

LOK-stödets utveckling under 20 år, Hälsingland

Statligt Lokalt Aktivitetsstöd, LOK-stöd, skapades i början av 1970-talet då barn- och ungdomsidrotten utvecklades snabbt för att numera vara en stor och viktig del av svensk idrott. LOK-stödet infördes för att ge idrottsföreningar ett ekonomiskt stöd för att kunna bedriva verksamhet för barn och ungdomar. I princip har LOK-stödet sett ut på ungefär samma sätt sen starten. En del regler har förändrats liksom nivån för det ekonomiska stödet. I det här dokumentet redovisas LOK-stödets utveckling för orienteringsföreningar under de senaste 20 åren.

Innehåll

1.	LOK-stödet	3
2.	Sverige	4
3.	Hälsingland.....	9
4.	Alfta Ösa OK	13
5.	Edsbyns OK.....	16
6.	Forsa OK	20
7.	Hudiksvalls IF	23
8	Ljusdals OK	27
10.	Ljusne Ala OK	27
11.	OK Dellen	31
12.	Rehns BK.....	34
13.	Segerstå OK	38
14.	Söderhamns OK.....	38
15.	Vallsta SK	42



1. LOK-stödet

Statligt lokalt aktivitetsstöd, det så kallade LOK-stödet, är ett stöd till svenskt föreningsliv för att stimulera till att skapa bra verksamhet för barn och ungdomar. LOK-stödet skapades för att ge ett stöd till föreningslivet för att satsa på meningsfulla aktiviteter för barn och unga. En ny och växande ungdomskultur ungdomskravaller, raggarkultur och motbokens avskaffande var några saker som sågs som ett hot mot sunda värderingar bland unga.

Reglerna för LOK-stödet har förändrats ett antal gånger under årens lopp. De senaste förändringarna och är åldersgruppen 21-25 år blev berättigad till LOK-stöd 2014 och ett extra ledarstöd till de grupper som har två ledare. För orienteringsföreningarna i Sverige innebär LOK-stödet ett årligt tillskott på omkring 3 miljoner kronor fördelat på 328 föreningar (2024). Varje deltagartillfälle ger i genomsnitt cirka 10-11 kronor till föreningen.

LOK-stödet är också en viktig fördelningsnyckel när Riksidrottsförbundet fördelar det statliga stödet inom idrotten. Ju mer LOK-stödssammankomster som redovisas för orientering desto mer stöd till orienteringsidrotten.

