

## AKTIVITETSKALENDER FÖR MEDELPADS OF 2024-04-01 - 2025-03-31

| Vecka        | Datum              | Tävling/Arrangemang               | Arrangör             | Distrikt         |
|--------------|--------------------|-----------------------------------|----------------------|------------------|
| 2024<br>v 14 | 01-apr             |                                   |                      |                  |
|              | 02-apr             |                                   |                      |                  |
|              | 03-apr             |                                   |                      |                  |
|              | 04-apr             |                                   |                      |                  |
|              | 05-apr             |                                   |                      |                  |
|              | 06-apr             |                                   |                      |                  |
|              | 07-apr             |                                   |                      |                  |
| 2024<br>v 15 | 08-apr             |                                   |                      |                  |
|              | 09-apr             |                                   |                      |                  |
|              | 10-apr             |                                   |                      |                  |
|              | 11-apr             |                                   |                      |                  |
|              | 12-apr             |                                   |                      |                  |
|              | 13-apr             |                                   |                      |                  |
|              | 14-apr             |                                   |                      |                  |
| 2024<br>v 16 | 15-apr             |                                   |                      |                  |
|              | 16-apr             |                                   |                      |                  |
|              | 17-apr             |                                   |                      |                  |
|              | 18-apr             | Run to the Hills 1                | Selånger SOK         |                  |
|              | 19-apr             |                                   |                      |                  |
|              | 20-apr             |                                   |                      |                  |
|              | 21-apr             |                                   |                      |                  |
| 2024<br>v 17 | 22-apr             |                                   |                      |                  |
|              | 23-apr             | Medelpad Runt #1                  | Sundsvalls OK        |                  |
|              | 24-apr             |                                   |                      |                  |
|              | 25-apr             | Run to the Hills 2                | Selånger SOK         |                  |
|              | 26-apr             |                                   |                      |                  |
|              | 27-apr             |                                   |                      |                  |
|              | 28-apr             |                                   |                      |                  |
| 2024<br>v 18 | 29-apr             |                                   |                      |                  |
|              | 30-apr             |                                   |                      |                  |
|              | 01-maj             | När-OL                            | Sundsvalls OK        |                  |
|              | 02-maj             | <b>Fyrsprinten 1</b>              | <b>Sundsvalls OK</b> |                  |
|              | 03-maj             |                                   |                      |                  |
|              | 04-maj             | Tiomila, Nynäshamn                |                      | Stockholm        |
| 05-maj       | Tiomila, Nynäshamn |                                   | Stockholm            |                  |
| 2024<br>v 19 | 06-maj             |                                   |                      |                  |
|              | 07-maj             | Medelpad Runt #2                  | Sundsvalls OK        |                  |
|              | 08-maj             |                                   |                      |                  |
|              | 09-maj             | Run to the Hills 3                | Selånger SOK         |                  |
|              | 10-maj             |                                   |                      |                  |
|              | 11-maj             | Sundsvall Trail/Roslagshelg, lång | SOK/OK Roslagen      | Medelpad/Uppland |
| 12-maj       | Roslagshelg, medel | OK Roslagen                       | Uppland              |                  |
| 2024<br>v 20 | 13-maj             |                                   |                      |                  |
|              | 14-maj             | Medelpad Runt #3                  | Sundsvalls OK        |                  |

|              |        |  |                                    |                             |
|--------------|--------|--|------------------------------------|-----------------------------|
|              | 15-maj |  |                                    |                             |
|              | 16-maj | VOL-1/Sommarserien #1                                    | VKU/NOK                            |                             |
|              | 17-maj | Tour de Medelpad, dag 1, sprint + DM, sprint, Medelpad   | Selånger SOK                       | Medelpad                    |
|              | 18-maj | Tour de Medelpad, dag 2, lång                            | Sundsvalls OK                      | Medelpad                    |
