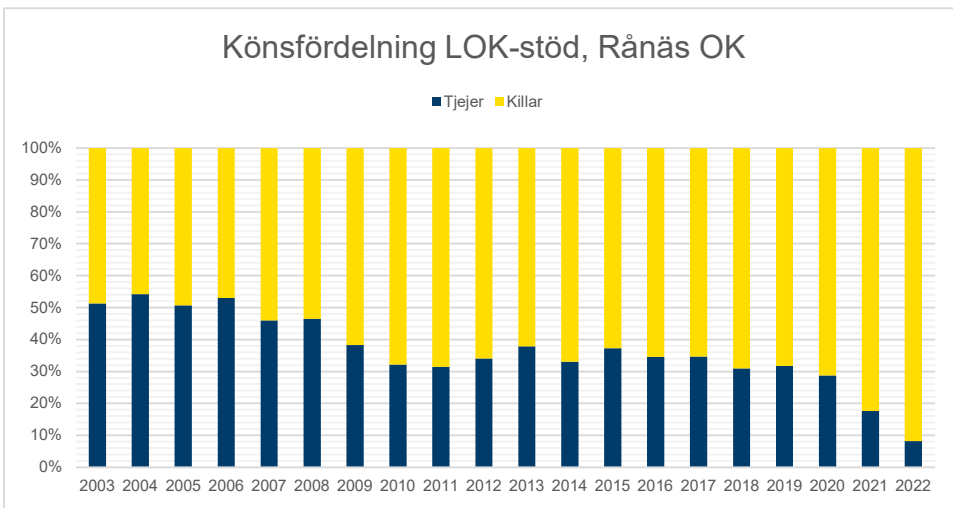
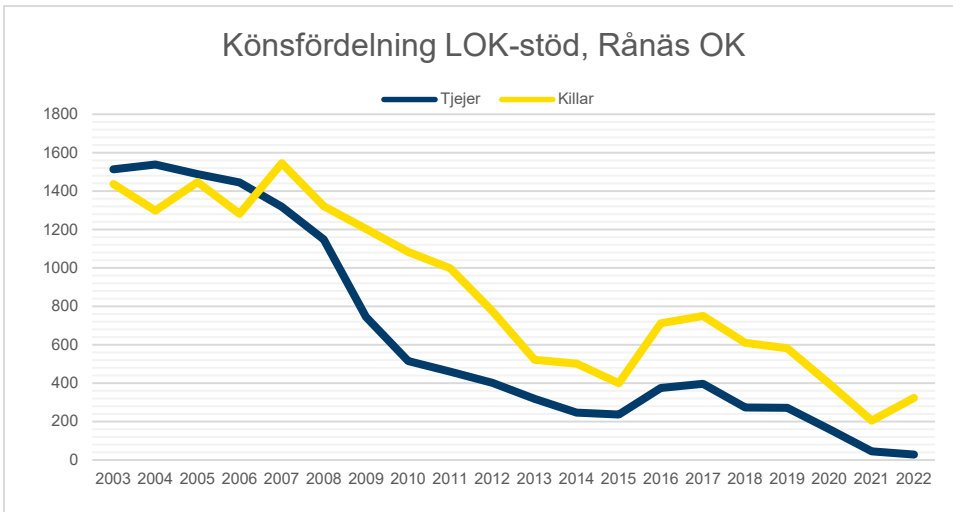


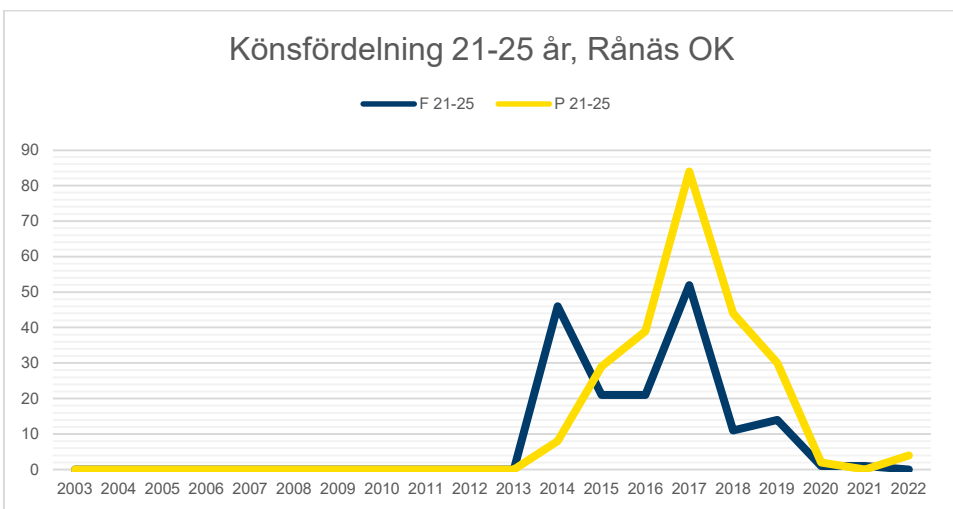
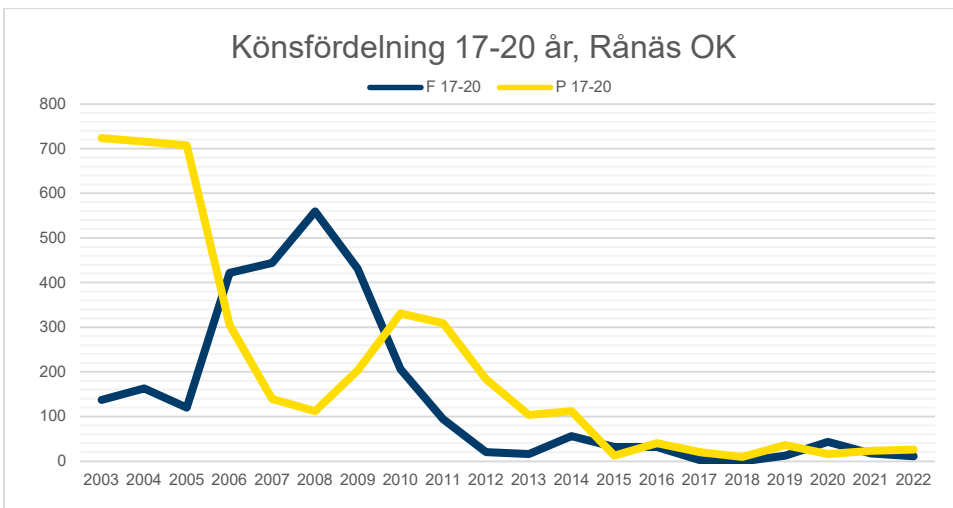
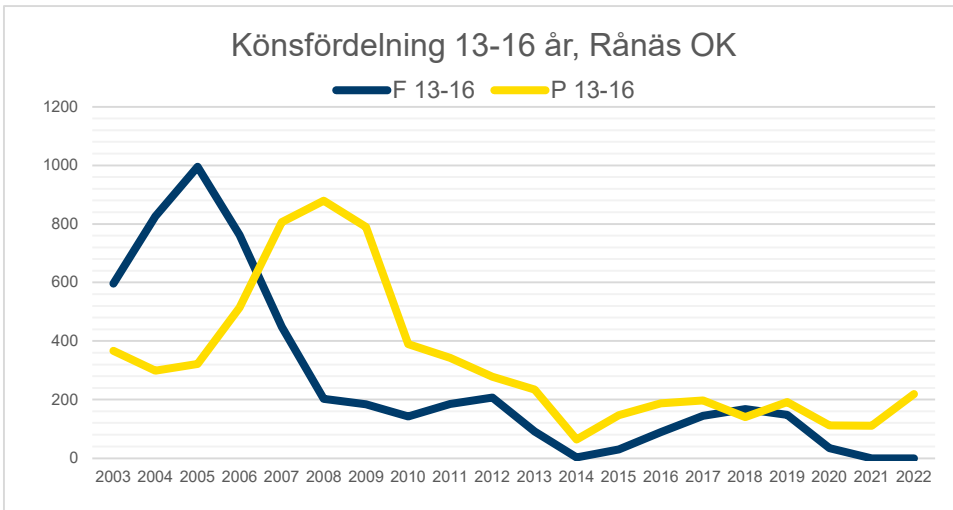
## 19. Rånäs OK



