

LOK-stödets utveckling under 20 år, Uppland

Statligt Lokalt Aktivitetsstöd, LOK-stöd, skapades i början av 1970-talet då barn- och ungdomsidrotten utvecklades snabbt för att numera vara en stor och viktig del av svensk idrott. LOK-stödet infördes för att ge idrottsföreningar ett ekonomiskt stöd för att kunna bedriva verksamhet för barn och ungdomar. I princip har LOK-stödet sett ut på ungefär samma sätt sen starten. En del regler har förändrats liksom nivån för det ekonomiska stödet. I det här dokumentet redovisas LOK-stödets utveckling för orienteringsföreningar under de senaste 20 åren.

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1. LOK-stödet

Statligt lokalt aktivitetsstöd, det så kallade LOK-stödet, är ett stöd till svenskt föreningsliv för att stimulera till att skapa bra verksamhet för barn och ungdomar. LOK-stödet skapades för att ge ett stöd till föreningslivet för att satsa på meningsfulla aktiviteter för barn och unga. En ny och växande ungdomskultur ungdomskravaller, raggarkultur och motbokens avskaffande var några saker som sågs som ett hot mot sunda värderingar bland unga.

Reglerna för LOK-stödet har förändrats ett antal gånger under årens lopp. De senaste förändringarna och är åldersgruppen 21-25 år blev berättigad till LOK-stöd 2014 och ett extra ledarstöd till de grupper som har två ledare. För orienteringsföreningarna i Sverige innebär LOK-stödet ett årligt tillskott på omkring 3 miljoner kronor fördelat på 328 föreningar (2024). Varje deltagartillfälle ger i genomsnitt cirka 10-11 kronor till föreningen.

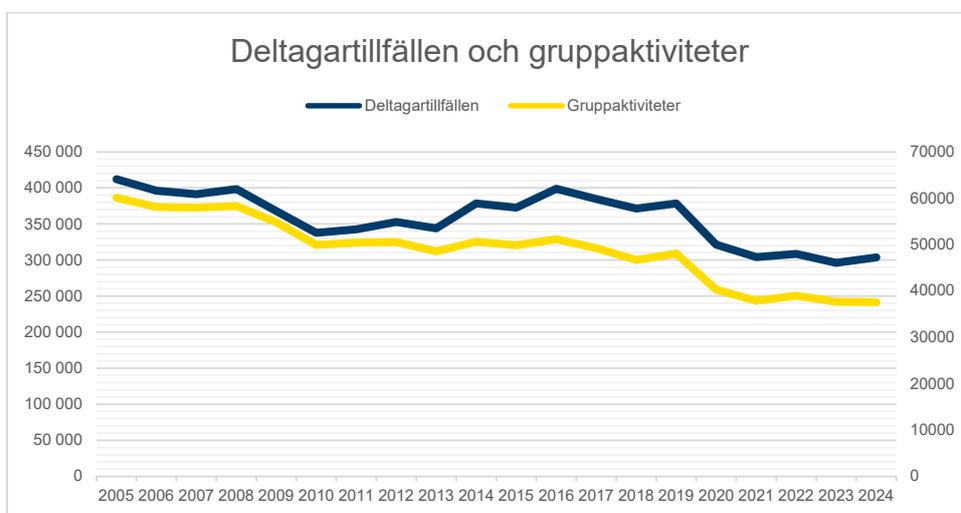
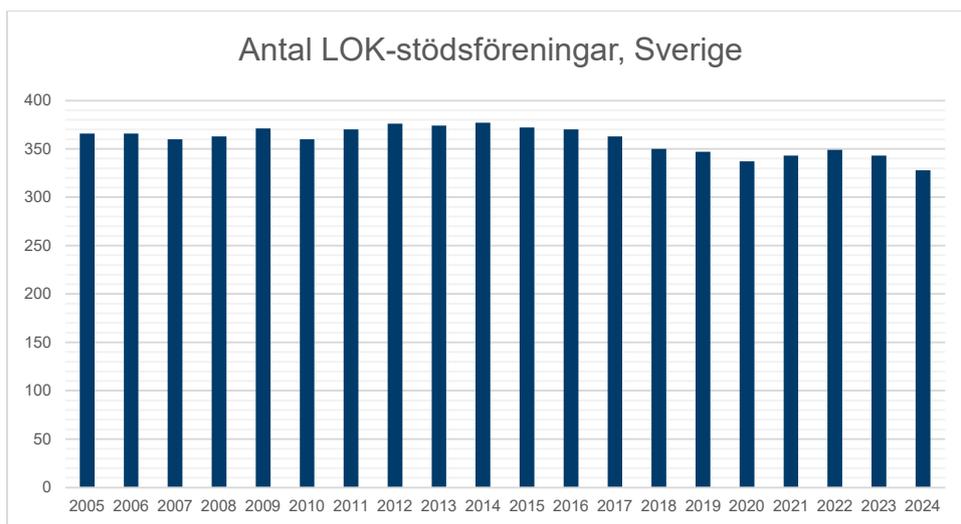
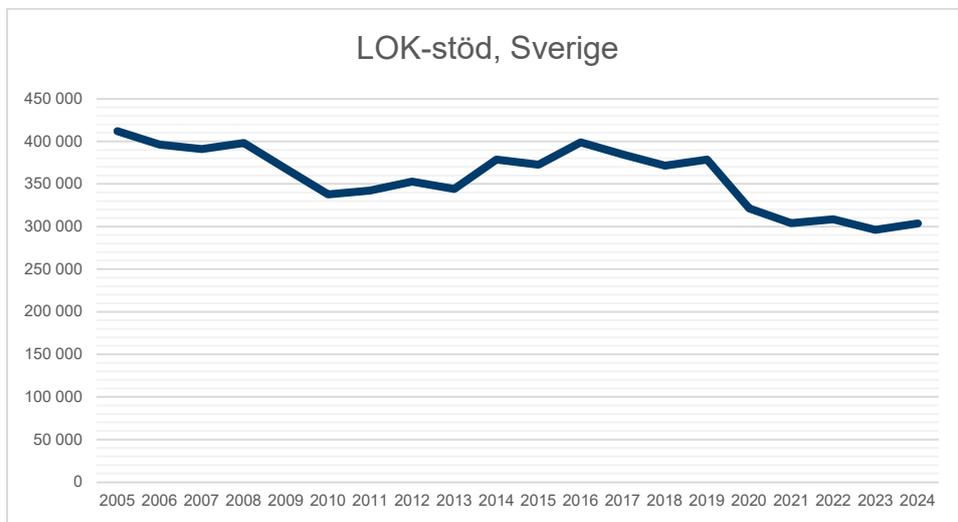
LOK-stödet är också en viktig fördelningsnyckel när Riksidrottsförbundet fördelar det statliga stödet inom idrotten. Ju mer LOK-stödssammankomster som redovisas för orientering desto mer stöd till orienteringsidrotten.

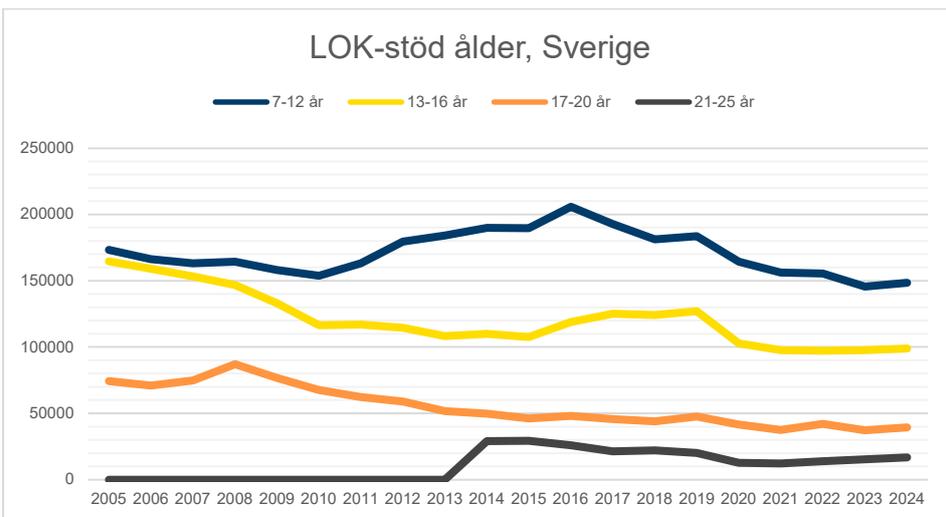
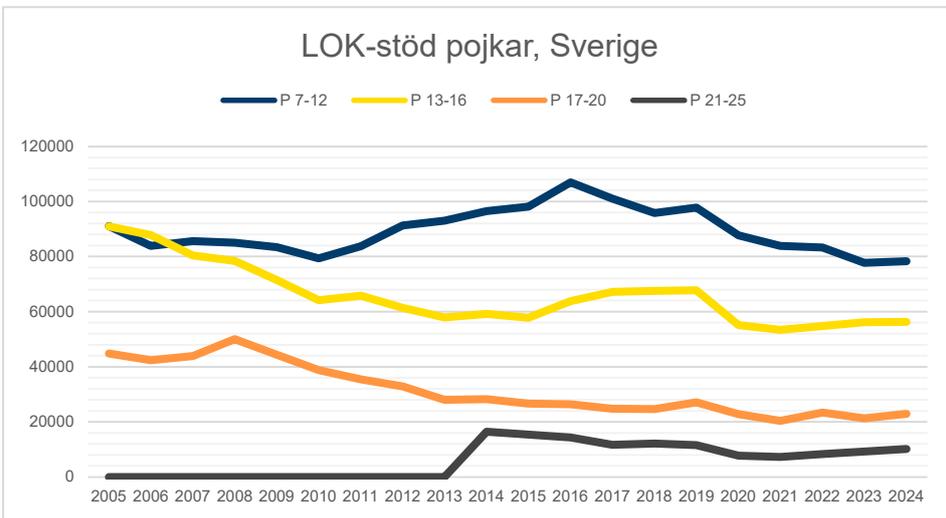
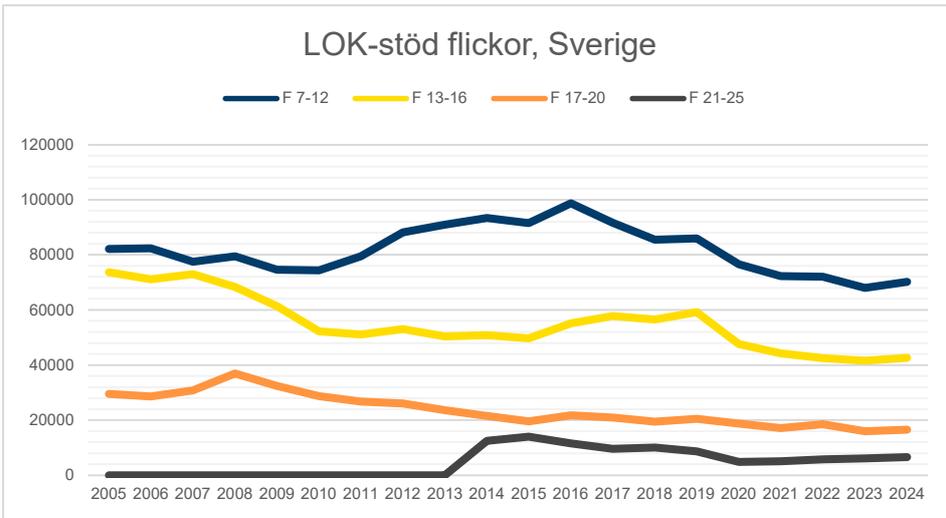
Här följer en redovisning av LOK-stödets utveckling i distriktet som helhet och för respektive förening i distriktet. Föreningar som eventuellt saknas redovisar inget LOK-stöd. Av redovisningen nedan framgår den totala utvecklingen, eventuella skillnader mellan pojkar och flickor samt utvecklingen för LOK-stödets olika åldersgrupper. Förhoppningsvis kan underlaget ge mer kunskap om för vilka målgrupper framtida satsningar bör göras. I vilka åldrar och vilket kön finns våra styrkor respektive svagheter? Vilka satsningar behöver göras?

I mars 2020 drabbades Sverige och världen av en coronapandemi med restriktioner och begräsningar som följd. Restriktioner i olika nivåer kvarstod till den 9 februari 2022. Detta påverkade verksamheten.

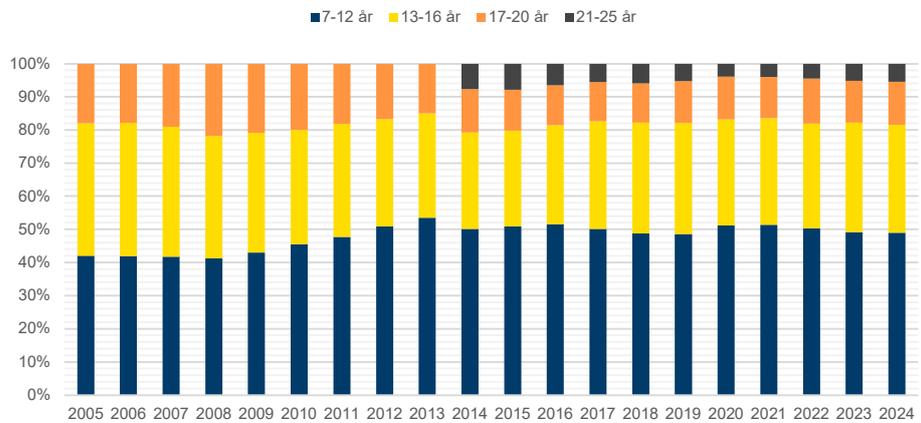
Alla värden är antal deltagartillfällen. Källa: Riksidrottsförbundet

2. Sverige

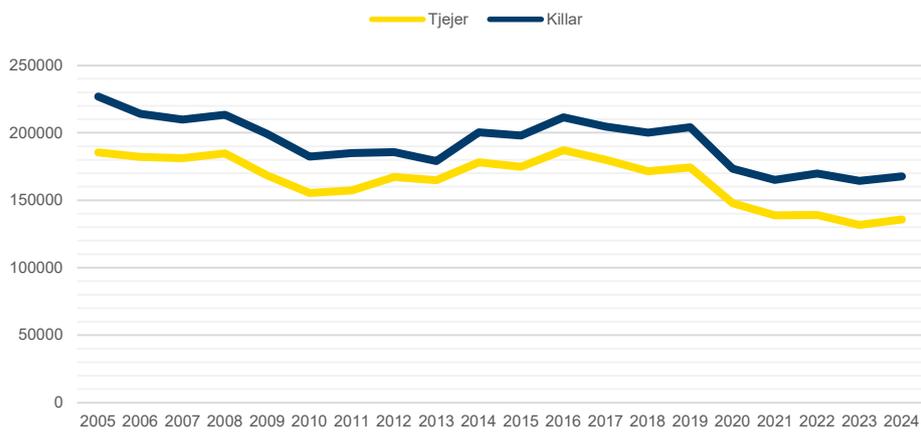




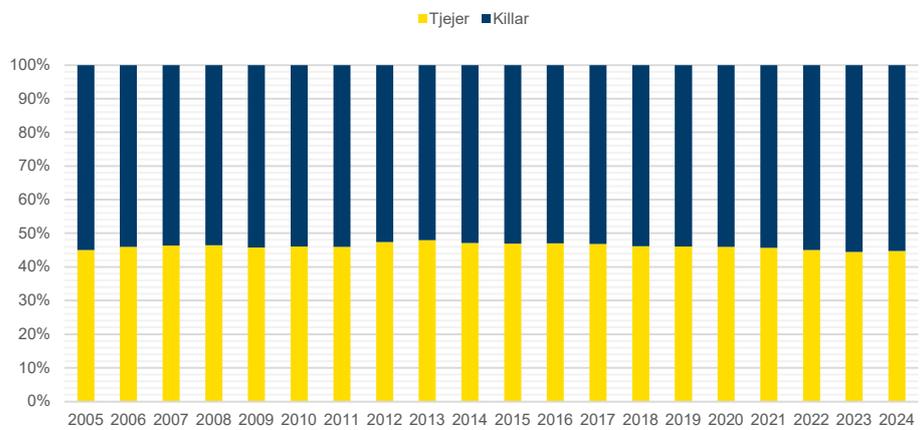
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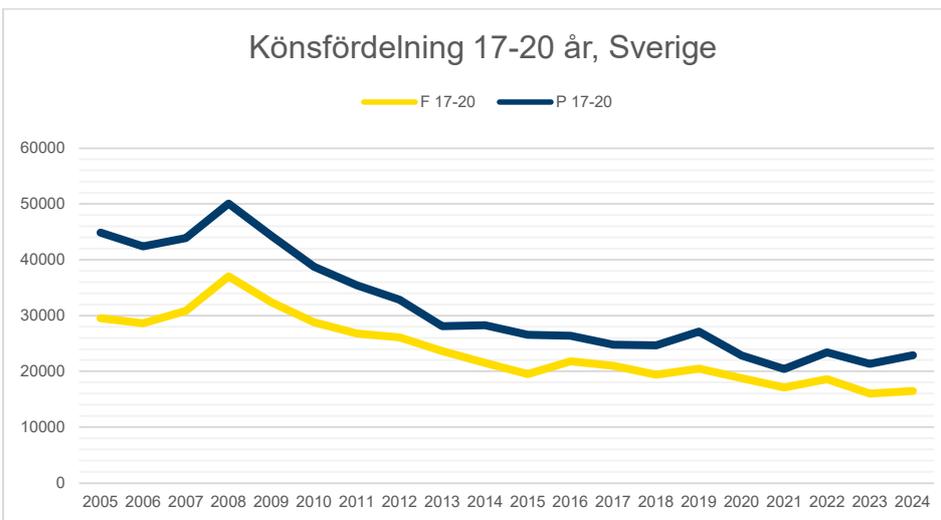
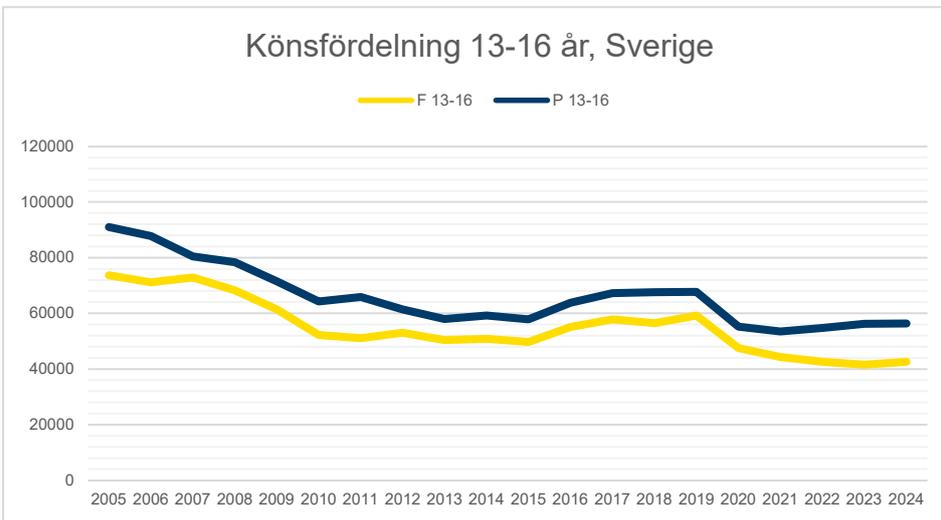
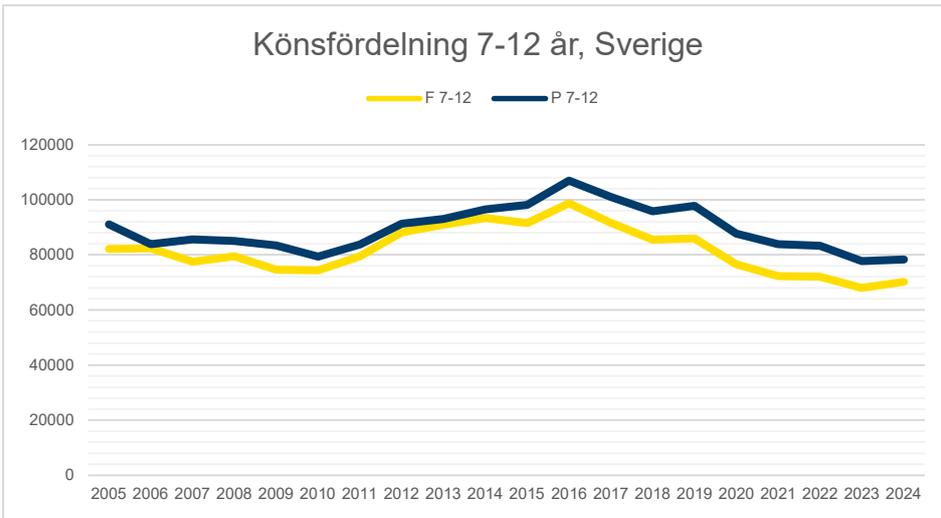


Könsfördelning LOK-stöd, Sverige

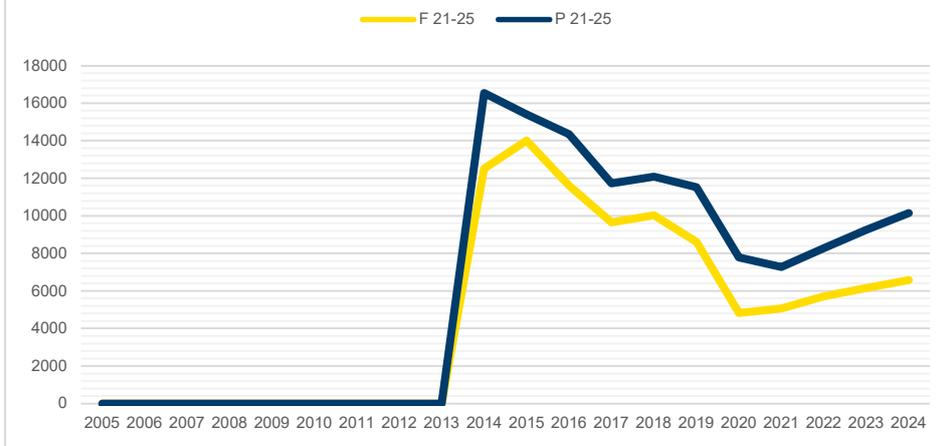


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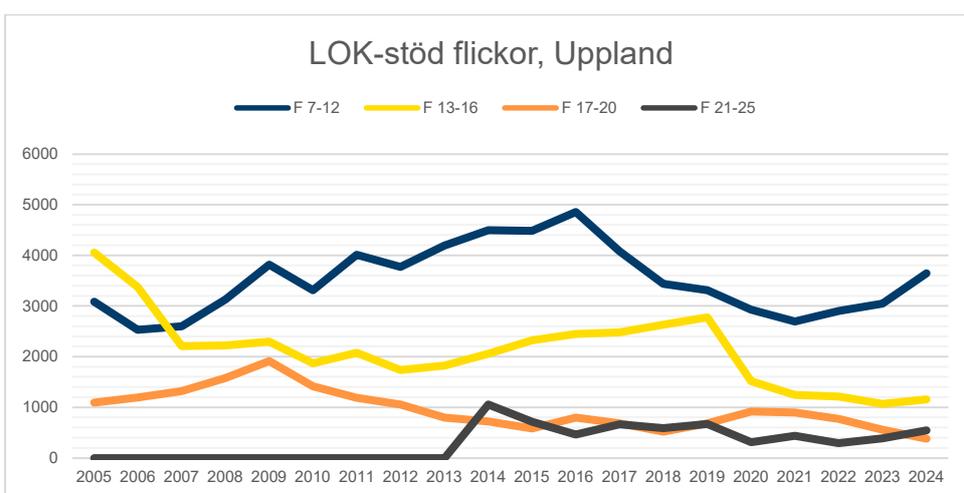
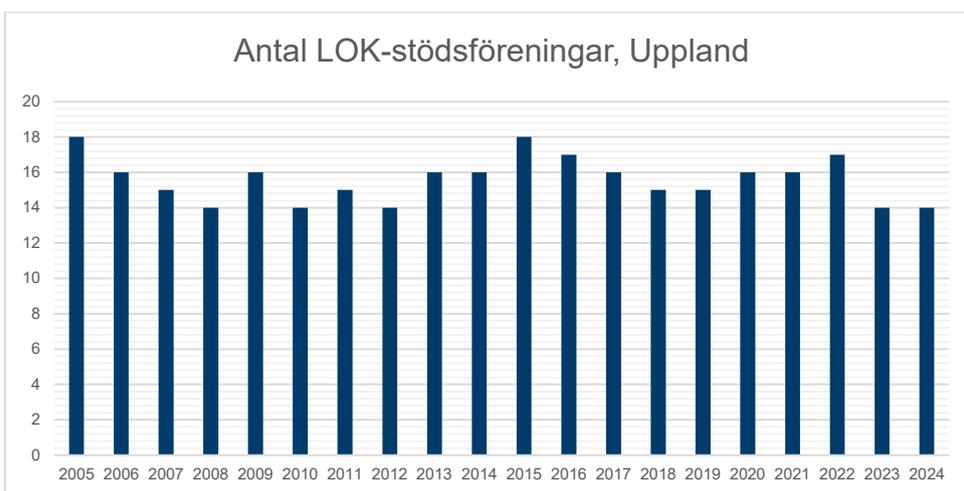
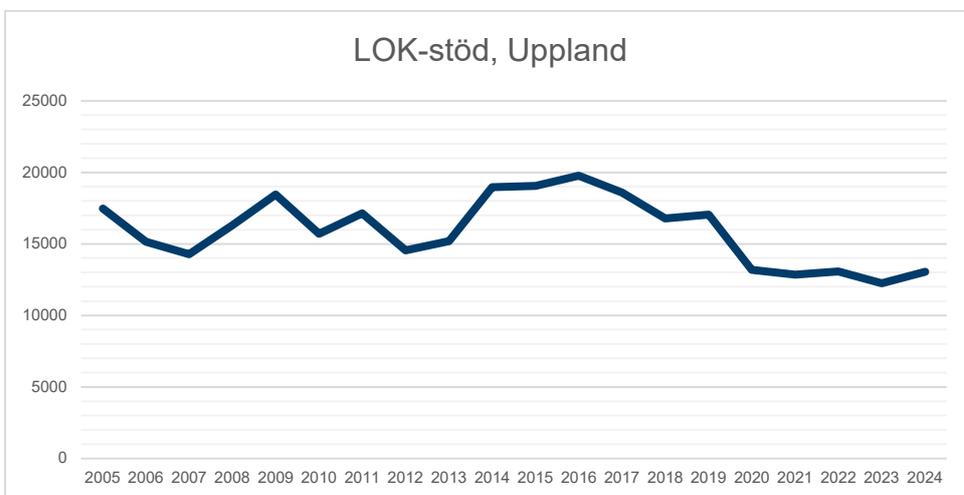




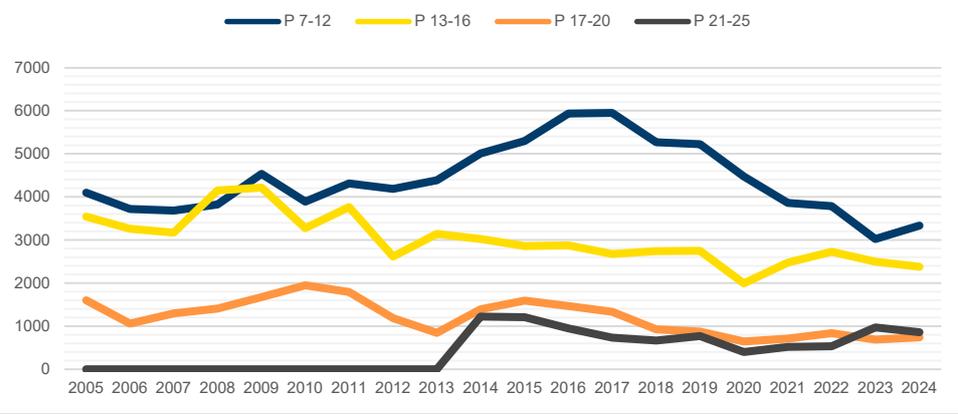
Könsfördelning 21-25 år, Sverige



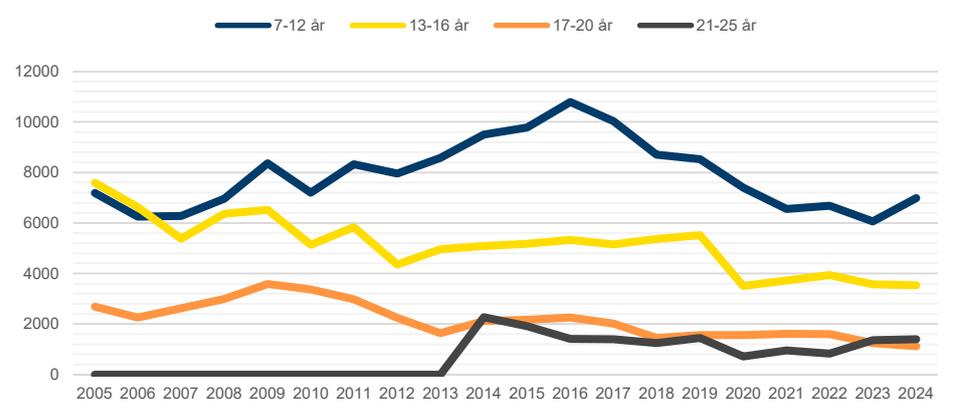
3. Uppland



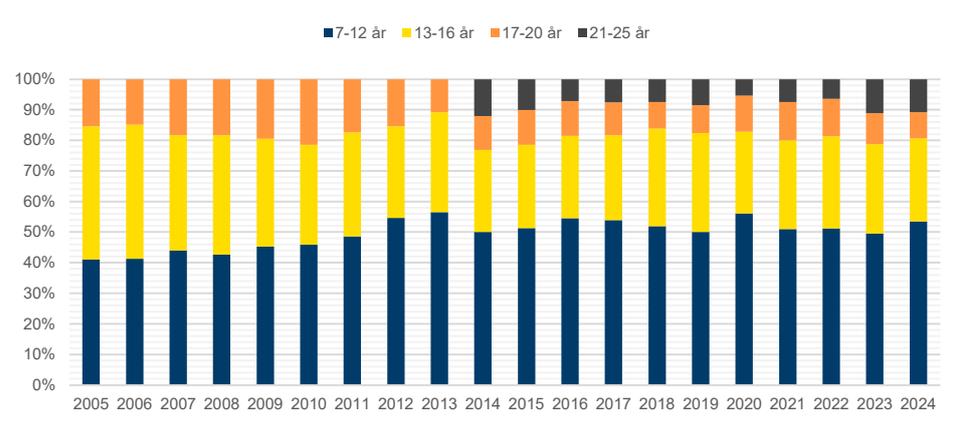
LOK-stöd pojkar, Uppland

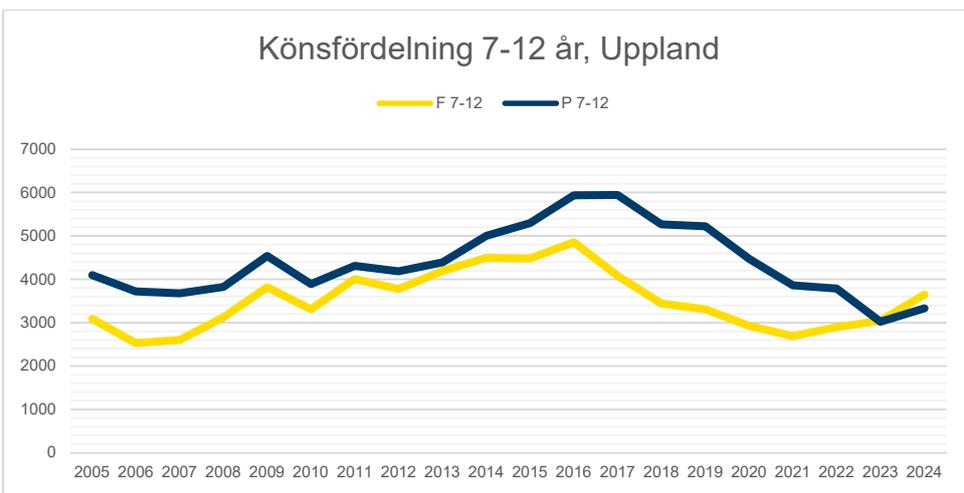
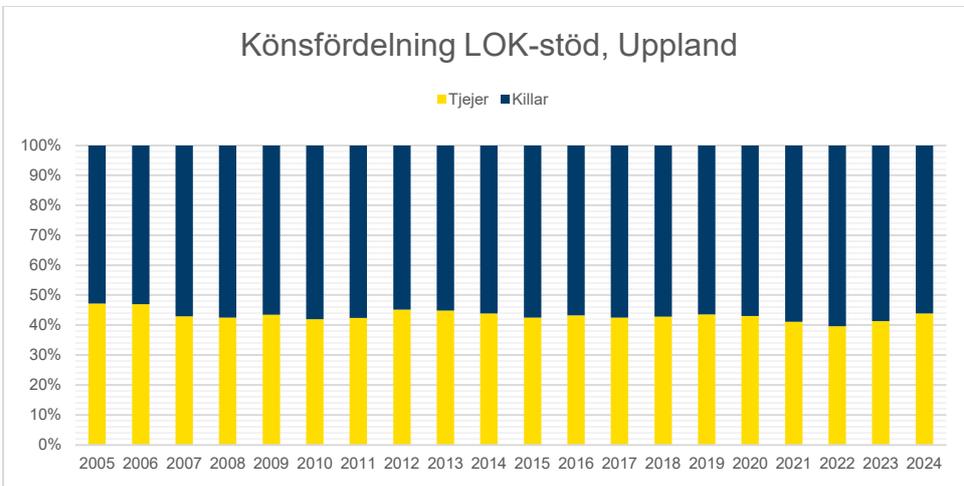
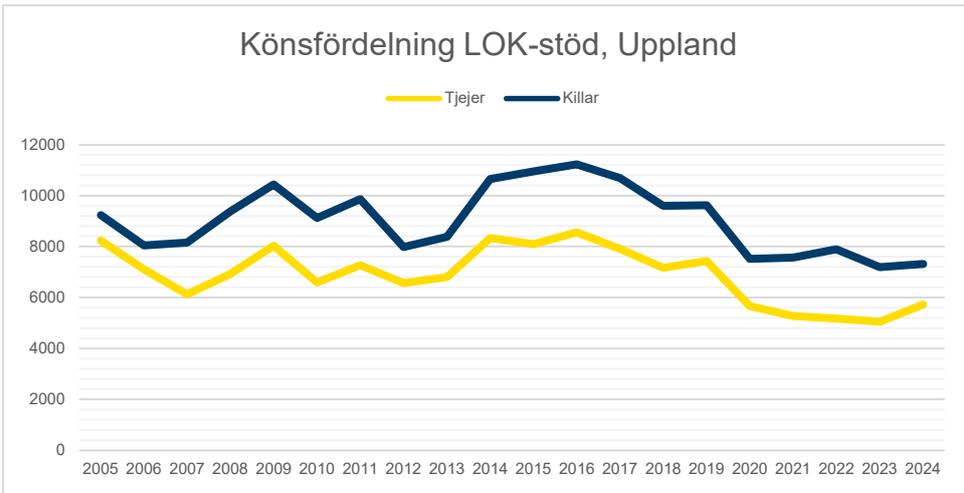