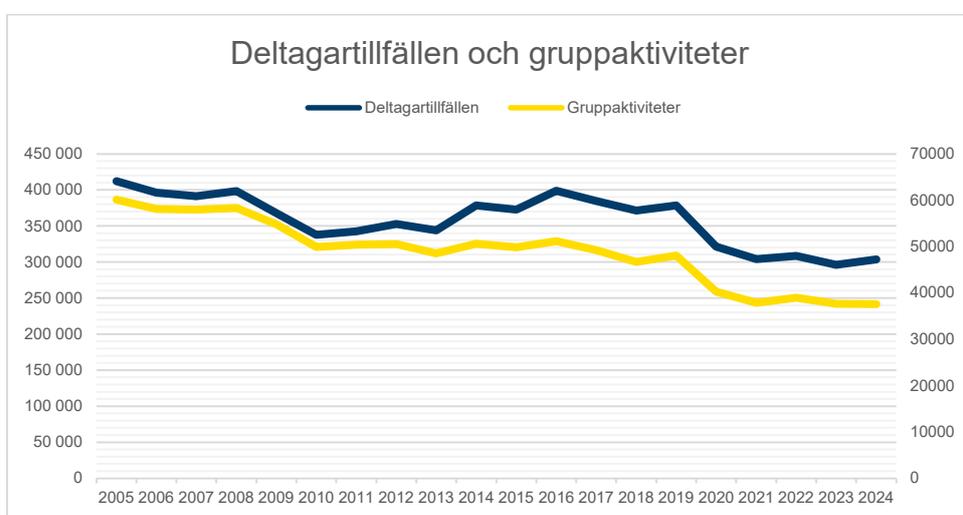
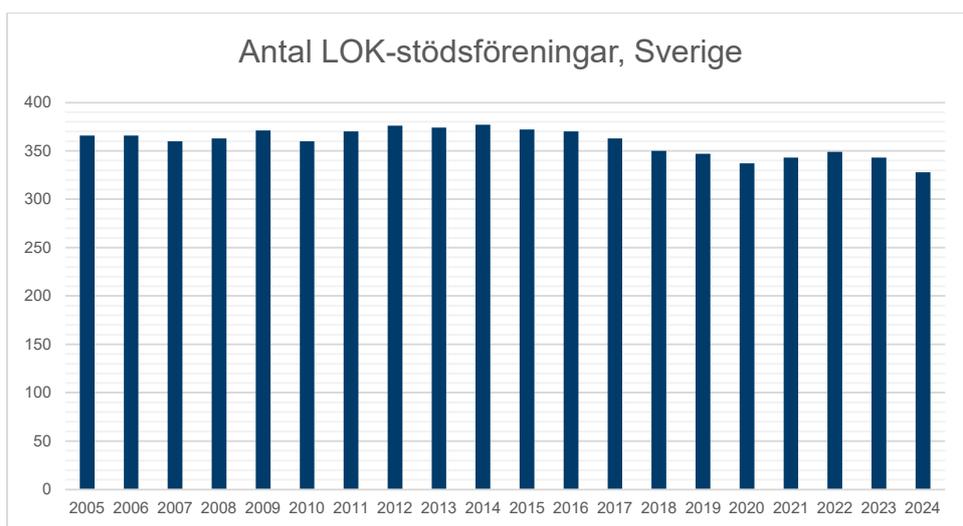
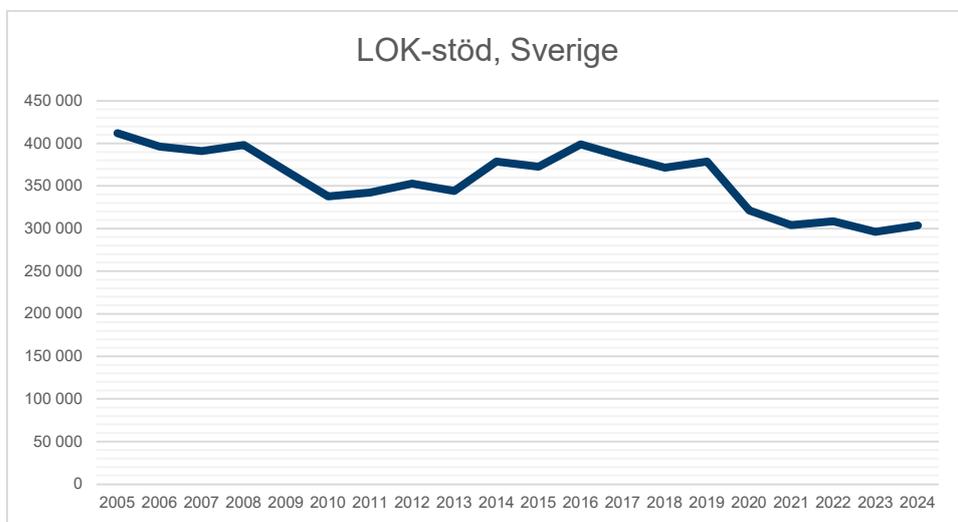
Här följer en redovisning av LOK-stödets utveckling i distriktet som helhet och för respektive förening i distriktet. Föreningar som eventuellt saknas redovisar inget LOK-stöd. Av redovisningen nedan framgår den totala utvecklingen, eventuella skillnader mellan pojkar och flickor samt utvecklingen för LOK-stödets olika åldersgrupper. Förhoppningsvis kan underlaget ge mer kunskap om för vilka målgrupper framtida satsningar bör göras. I vilka åldrar och vilket kön finns våra styrkor respektive svagheter? Vilka satsningar behöver göra?