|              | 19-maj | Tour de Medelpad, dag 3, medel + DM, medel, Medelpad     | Sundsvalls OK                      | Medelpad                    |
| 2024<br>v 21 | 20-maj |  |                                    |                             |
|              | 21-maj | Medelpad Runt #4   | Sundsvalls OK                      |                             |
|              | 22-maj |  |                                    |                             |
|              | 23-maj | VOL-2/Run to the Hills 4                                 | NOK/SSOK                           |                             |
|              | 24-maj |  |                                    |                             |
|              | 25-maj | Faxträffen, dag 1, medel<br>Faxträffen, dag 1, sprint    | Ljusne-Ala OK,<br>Söderhamns OK    | Hälsingland                 |
|              | 26-maj | Faxträffen, dag 2, medel                                 | Ljusne-Ala OK,<br>Söderhamns OK    | Hälsingland                 |
| 2024<br>v 22 | 27-maj |  |                                    |                             |
|              | 28-maj | Medelpad Runt #5   | Sundsvalls OK                      |                             |
|              | 29-maj |  |                                    |                             |
|              | 30-maj | VOL-3/Sommarserien #2                                    | SOK/NOK                            |                             |
|              | 31-maj | Bussbysprinten   | Örnsköldsviks OK                   | Ångermanland                |
|              | 01-jun | Skogslöparnas nordiska, lång                             | Skogslöparna                       | Ångermanland                |
|              | 02-jun | Skogslöparnas nordiska, medel                            | Skogslöparna                       | Ångermanland                |
| 2024<br>v 23 | 03-jun |  |                                    |                             |
|              | 04-jun | Medelpad Runt #6   | Sundsvalls OK                      |                             |
|              | 05-jun |  |                                    |                             |
|              | 06-jun | MTBO, DM, lång, Ångermanland<br>Ösatriffen, dag 1, medel | OK Nolaskogsarna, Alfta-<br>Ösa OK | Ångermanland<br>Hälsingland |
|              | 07-jun | Ösatriffen, dag 2, lång                                  | Alfta-Ösa OK                       | Hälsingland                 |
|              | 08-jun | Ösatriffen, dag 3, medel                                 | Alfta-Ösa OK                       | Hälsingland                 |
|              | 09-jun | Ösatriffen, dag 4, lång                                  | Alfta-Ösa OK                       | Hälsingland                 |
| 2024<br>v 24 | 10-jun | Våruset  | Sundsvalls OK                      |                             |
|              | 11-jun | Medelpad Runt #7   | Sundsvalls OK                      |                             |
|              | 12-jun |  |                                    |                             |
|              | 13-jun | VOL-4/ <b>Fyrsprinten 2</b>                              | SSOK/ <b>Selånger SOK</b>          |                             |
|              | 14-jun |  |                                    |                             |
|              | 15-jun |  |                                    |                             |
|              | 16-jun | När-OL   | VK Uvarna                          |                             |
| 2024<br>v 25 | 17-jun |  |                                    |                             |
|              | 18-jun | Medelpad Runt #8   | Sundsvalls OK                      |                             |
|              | 19-jun | Sommarserien #3  | Njurunda OK                        |                             |
|              | 20-jun |  |                                    |                             |
|              | 21-jun |  |                                    |                             |
|              | 22-jun |  |                                    |                             |
|              | 23-jun |  |                                    |                             |
| 2024<br>v 26 | 24-jun |  |                                    |                             |
|              | 25-jun |  |                                    |                             |
|              | 26-jun |  |                                    |                             |
|              | 27-jun | VOL-5/Run to the Hills 5                                 | TSOK/SSOK                          |                             |
|              | 28-jun |  |                                    |                             |
|              | 29-jun |  |                                    |                             |

|              |  |                                     |                        |                     |
|--------------|--|-------------------------------------|------------------------|---------------------|
|              | 30-jun   |                                     |                        |                     |
| 2024<br>v 27 | 01-jul   |                                     |                        |                     |
|              | 02-jul   |                                     |                        |                     |
|              | 03-jul   |                                     |                        |                     |
|              | 04-jul   | Sommarserien #4                     | Njurunda OK            |                     |
|              | 05-jul   | Årefjällens 3-dagars, dag 1, sprint | Frösö IF/Östersunds OK | Jämtland-Härjedalen |
|              | 06-jul   | Årefjällens 3-dagars, dag 2, medel  | Frösö IF/Östersunds OK | Jämtland-Härjedalen |
|              | 07-jul   | Årefjällens 3-dagars, dag 3, lång   | Frösö IF/Östersunds OK | Jämtland-Härjedalen |