LOK-stöd ålder, Uppland

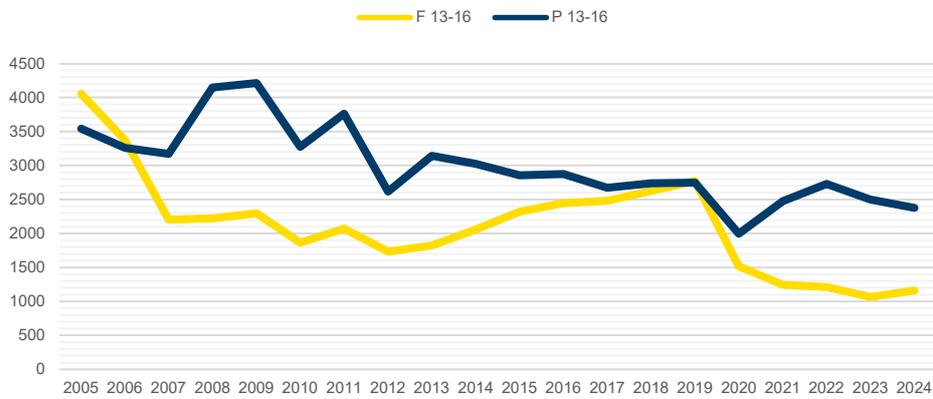


Åldersfördelning LOK-stöd, Uppland

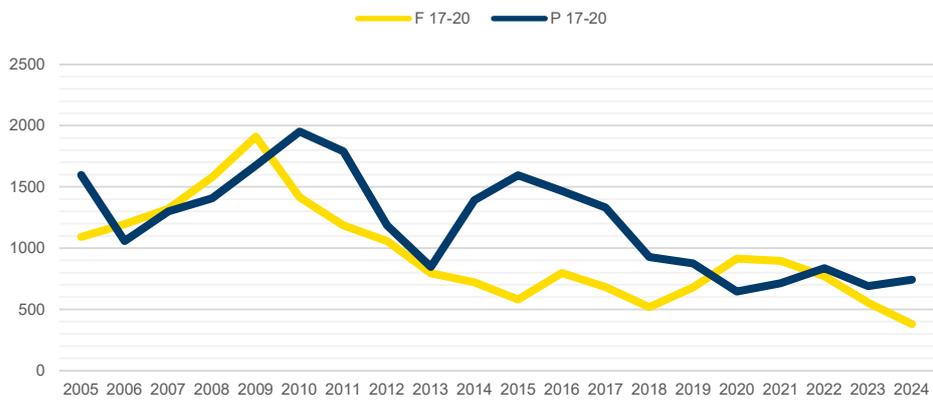




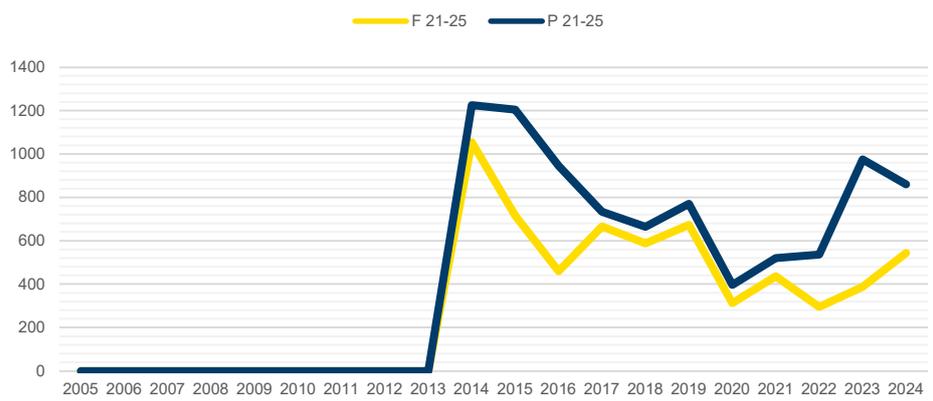
Könsfördelning 13-16 år, Uppland



Könsfördelning 17-20 år, Uppland



Könsfördelning 21-25 år, Uppland



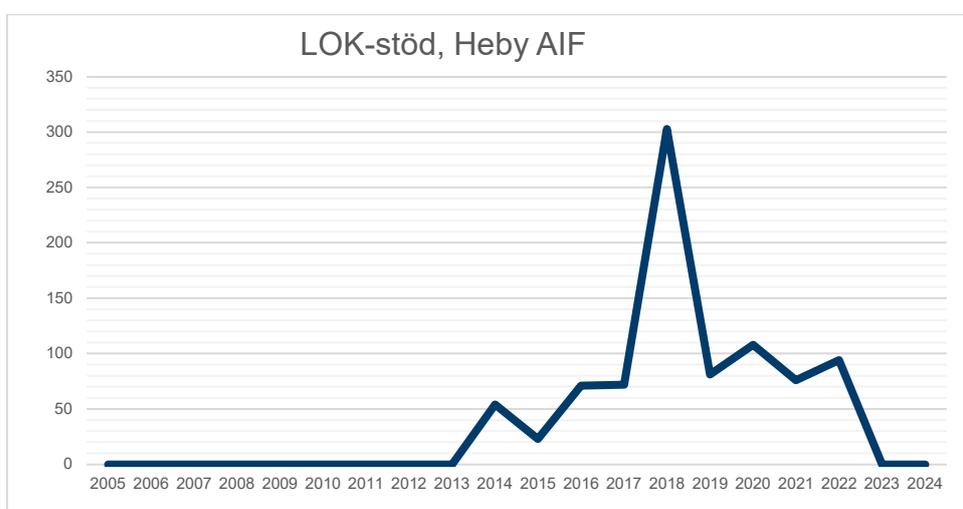
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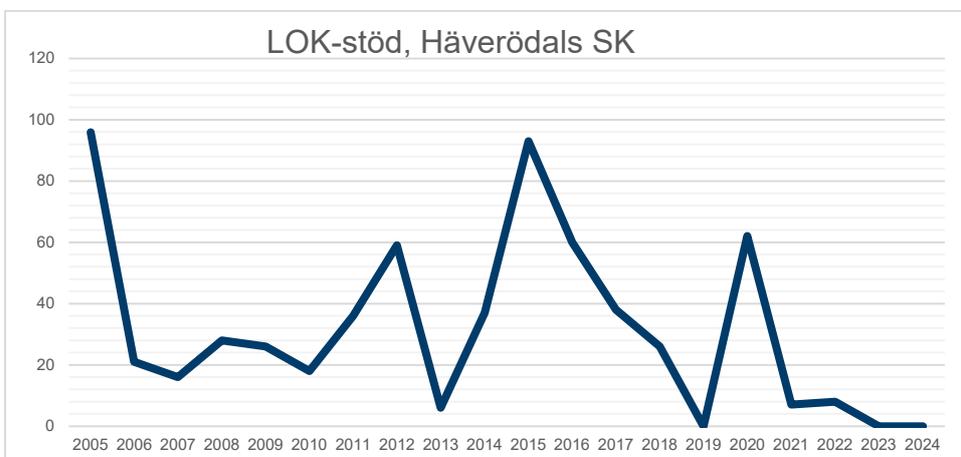
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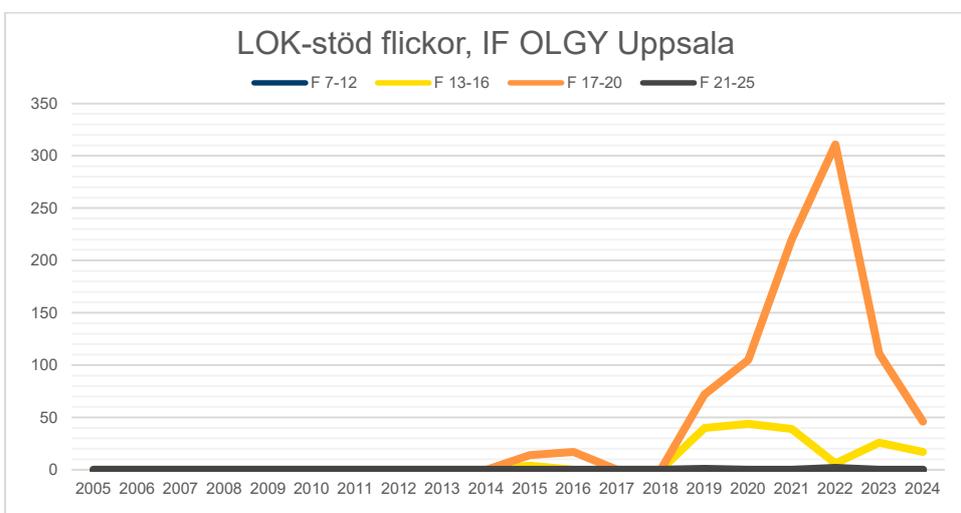
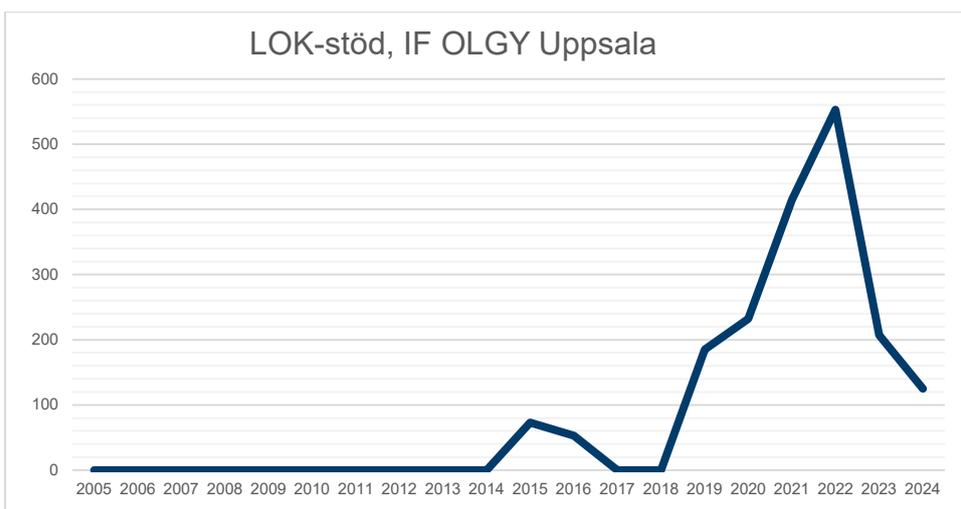
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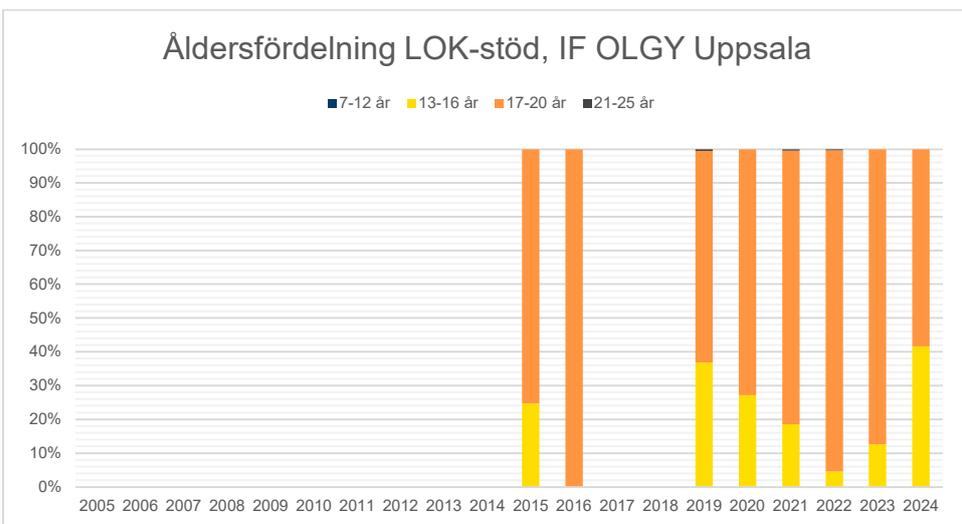
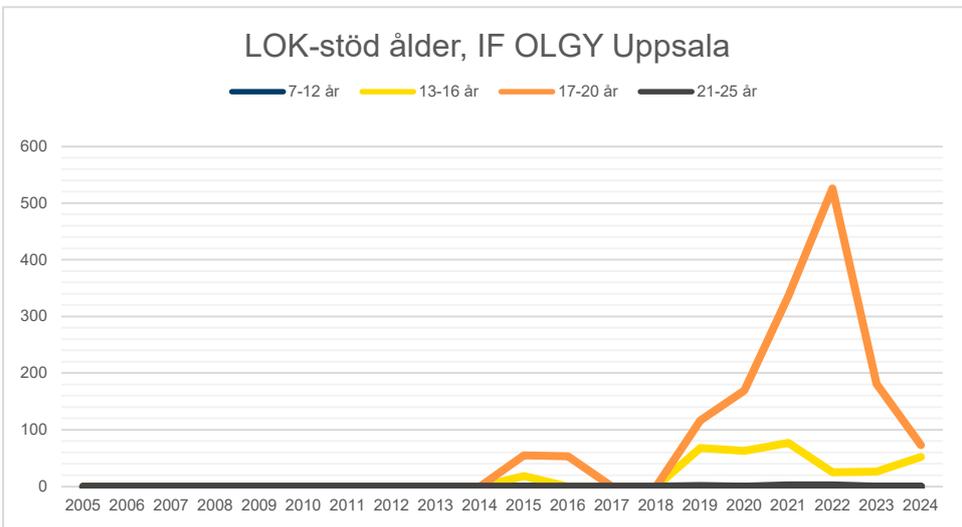
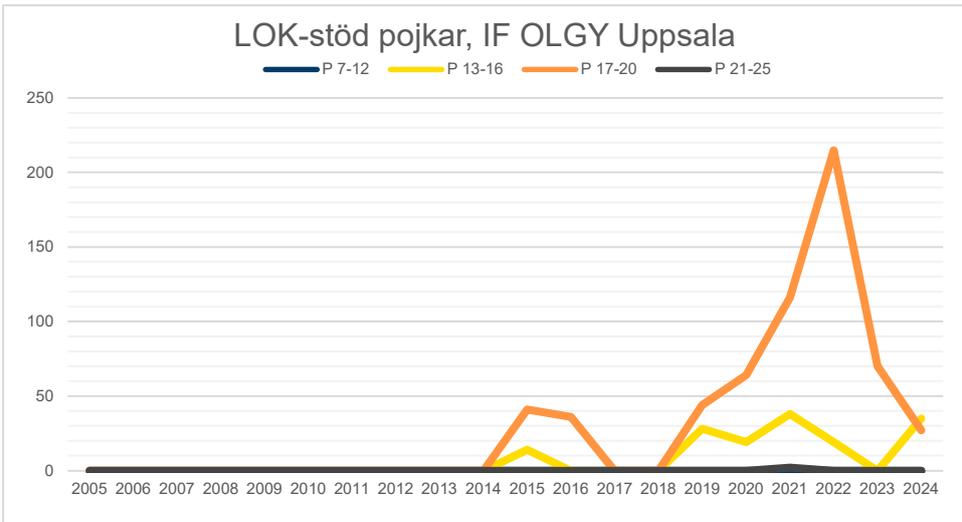


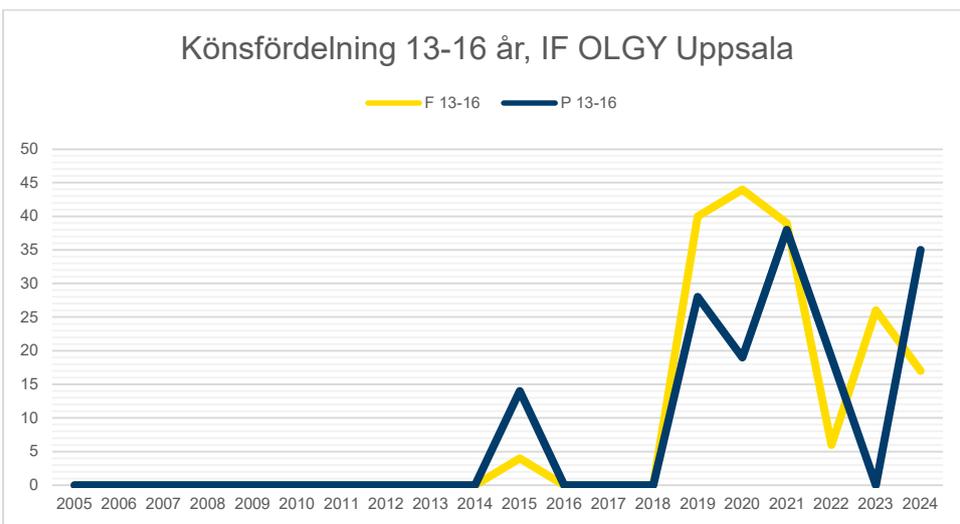
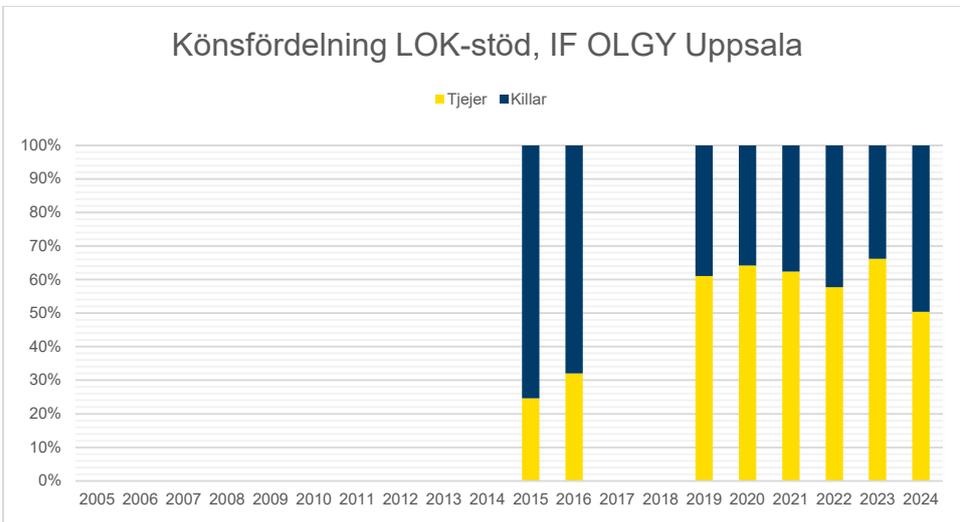
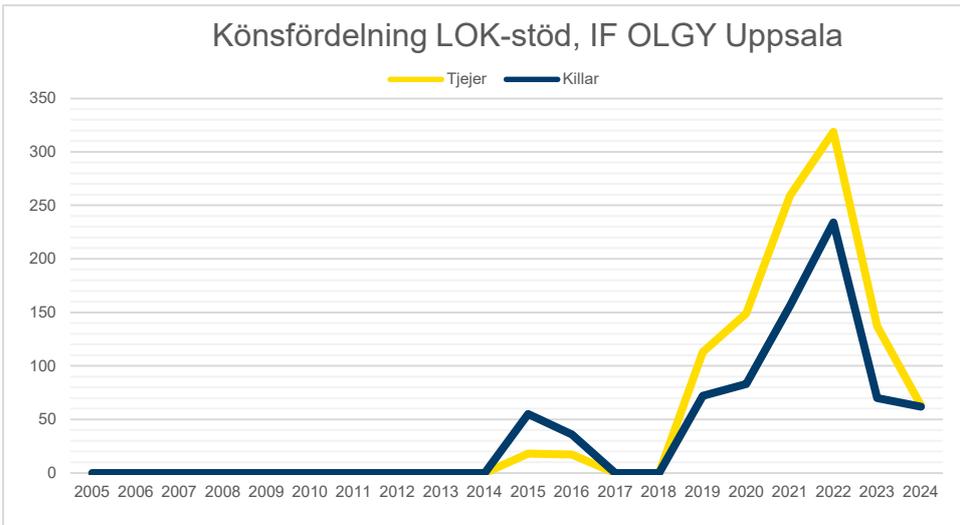
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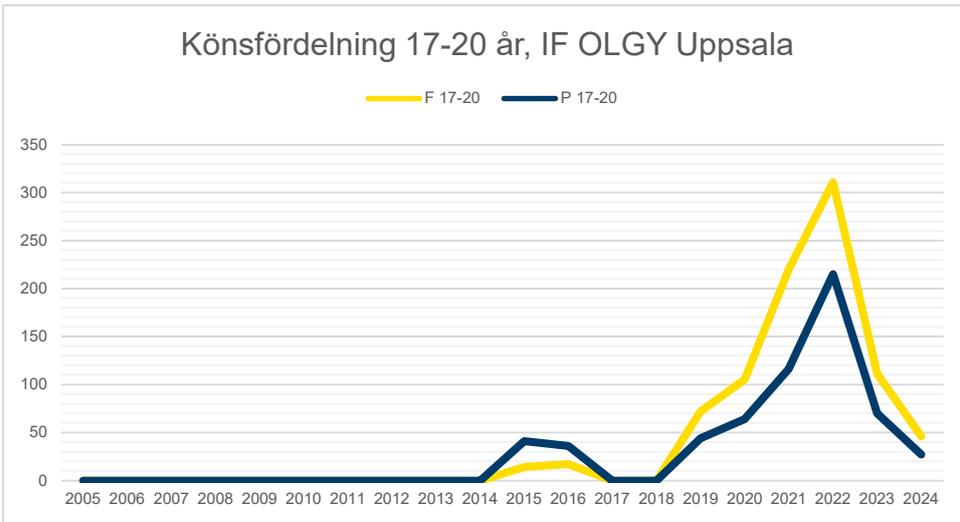


8. IF OLGU Uppsala

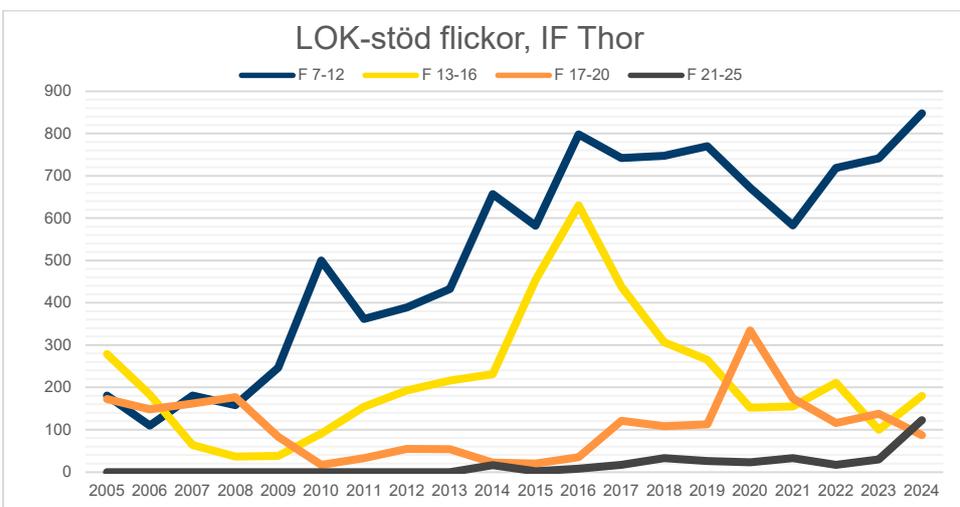
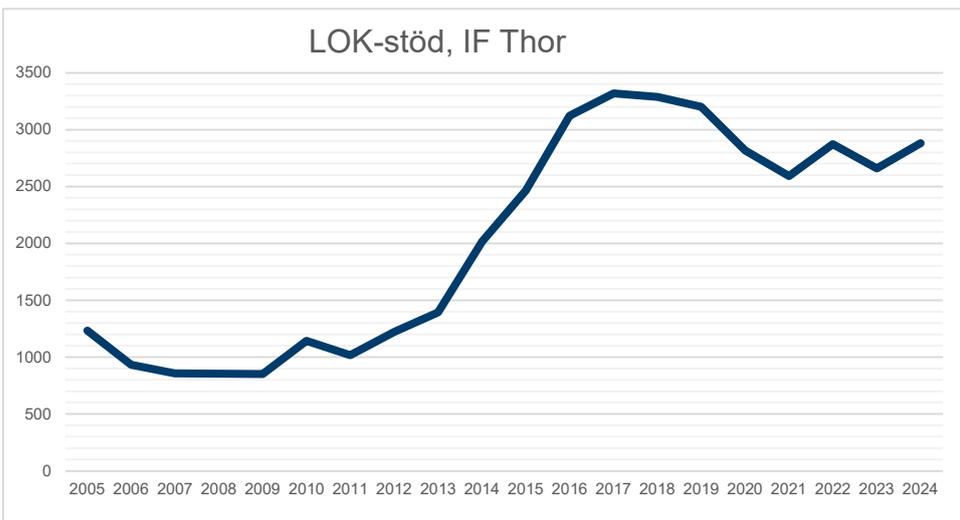


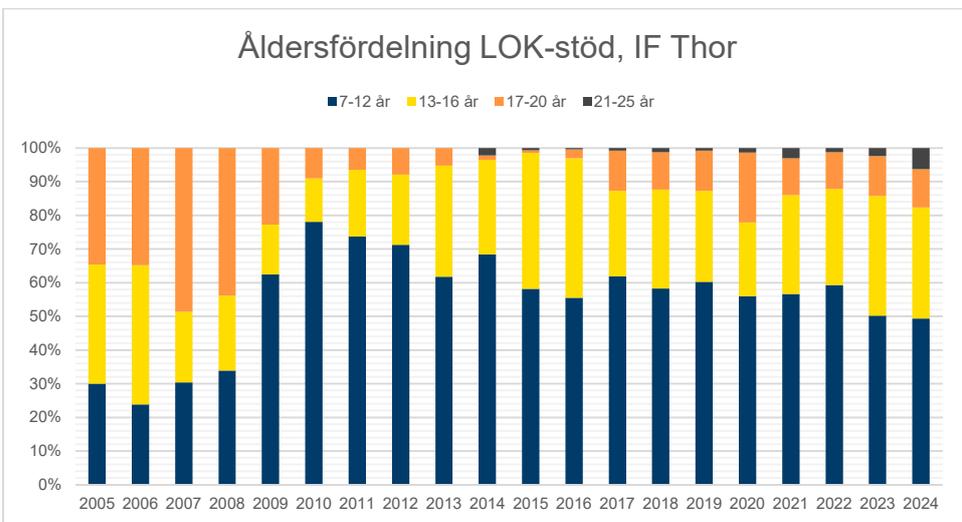
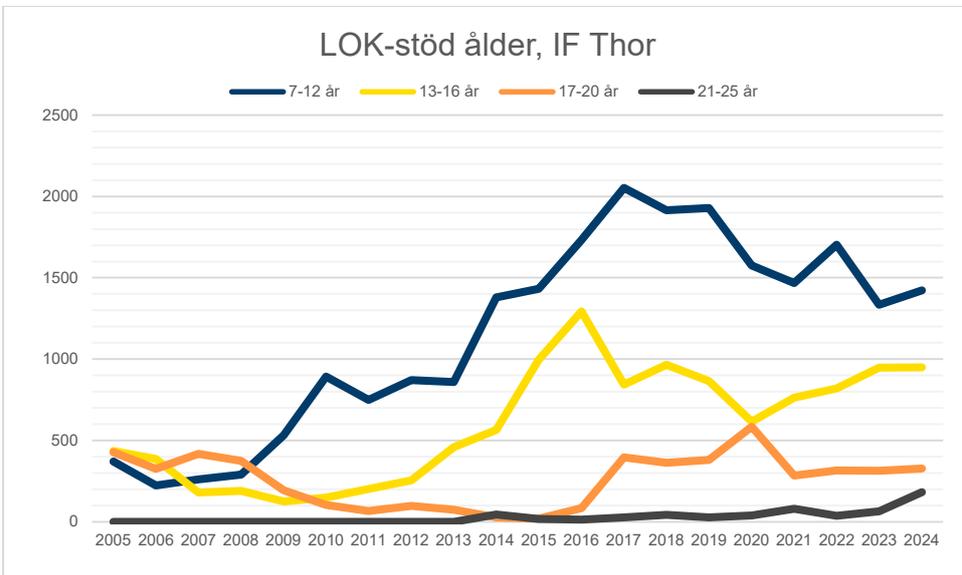
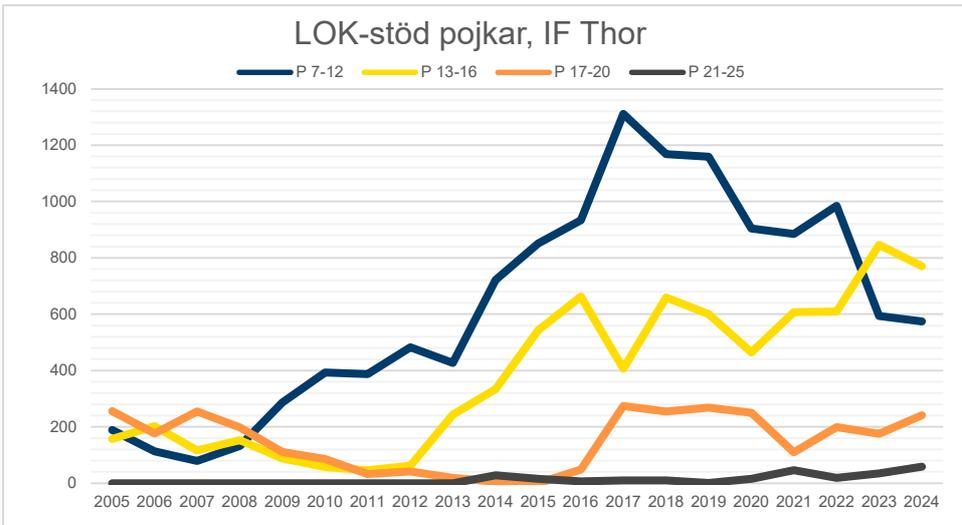


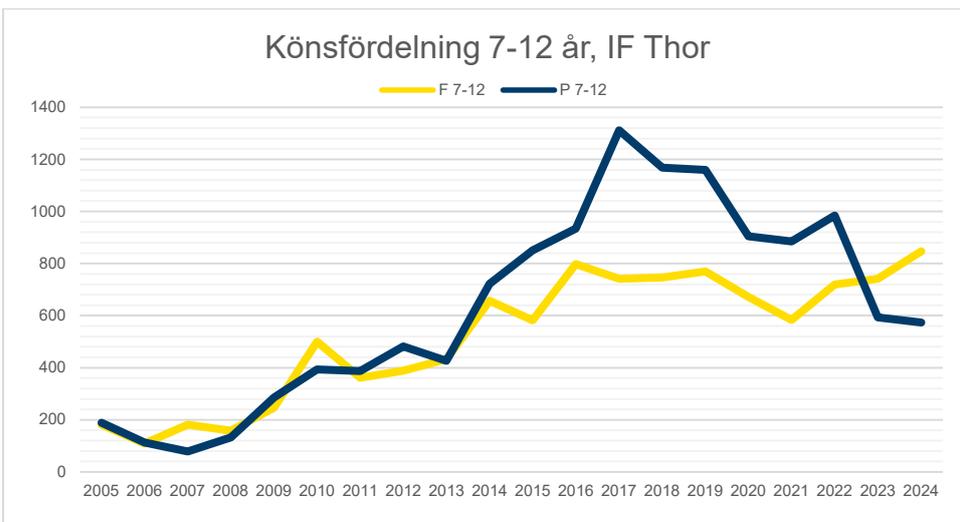
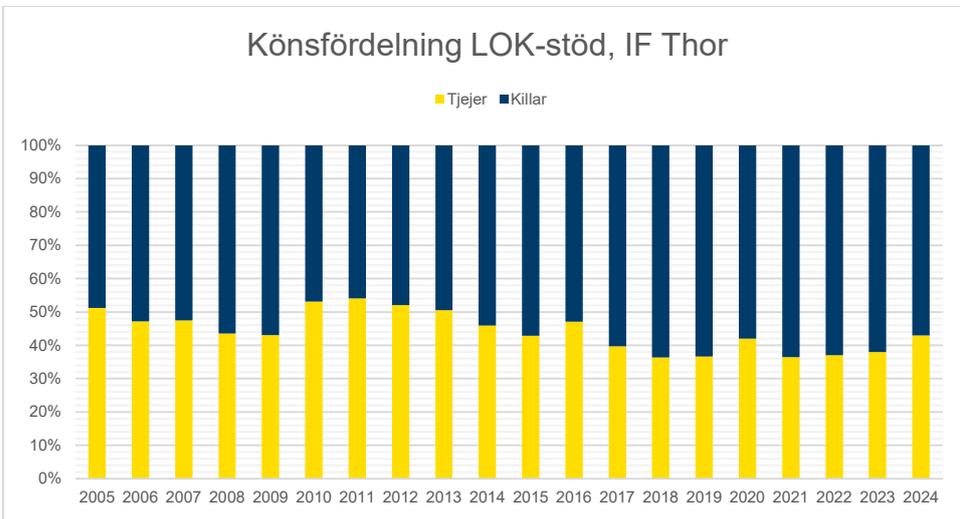
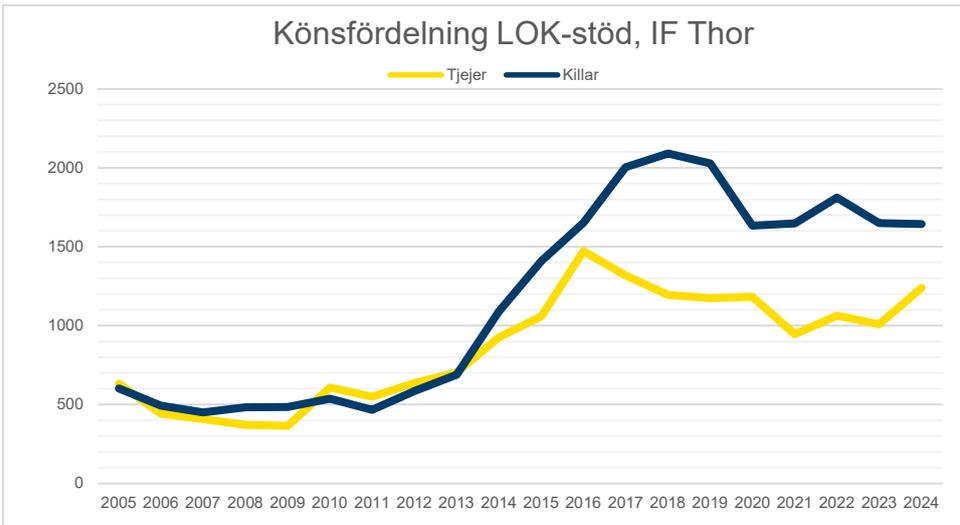