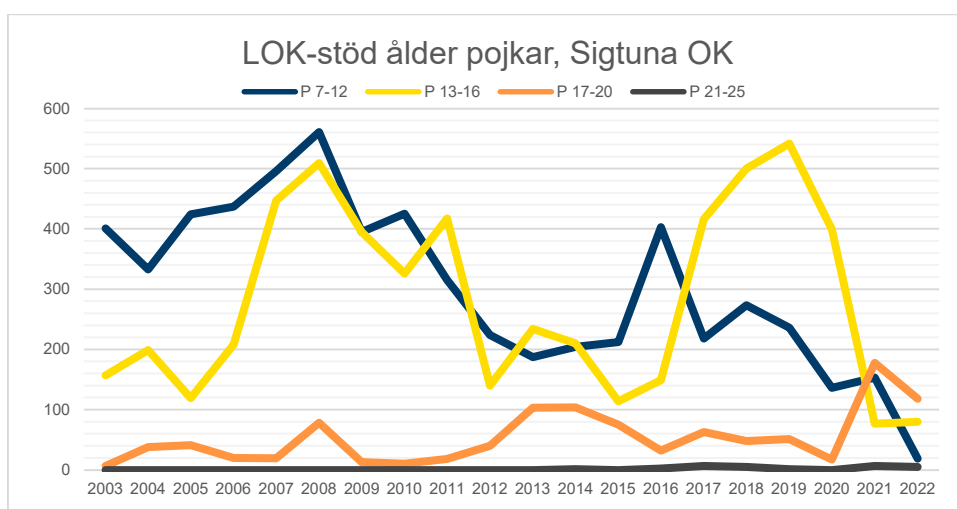
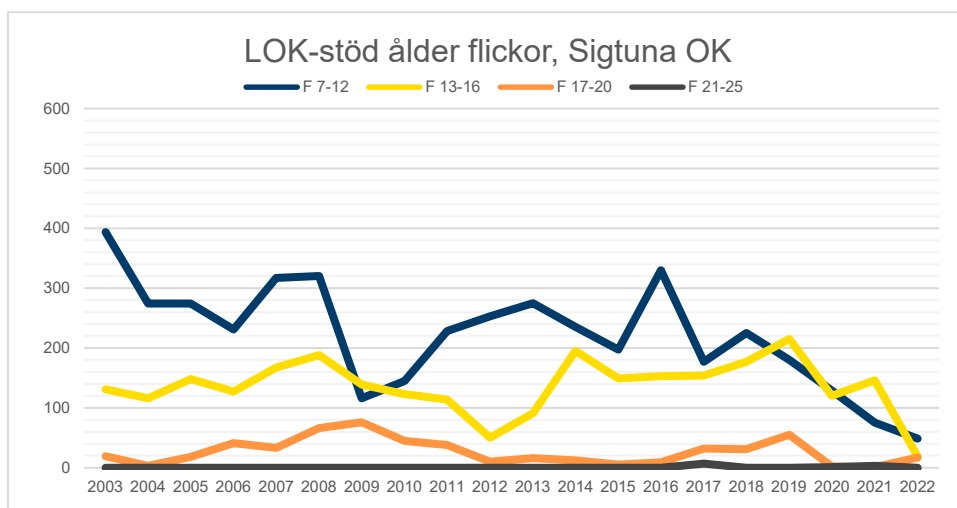
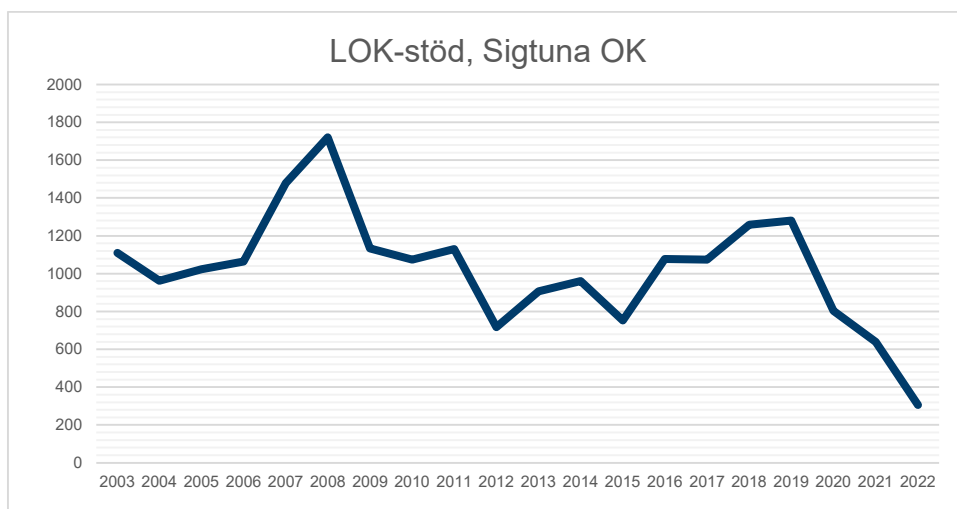