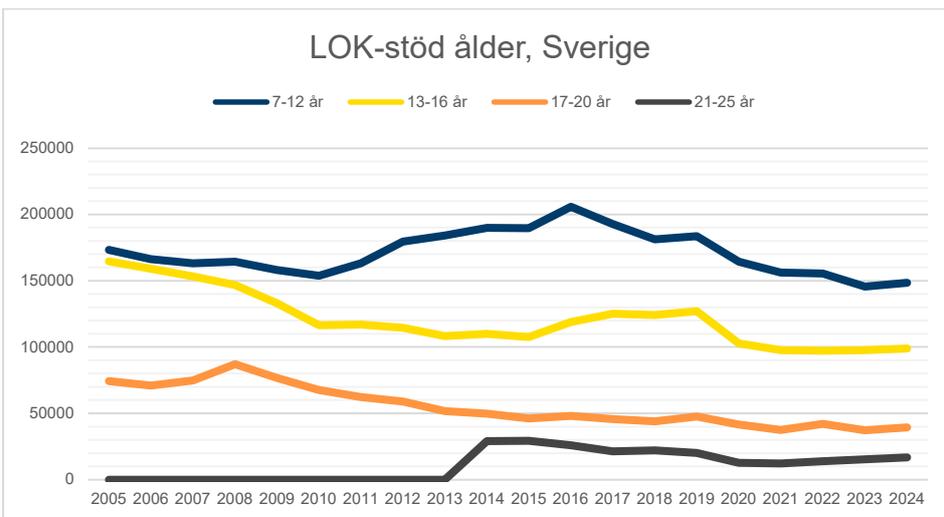
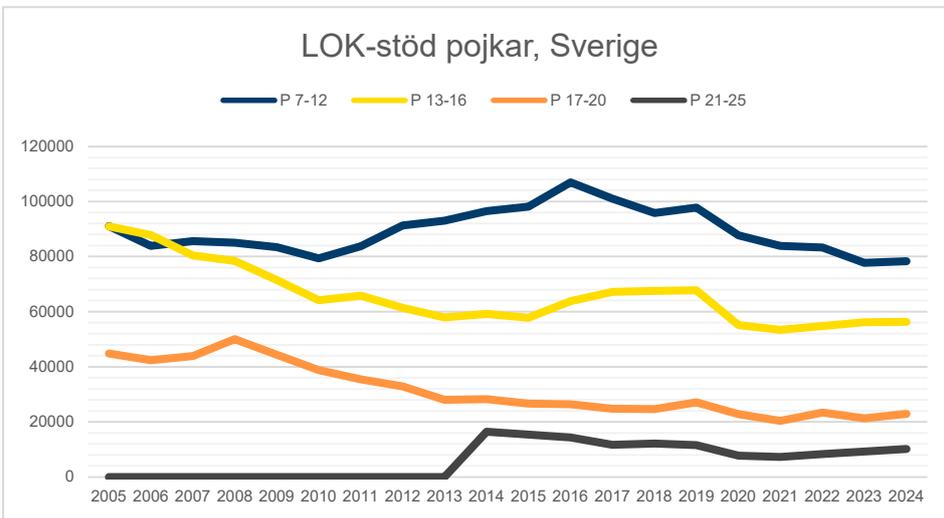
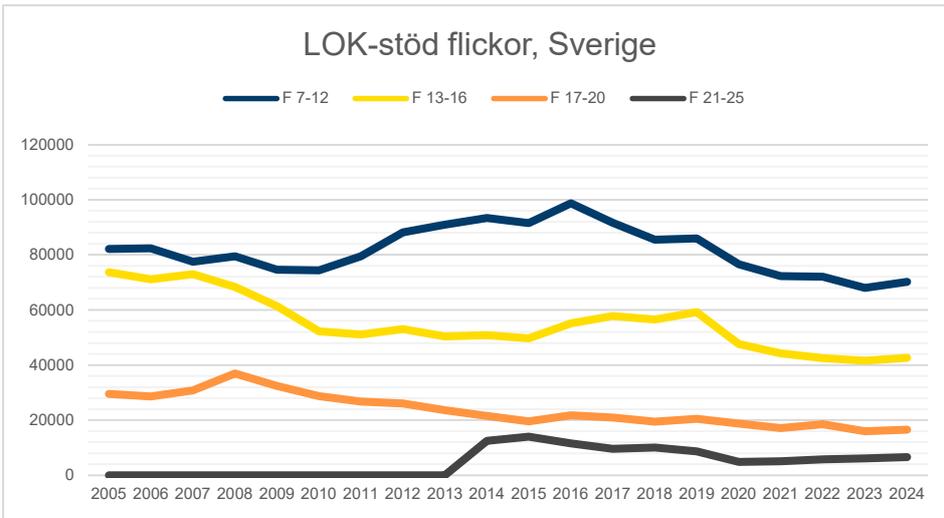
I mars 2020 drabbades Sverige och världen av en coronapandemi med restriktioner och begräsningar som följd. Restriktioner i olika nivåer kvarstod till den 9 februari 2022. Detta påverkade verksamheten.