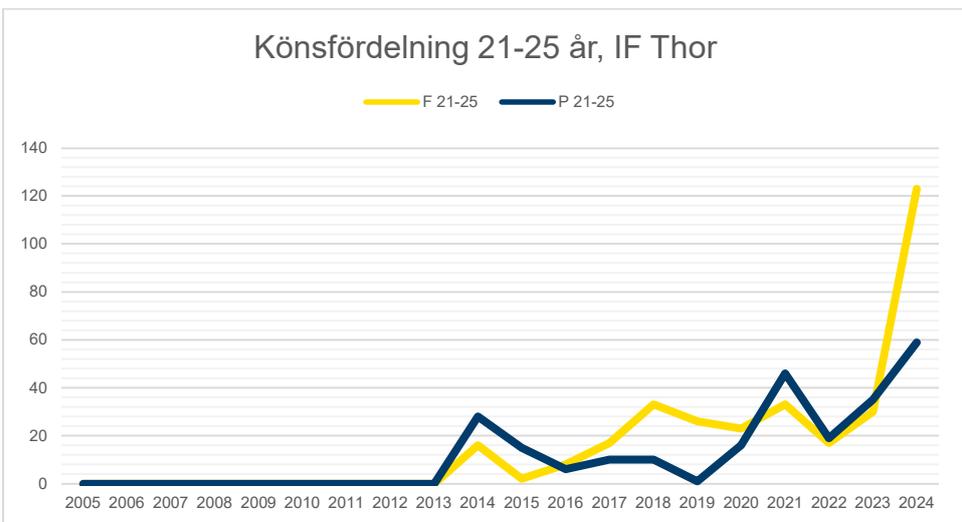
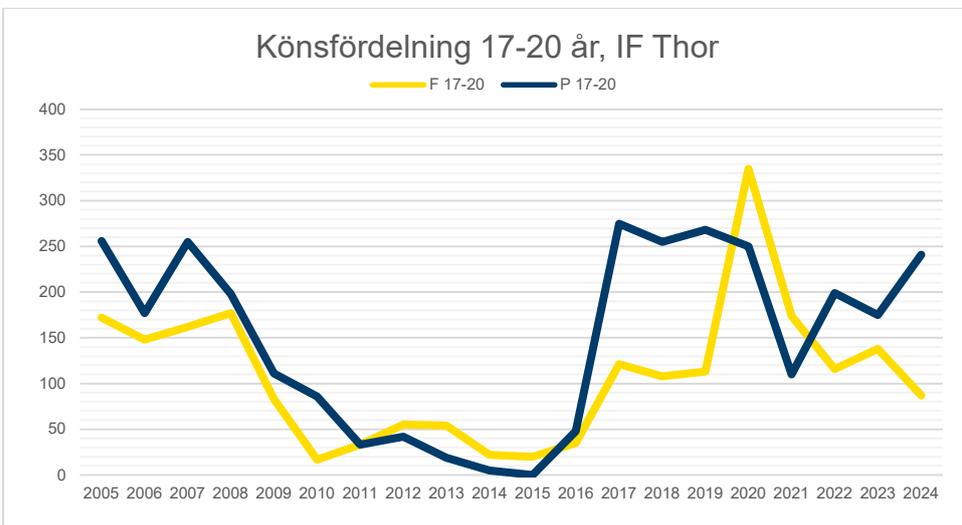
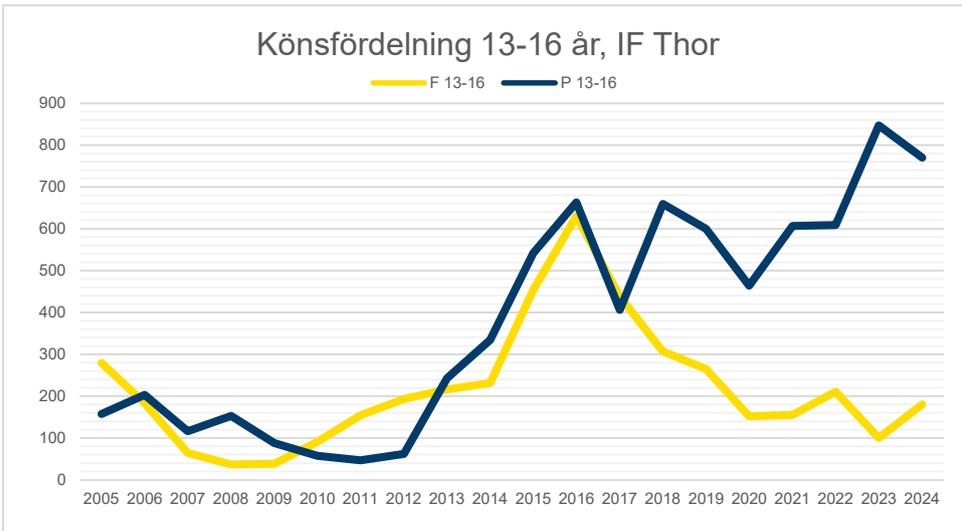


9. IF Thor

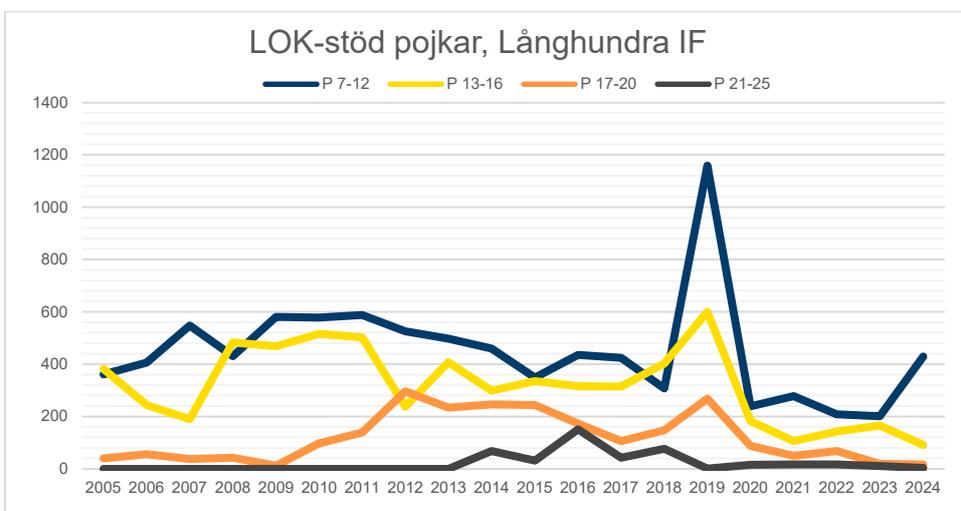
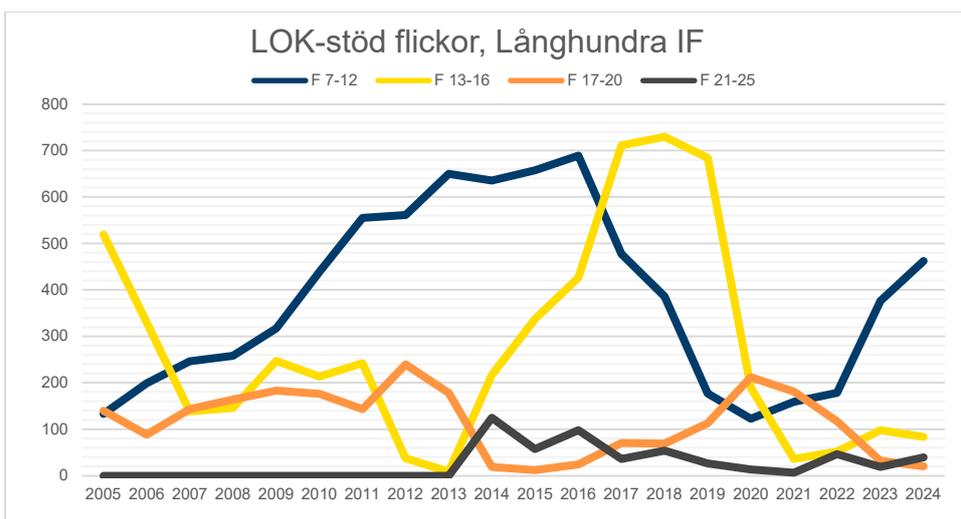
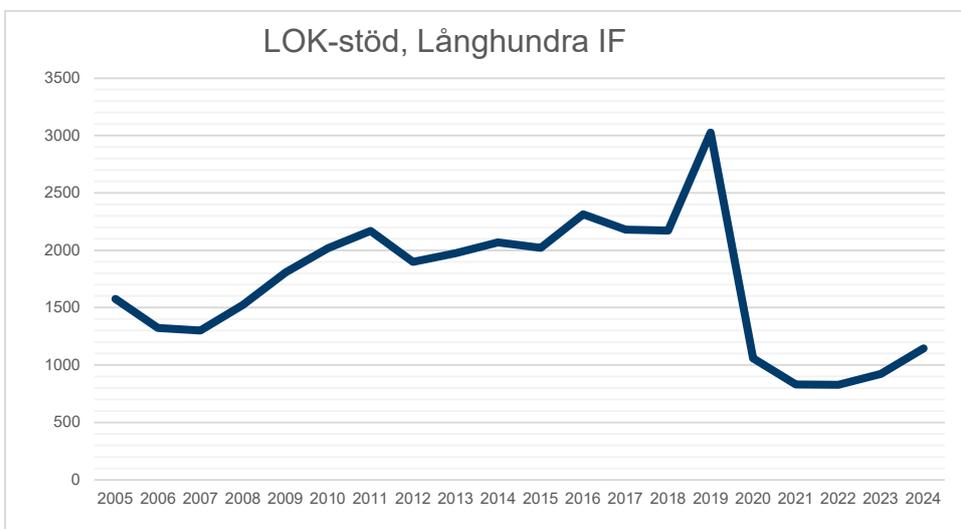


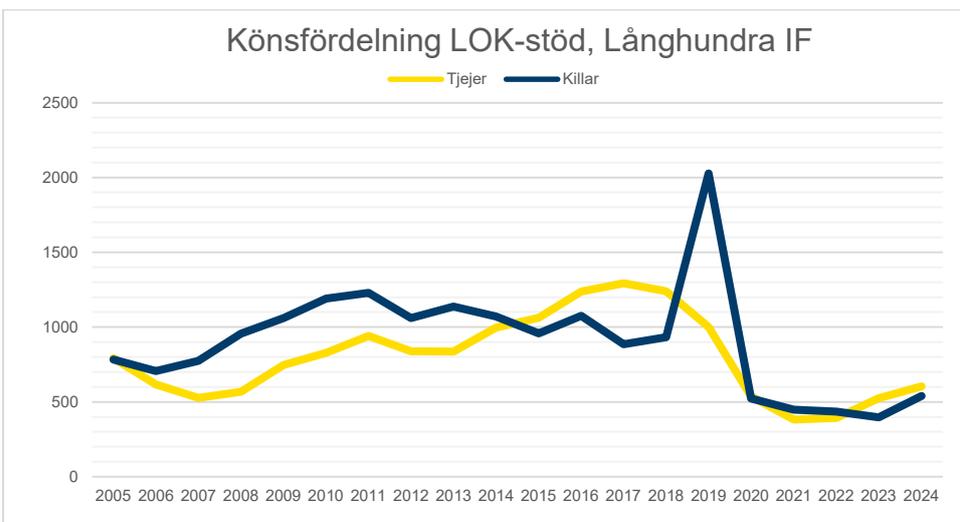
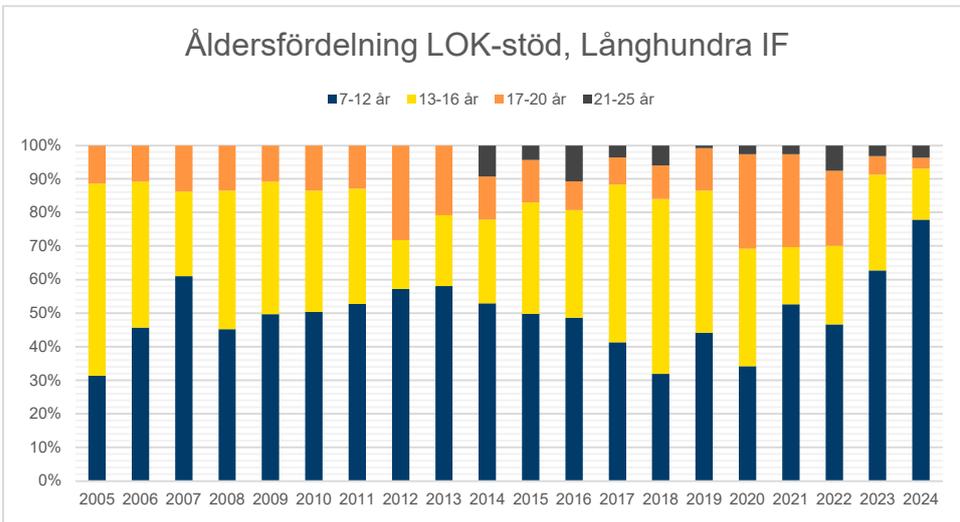
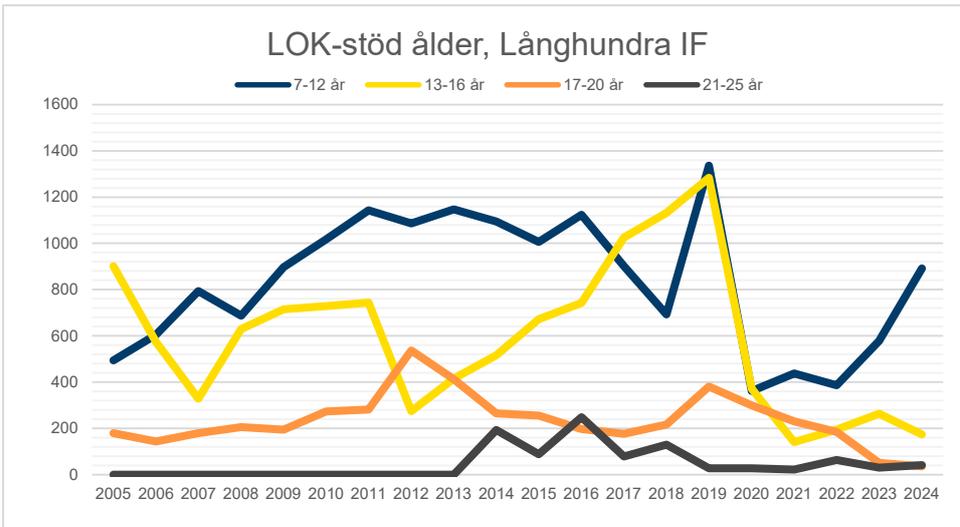




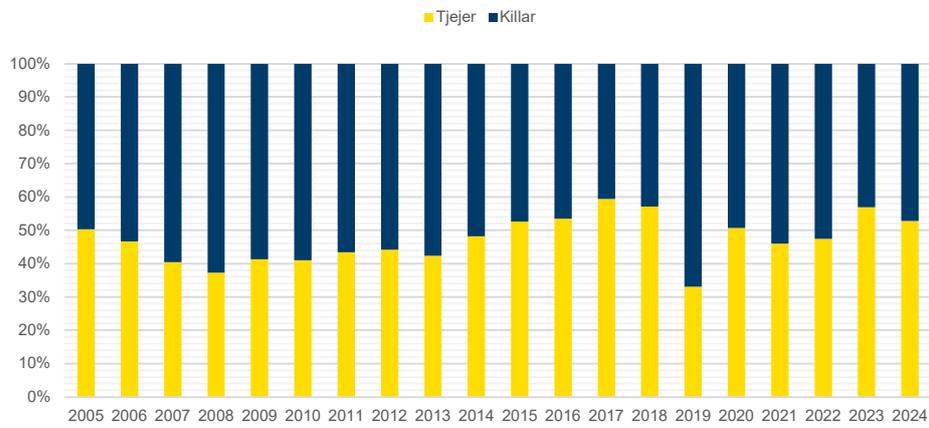


10. Långhundra IF

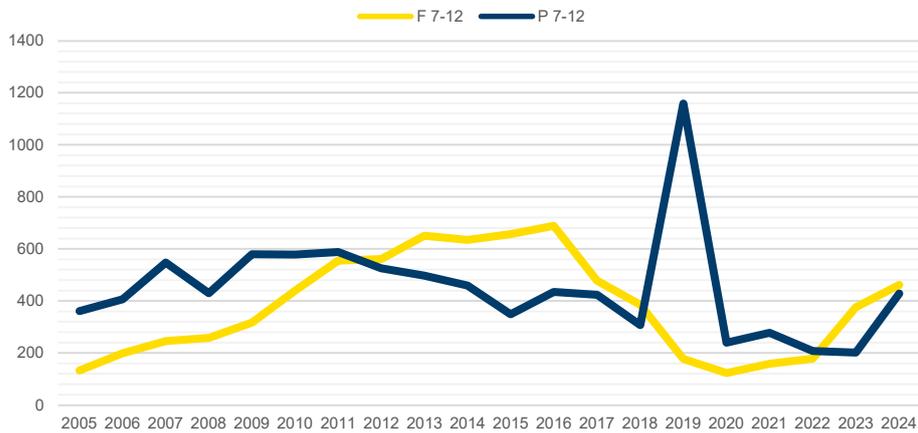




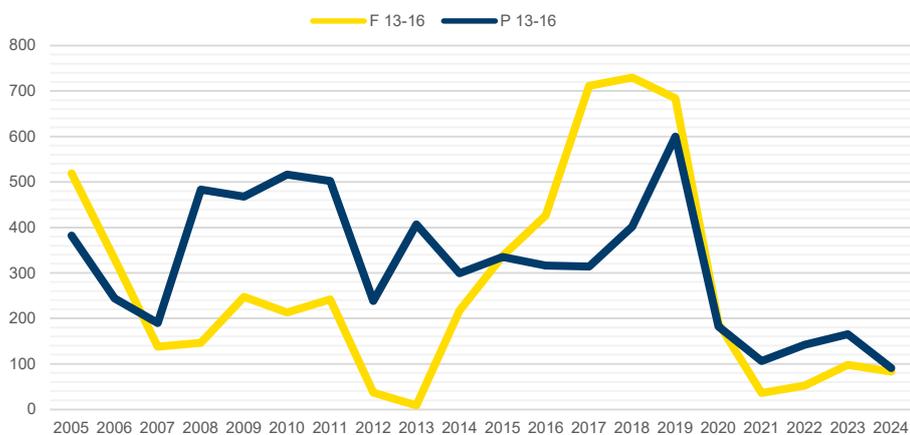
Könsfördelning LOK-stöd, Långhundra IF

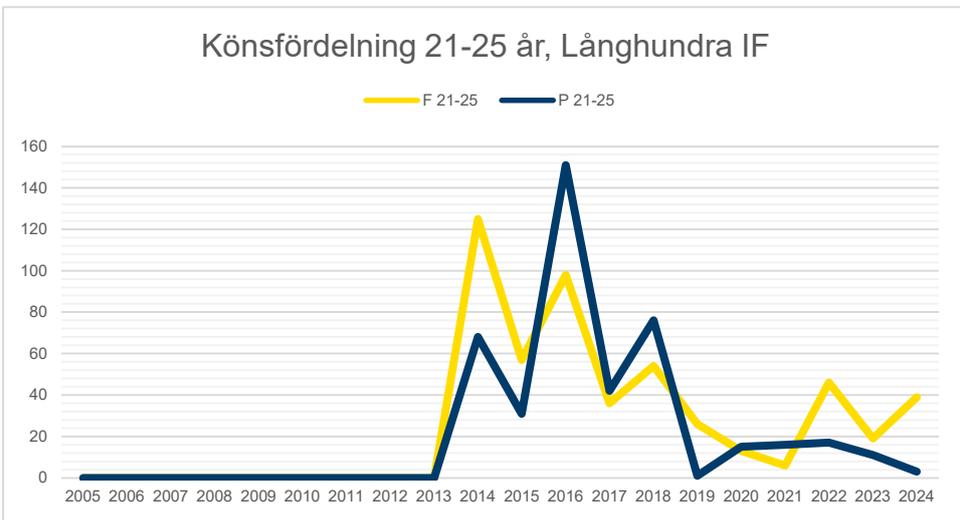
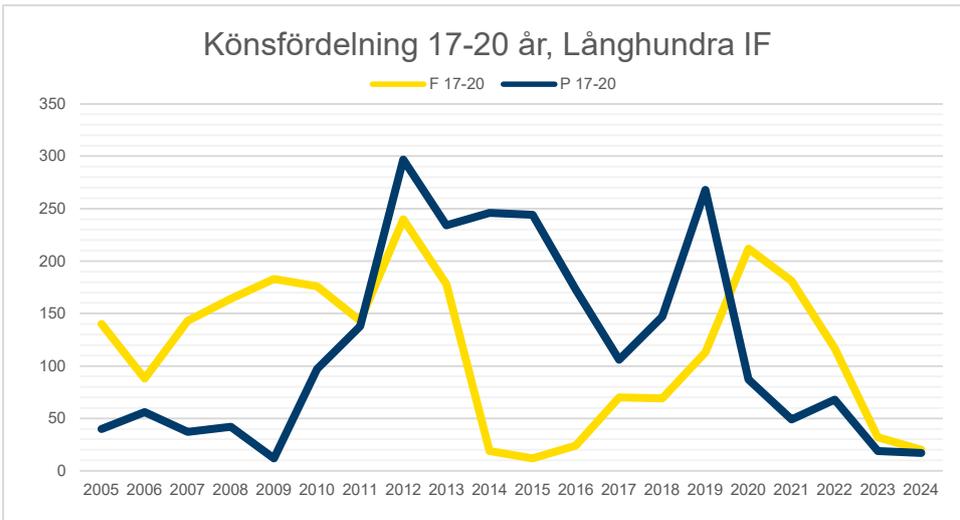


Könsfördelning 7-12 år, Långhundra IF

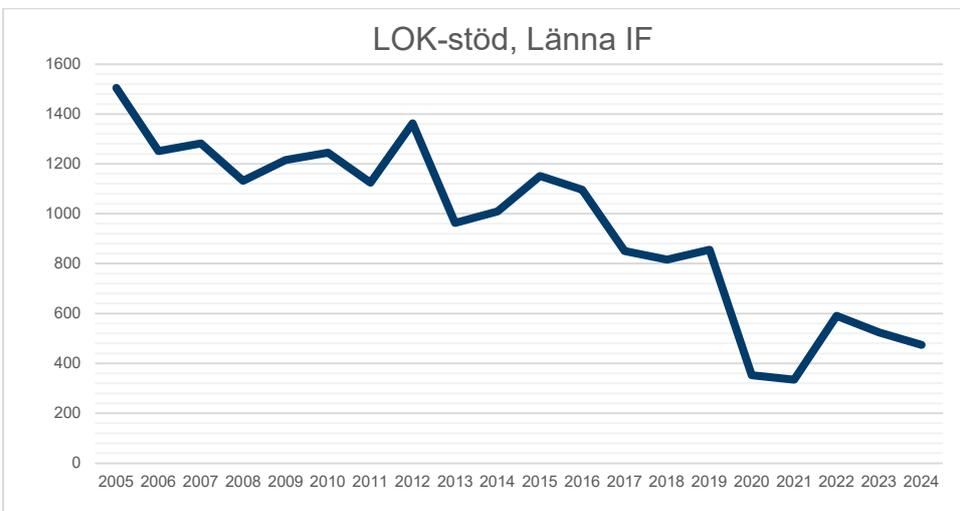


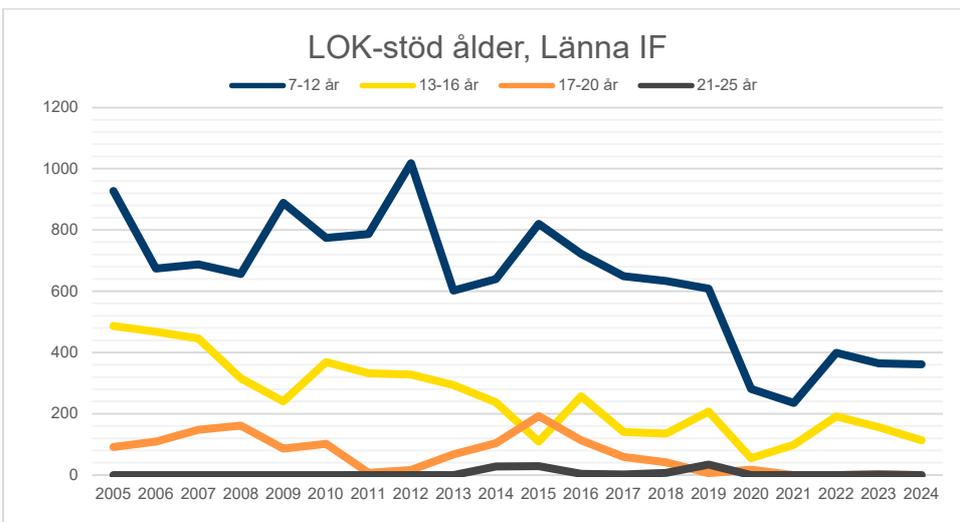
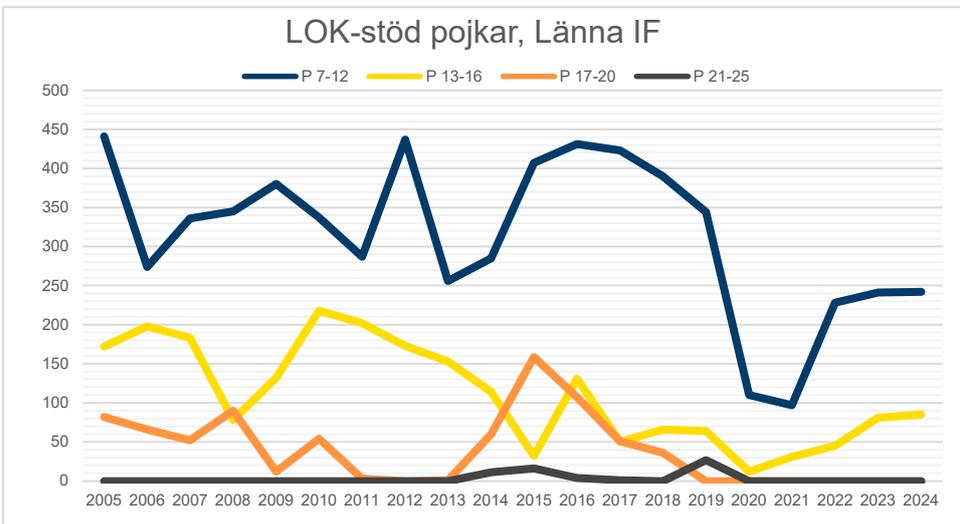
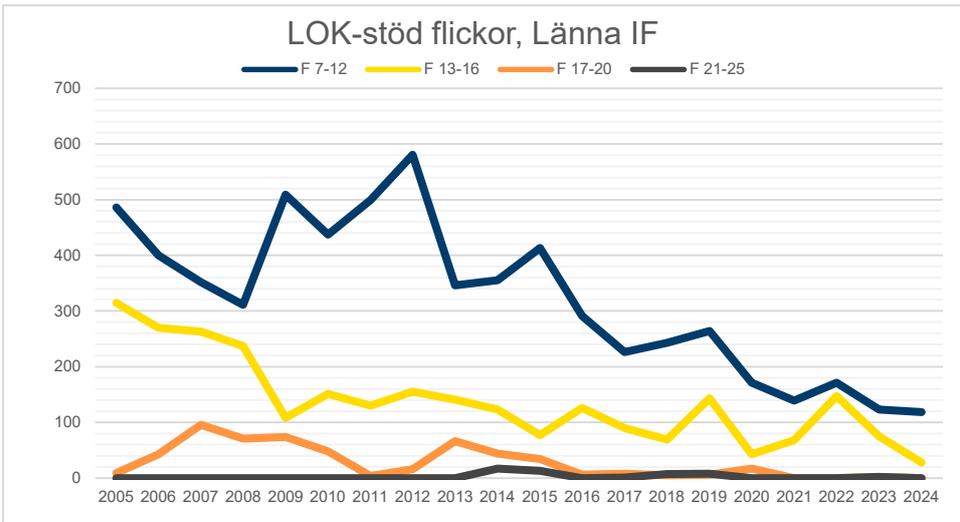
Könsfördelning 13-16 år, Långhundra IF



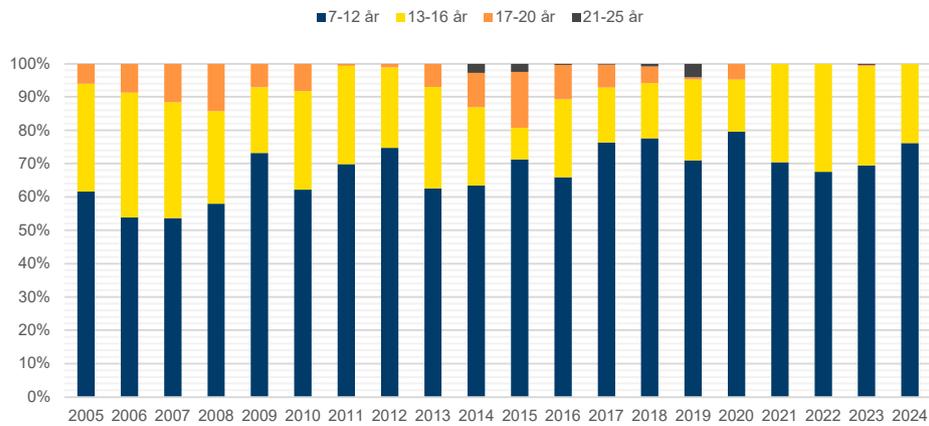


11. Länna IF





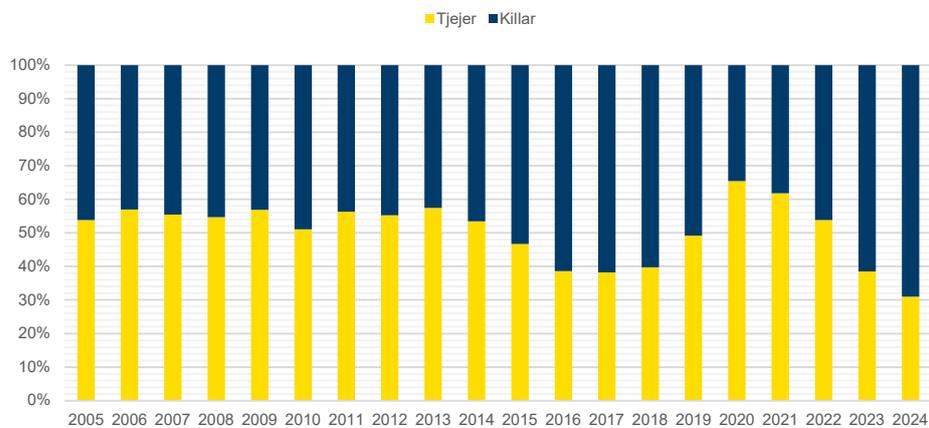
Åldersfördelning LOK-stöd, Läna IF

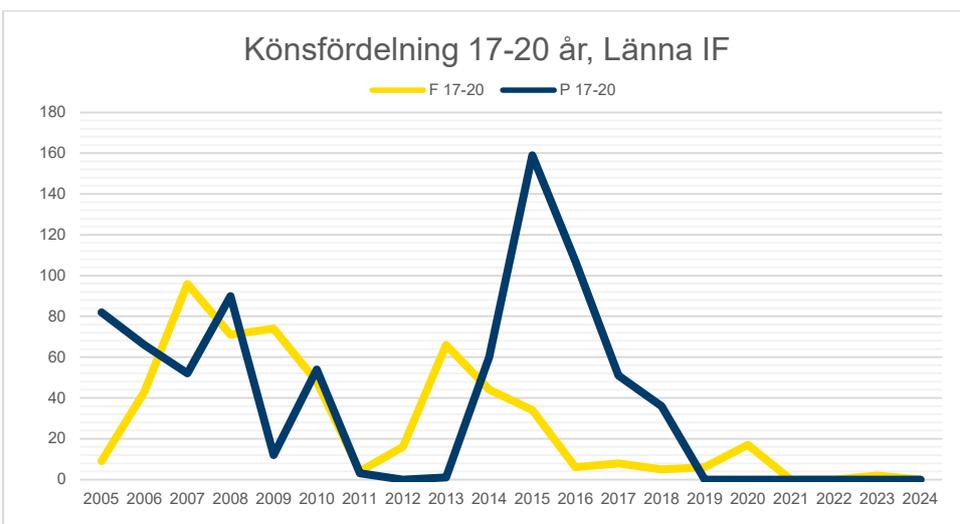
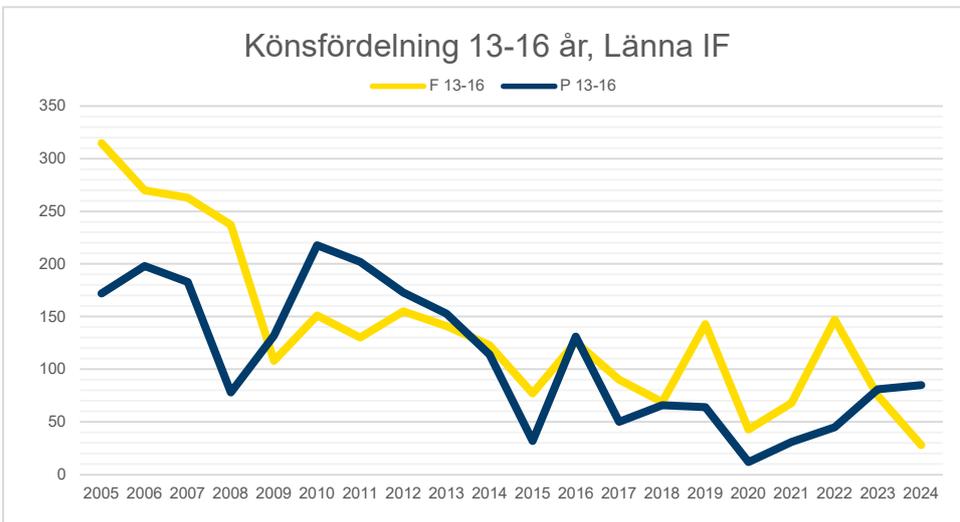
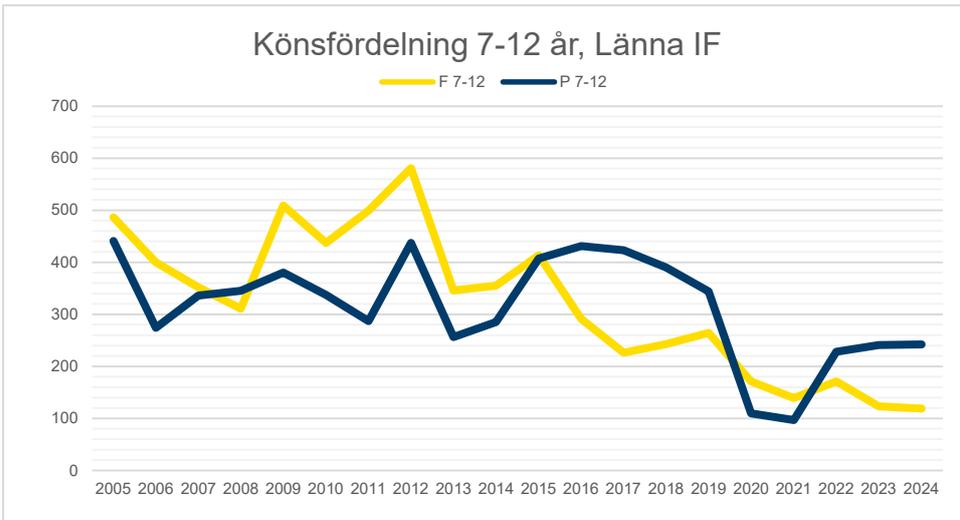