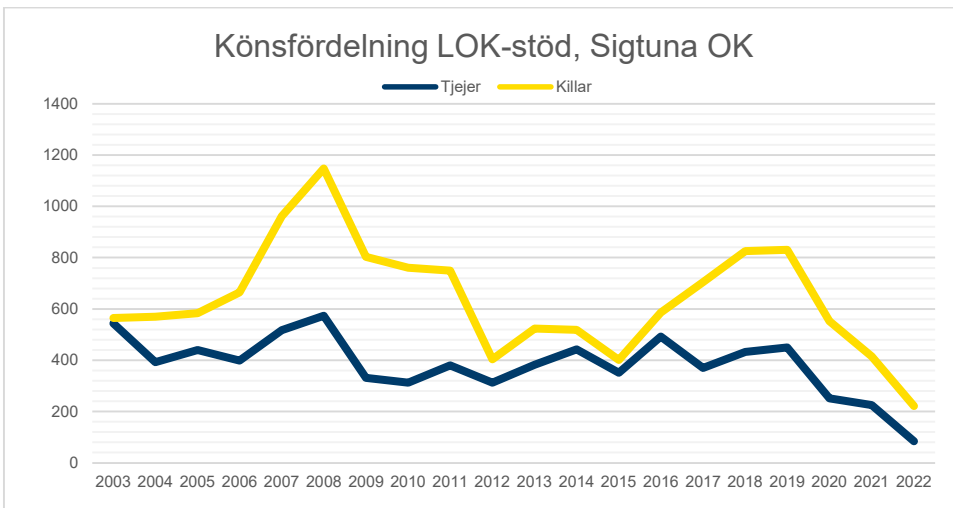
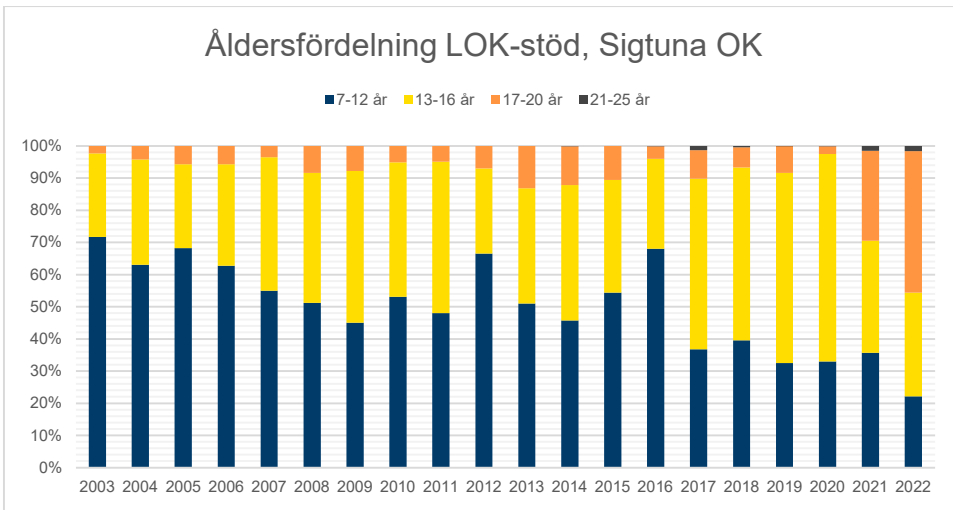
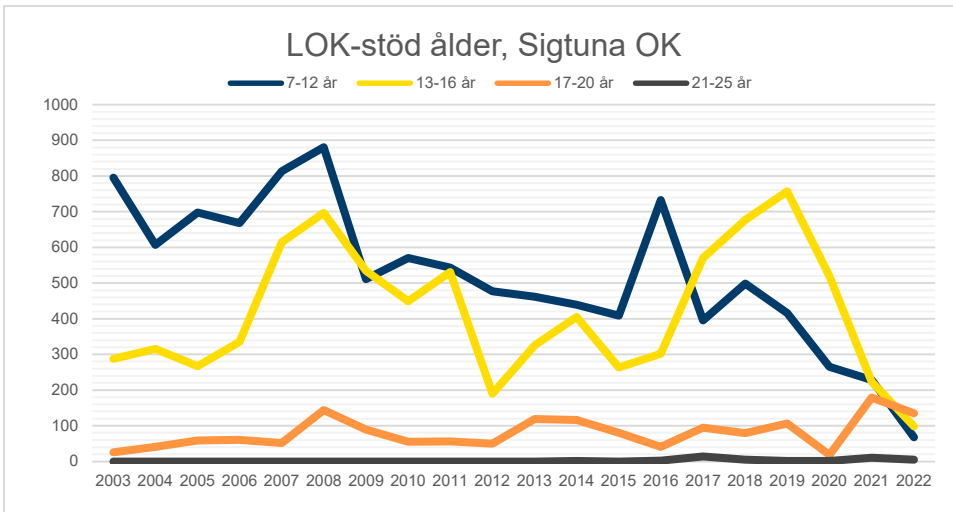