Alla värden är antal deltagartillfällen. Källa: Riksidrottsförbundet

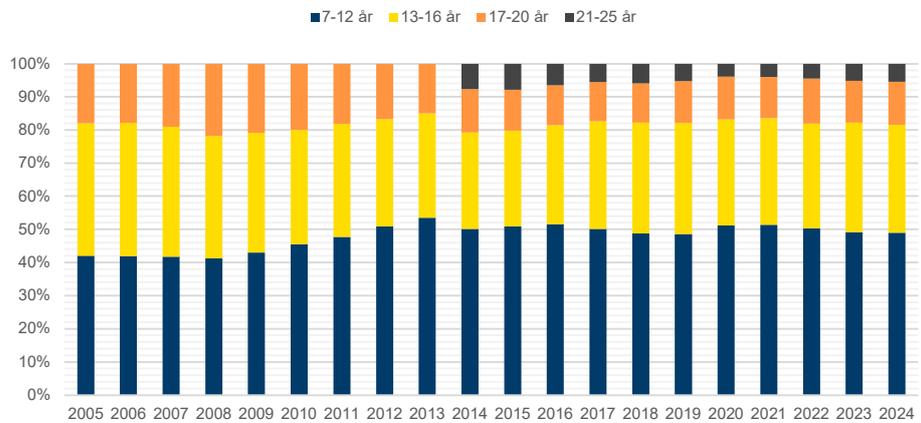


2. Sverige

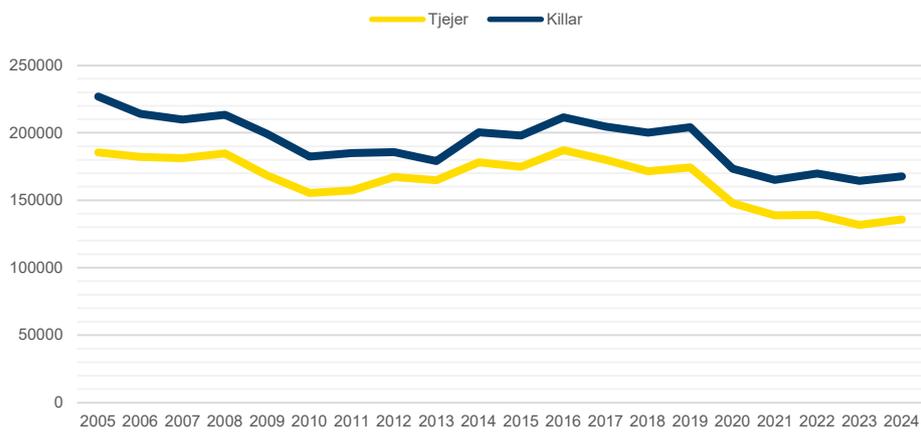