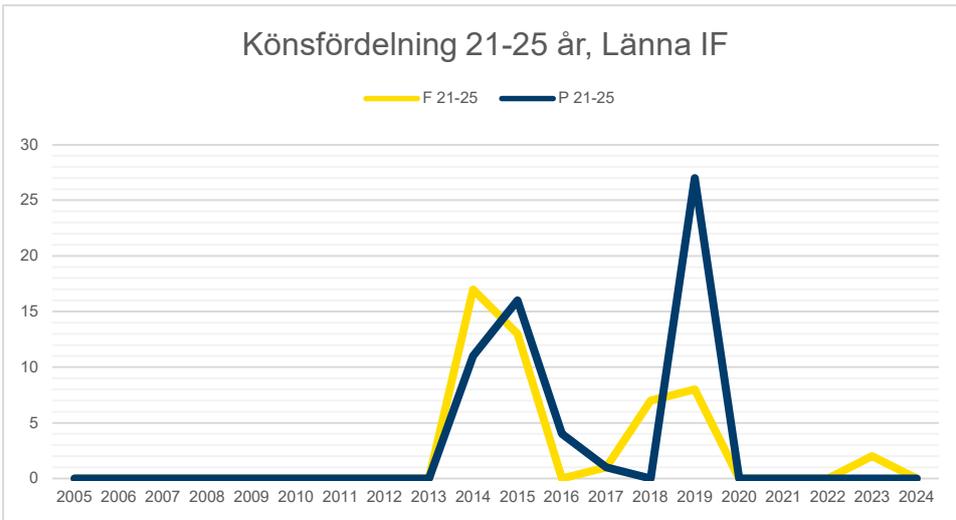
Könsfördelning LOK-stöd, Läna IF



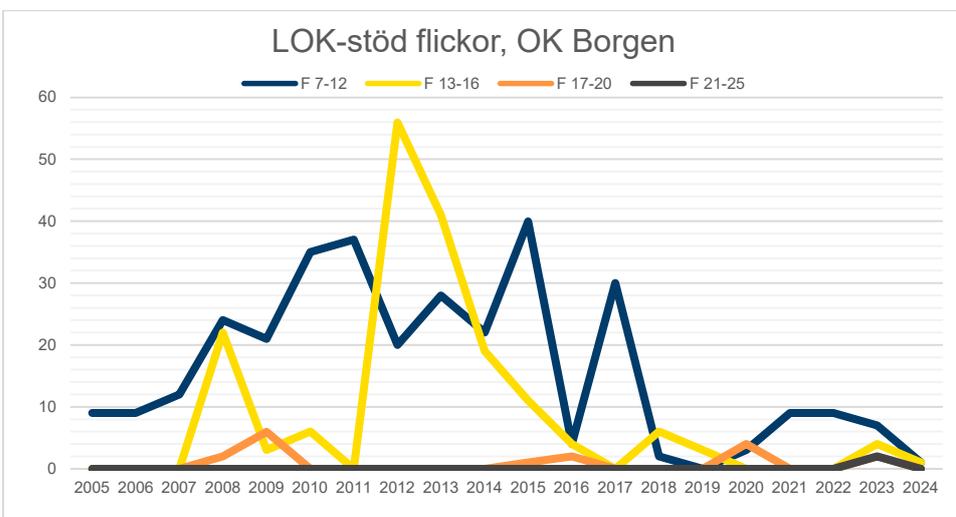
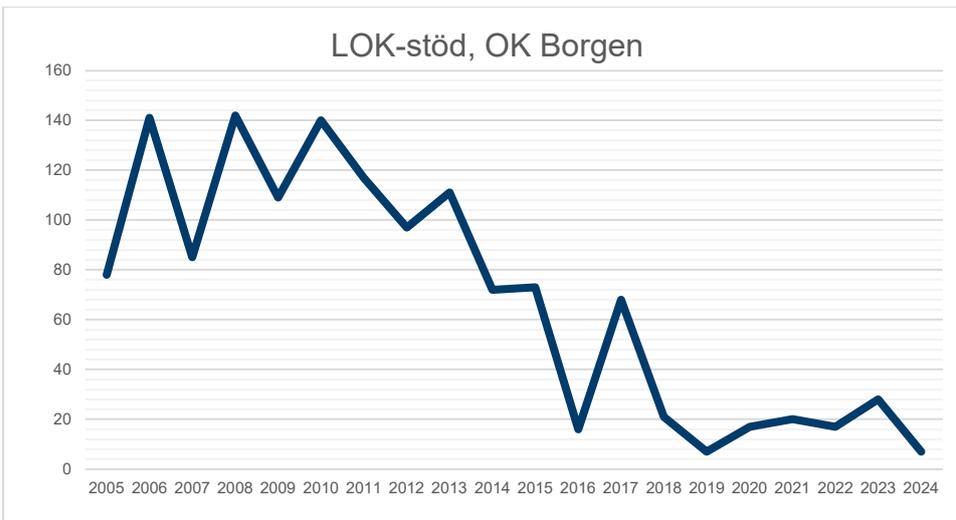
Könsfördelning LOK-stöd, Läna IF

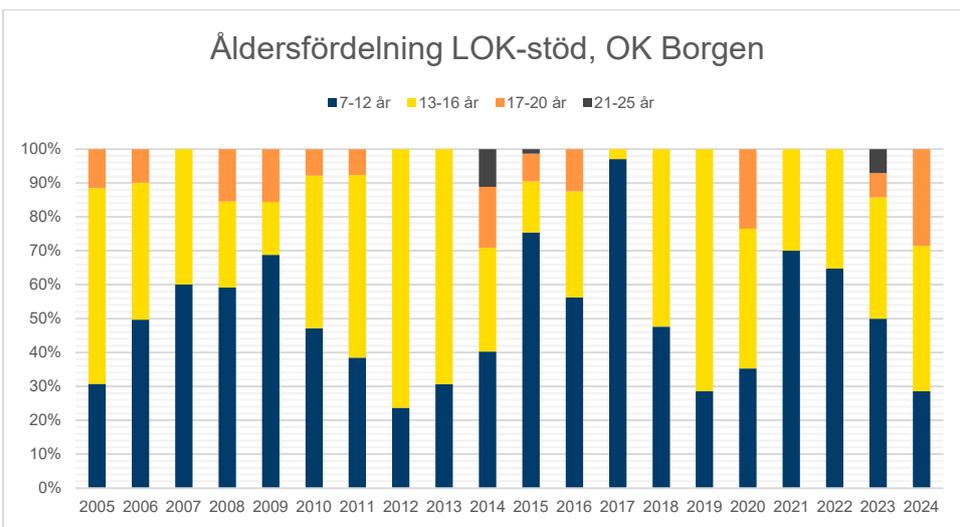
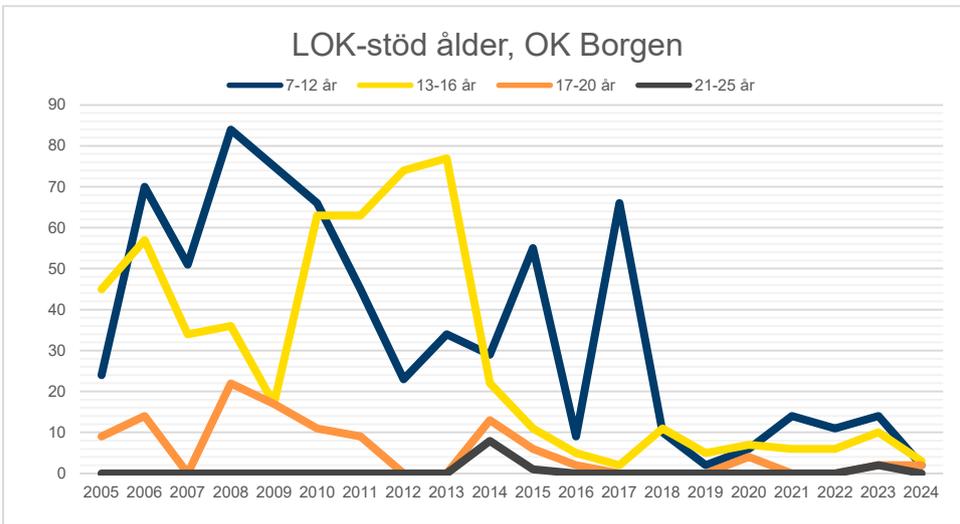
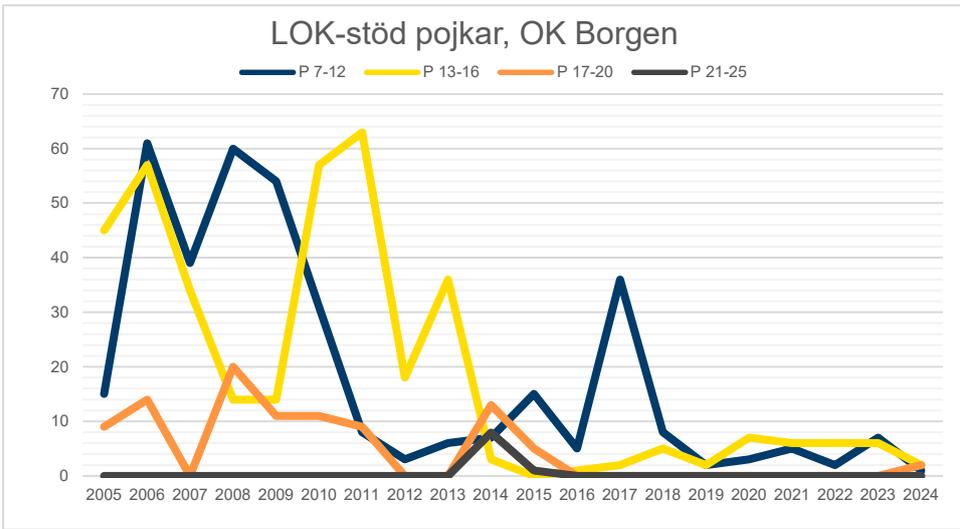


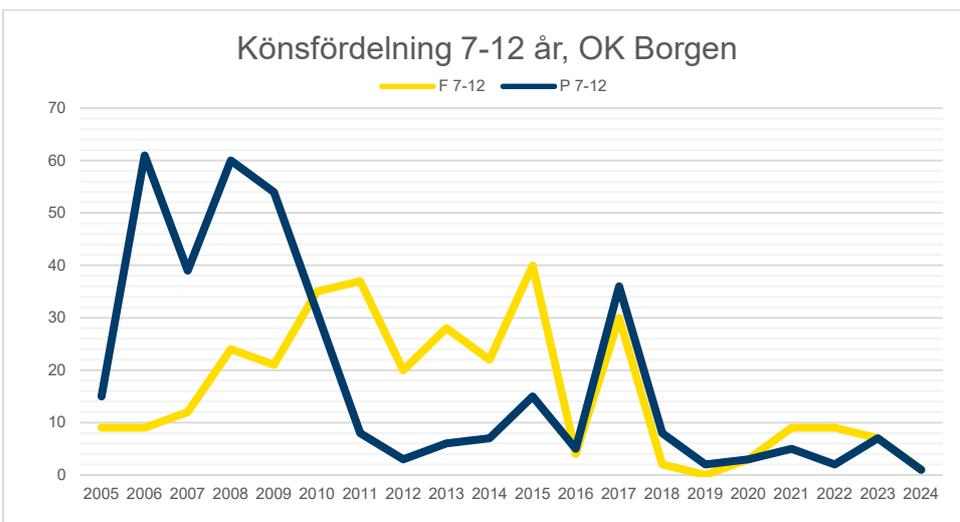
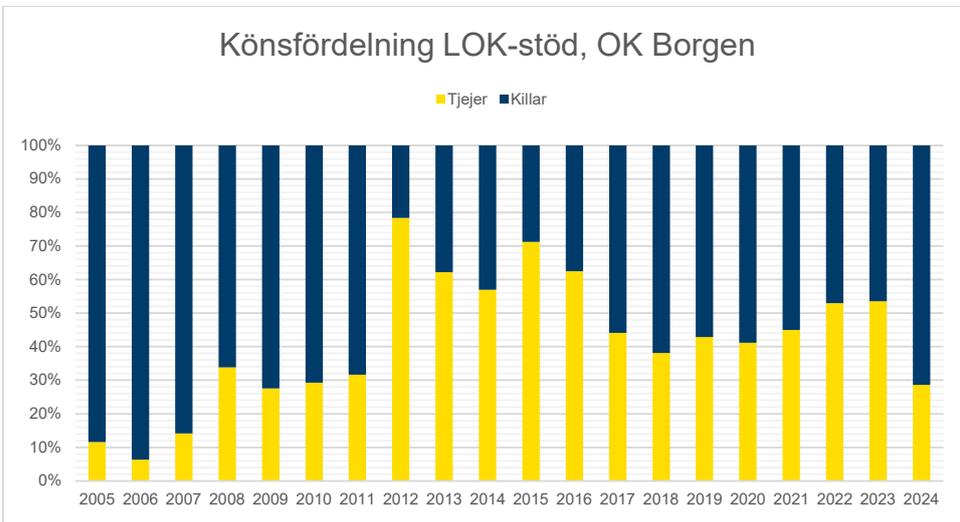
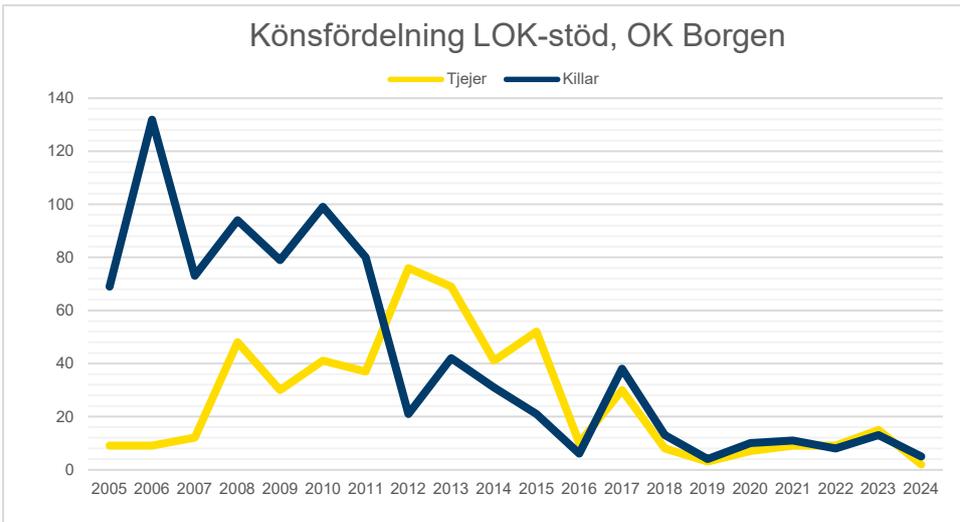


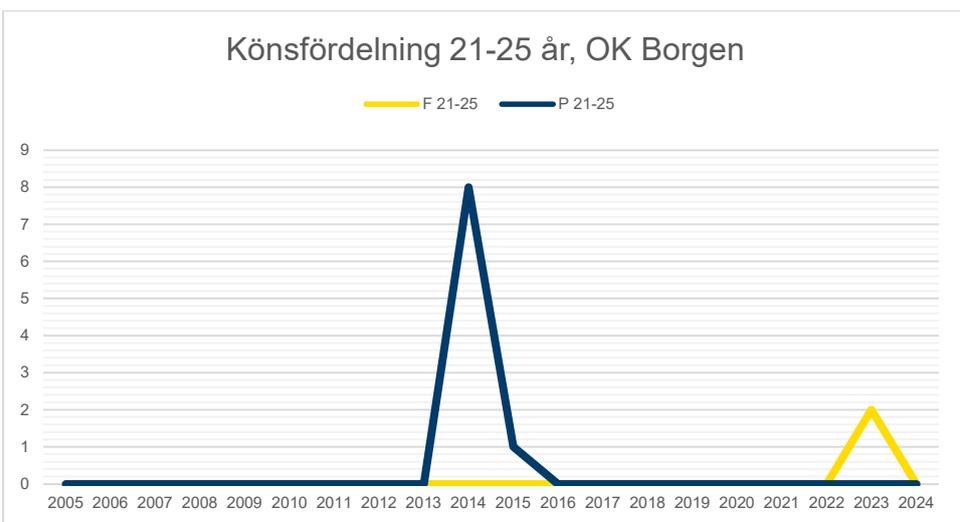
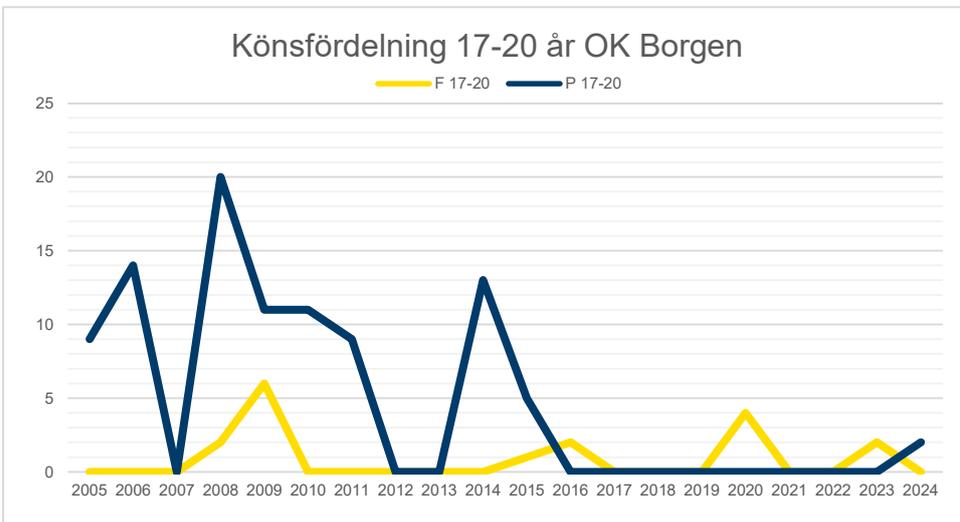
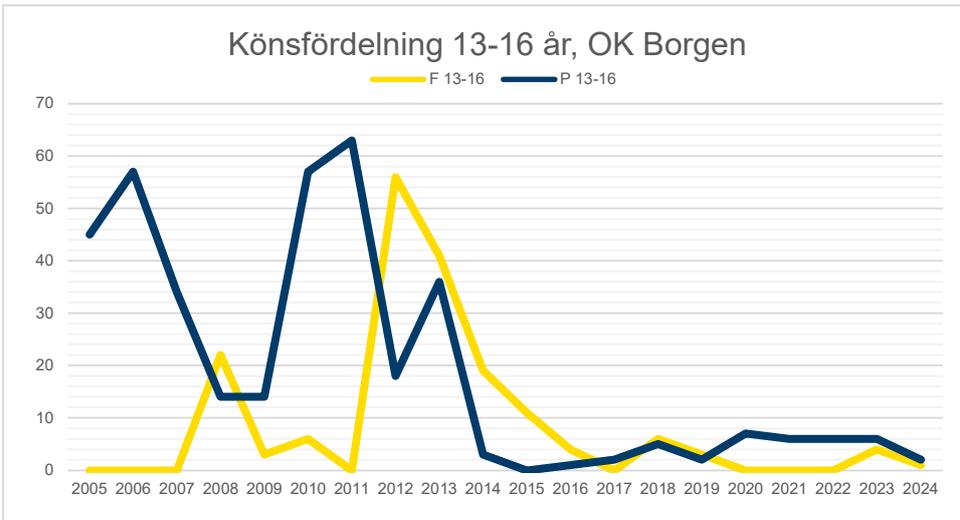


12. OK Borgen

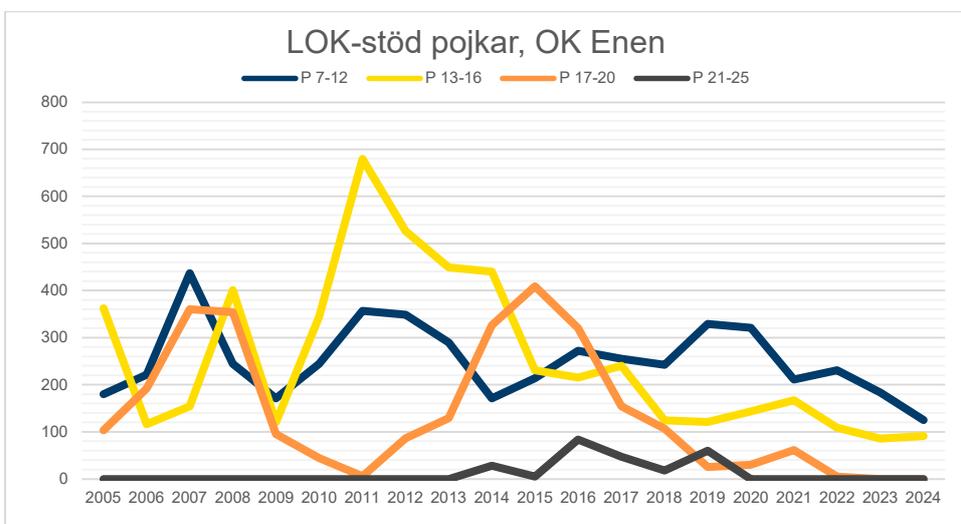
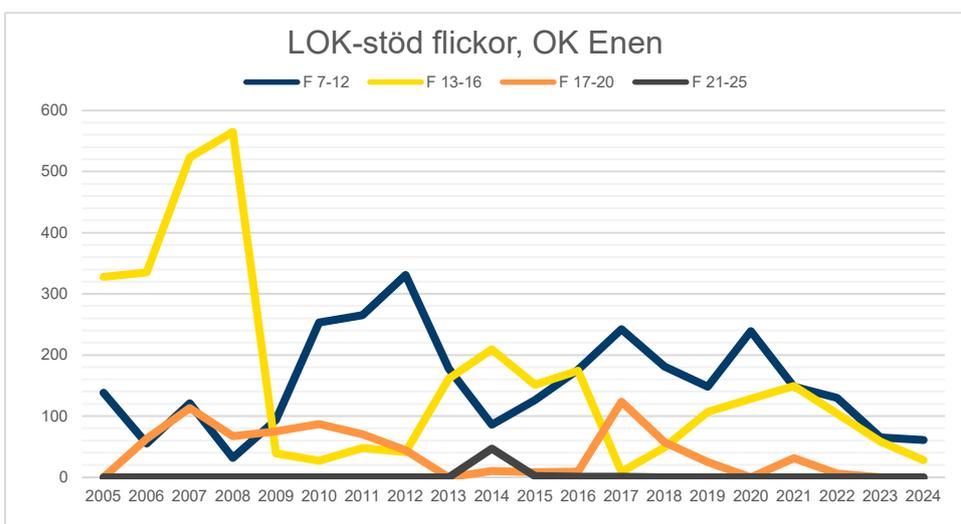
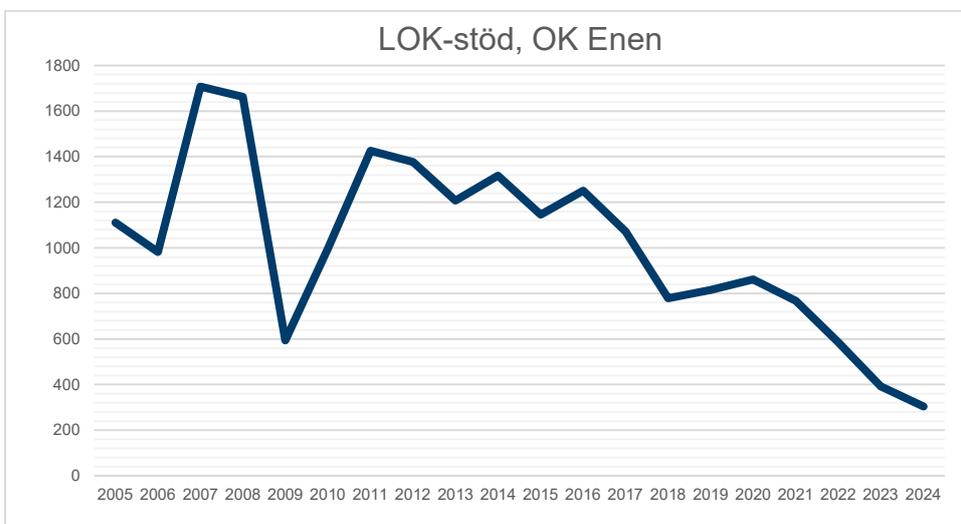


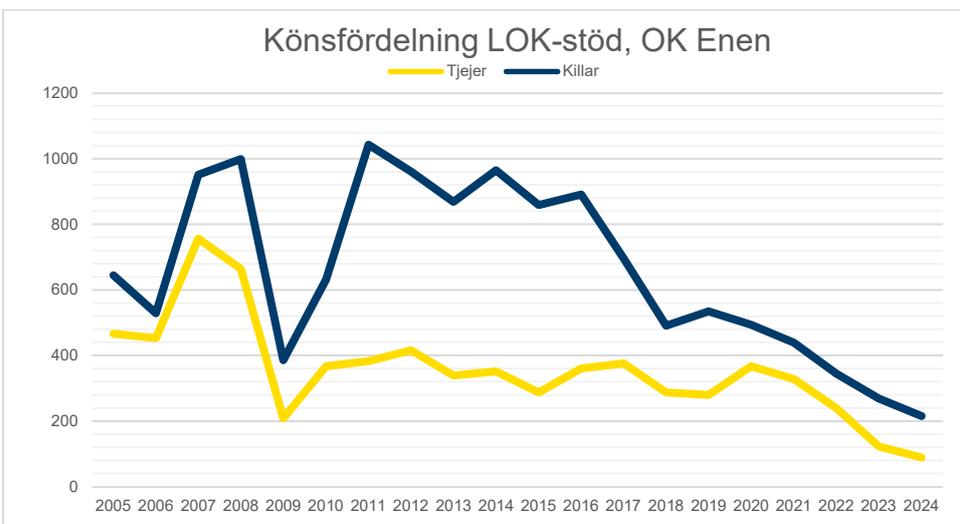
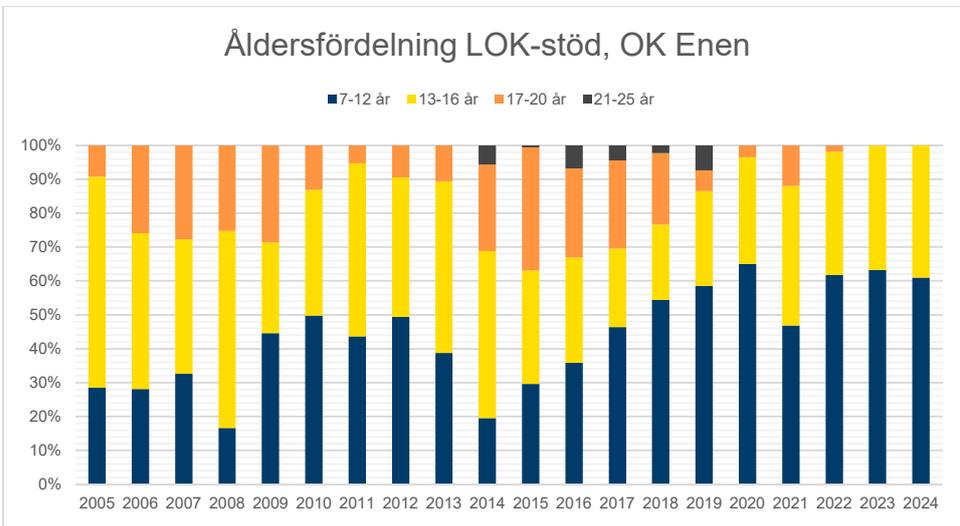
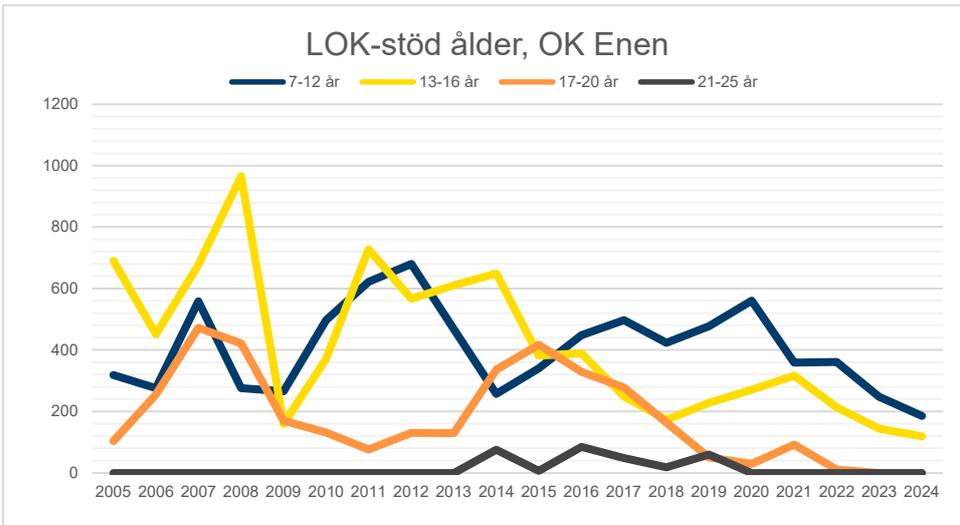