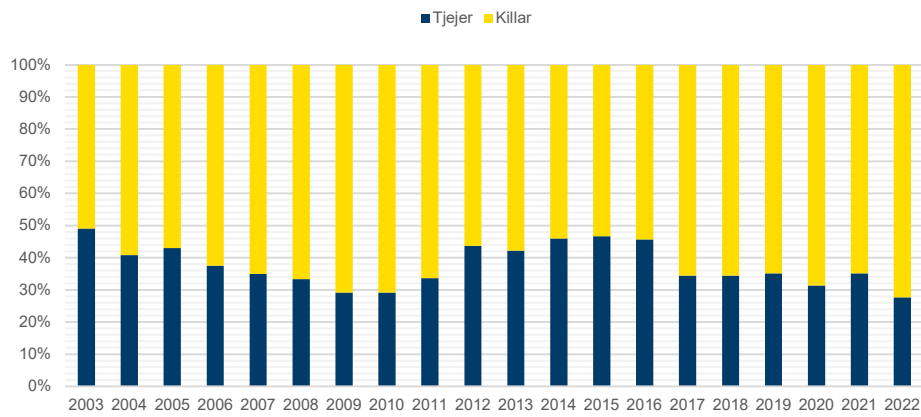


## 20. Sigtuna OK

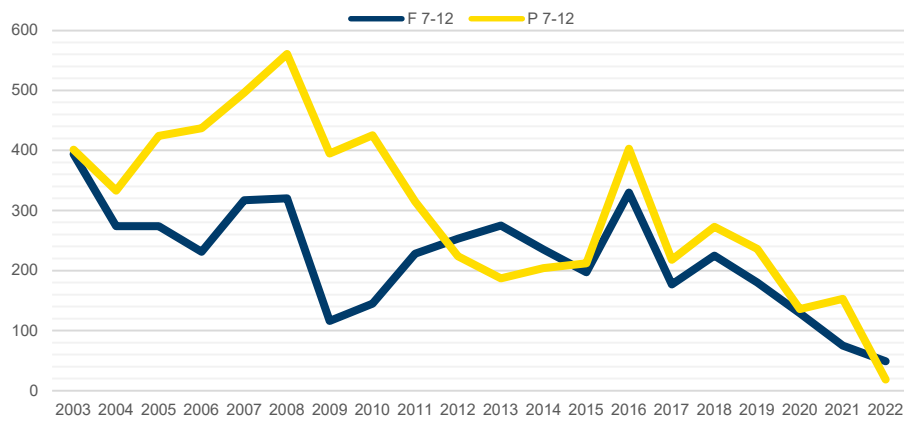




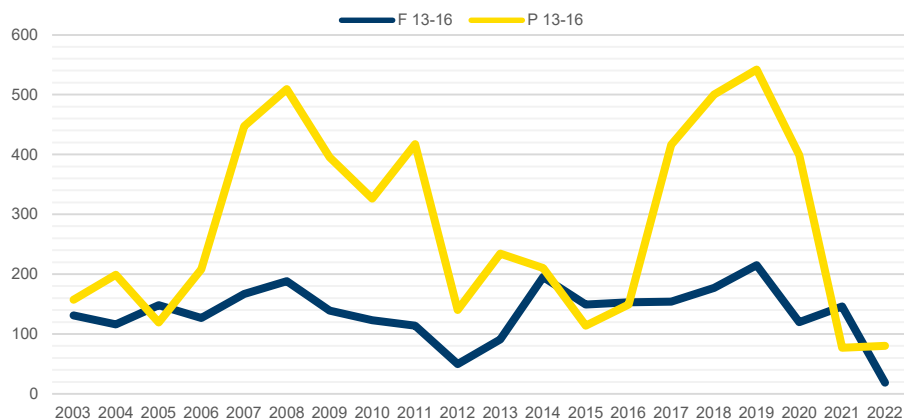
### Könsfördelning LOK-stöd, Sigtuna OK

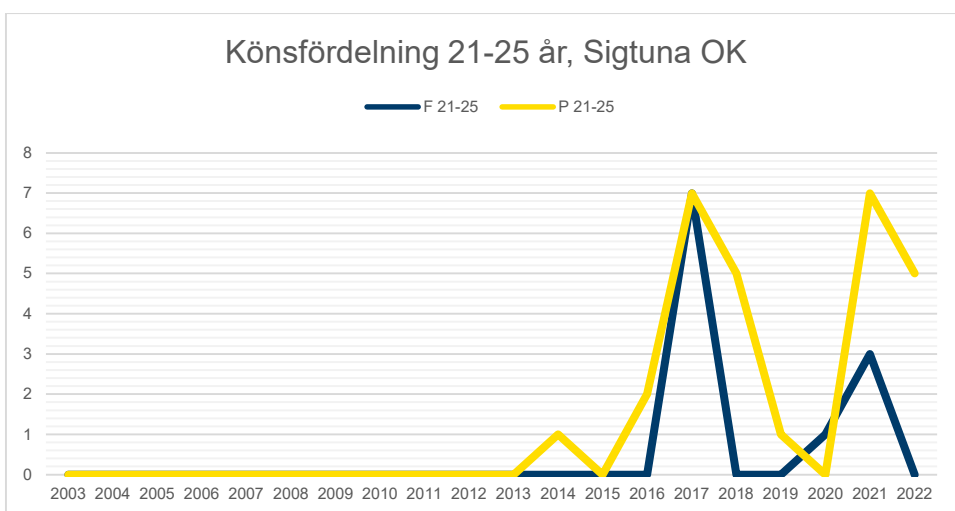
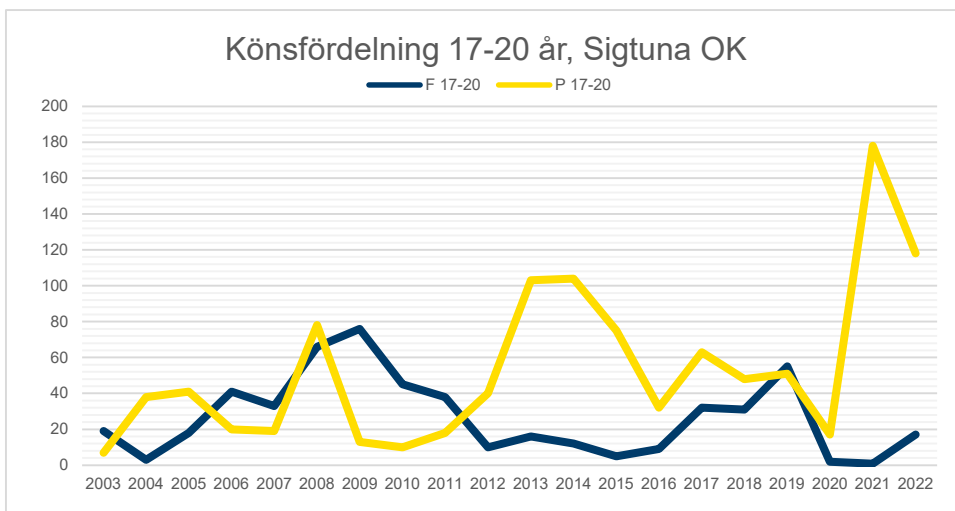


### Könsfördelning 7-12 år, Sigtuna OK

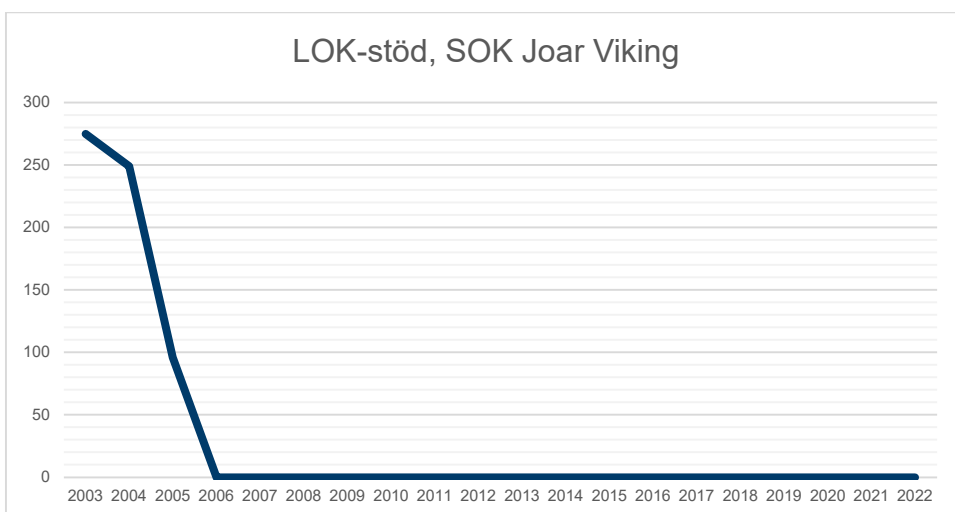


### Könsfördelning 13-16 år, Sigtuna OK

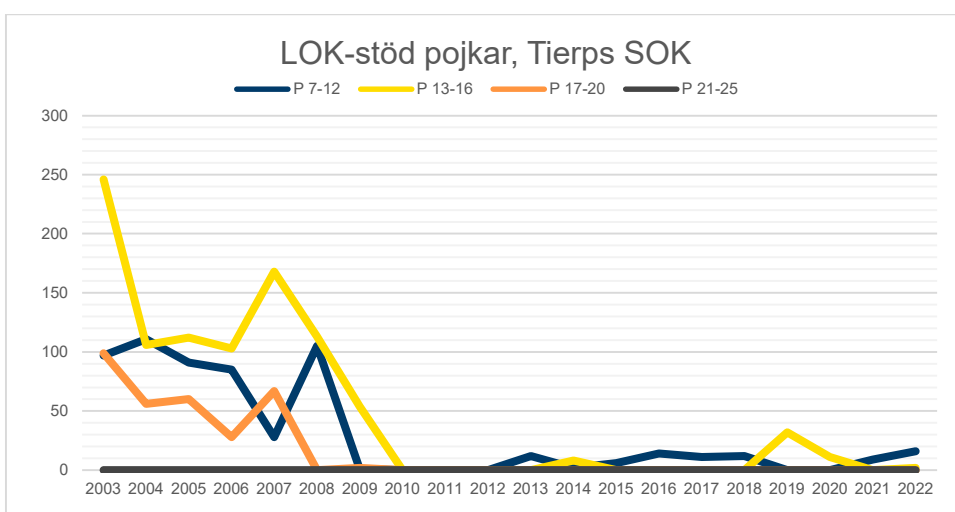
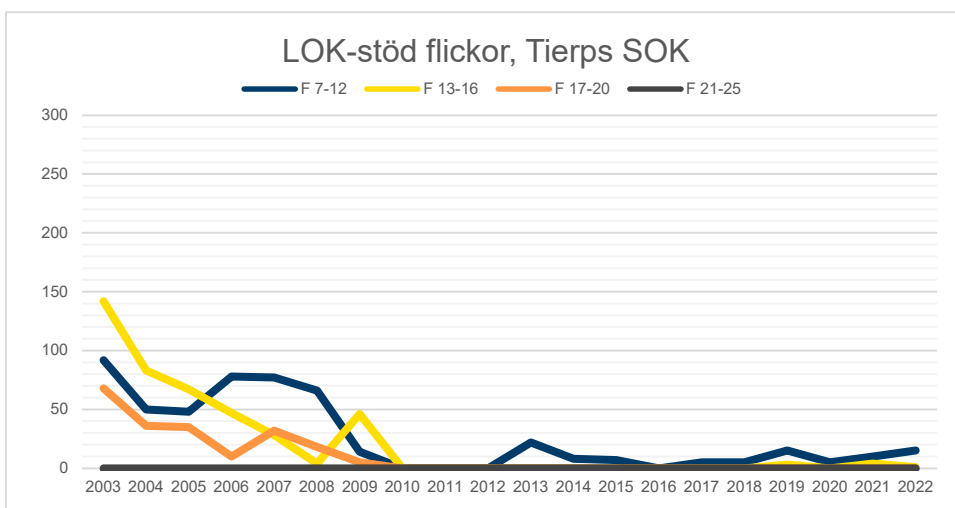
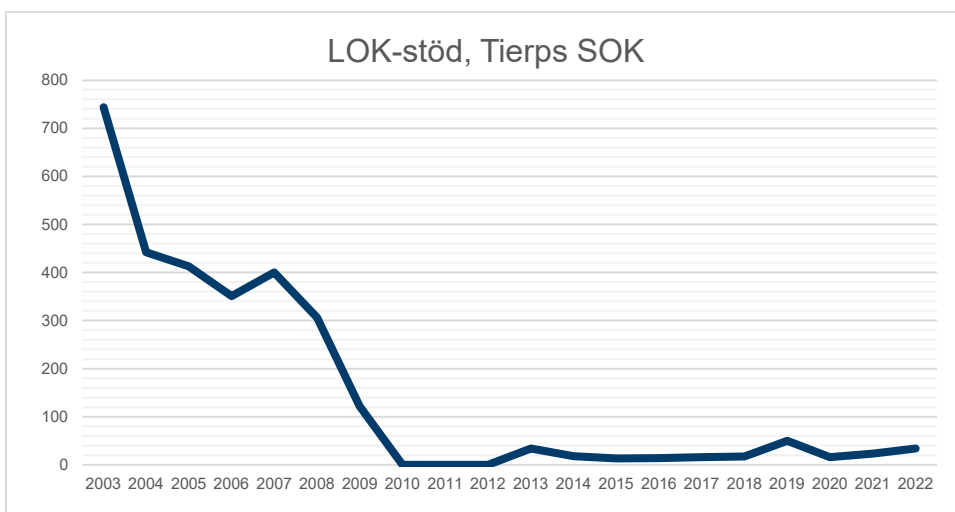