| 2024<br>v 28 | 08-jul   |                                     |                        |                     |
|              | 09-jul   |                                     |                        |                     |
|              | 10-jul   |                                     |                        |                     |
|              | 11-jul   | Sommarserien #5                     | Njurunda OK            |                     |
|              | 12-jul   |                                     |                        |                     |
|              | 13-jul   |                                     |                        |                     |
|              | 14-jul   |                                     |                        |                     |
| 2024<br>v 29 | 15-jul   |                                     |                        |                     |
|              | 16-jul   |                                     |                        |                     |
|              | 17-jul   |                                     |                        |                     |
|              | 18-jul   | Sommarserien #6                     | Njurunda OK            |                     |
|              | 19-jul   |                                     |                        |                     |
|              | 20-jul   |                                     |                        |                     |
|              | 21-jul   |                                     |                        |                     |
| 2024<br>v 30 | 22-jul   | O-Ringen Smålandskusten             |                        | Småland             |
|              | 23-jul   | O-Ringen Smålandskusten             |                        | Småland             |
|              | 24-jul   | O-Ringen Aktivitetsdag              |                        |                     |
|              | 25-jul   | O-Ringen Smålandskusten             |                        | Småland             |
|              | 26-jul   | O-Ringen Smålandskusten             |                        | Småland             |
|              | 27-jul   | O-Ringen Smålandskusten             |                        | Småland             |
|              | 28-jul   |                                     |                        |                     |
| 2024<br>v 31 | 29-jul   |                                     |                        |                     |
|              | 30-jul   |                                     |                        |                     |
|              | 31-jul   |                                     |                        |                     |
|              | 01-aug   |                                     |                        |                     |
|              | 02-aug   | Ungdomens Tiomila                   |                        | Västergötland       |
|              | 03-aug   | Ungdomens Tiomila                   |                        | Västergötland       |
| 2024<br>v 32 | 04-aug   |                                     |                        |                     |
|              | 05-aug   |                                     |                        |                     |
|              | 06-aug   |                                     |                        |                     |
|              | 07-aug   |                                     |                        |                     |
|              | 08-aug   | VOL-6/Run to the Hills 6            | SOK/SSOK               |                     |
|              | 09-aug   | Norrlandsmästerskapen, sprint       | IFK Umeå               | Västerbotten        |
|              | 10-aug   | Norrlandsmästerskapen, lång         | IFK Umeå               | Västerbotten        |
| 11-aug       | Norrlandsmästerskapen, medel<br>Norrlandsmästerskapen, stafett | IFK Umeå                            | Västerbotten           |                     |
| 2024<br>v 33 | 12-aug   |                                     |                        |                     |
|              | 13-aug   | Medelpad Runt #9                    | Sundsvalls OK          |                     |
|              | 14-aug   |                                     |                        |                     |

|              |        |   |                                  |                         |
|--------------|--------|---|----------------------------------|-------------------------|
|              | 15-aug | VOL-7/Sommarserien #7   | KIF/NOK                          |                         |
|              | 16-aug |   |                                  |                         |
|              | 17-aug | DM, lång, Ångermanland + Medelpad   | Medelpads OF<br>OK Nolaskogsarna | Ångermanland            |
|              | 18-aug | DM, stafett, Ångermanland + Medelpad<br>DM, stafett, Ångermanland + Medelpad,<br>individuella öppna klasser | Medelpads OF<br>OK Nolaskogsarna | Ångermanland            |
| 2024<br>v 34 | 19-aug |   |                                  |                         |
|              | 20-aug | Medelpad Runt #10   | Sundsvalls OK                    |                         |
|              | 21-aug |   |                                  |                         |
|              | 22-aug | VOL-8/Run to the Hills 7  | VKU/SSOK                         |                         |
|              | 23-aug |   |                                  |                         |
|              | 24-aug |   |                                  |                         |
|              | 25-aug |   |                                  |                         |
| 2024<br>v 35 | 26-aug |   |                                  |                         |
|              | 27-aug | Blodomloppet  | Sundsvalls OK                    |                         |
|              | 28-aug |   |                                  |                         |