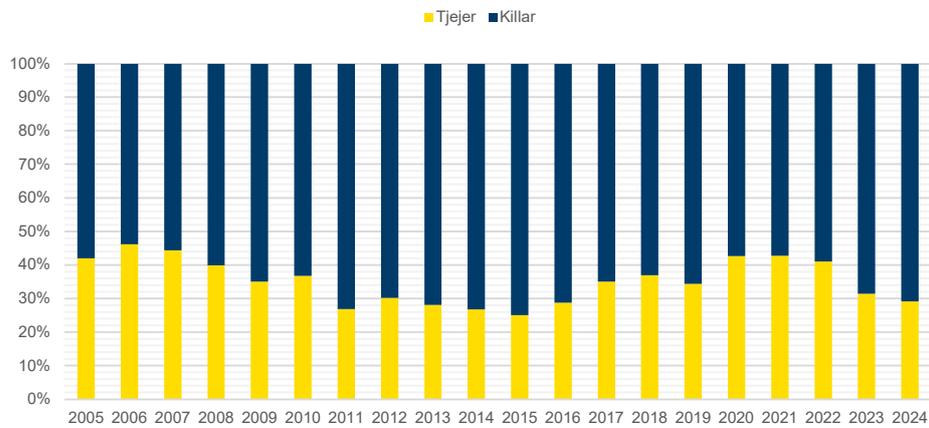


13. OK Enen

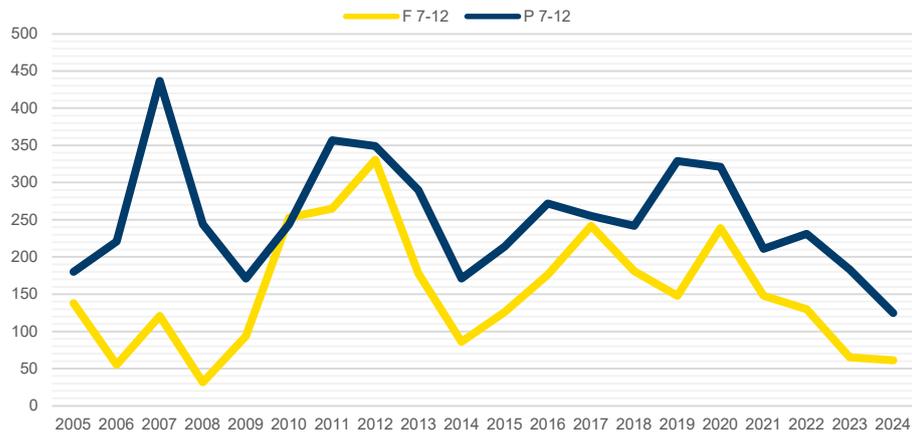




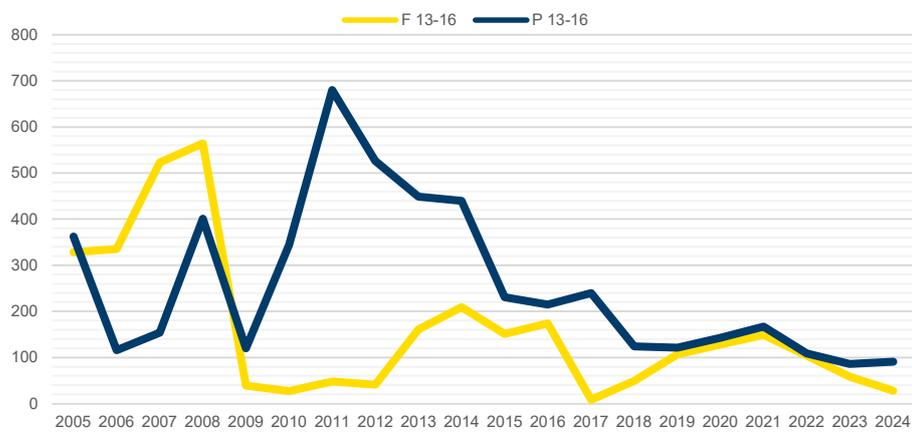
Könsfördelning LOK-stöd, OK Enen

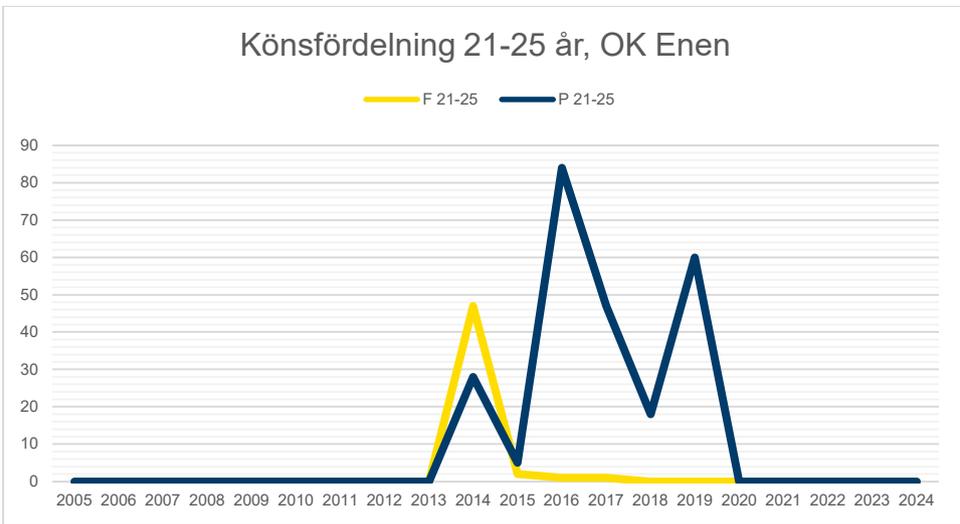
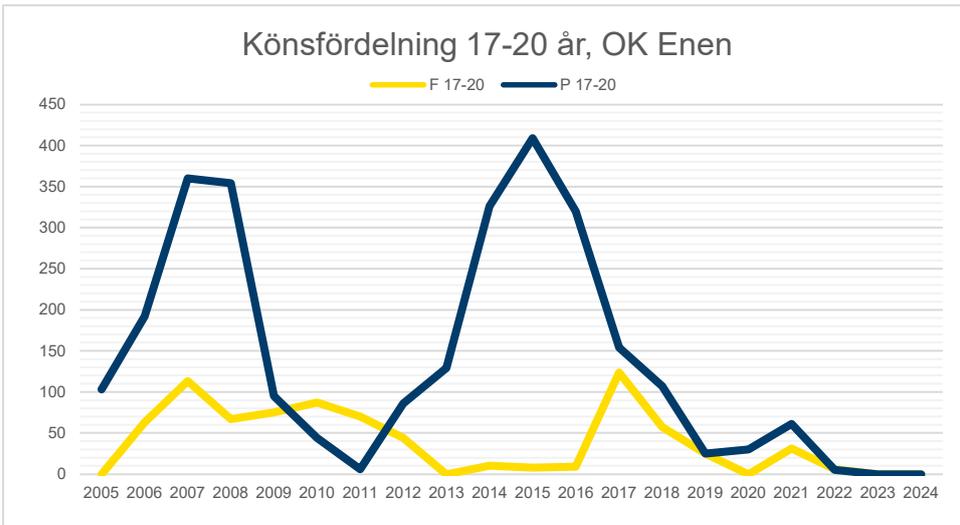


Könsfördelning 7-12 år, OK Enen

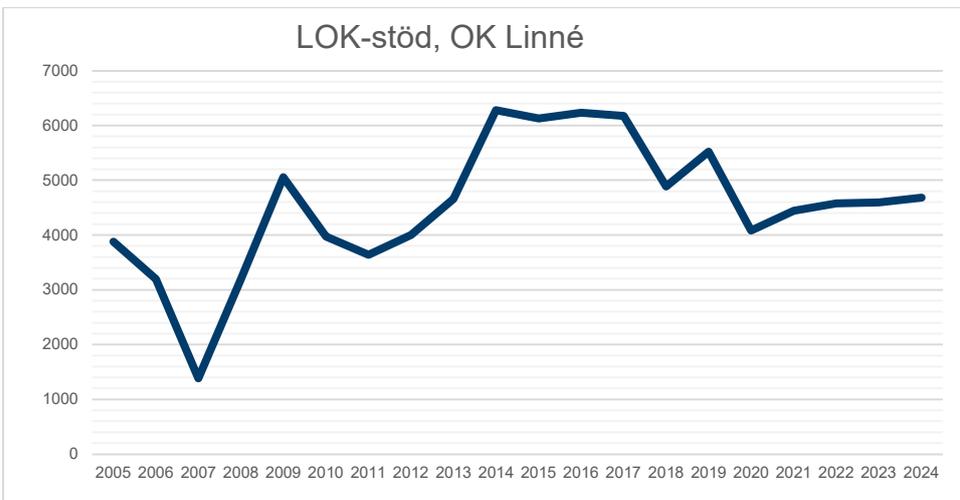


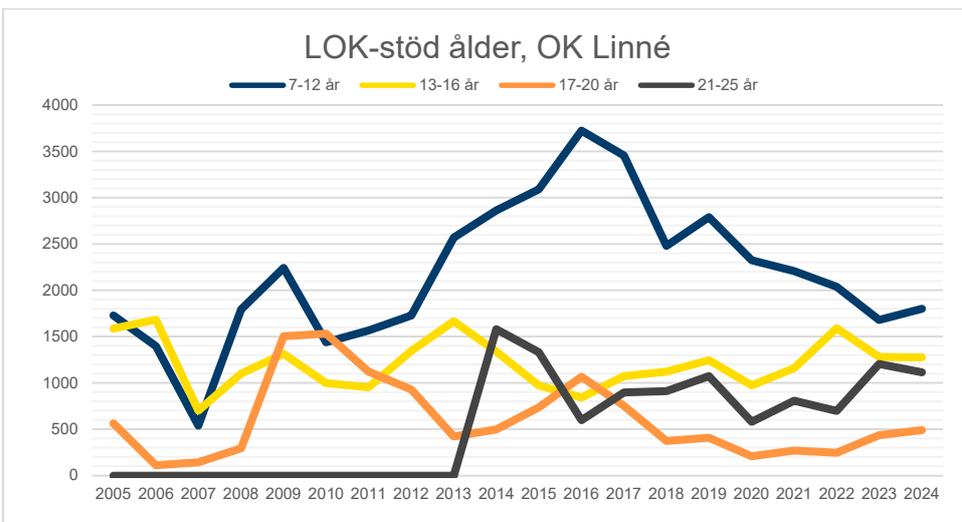
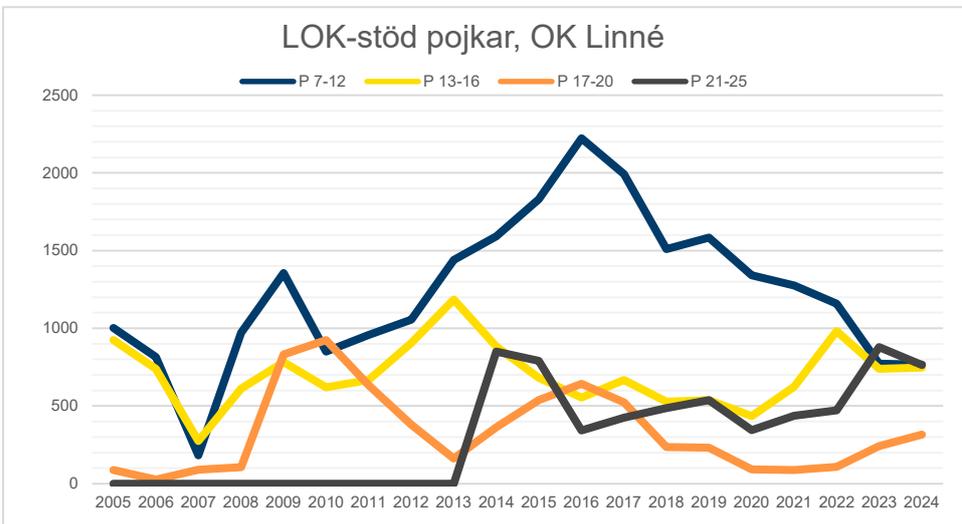
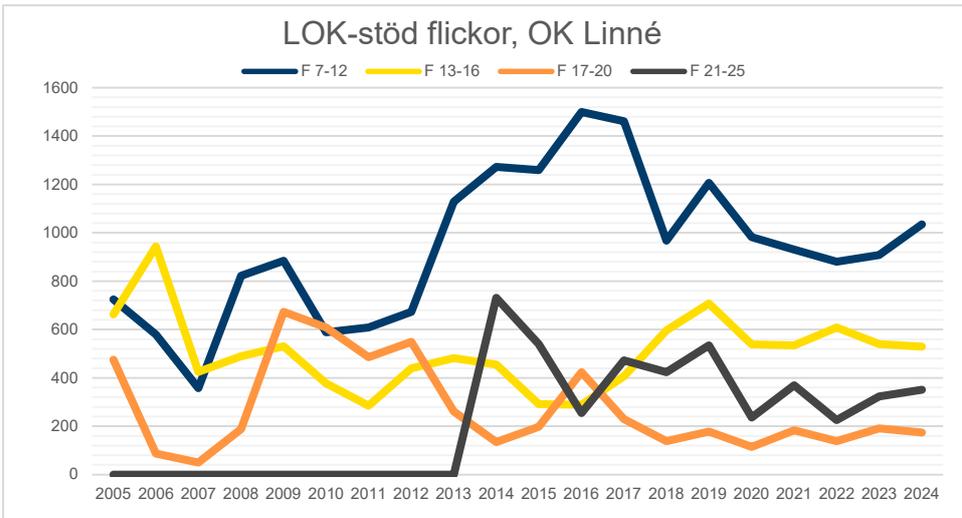
Könsfördelning 13-16 år, OK Enen



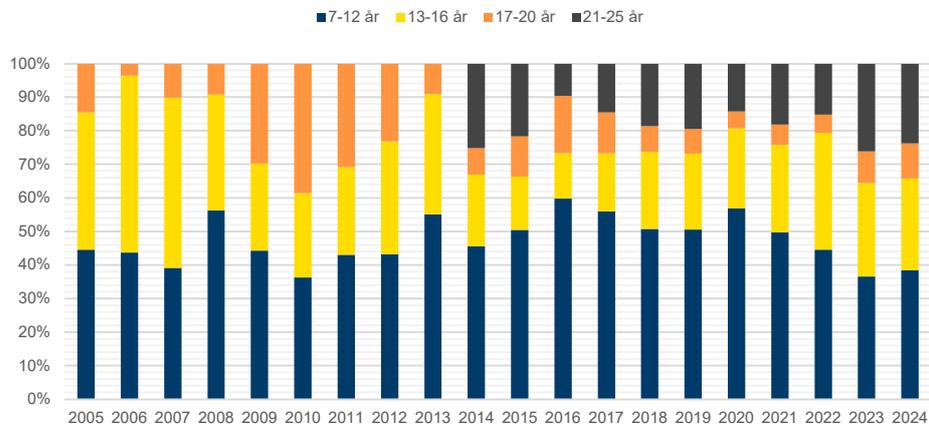


14. OK Linné

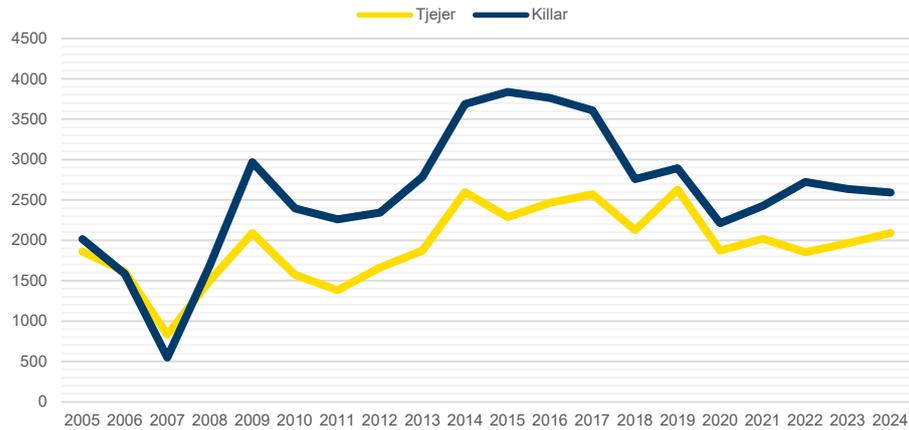




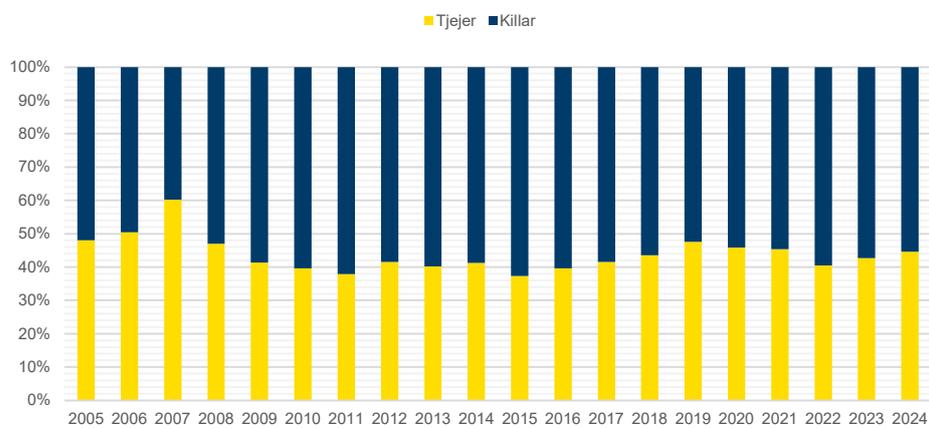
Ålderfördelning LOK-stöd, OK Linné

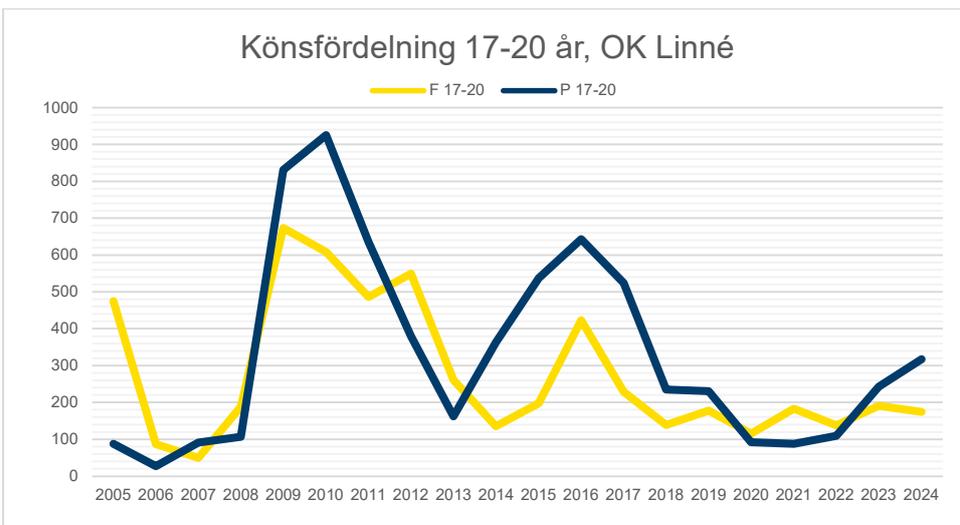
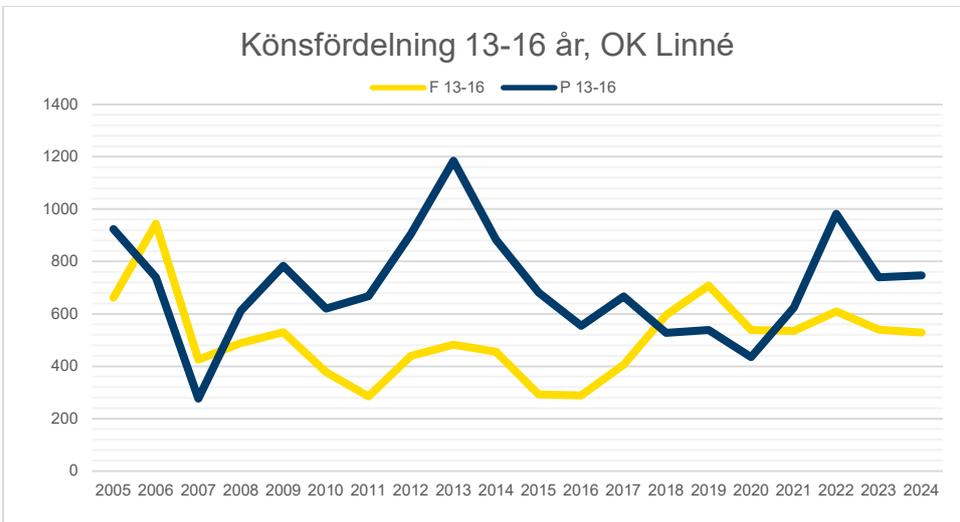
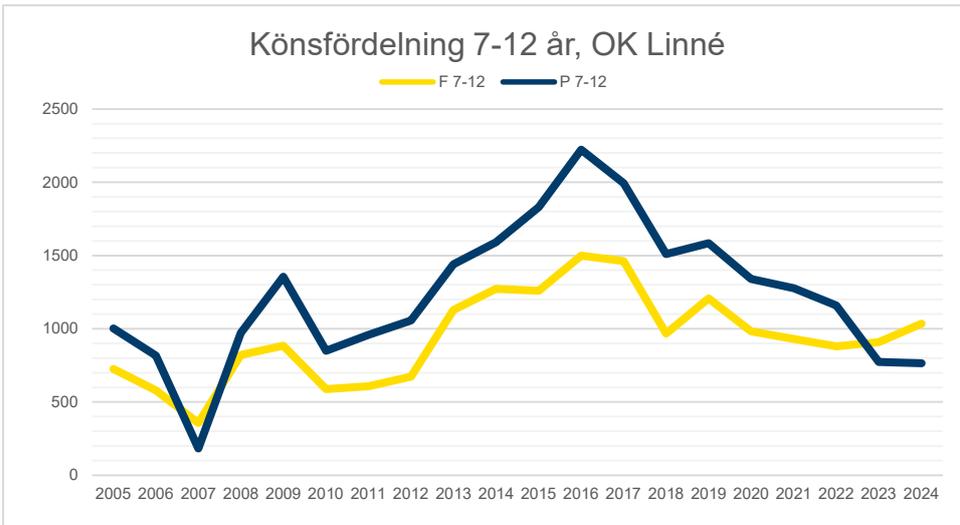


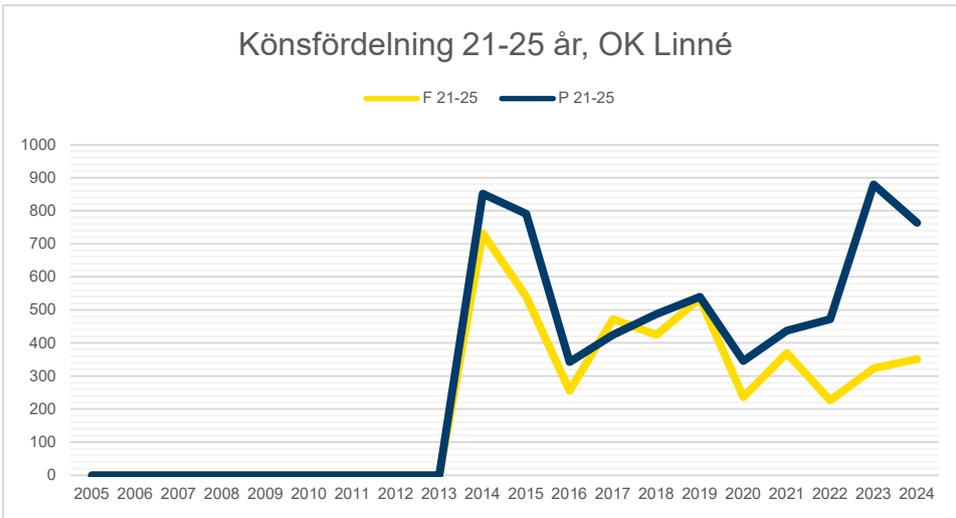
Könsfördelning LOK-stöd, OK Linné



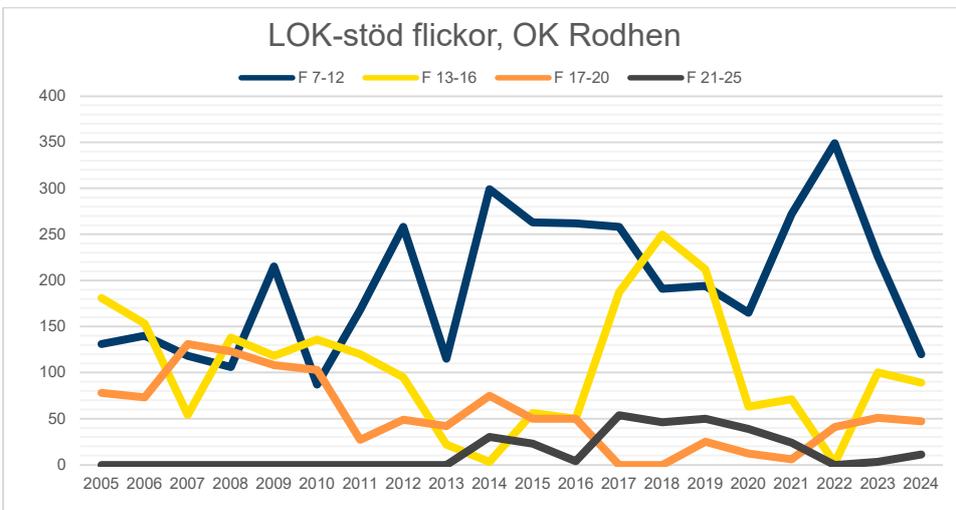
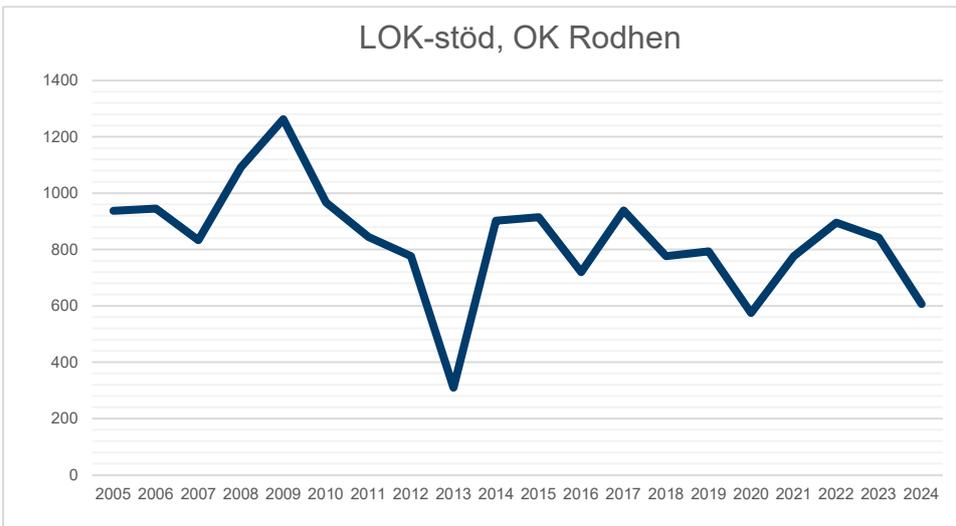
Könsfördelning LOK-stöd, OK Linné

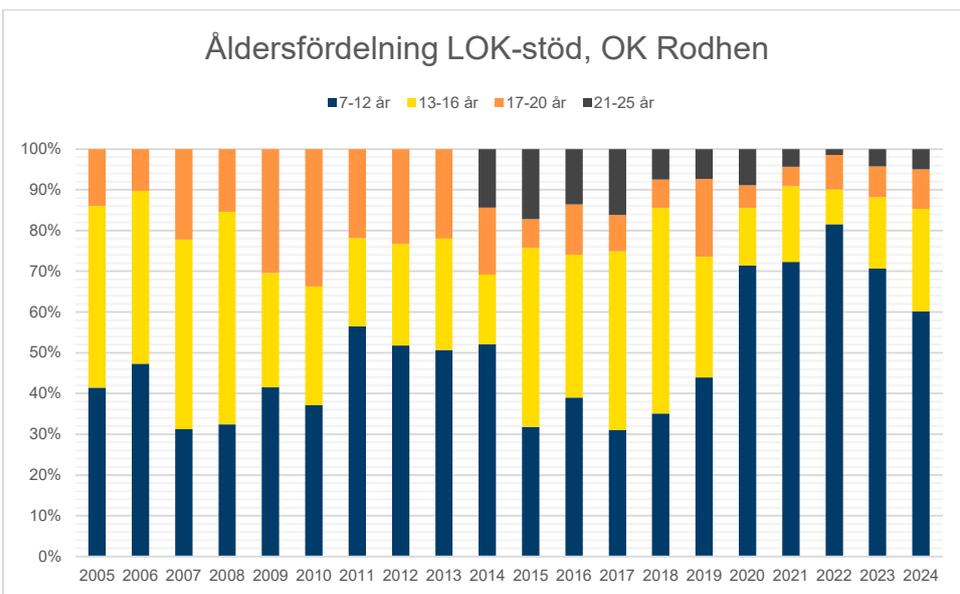
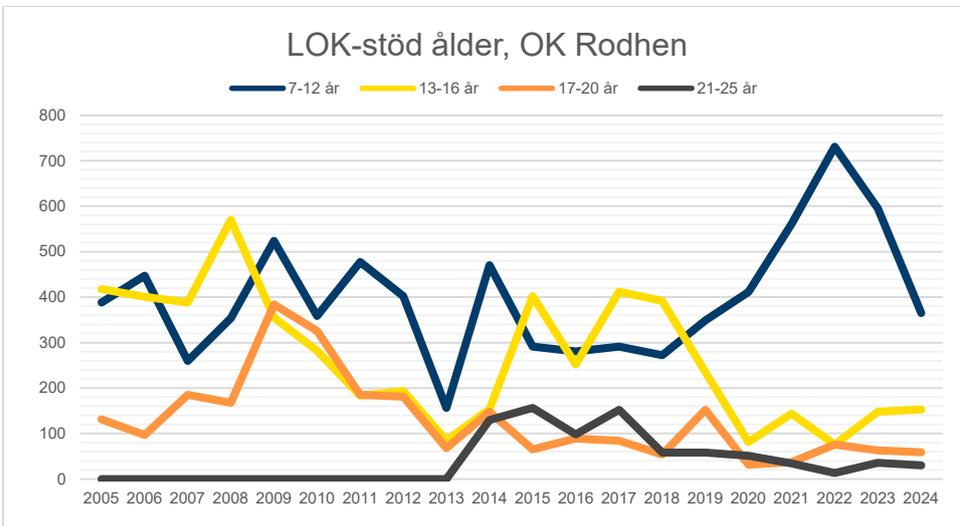
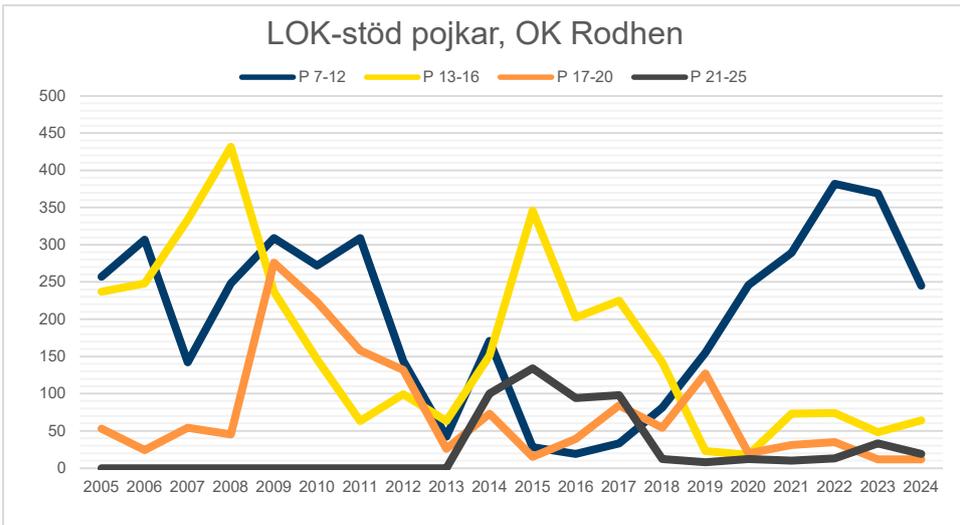


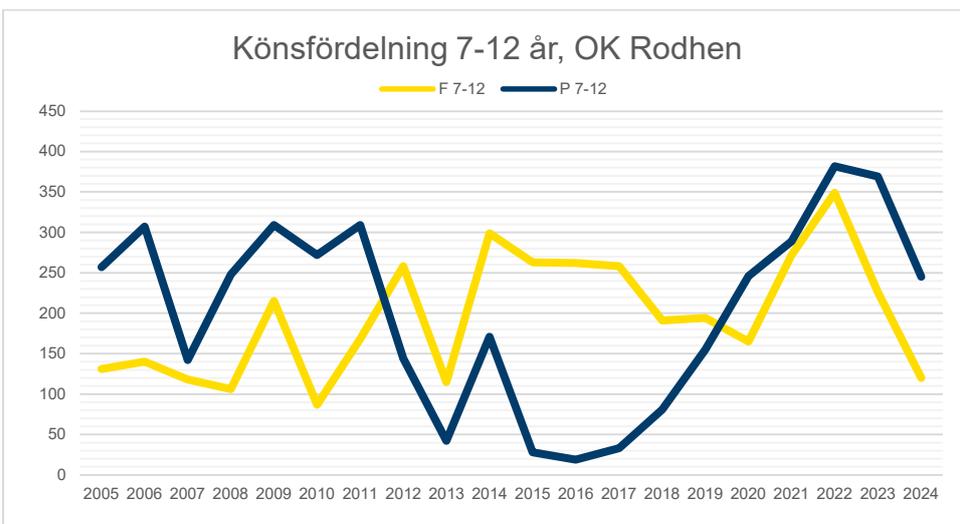
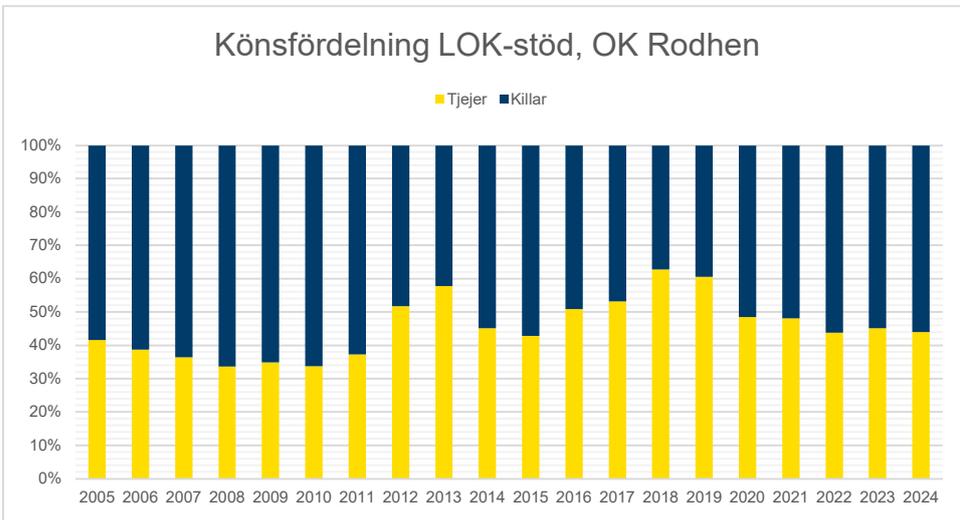
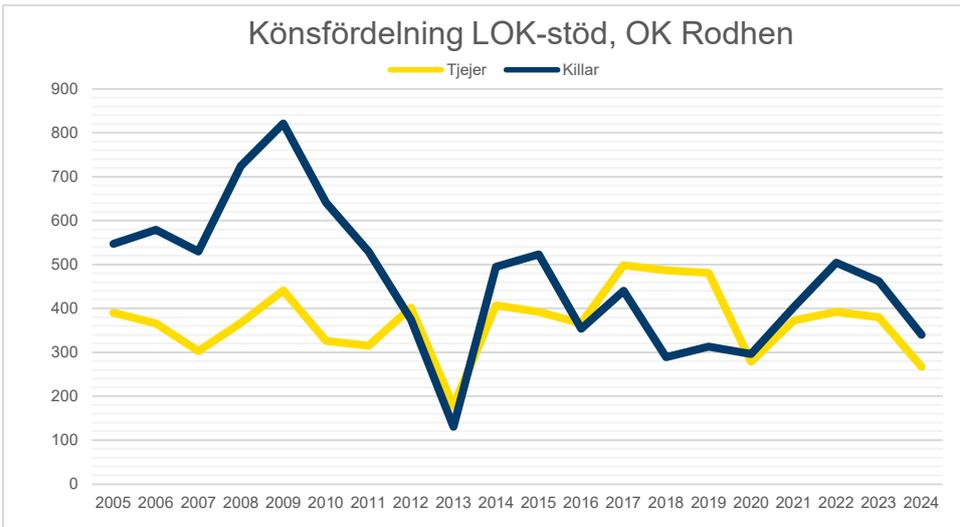