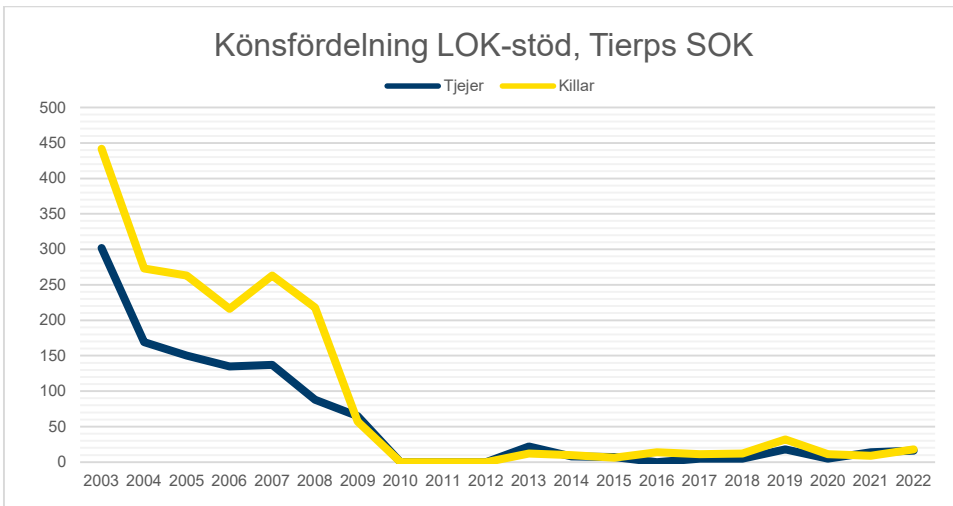
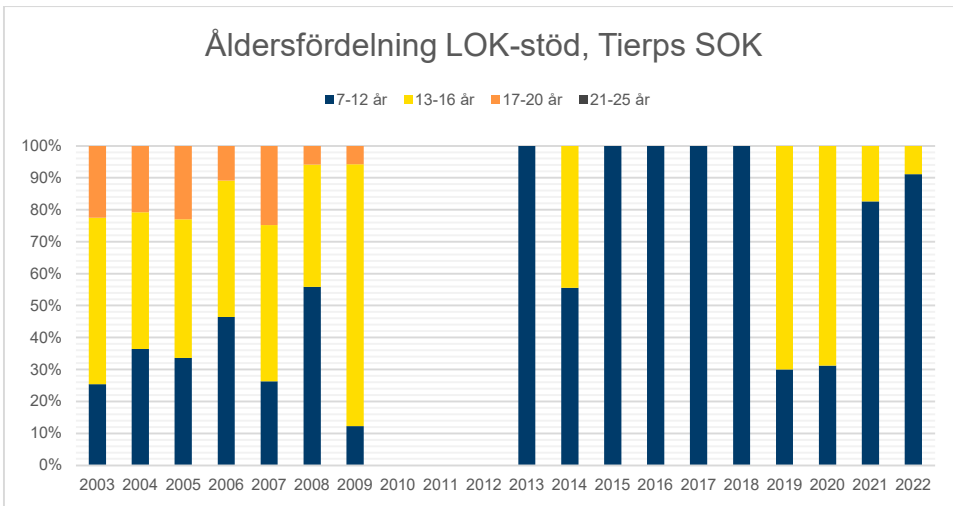
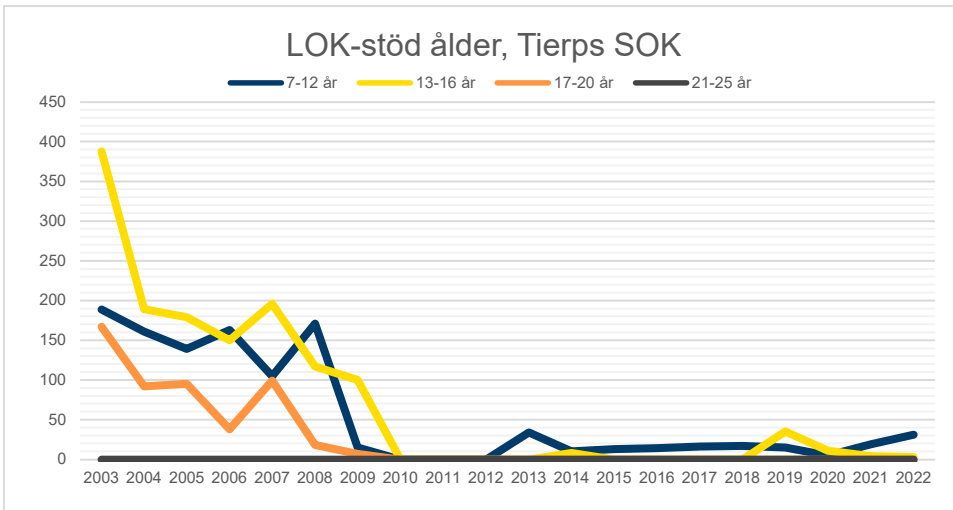
## 21. SOK Joar Viking