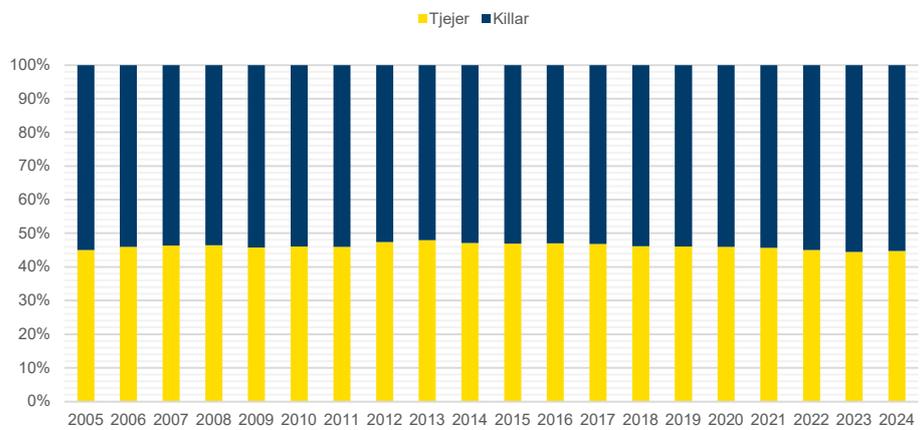
Åldersfördelning LOK-stöd, Sverige

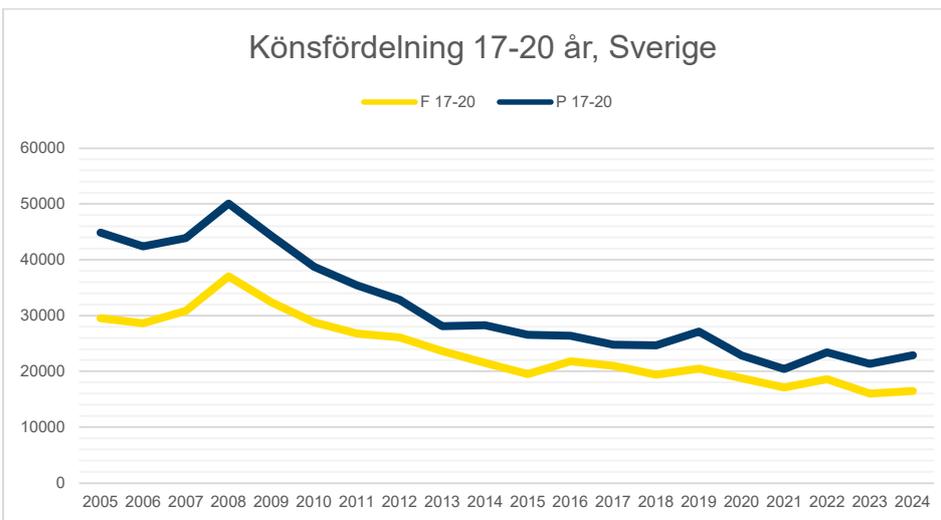
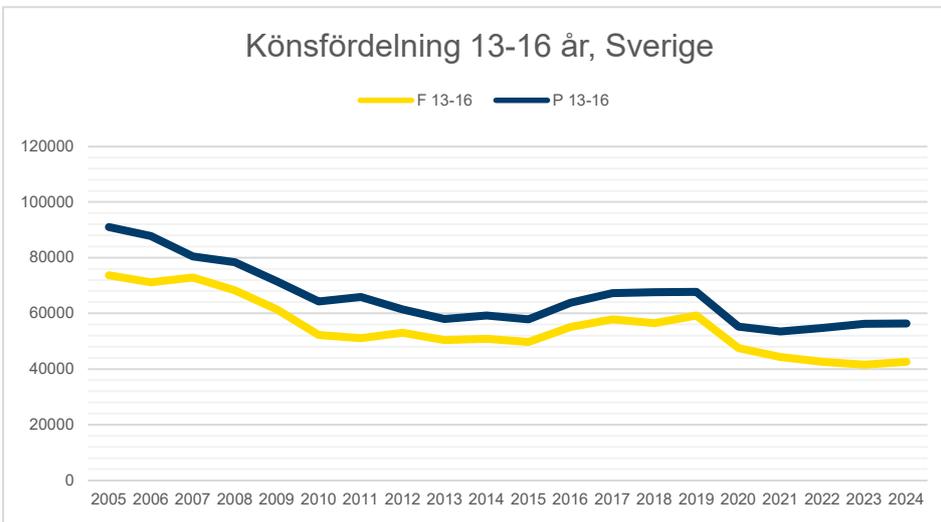
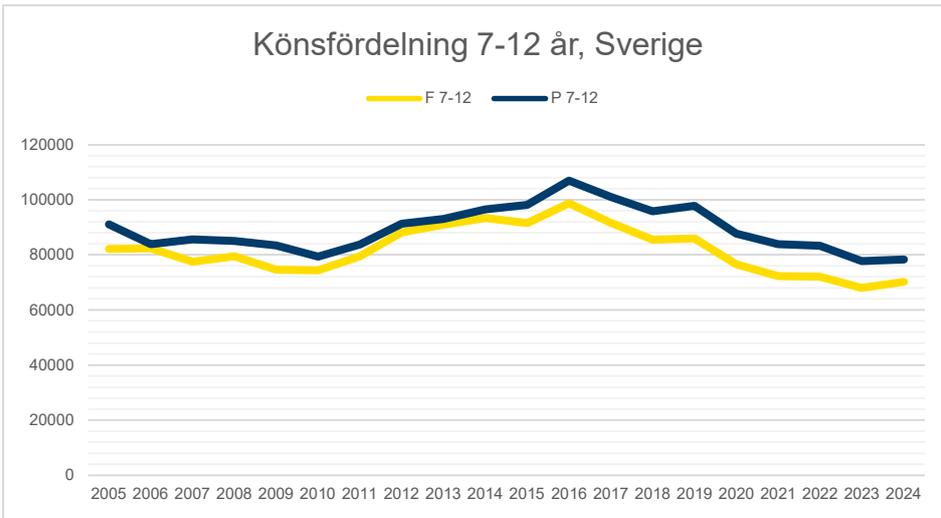