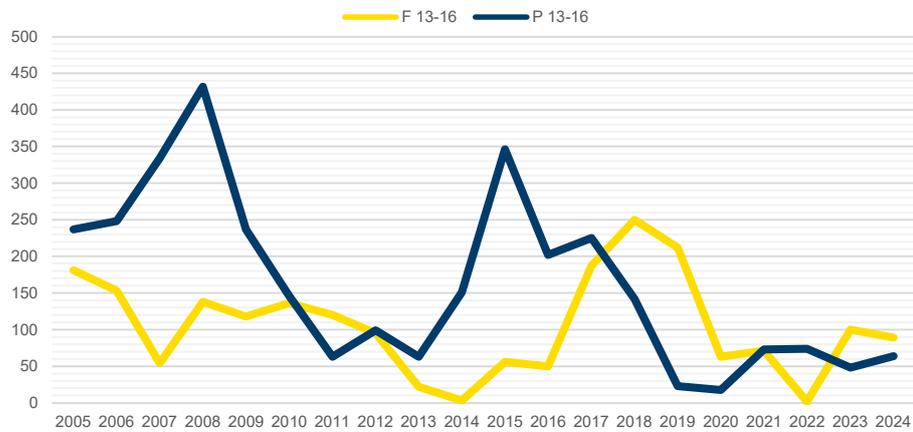
15. OK Rodhen



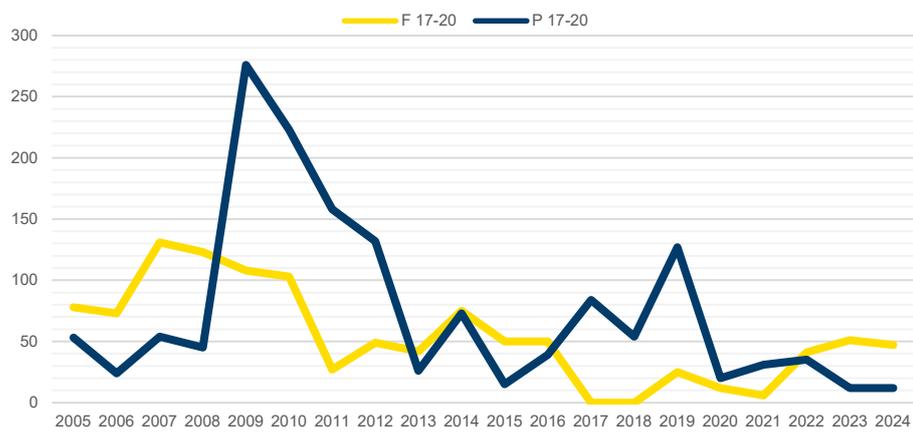




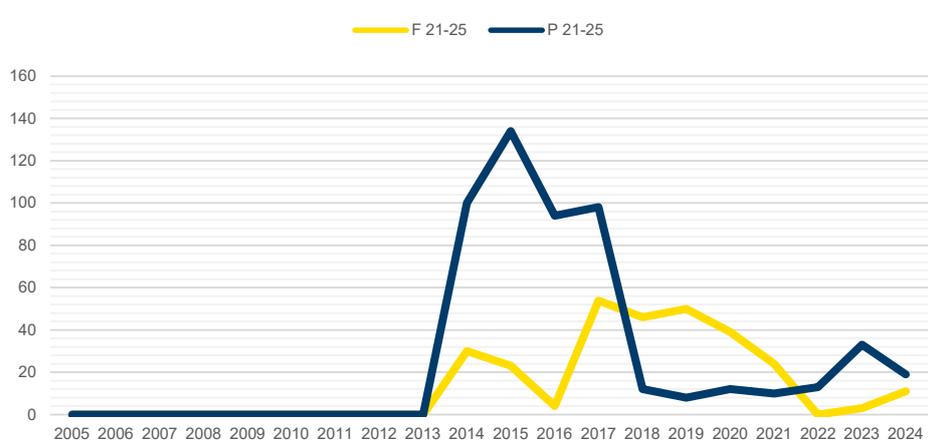
Könsfördelning 13-16 år, OK Rodhen



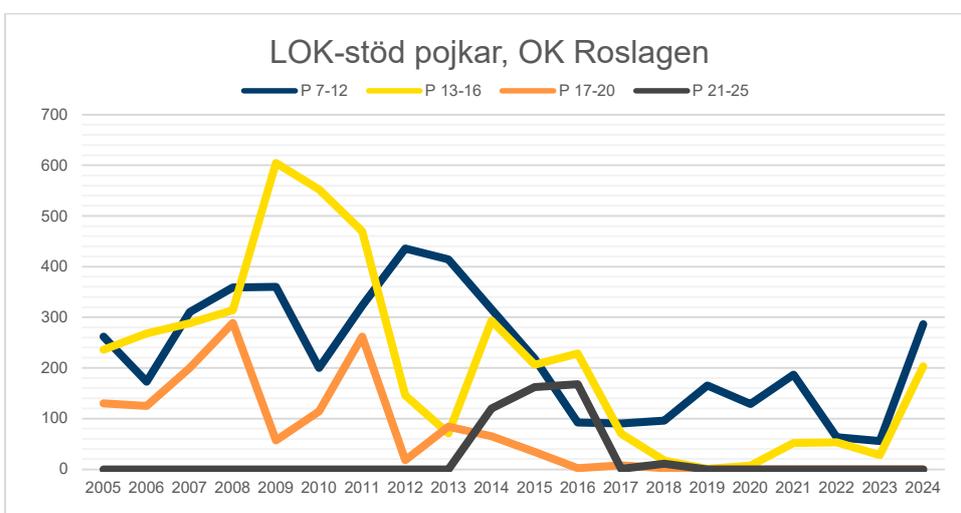
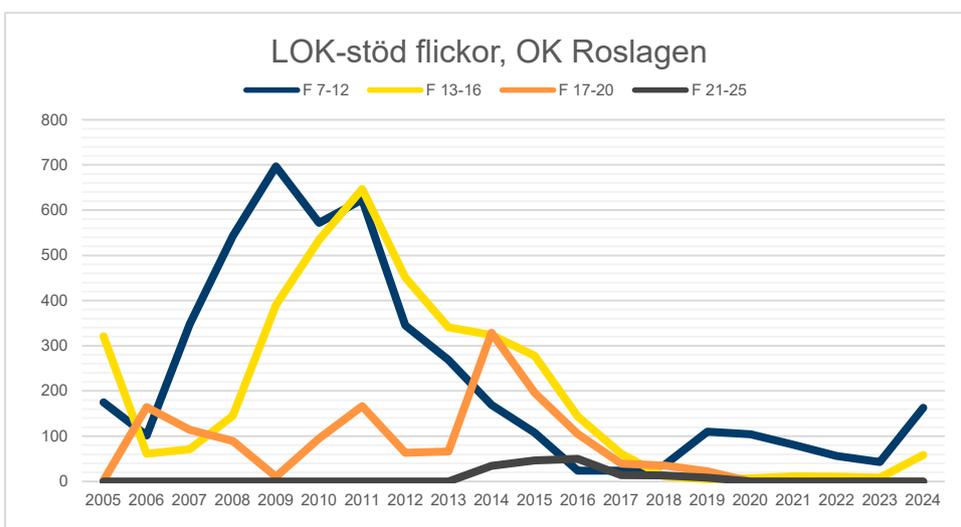
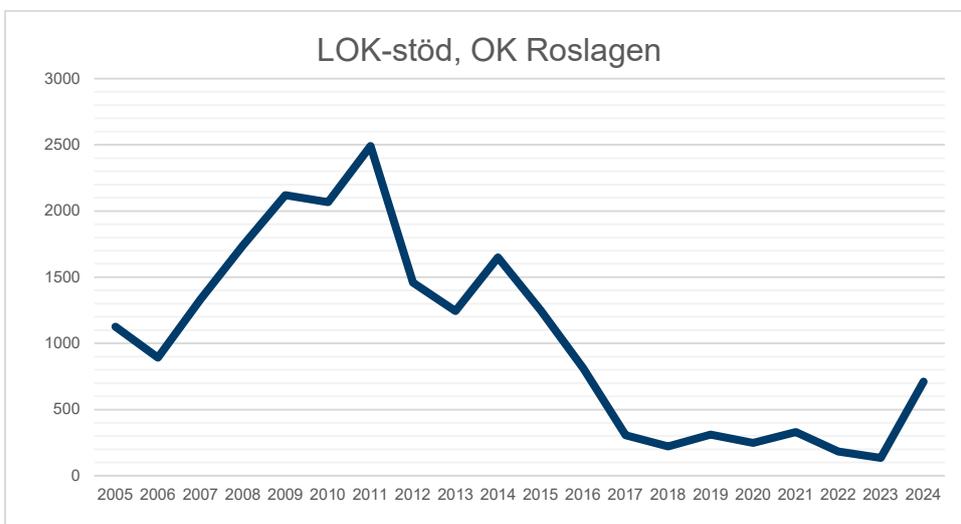
Könsfördelning 17-20 år, OK Rodhen

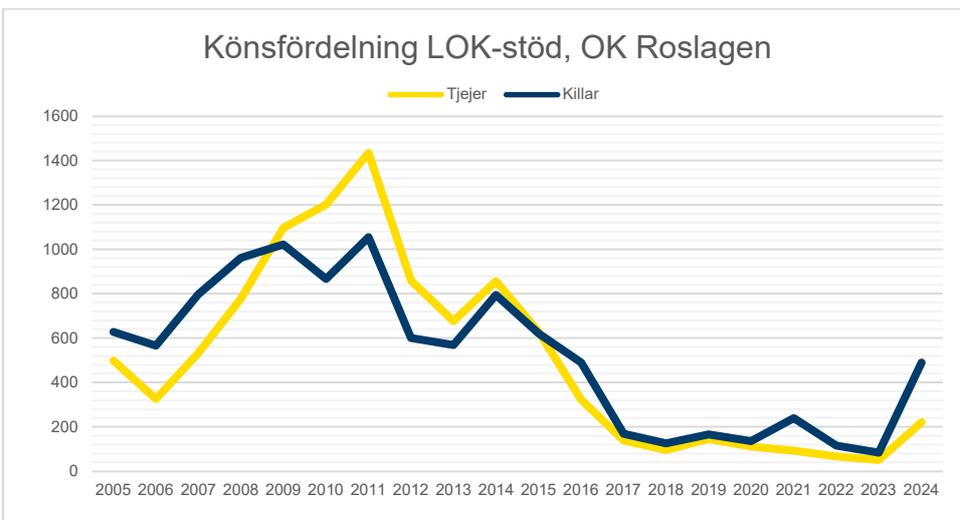
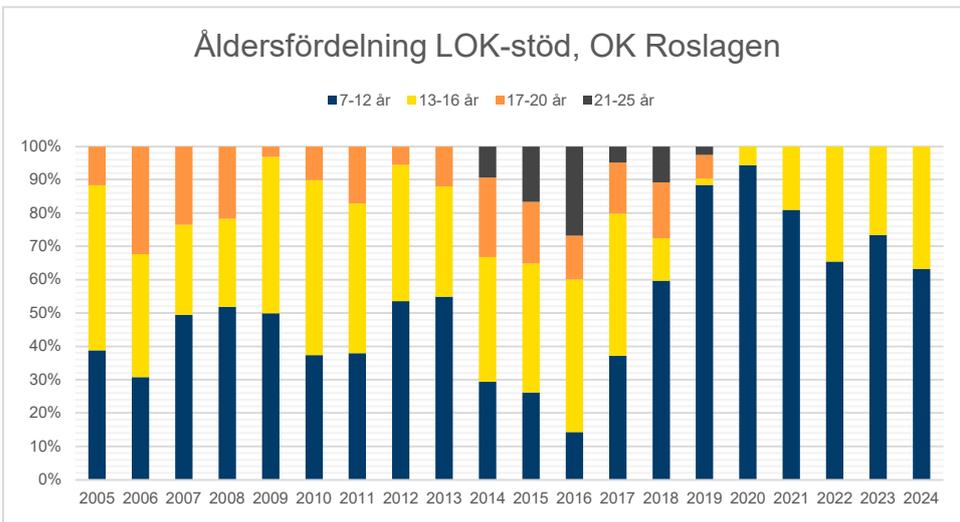
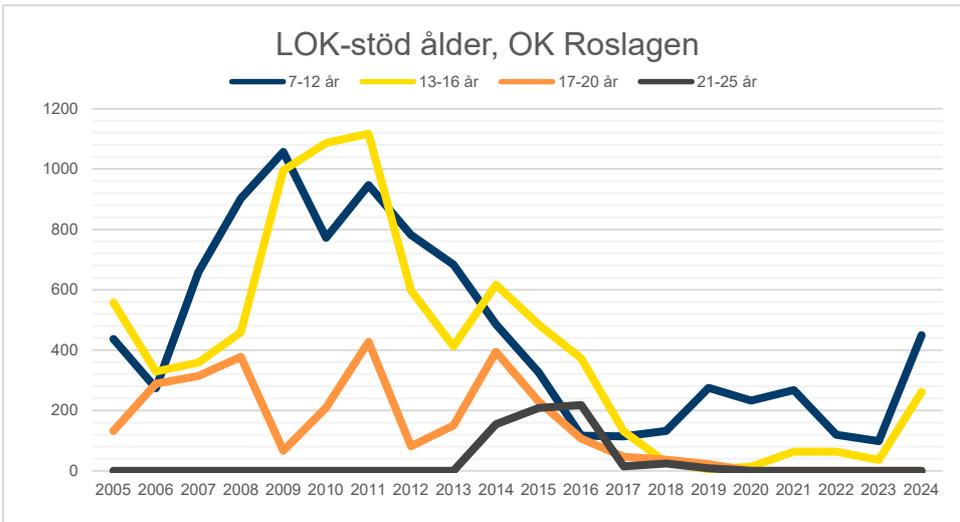


Könsfördelning 21-25 år, OK Rodhen

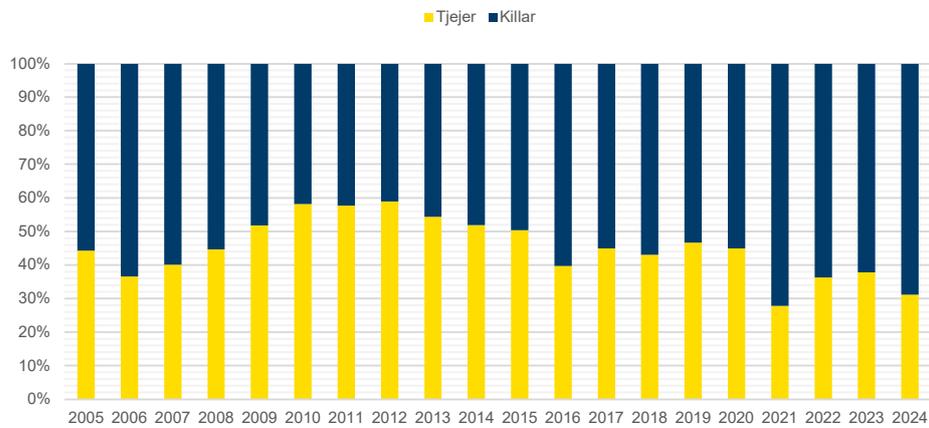


16. OK Roslagen

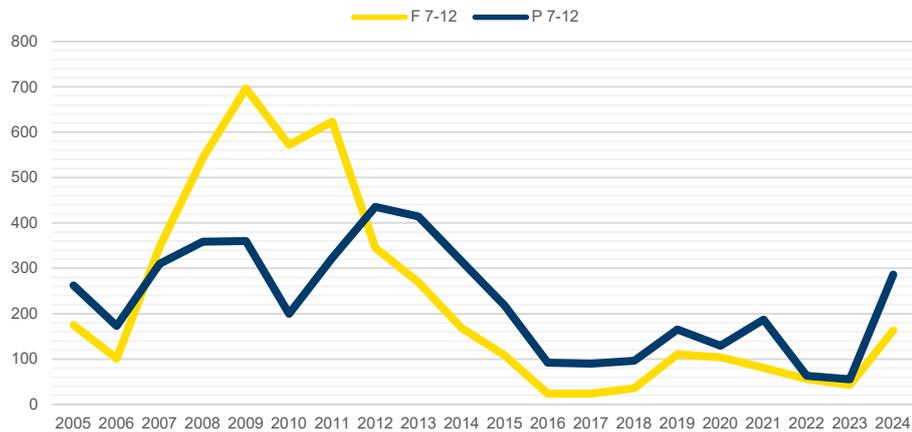




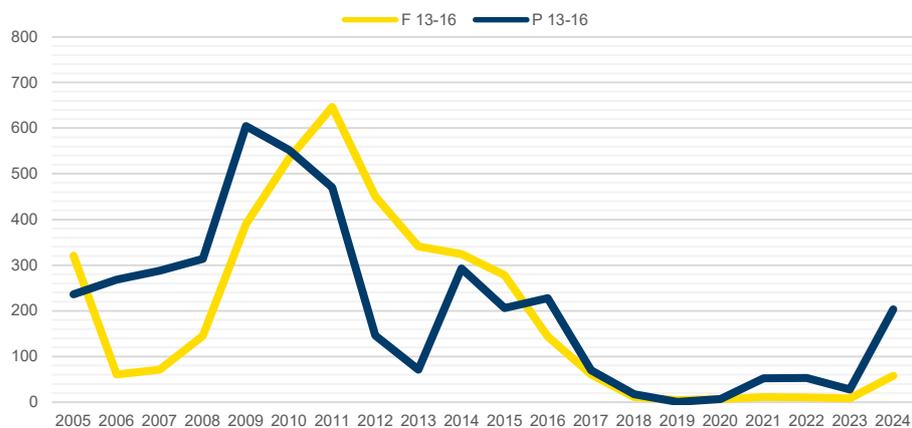
Könsfördelning LOK-stöd, OK Roslagen

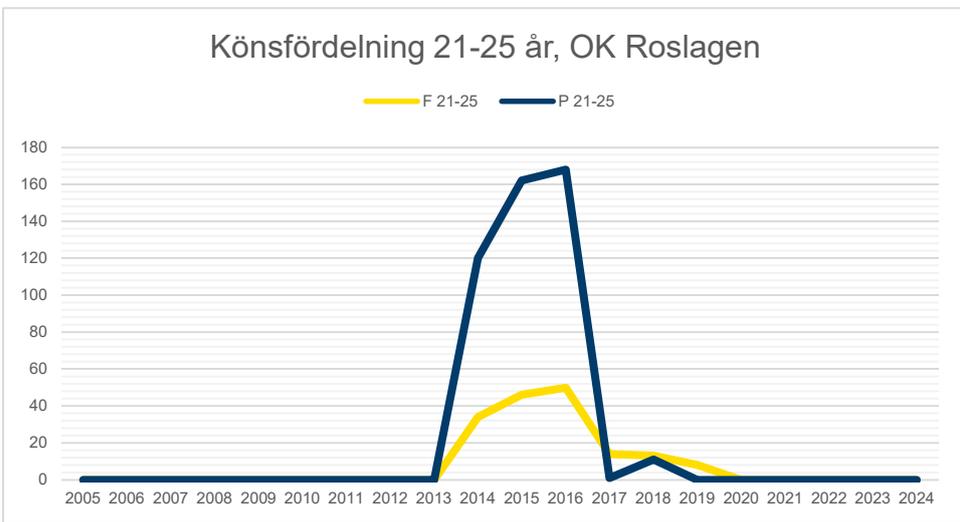
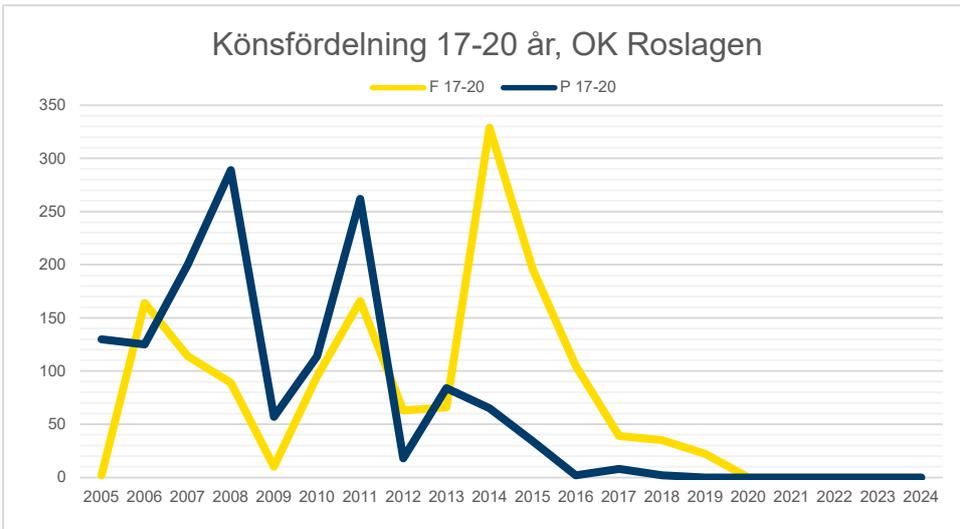


Könsfördelning 7-12 år, OK Roslagen

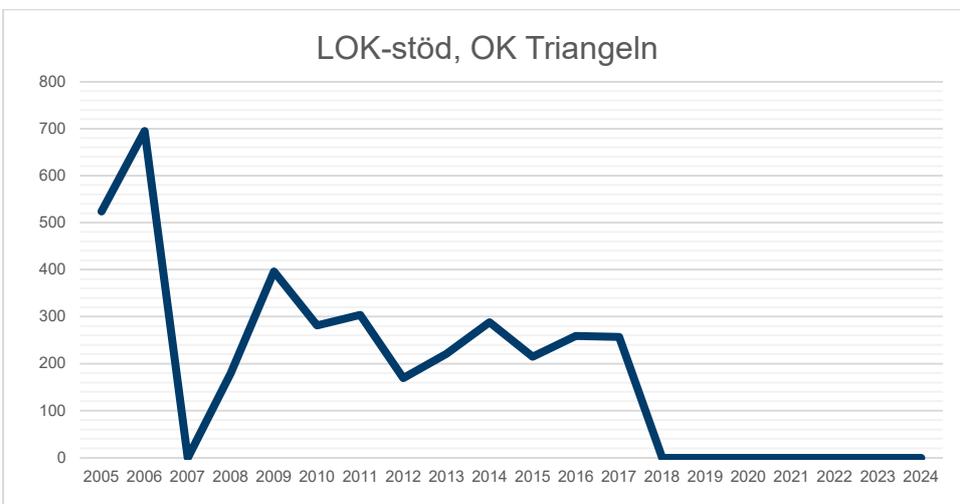


Könsfördelning 13-16 år, OK Roslagen

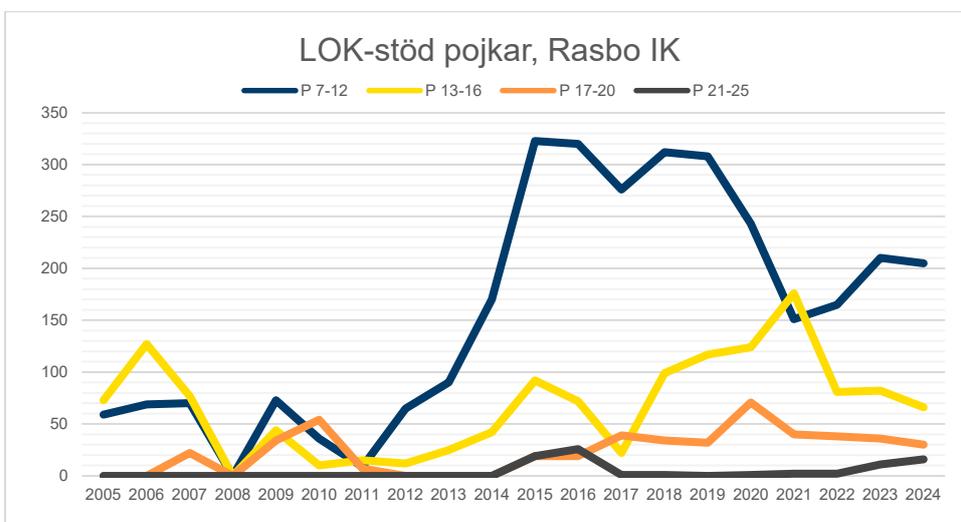
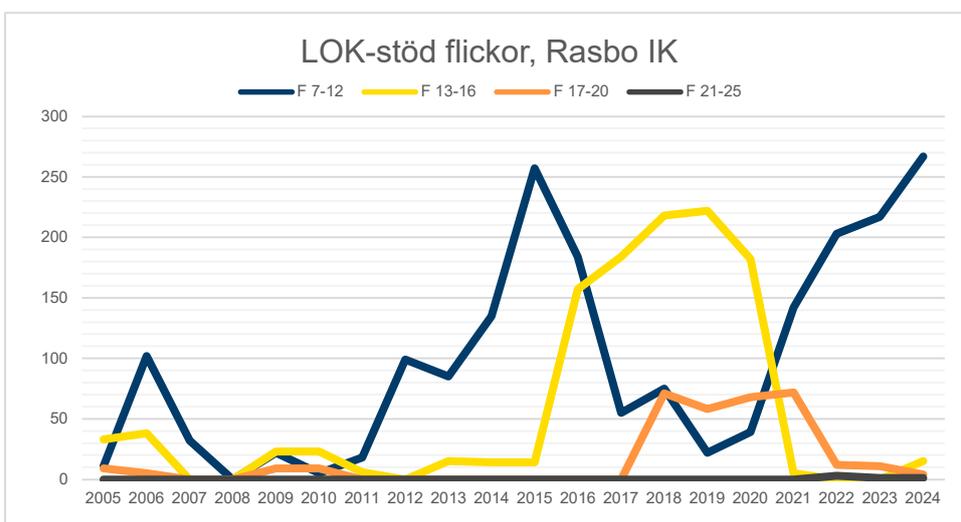
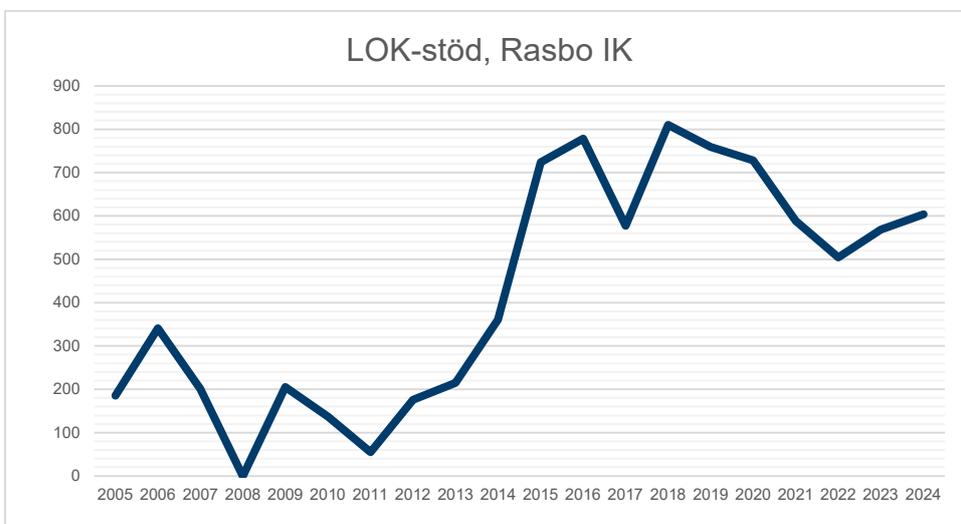


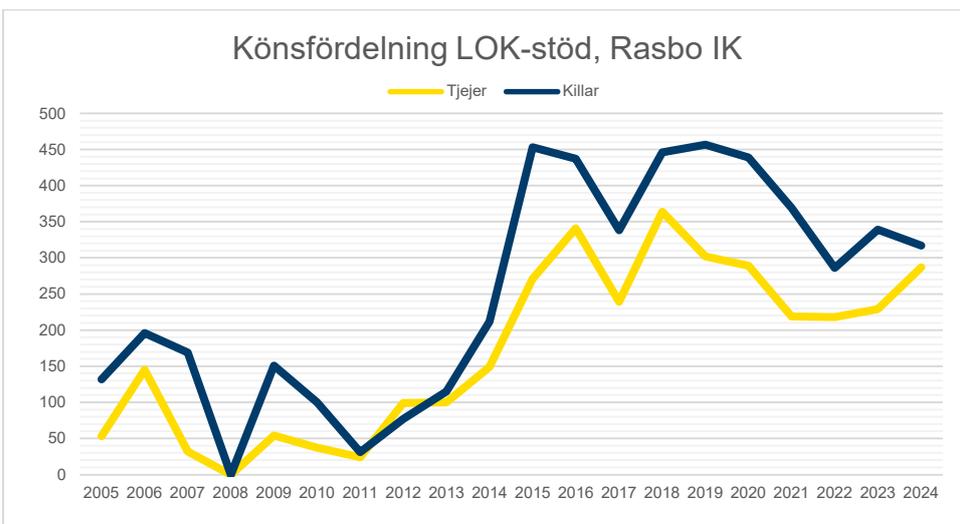
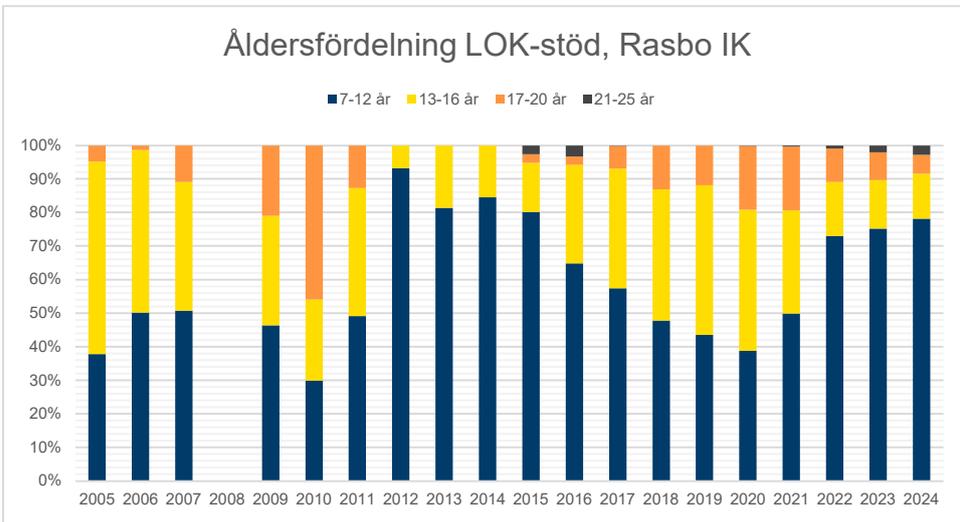
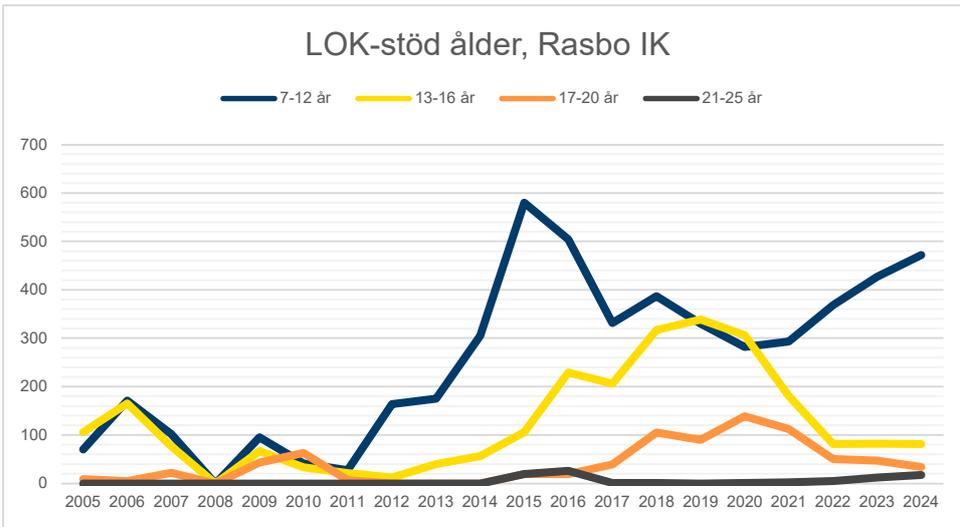