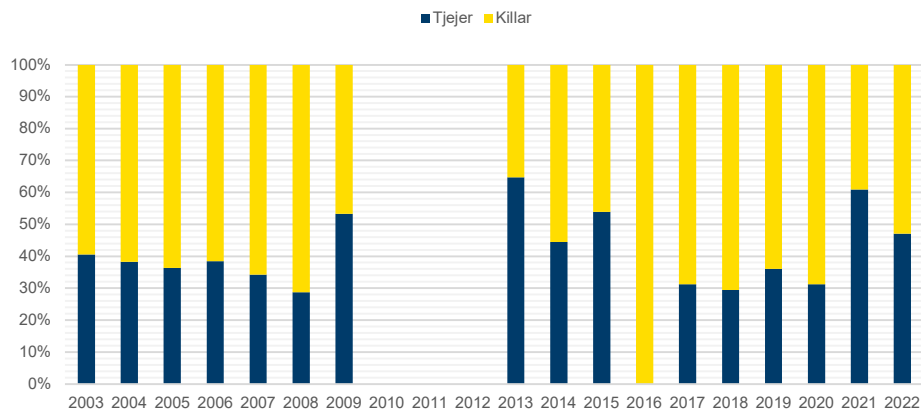
## 22. Tierps SOK



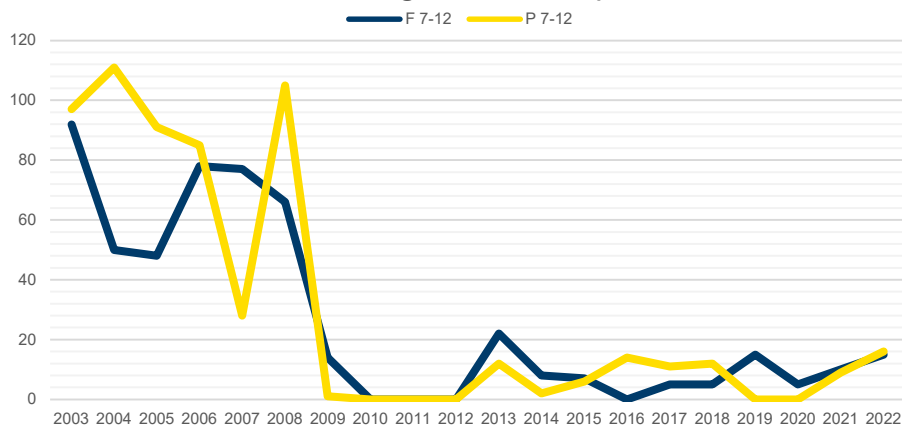




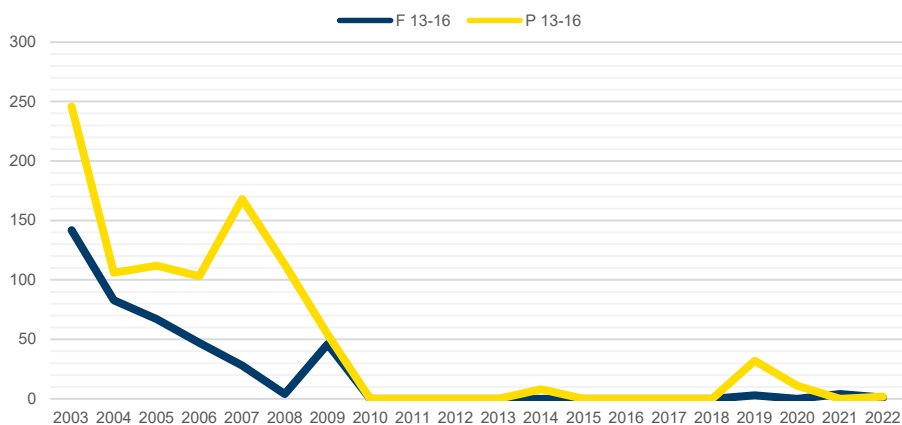
### Könsfördelning LOK-stöd, Tierps SOK

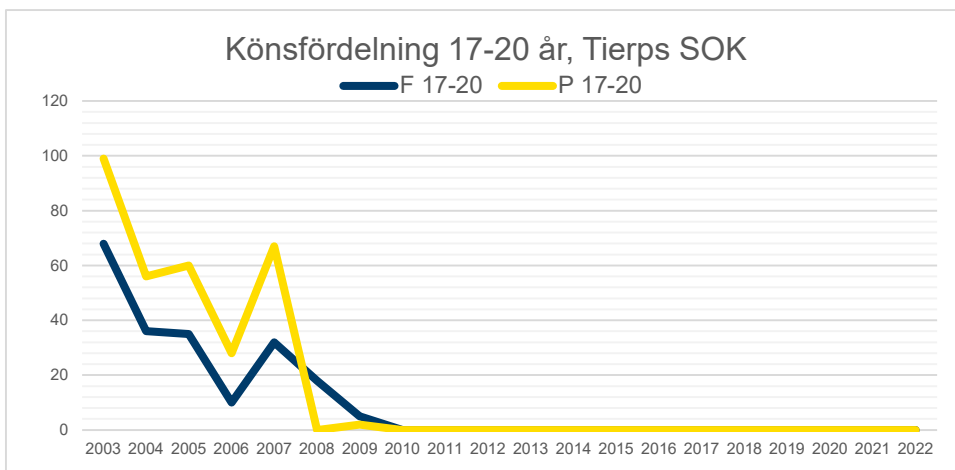


### Könsfördelning 7-12 år, Tierps SOK

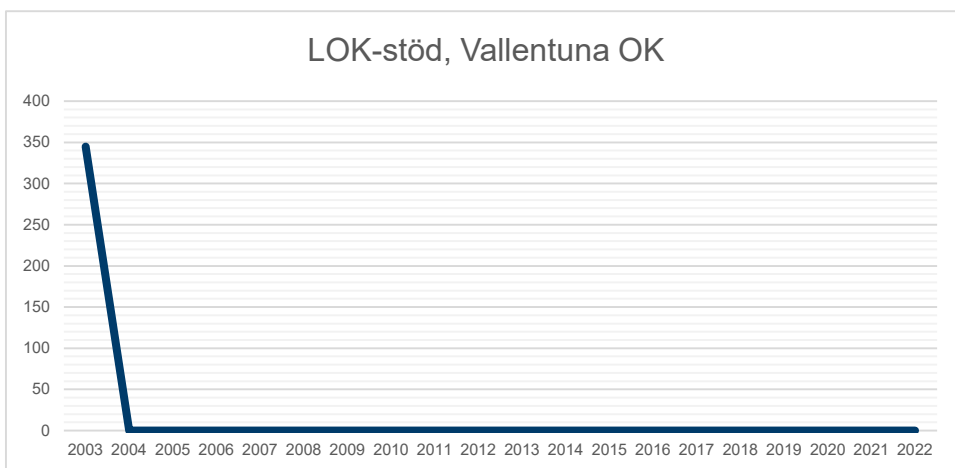


### Könsfördelning 13-16 år, Tierps SOK

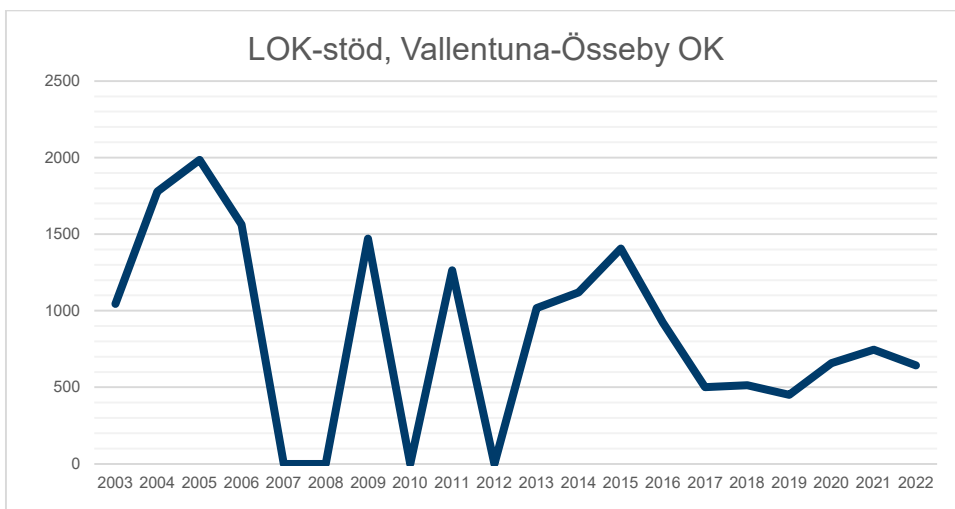