|              | 29-aug | VOL-9/ <b>Fyrsprinten 3</b>   | Hudiksvall/ <b>Njurunda OK</b>   |                         |
|              | 30-aug | Ungdoms-SM, sprint  | Härnösands OK                    | Ångermanland            |
|              | 31-aug | Ungdoms-SM, lång  | Härnösands OK                    | Ångermanland            |
|              | 01-sep | Ungdoms-SM, distriktsstafett  | Härnösands OK                    | Ångermanland            |
| 2024<br>v 36 | 02-sep |   |                                  |                         |
|              | 03-sep | Medelpad Runt #11   | Sundsvalls OK                    |                         |
|              | 04-sep |   |                                  |                         |
|              | 05-sep | VOL-10/Run to the Hills 8   | SOK/SSOK                         |                         |
|              | 06-sep |   |                                  |                         |
|              | 07-sep | Kuxaträffen, medel  | Ockelbo OK                       | Gästrikland             |
|              | 08-sep | Stöcksjö IS, medel  | Stöcksjö IS                      | Västerbotten            |
| 2024<br>v 37 | 09-sep |   |                                  |                         |
|              | 10-sep | Medelpad Runt #12   | Sundsvalls OK                    |                         |
|              | 11-sep |   |                                  |                         |
|              | 12-sep | VOL-11/ <b>Fyrsprinten 4</b>  | SSOK/ <b>Timrå SOK</b>           |                         |
|              | 13-sep |   |                                  |                         |
|              | 14-sep |   |                                  |                         |
|              | 15-sep |   |                                  |                         |
| 2024<br>v 38 | 16-sep |   |                                  |                         |
|              | 17-sep | Medelpad Runt #13   | Sundsvalls OK                    |                         |
|              | 18-sep |   |                                  |                         |
|              | 19-sep | VOL-12/Run to the Hills 9   | SOK/SSOK                         |                         |
|              | 20-sep |   |                                  |                         |
|              | 21-sep | Loffelunken med ungdomsserien #8  | Östersunds OK                    | Jämtland-<br>Härjedalen |
|              | 22-sep | Älgjakten   | Frösö IF                         | Jämtland-<br>Härjedalen |
| 2024<br>v 39 | 23-sep |   |                                  |                         |
|              | 24-sep | Medelpad Runt #14   | Sundsvalls OK                    |                         |
|              | 25-sep |   |                                  |                         |
|              | 26-sep | VOL-13<br>DM, natt, Medelpad  | Timrå SOK<br>Njurunda OK         | Medelpad                |
|              | 27-sep |   |                                  |                         |

|              |              |                            |                                   |              |
|--------------|--------------|----------------------------|-----------------------------------|--------------|
|              | 28-sep       |                            |                                   |              |
|              | 29-sep       | Midälvstafetten            | Njurunda OK                       | Medelpad     |
| 2024<br>v 40 | 30-sep       |                            |                                   |              |
|              | 01-okt       |                            |                                   |              |
|              | 02-okt       |                            |                                   |              |
|              | 03-okt       | När-OL, natt               | Sundsvalls OK                     |              |
|              | 04-okt       |                            |                                   |              |
|              | 05-okt       | Kolmårdsträffen, medel     | Tjalve OK                         | Östergötland |
|              | 06-okt       | Kolmårdsträffen, lång      | Tjalve OK                         | Östergötland |
|              | 2024<br>v 41 | 07-okt                     |                                   |              |
| 08-okt       |              |                            |                                   |              |
| 09-okt       |              | Skol-DM                    | Sundsvalls OK                     |              |
| 10-okt       |              | När-OL, natt               | Sundsvalls OK                     |              |
| 11-okt       |              |                            |                                   |              |
| 12-okt       |              | 25-manna                   | Haninge SOK, OK<br>Ravinen        | Stockholm    |
| 13-okt       |              | 25-mannamedeln             | Haninge SOK, OK<br>Ravinen        | Stockholm    |
| 2024<br>v 42 | 14-okt       |                            |                                   |              |
|              | 15-okt       |                            |                                   |              |
|              | 16-okt       |                            |                                   |              |
|              | 17-okt       | Nattmackan                 | Selånger SOK                      |              |
|              | 18-okt       |                            |                                   |              |
|              | 19-okt       | Daladubbeln, stafett       | Karlsbyheden, OK Kåre,<br>Korsnäs | Dalarna      |
|              | 20-okt       | Daladubbeln, patrull       | Karlsbyheden, OK Kåre,<br>Korsnäs | Dalarna      |
| 2024<br>v 43 | 21-okt       |                            |                                   |              |
|              | 22-okt       |                            |                                   |              |