Könsfördelning LOK-stöd, Sverige

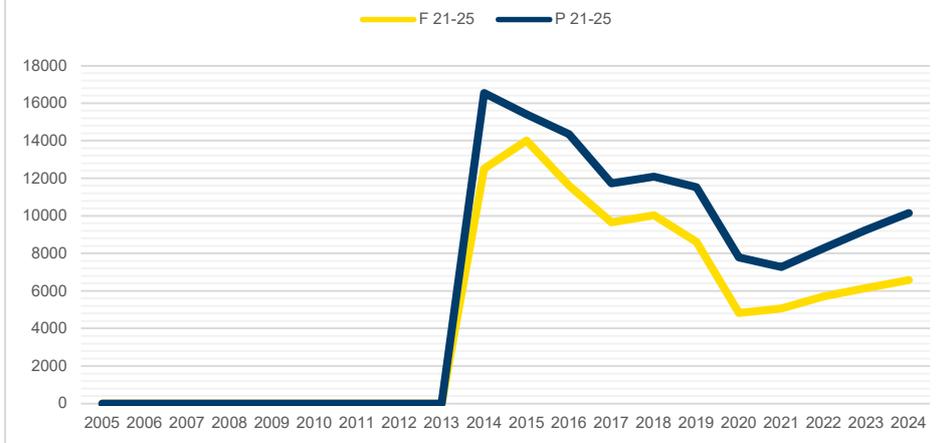


Könsfördelning LOK-stöd, Sverige