17. OK Triangeln

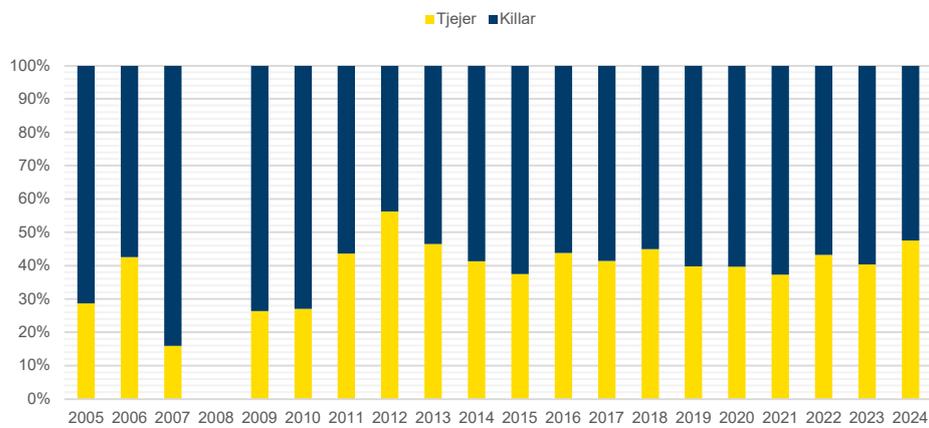


18. Rasbo IK

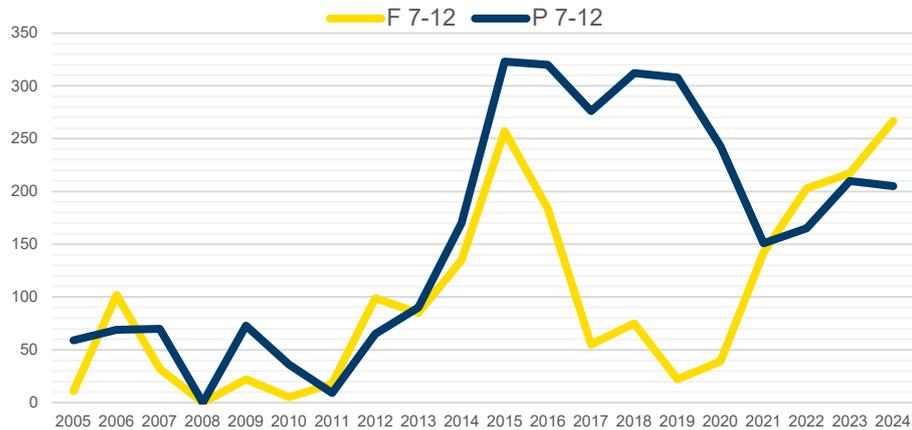




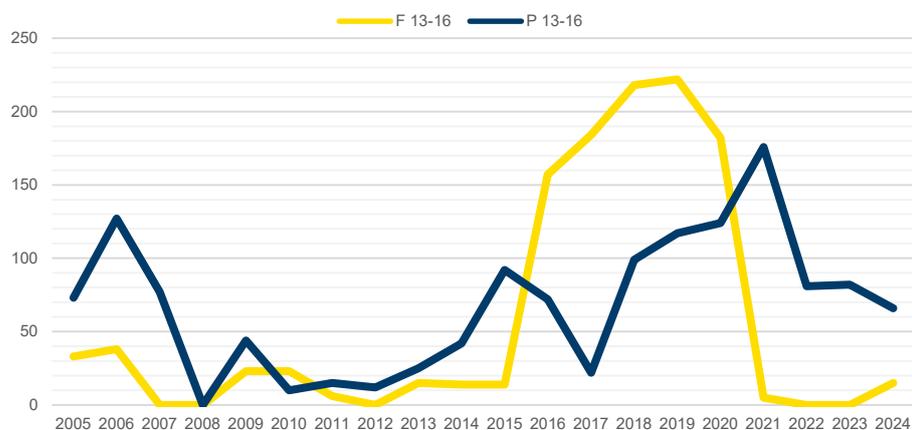
Könsfördelning LOK-stöd, Rasbo IK

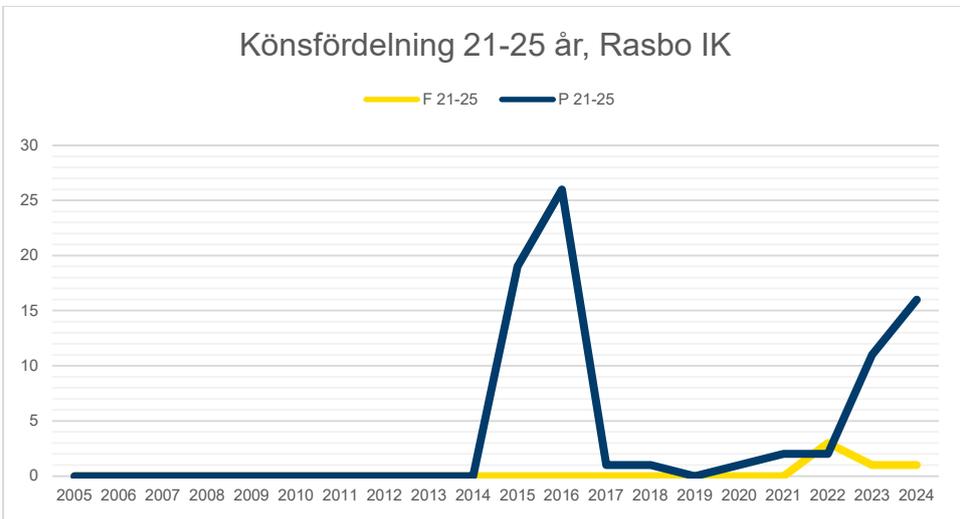
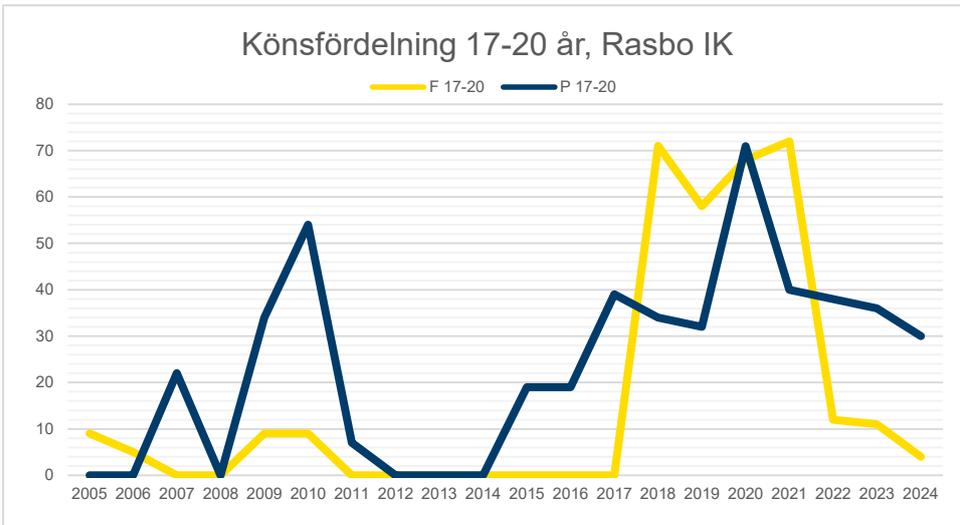


Könsfördelning 7-12 år, Rasbo IK

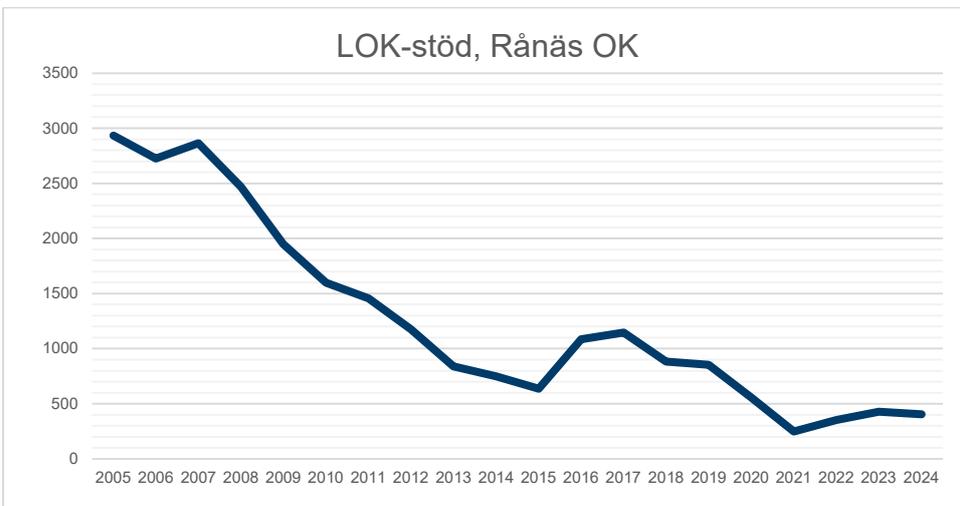


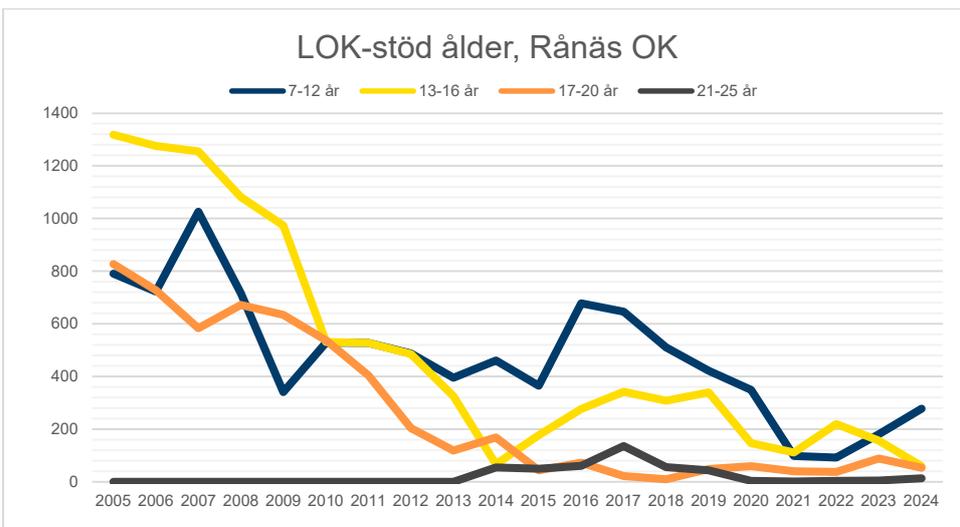
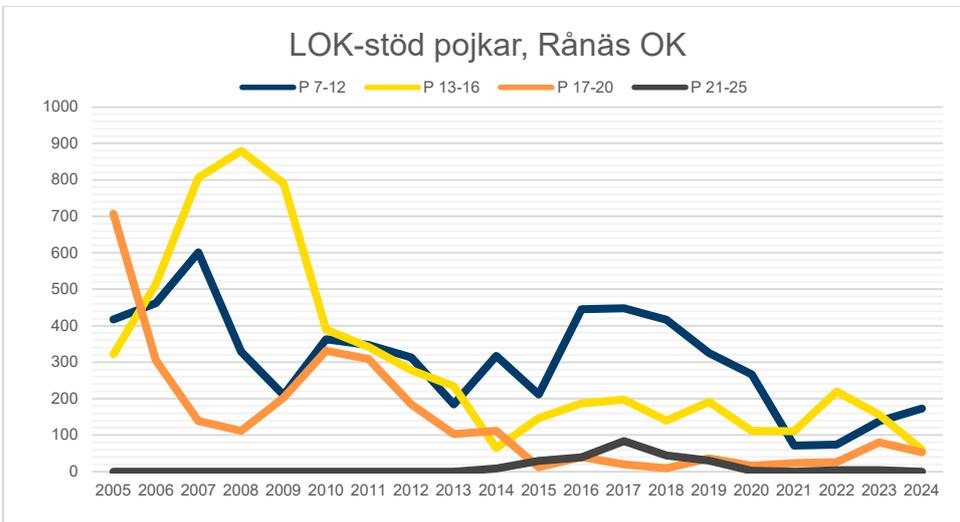
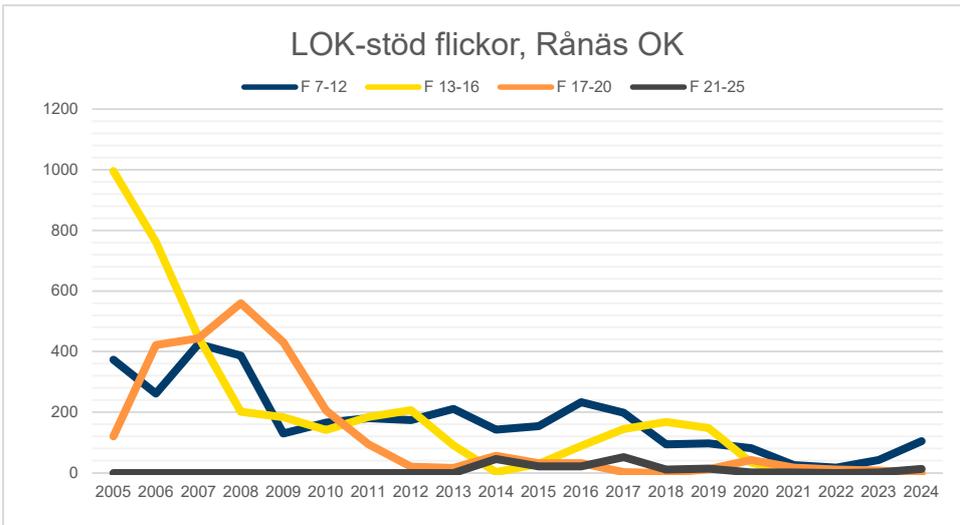
Könsfördelning 13-16 år, Rasbo IK



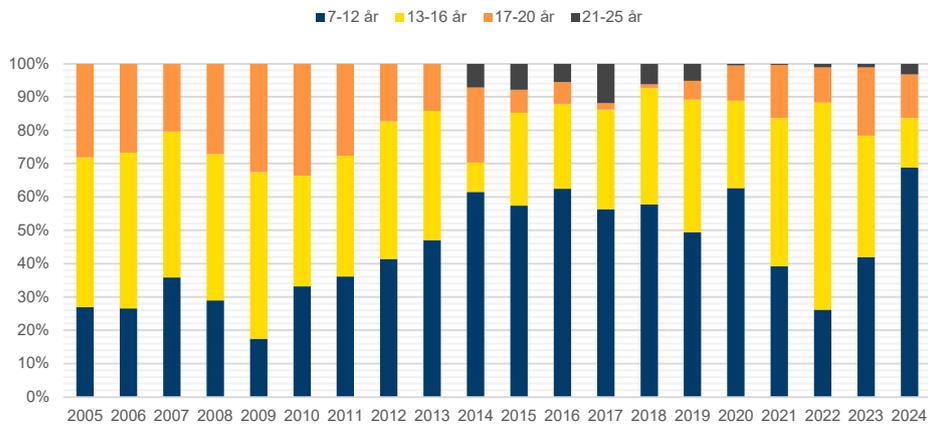


19. Rånäs OK

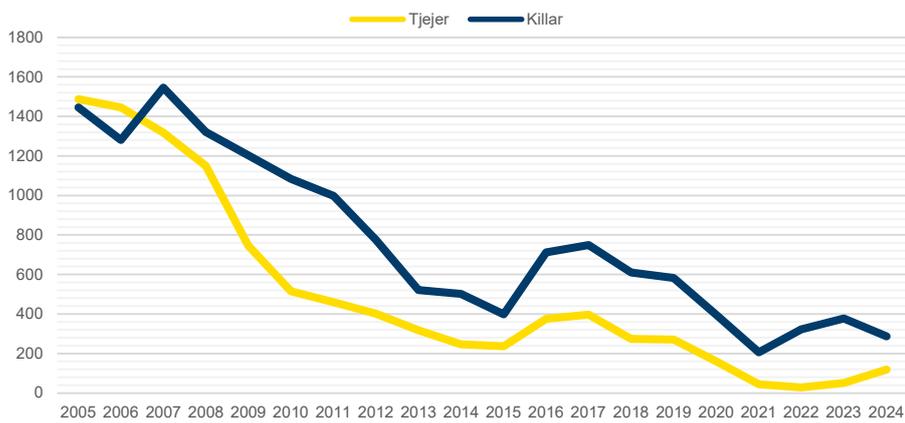




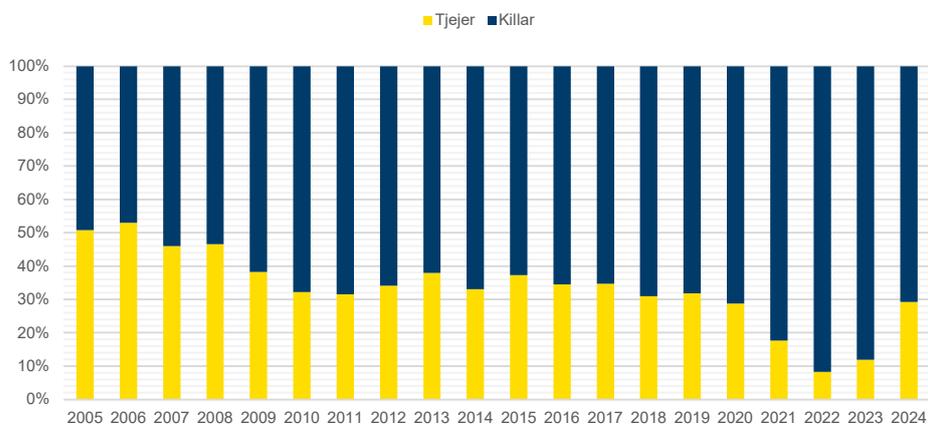
Åldersfördelning LOK-stöd, Rånäs OK

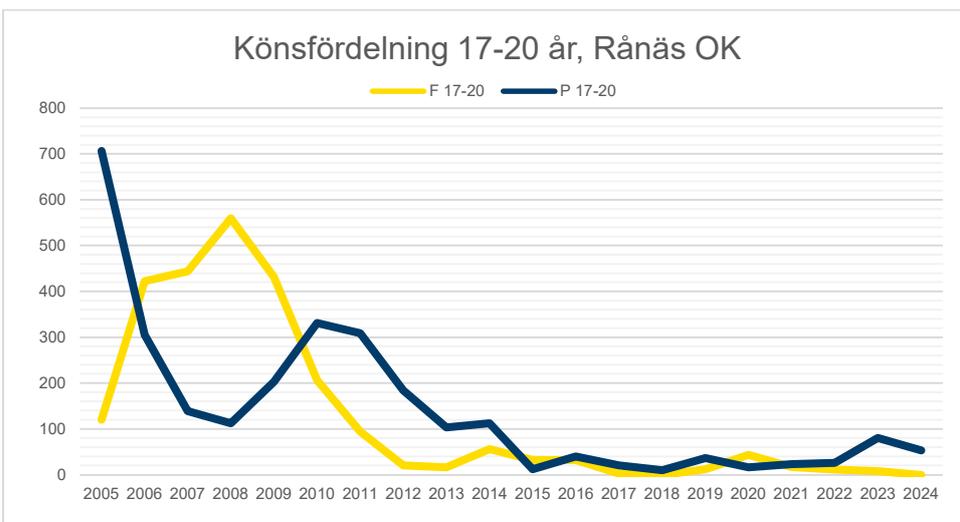
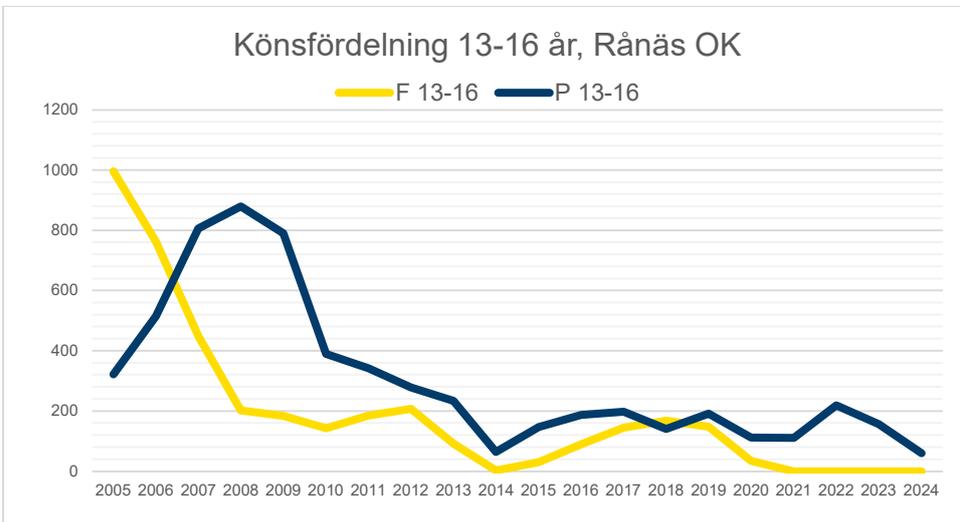
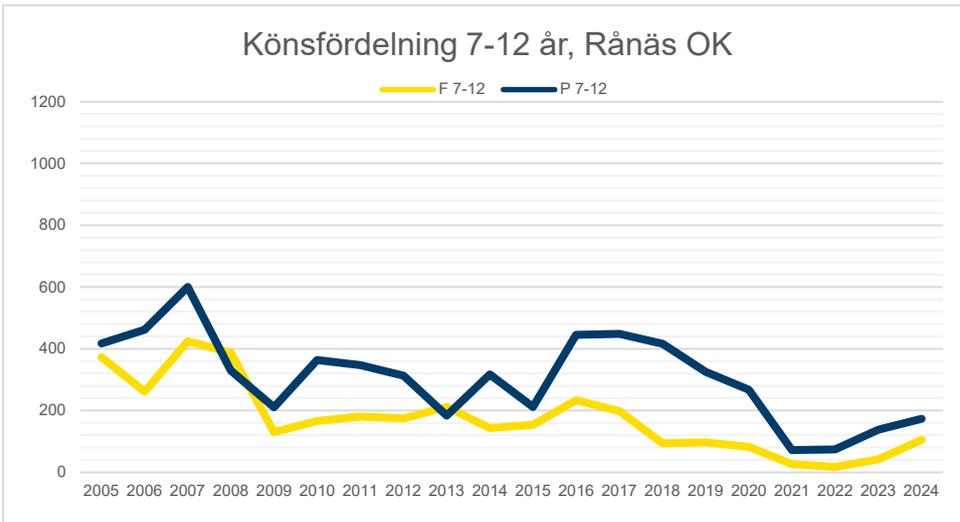


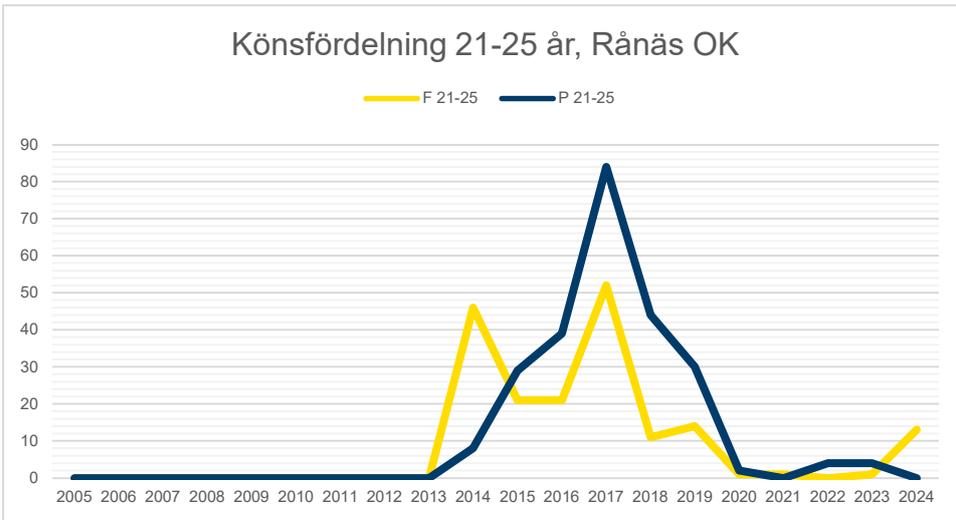
Könsfördelning LOK-stöd, Rånäs OK



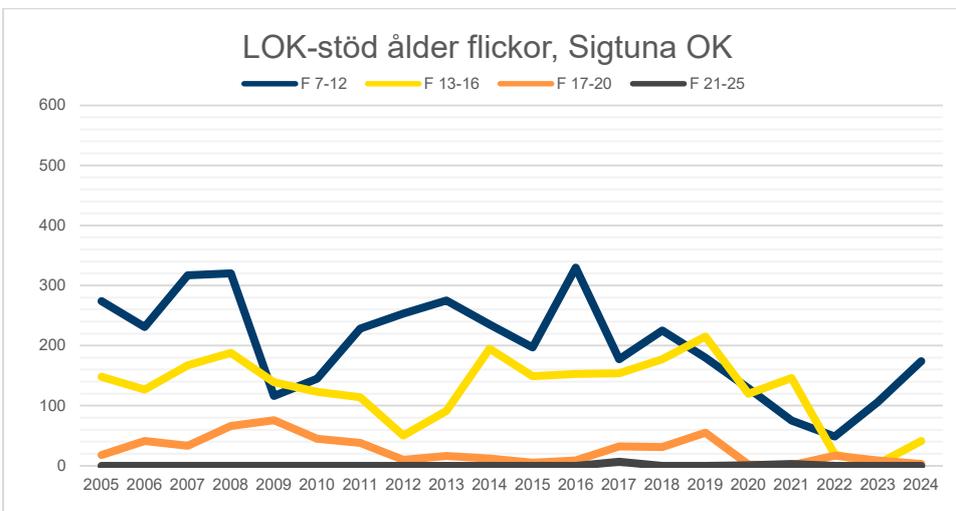
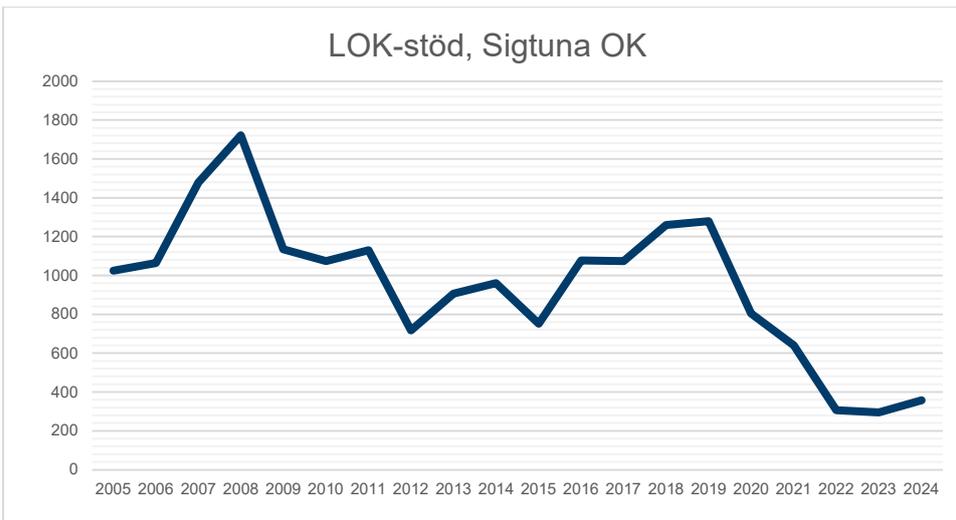
Könsfördelning LOK-stöd, Rånäs OK

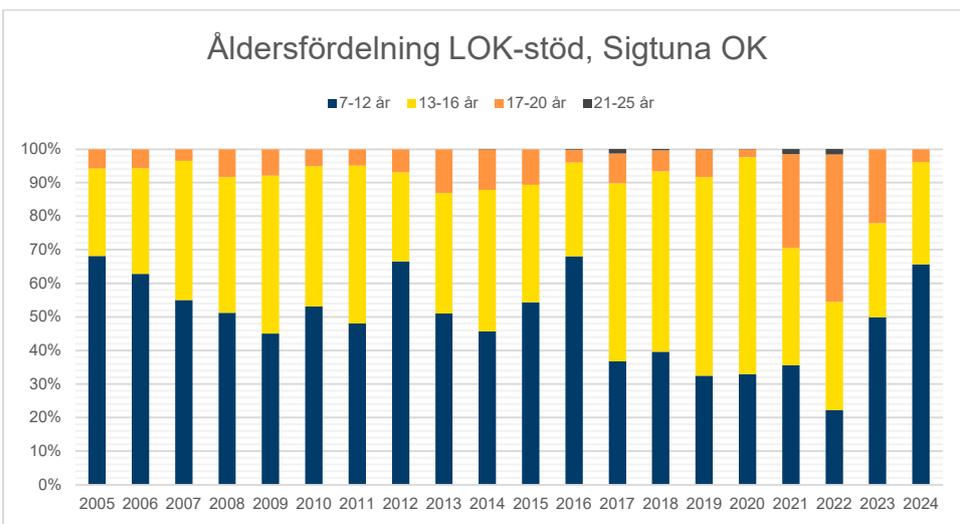
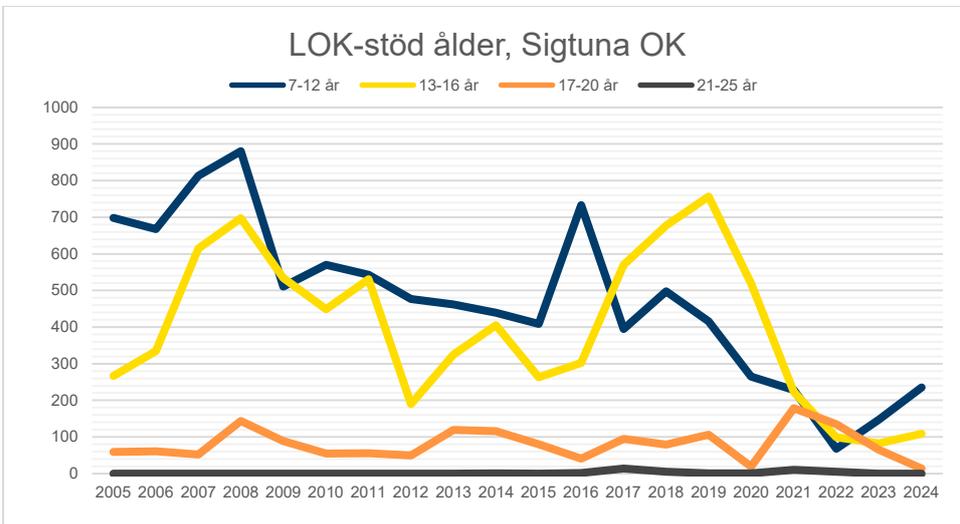
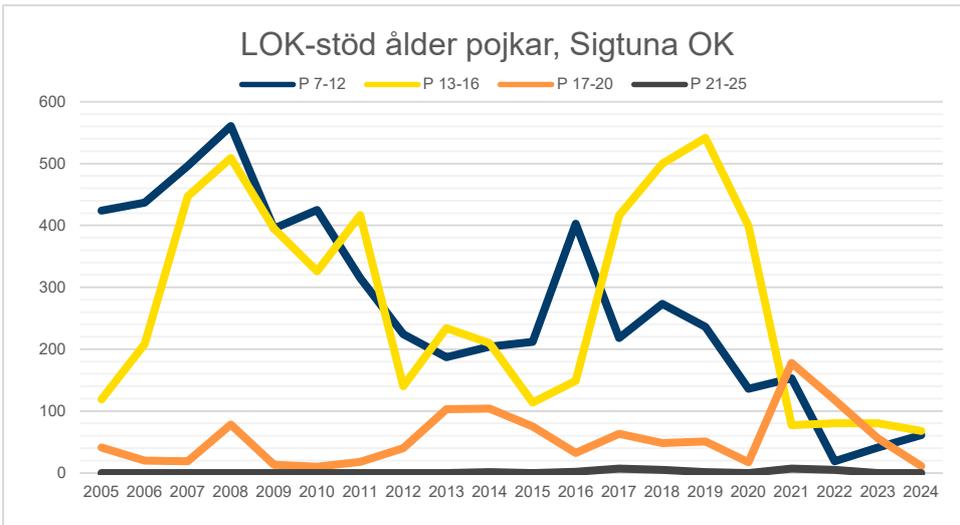