|              | 23-okt       | MOF Nattcup #1             | VK Uvarna                         |              |
|              | 24-okt       |                            |                                   |              |
|              | 25-okt       |                            |                                   |              |
|              | 26-okt       | Rodhenloppet, patrull natt | OK Rodhen                         | Uppland      |
|              | 27-okt       | Oktoberacet, medel         | OK Enen                           | Uppland      |
| 2024<br>v 44 | 28-okt       |                            |                                   |              |
|              | 29-okt       |                            |                                   |              |
|              | 30-okt       |                            |                                   |              |
|              | 31-okt       |                            |                                   |              |
|              | 01-nov       |                            |                                   |              |
|              | 02-nov       |                            |                                   |              |
|              | 03-nov       |                            |                                   |              |
| 2024<br>v 45 | 04-nov       |                            |                                   |              |
|              | 05-nov       |                            |                                   |              |
|              | 06-nov       | MOF Nattcup #2             | Kovlands IF                       |              |
|              | 07-nov       |                            |                                   |              |
|              | 08-nov       |                            |                                   |              |
|              | 09-nov       | 47:e Höknatten             | Hökens IF                         |              |
|              | 10-nov       |                            |                                   |              |
| 2024<br>v 46 | 11-nov       |                            |                                   |              |
|              | 12-nov       |                            |                                   |              |
|              | 13-nov       | Vintercupen 1              | Sundsvalls OK                     |              |

|              |        |                     |               |  |
|--------------|--------|---------------------|---------------|--|
|              | 14-nov |                     |               |  |
|              | 15-nov |                     |               |  |
|              | 16-nov |                     |               |  |
|              | 17-nov |                     |               |  |
| 2024<br>v 47 | 18-nov |                     |               |  |
|              | 19-nov |                     |               |  |
|              | 20-nov | MOF Nattcup #3      | Sundsvalls OK |  |
|              | 21-nov |                     |               |  |
|              | 22-nov |                     |               |  |
|              | 23-nov |                     |               |  |
|              | 24-nov |                     |               |  |
| 2024<br>v 48 | 25-nov |                     |               |  |
|              | 26-nov |                     |               |  |
|              | 27-nov | Vintercupen 2       | Sundsvalls OK |  |
|              | 28-nov |                     |               |  |
|              | 29-nov |                     |               |  |
|              | 30-nov | Adventstöpet        | Selånger SOK  |  |
|              | 01-dec |                     |               |  |
| 2024<br>v 49 | 02-dec |                     |               |  |
|              | 03-dec |                     |               |  |
|              | 04-dec | MOF Nattcup #4      | Njurunda OK   |  |
|              | 05-dec |                     |               |  |
|              | 06-dec |                     |               |  |
|              | 07-dec |                     |               |  |
|              | 08-dec |                     |               |  |
| 2024<br>v 50 | 09-dec |                     |               |  |
|              | 10-dec |                     |               |  |
|              | 11-dec | Vintercupen 3       | Sundsvalls OK |  |
|              | 12-dec |                     |               |  |
|              | 13-dec |                     |               |  |
|              | 14-dec |                     |               |  |
|              | 15-dec |                     |               |  |
| 2024<br>v 51 | 16-dec |                     |               |  |
|              | 17-dec |                     |               |  |
|              | 18-dec | MOF Nattcup #5      | Sundsvalls OK |  |
|              | 19-dec |                     |               |  |
|              | 20-dec |                     |               |  |
|              | 21-dec |                     |               |  |
|              | 22-dec |                     |               |  |
| 2024<br>v 52 | 23-dec |                     |               |  |
|              | 24-dec | <i>Julafton</i>     |               |  |
|              | 25-dec | <i>Juldagen</i>     |               |  |
|              | 26-dec | <i>Annandag jul</i> |               |  |
|              | 27-dec |                     |               |  |
|              | 28-dec |                     |               |  |
|              | 29-dec |                     |               |  |
| 2025<br>v 1  | 30-dec |                     |               |  |
|              | 31-dec | <i>Nyårsafton</i>   |               |  |
|              | 01-jan | <i>Nyårsdagen</i>   |               |  |
|              | 02-jan | MOF SkidO-Cup nr 1  | Medelpads OF  |  |

|             |        |                    |               |  |
|-------------|--------|--------------------|---------------|--|