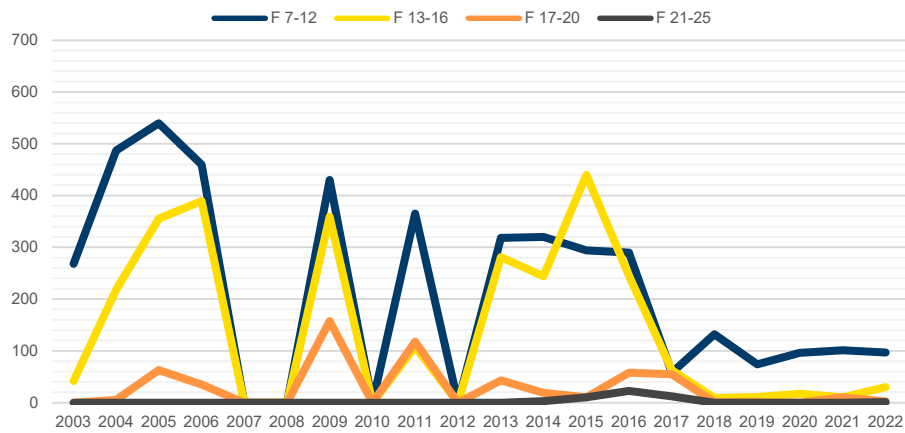
## 23. Vallentuna OK



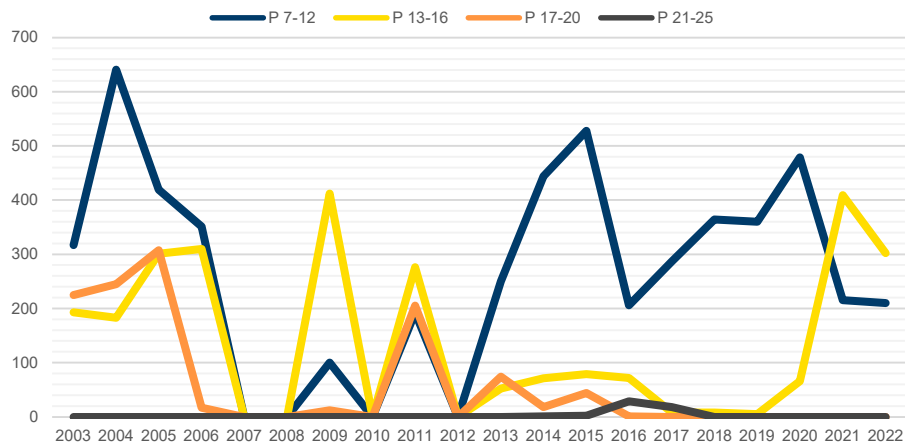
## 24. Vallentuna-Össeby OK



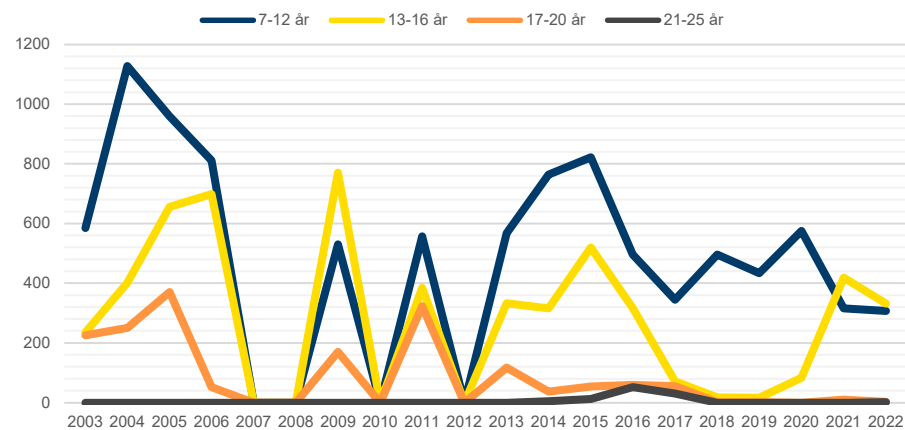
### LOK-stöd flickor, Vallentuna-Össeby OK



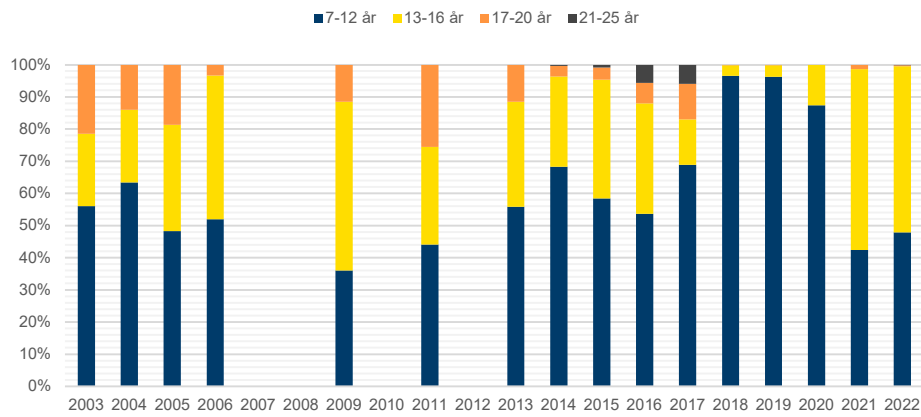
### LOK-stöd pojkar, Vallentuna-Össeby OK



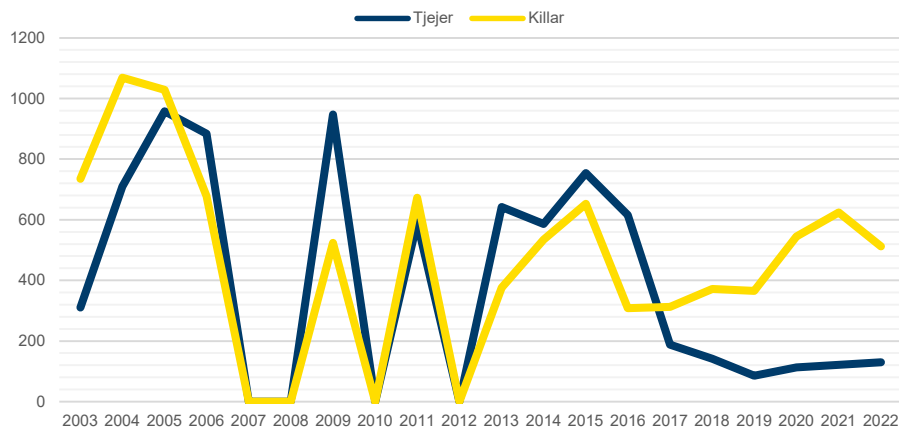
### LOK-stöd ålder, Vallentuna-Össeby OK