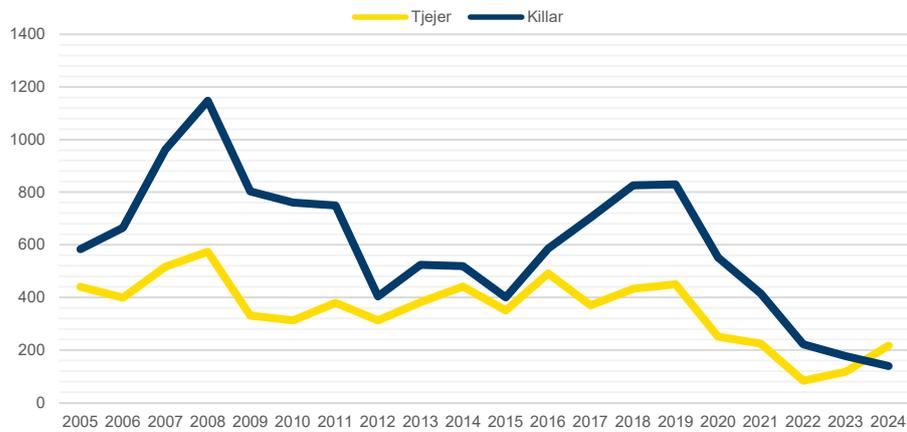


20. Sigtuna OK

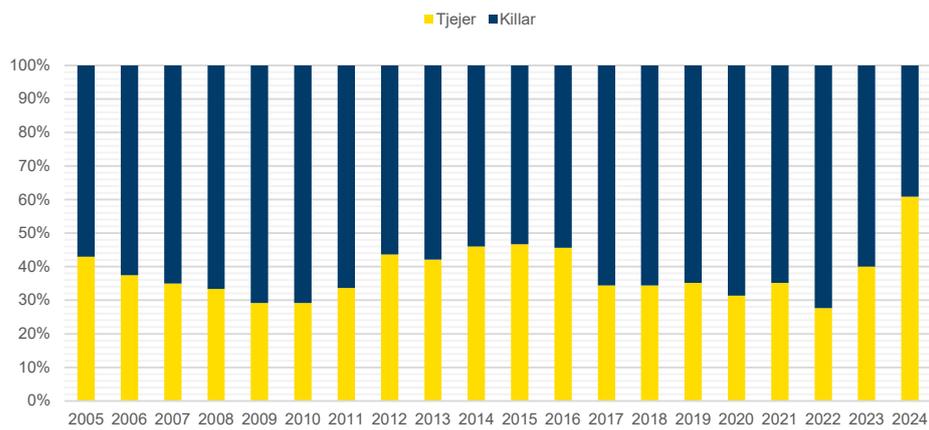




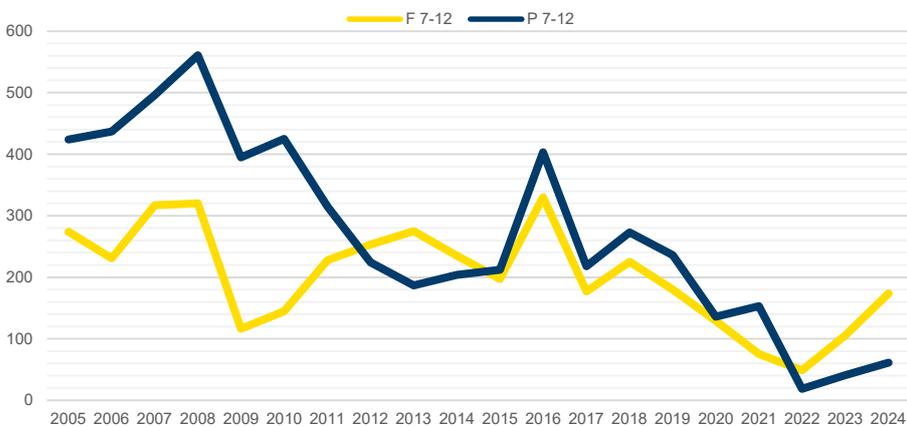
Könsfördelning LOK-stöd, Sigtuna OK



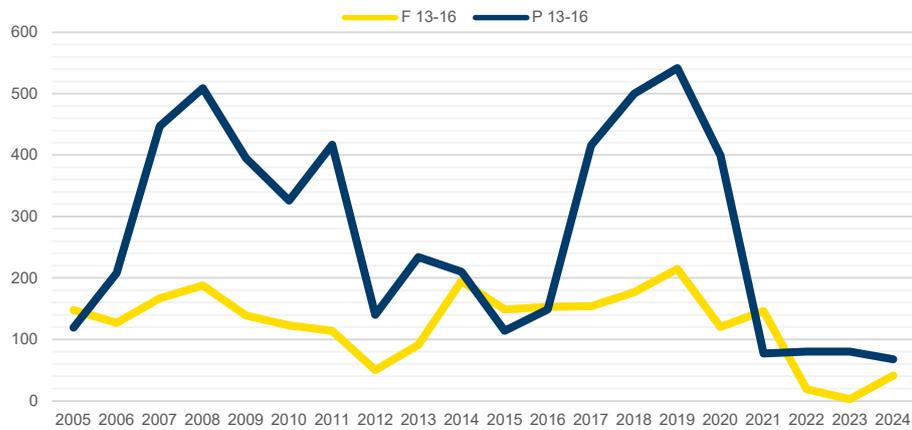
Könsfördelning LOK-stöd, Sigtuna OK



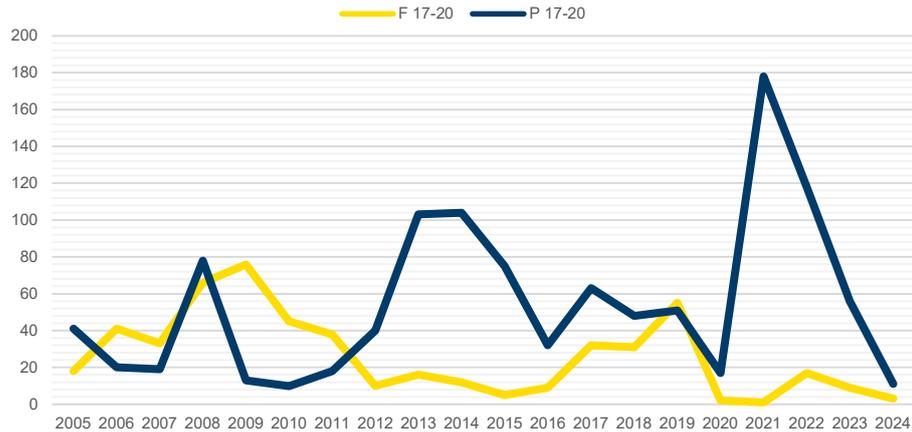
Könsfördelning 7-12 år, Sigtuna OK



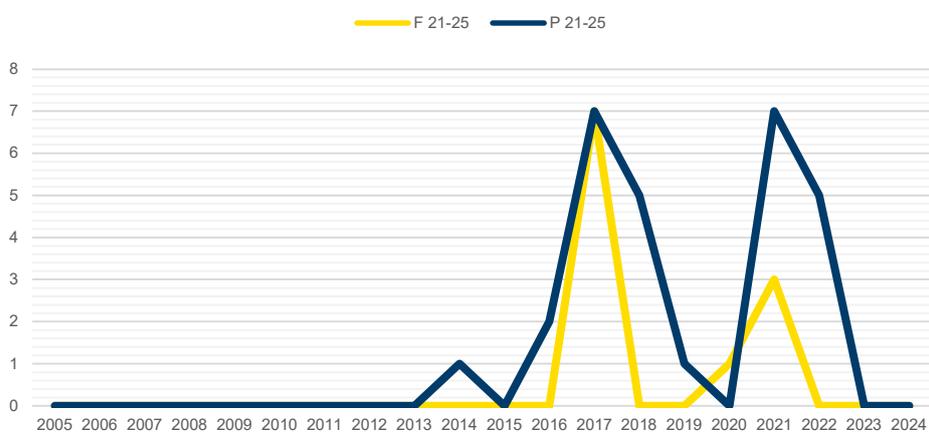
Könsfördelning 13-16 år, Sigtuna OK



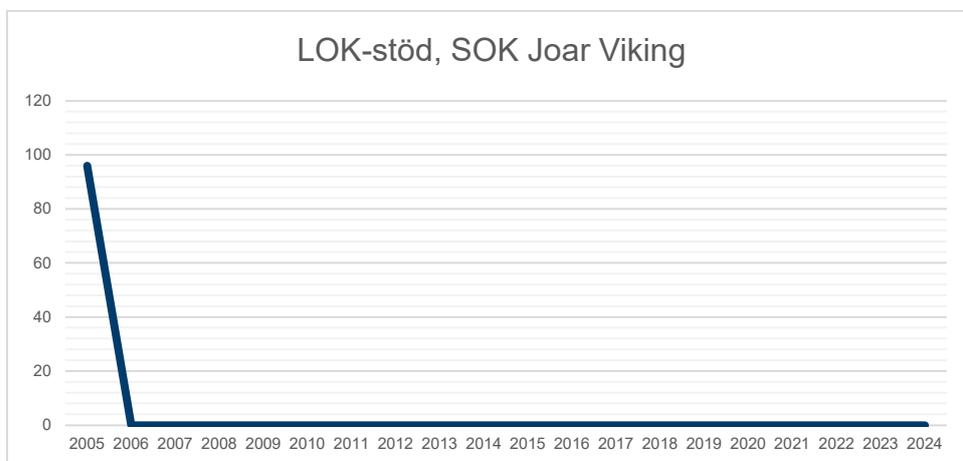
Könsfördelning 17-20 år, Sigtuna OK



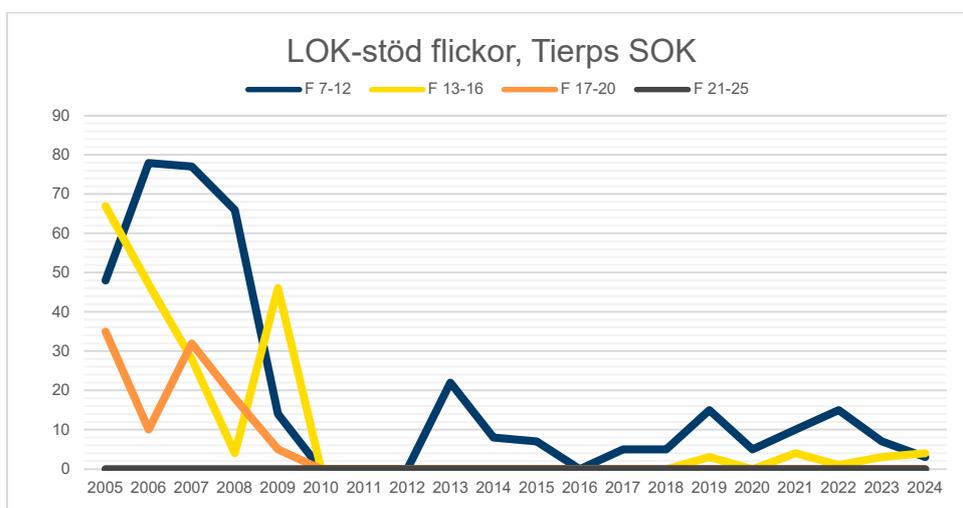
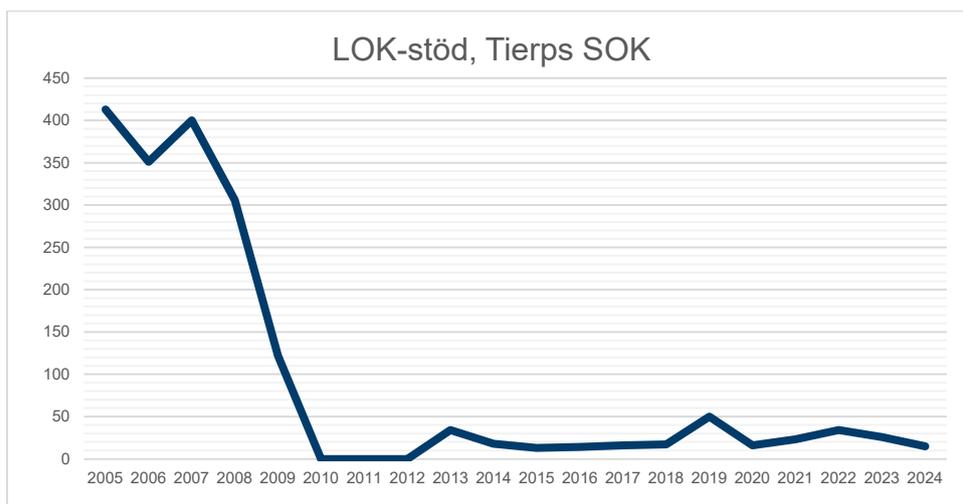
Könsfördelning 21-25 år, Sigtuna OK

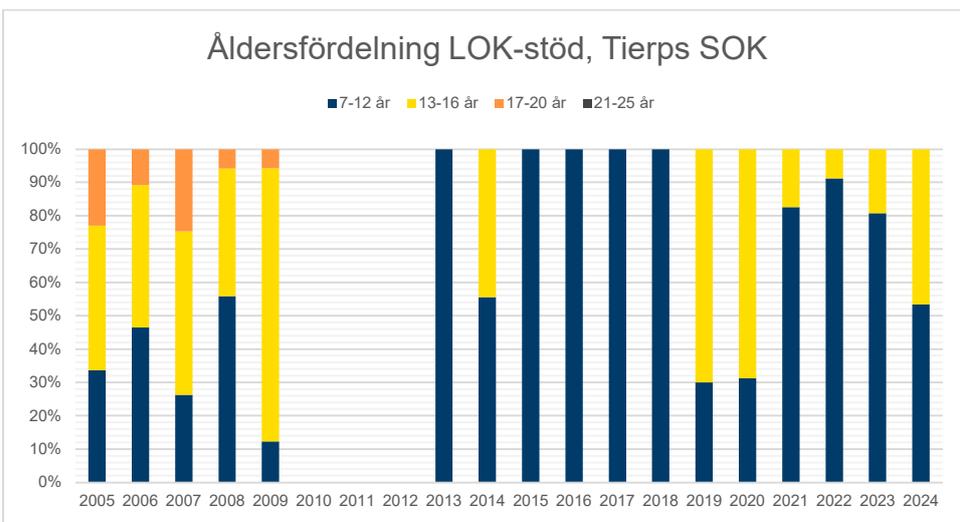
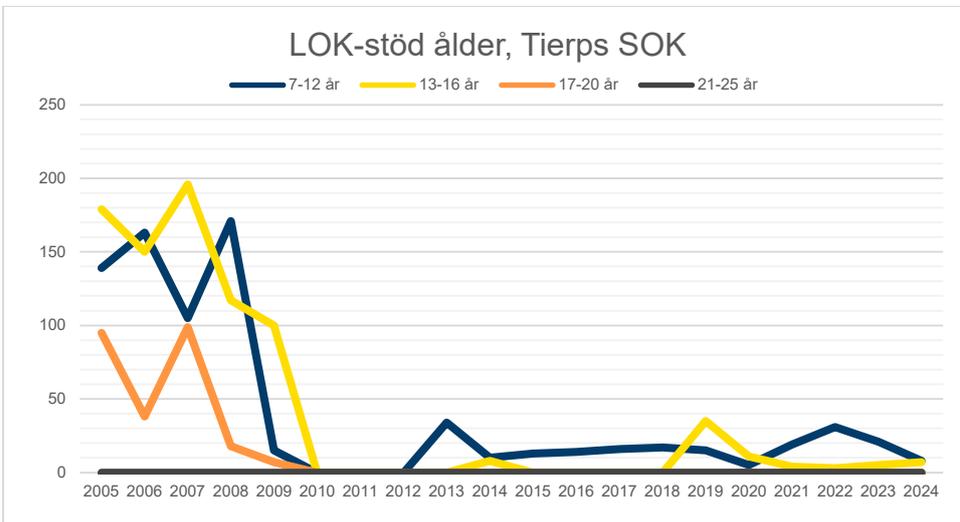
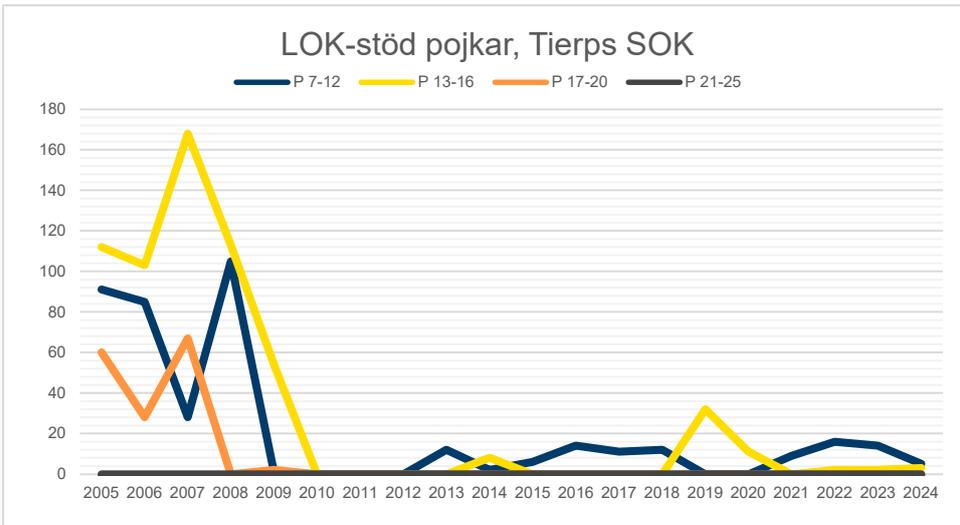


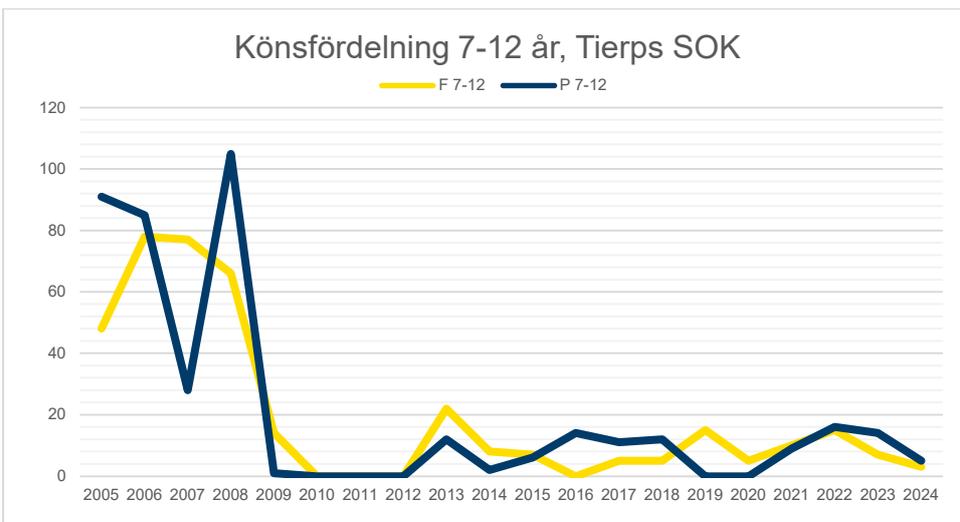
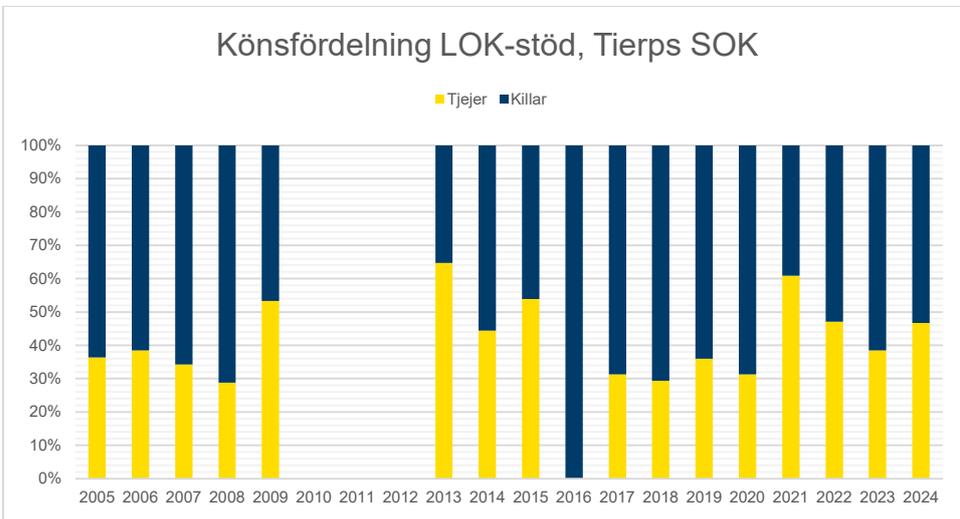
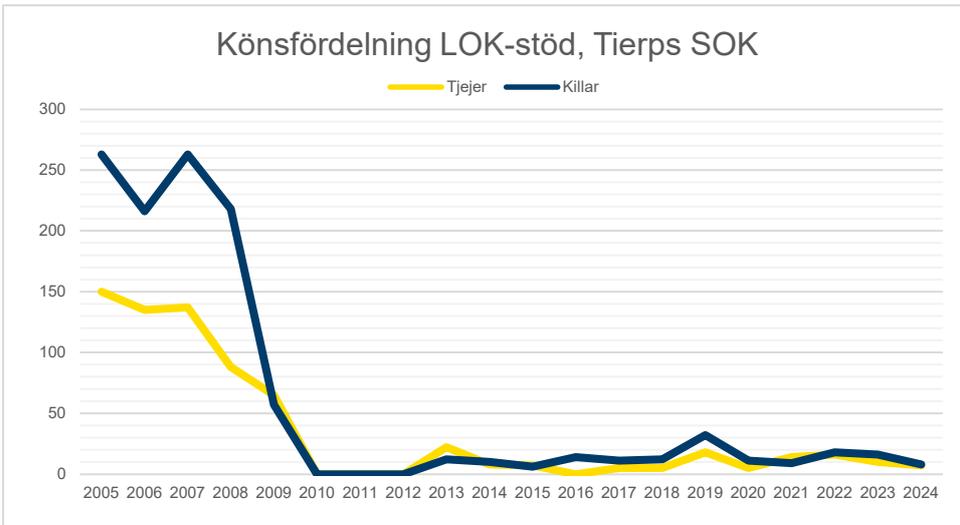
21. SOK Joar Viking

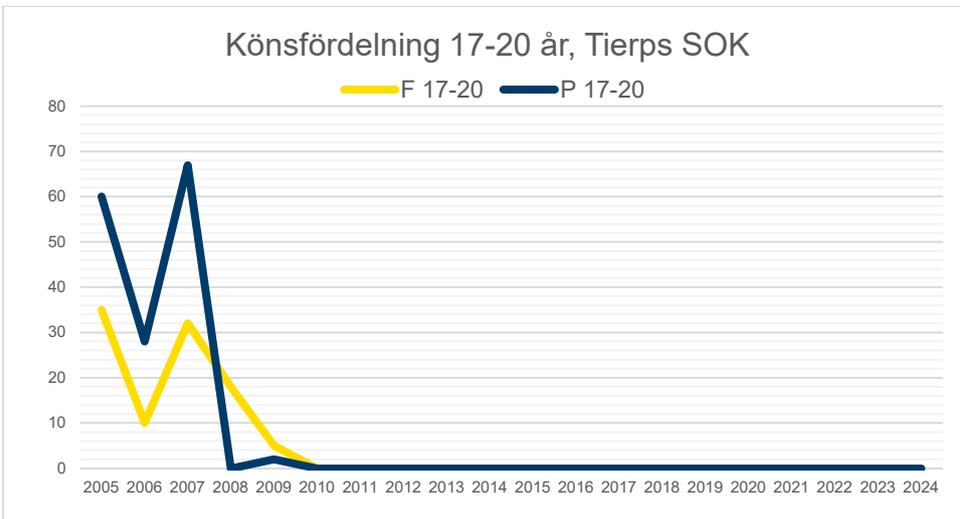
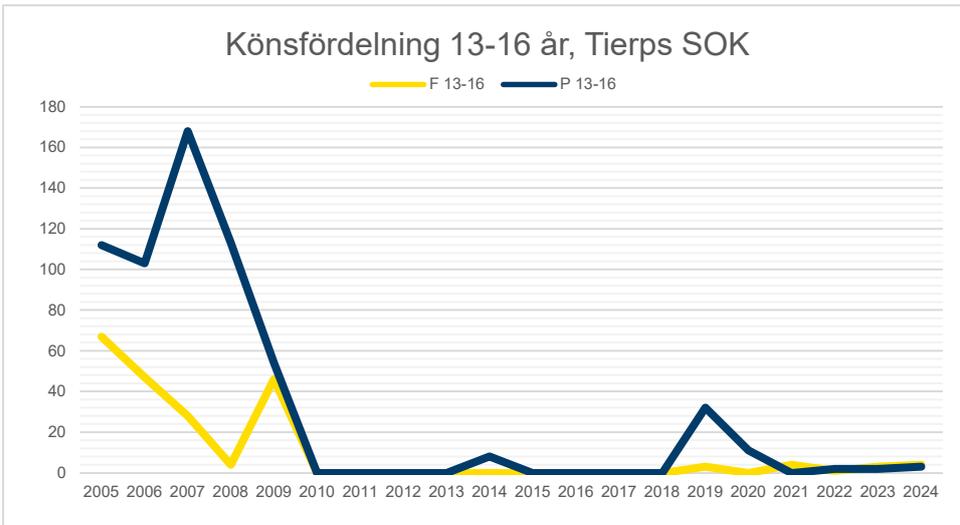


22. Tierps SOK

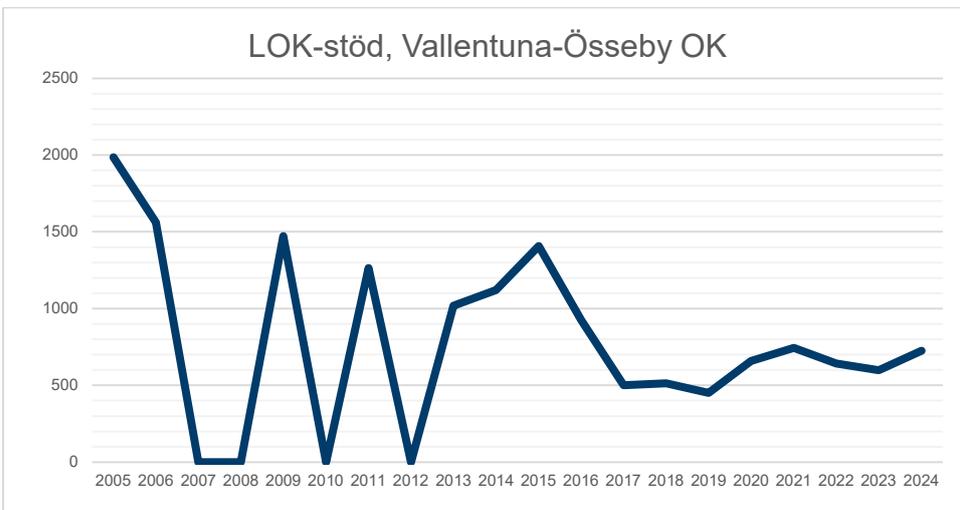




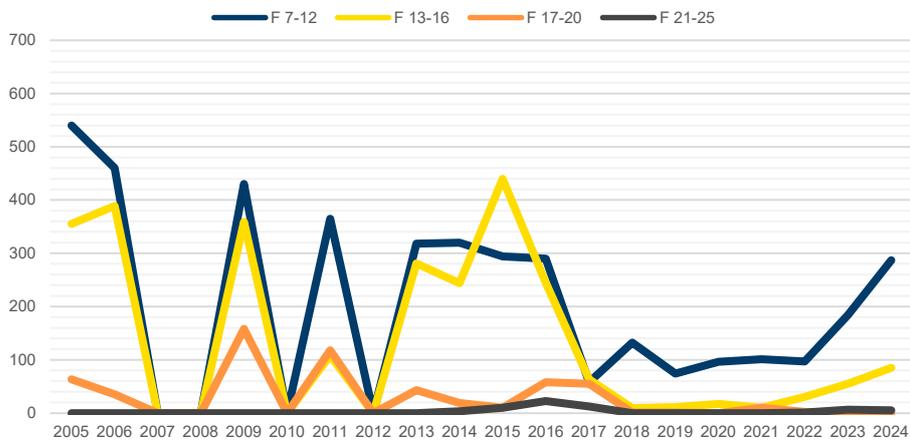




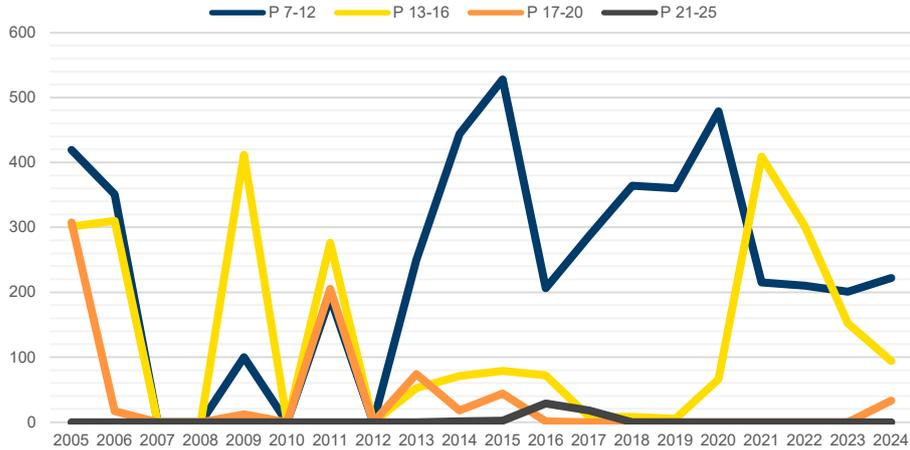
23. Vallentuna-Össeby OK



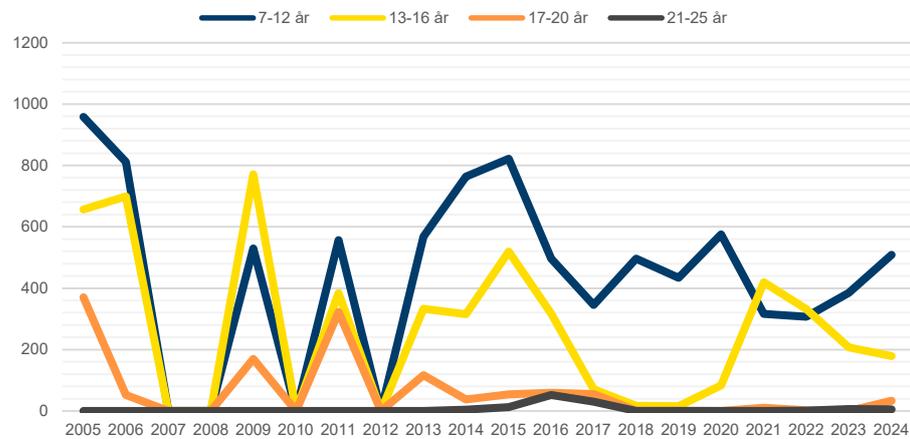
LOK-stöd flickor, Vallentuna-Össeby OK



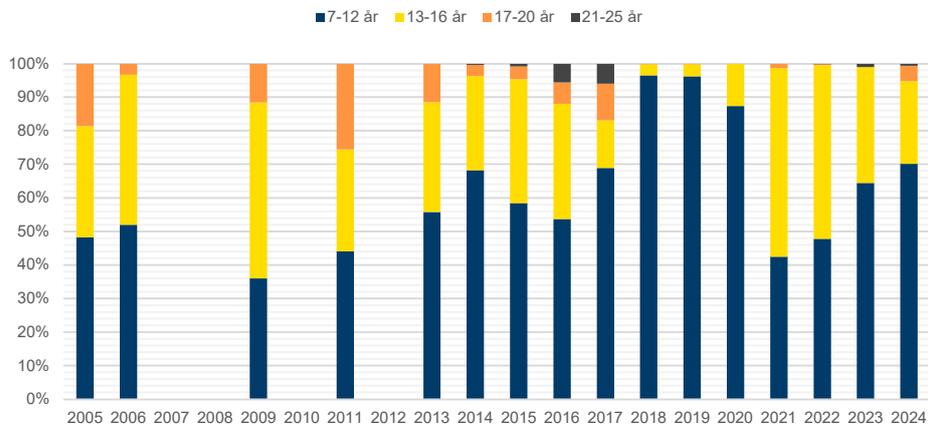
LOK-stöd pojkar, Vallentuna-Össeby OK



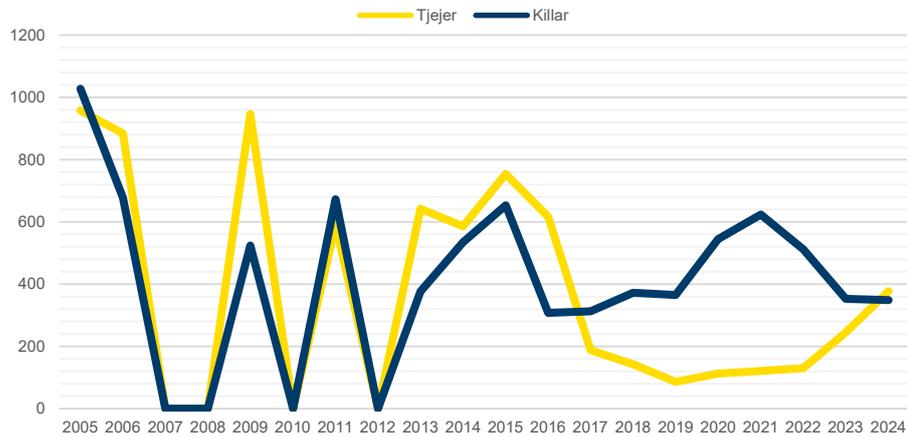
LOK-stöd ålder, Vallentuna-Össeby OK



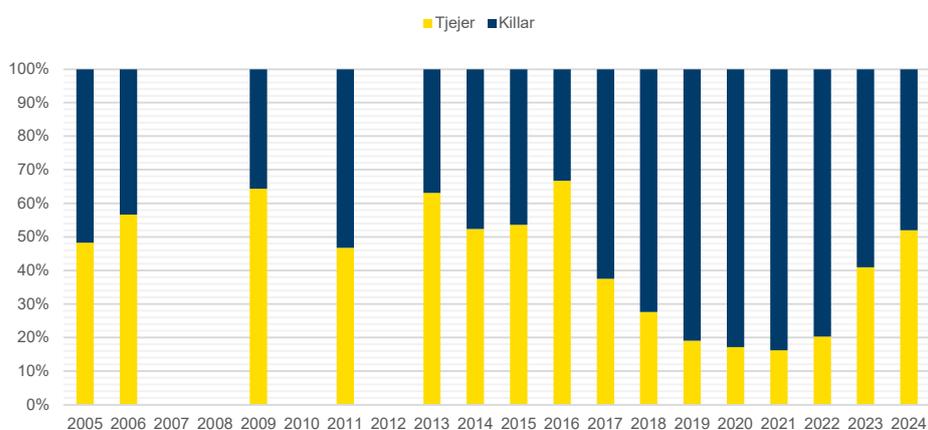
Åldersfördelning LOK-stöd, Vallentuna-Össeby OK



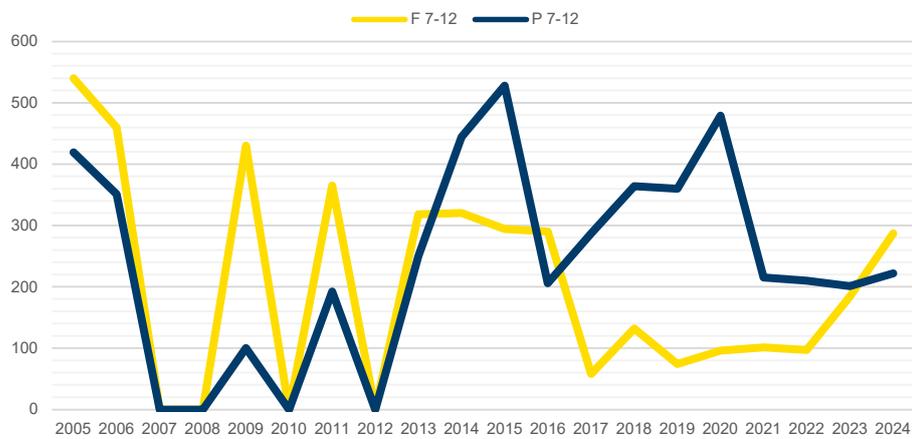
Könsfördelning LOK-stöd, Vallentuna-Össeby OK



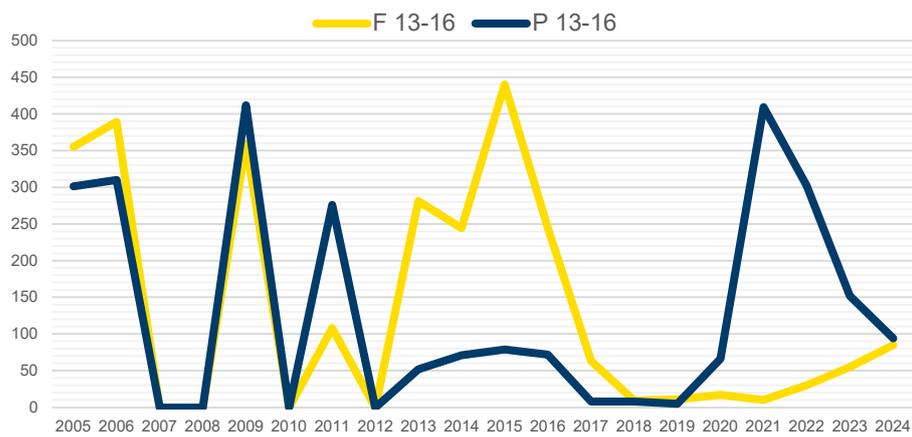
Könsfördelning LOK-stöd, Vallentuna-Össeby OK



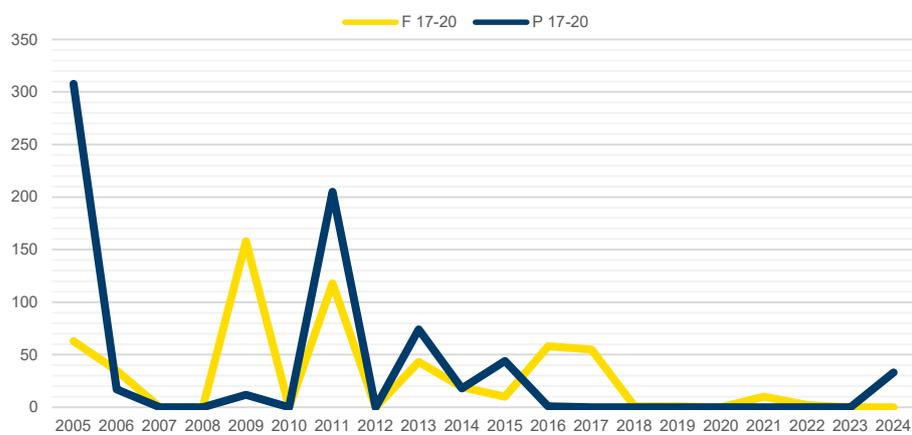
Könsfördelning 7-12 år, Vallentuna-Össeby OK



Könsfördelning 13-16 år, Vallentuna-Össeby OK



Könsfördelning 17-20 år, Vallentuna-Össeby OK



Könsfördelning 21-25 år, Vallentuna-Össeby OK