|             | 03-jan |                    |               |  |
|             | 04-jan |                    |               |  |
|             | 05-jan |                    |               |  |
| 2025<br>v 2 | 06-jan |                    |               |  |
|             | 07-jan |                    |               |  |
|             | 08-jan | MOF SkidO-Cup nr 2 | Medelpads OF  |  |
|             | 09-jan |                    |               |  |
|             | 10-jan |                    |               |  |
|             | 11-jan |                    |               |  |
|             | 12-jan |                    |               |  |
| 2025<br>v 3 | 13-jan |                    |               |  |
|             | 14-jan |                    |               |  |
|             | 15-jan | MOF Nattcup #6     | Selånger SOK  |  |
|             | 16-jan |                    |               |  |
|             | 17-jan |                    |               |  |
|             | 18-jan |                    |               |  |
|             | 19-jan |                    |               |  |
| 2025<br>v 4 | 20-jan |                    |               |  |
|             | 21-jan |                    |               |  |
|             | 22-jan | MOF SkidO-Cup nr 3 | Medelpads OF  |  |
|             | 23-jan |                    |               |  |
|             | 24-jan |                    |               |  |
|             | 25-jan |                    |               |  |
|             | 26-jan |                    |               |  |
| 2025<br>v 5 | 27-jan |                    |               |  |
|             | 28-jan |                    |               |  |
|             | 29-jan | MOF Nattcup #7     | Sundsvalls OK |  |
|             | 30-jan |                    |               |  |
|             | 31-jan |                    |               |  |
|             | 01-feb |                    |               |  |
|             | 02-feb |                    |               |  |
| 2025<br>v 6 | 03-feb |                    |               |  |
|             | 04-feb |                    |               |  |
|             | 05-feb | MOF SkidO-Cup nr 4 | Medelpads OF  |  |
|             | 06-feb |                    |               |  |
|             | 07-feb |                    |               |  |
|             | 08-feb |                    |               |  |
|             | 09-feb |                    |               |  |
| 2025<br>v 7 | 10-feb |                    |               |  |
|             | 11-feb |                    |               |  |
|             | 12-feb | MOF Nattcup #8     | Sundsvalls OK |  |
|             | 13-feb |                    |               |  |
|             | 14-feb |                    |               |  |
|             | 15-feb |                    |               |  |
|             | 16-feb |                    |               |  |
| 2025<br>v 8 | 17-feb |                    |               |  |
|             | 18-feb |                    |               |  |
|             | 19-feb | MOF SkidO-Cup nr 5 | Medelpads OF  |  |
|             | 20-feb |                    |               |  |
|             | 21-feb |                    |               |  |

|              |              |                    |              |  |
|--------------|--------------|--------------------|--------------|--|
|              | 22-feb       |                    |              |  |
|              | 23-feb       |                    |              |  |
| 2025<br>v 9  | 24-feb       |                    |              |  |
|              | 25-feb       |                    |              |  |
|              | 26-feb       |                    |              |  |
|              | 27-feb       |                    |              |  |
|              | 28-feb       |                    |              |  |
|              | 01-mar       |                    |              |  |
|              | 02-mar       |                    |              |  |
|              | 2025<br>v 10 | 03-mar             |              |  |
| 04-mar       |              |                    |              |  |
| 05-mar       |              |                    |              |  |
| 06-mar       |              |                    |              |  |
| 07-mar       |              |                    |              |  |
| 08-mar       |              |                    |              |  |
| 09-mar       |              |                    |              |  |
| 2025<br>v 11 | 10-mar       |                    |              |  |
|              | 11-mar       |                    |              |  |
|              | 12-mar       | MOF SkidO-Cup nr 7 | Medelpads OF |  |
|              | 13-mar       |                    |              |  |
|              | 14-mar       |                    |              |  |
|              | 15-mar       |                    |              |  |
|              | 16-mar       |                    |              |  |
| 2025<br>v 12 | 17-mar       |                    |              |  |
|              | 18-mar       |                    |              |  |
|              | 19-mar       |                    |              |  |
|              | 20-mar       |                    |              |  |
|              | 21-mar       |                    |              |  |
|              | 22-mar       |                    |              |  |
|              | 23-mar       |                    |              |  |
| 2025<br>v 13 | 24-mar       |                    |              |  |
|              | 25-mar       |                    |              |  |
|              | 26-mar       |                    |              |  |
|              | 27-mar       |                    |              |  |
|              | 28-mar       |                    |              |  |
|              | 29-mar       |                    |              |  |
| 2025<br>v 14 | 30-mar       |                    |              |  |
|              | 31-mar       |                    |              |  |