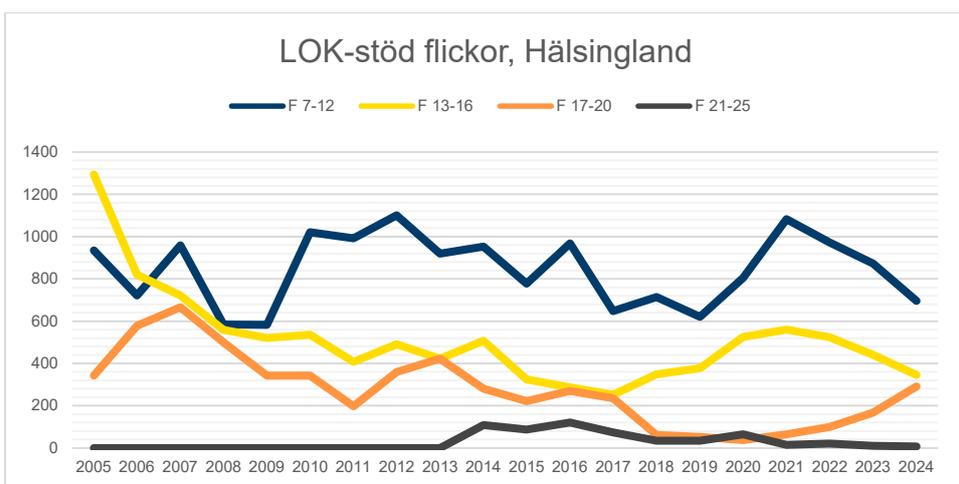
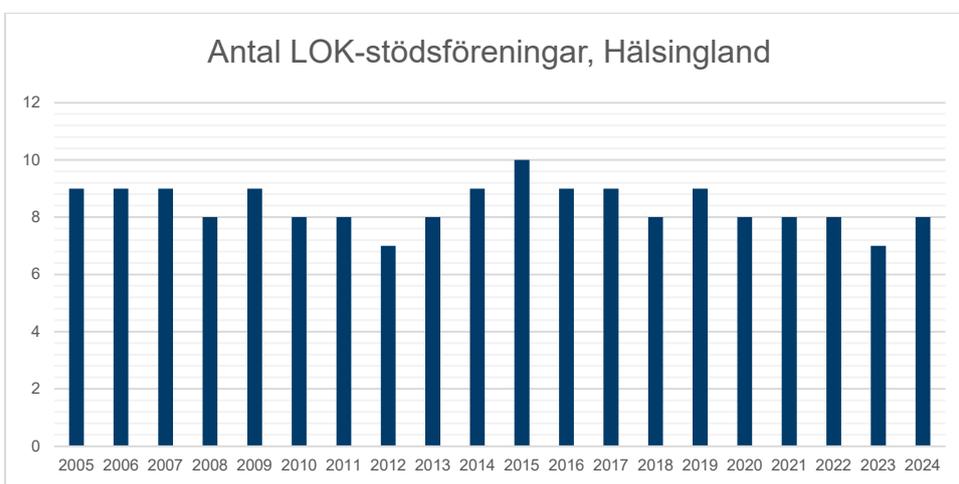
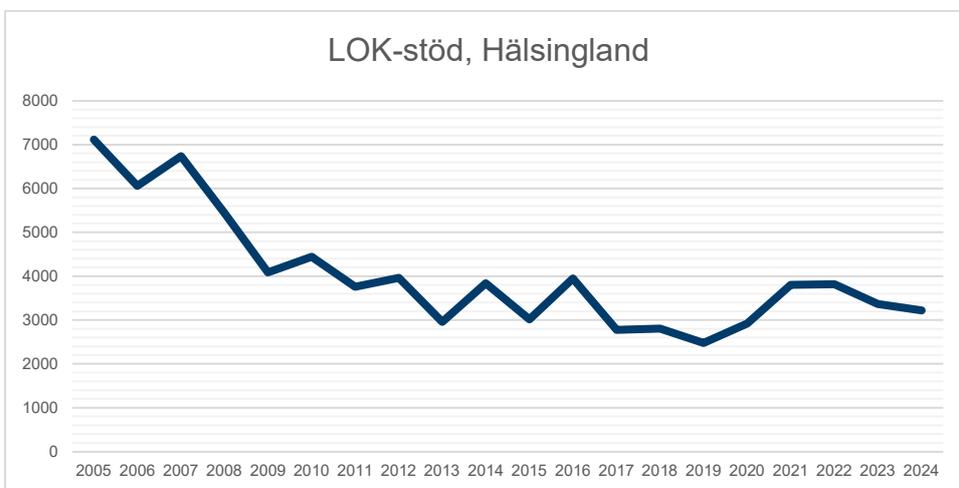