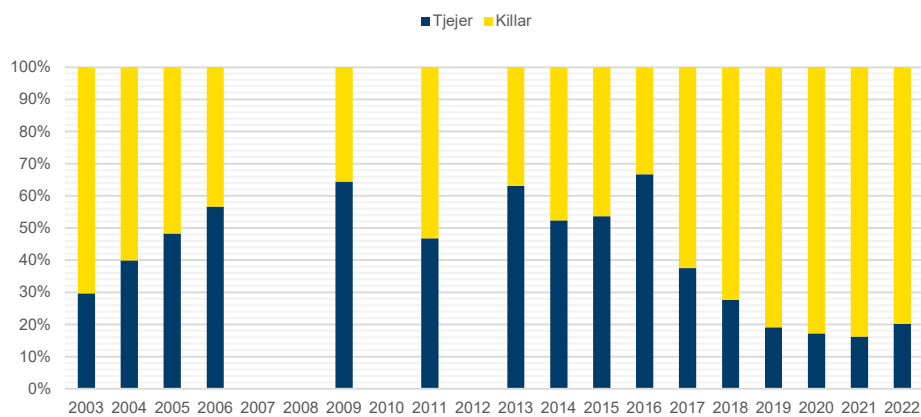
### Åldersfördelning LOK-stöd, Vallentuna-Össeby OK



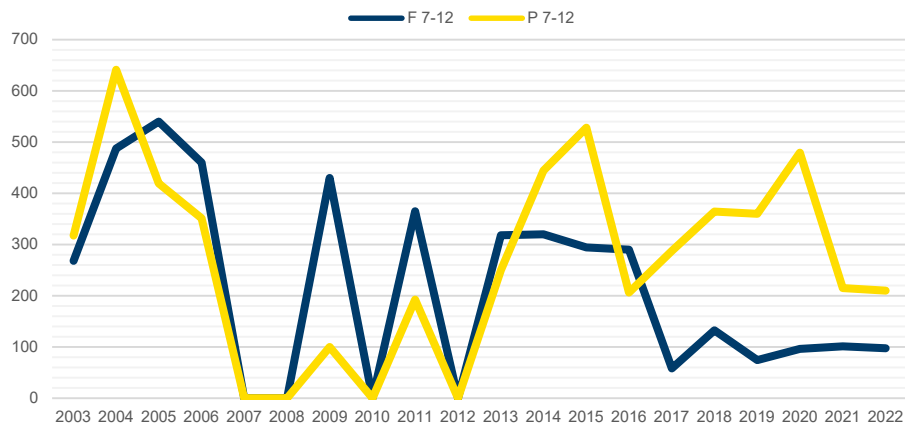
### Könsfördelning LOK-stöd, Vallentuna-Össeby OK



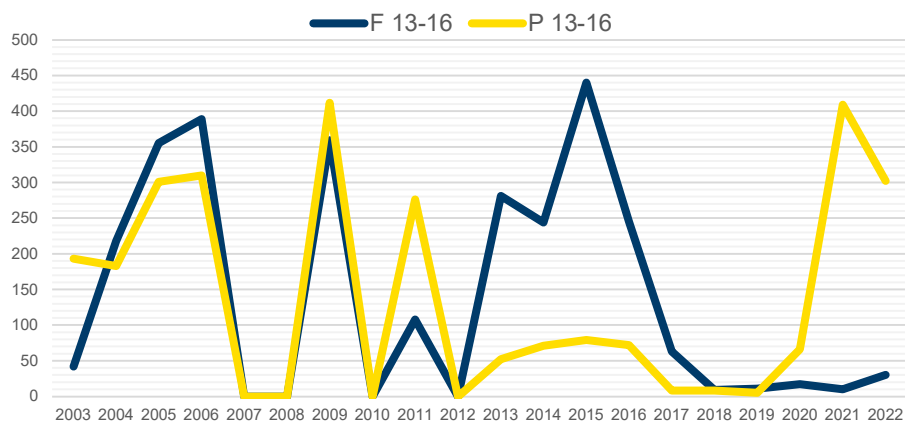
### Könsfördelning LOK-stöd, Vallentuna-Össeby OK



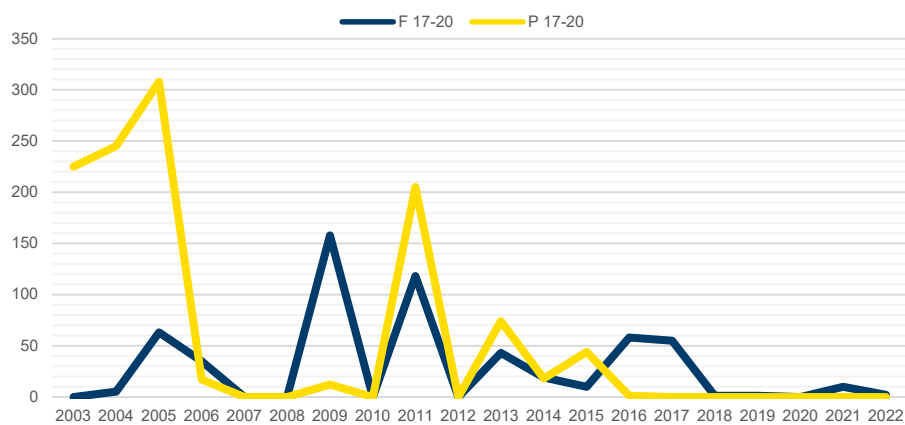
### Könsfördelning 7-12 år, Vallentuna-Össeby OK

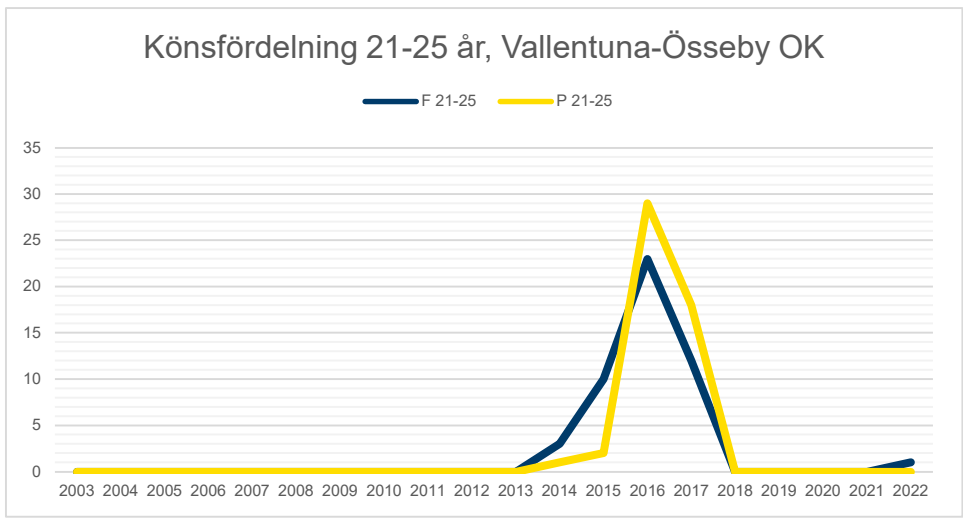


### Könsfördelning 13-16 år, Vallentuna-Össeby OK



### Könsfördelning 17-20 år, Vallentuna-Össeby OK





## 25. Össeby OK