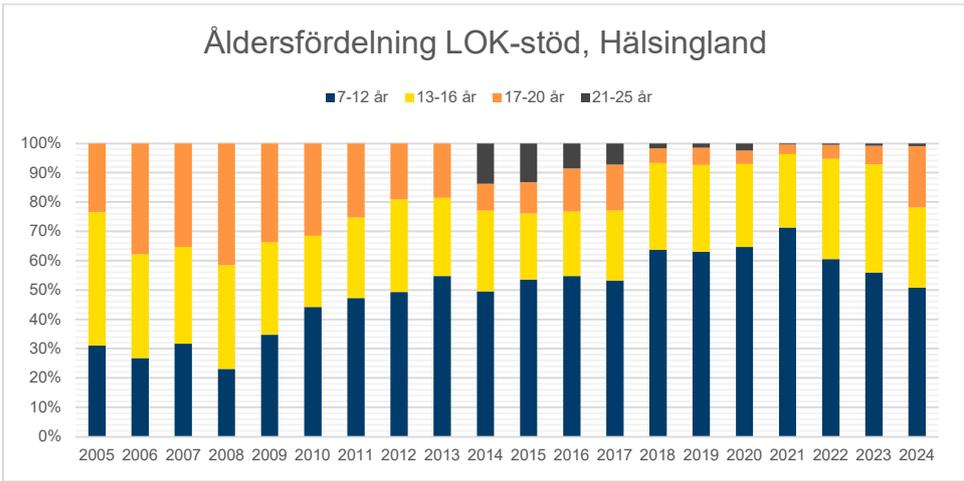
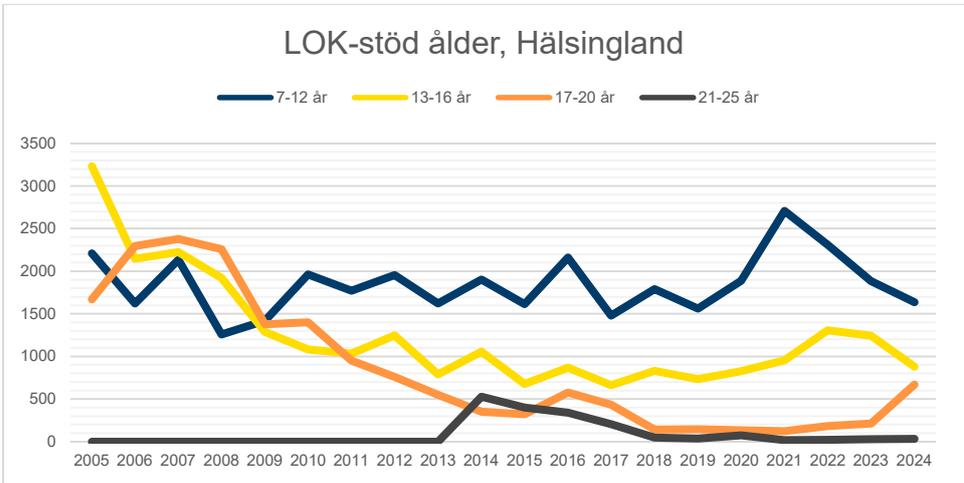
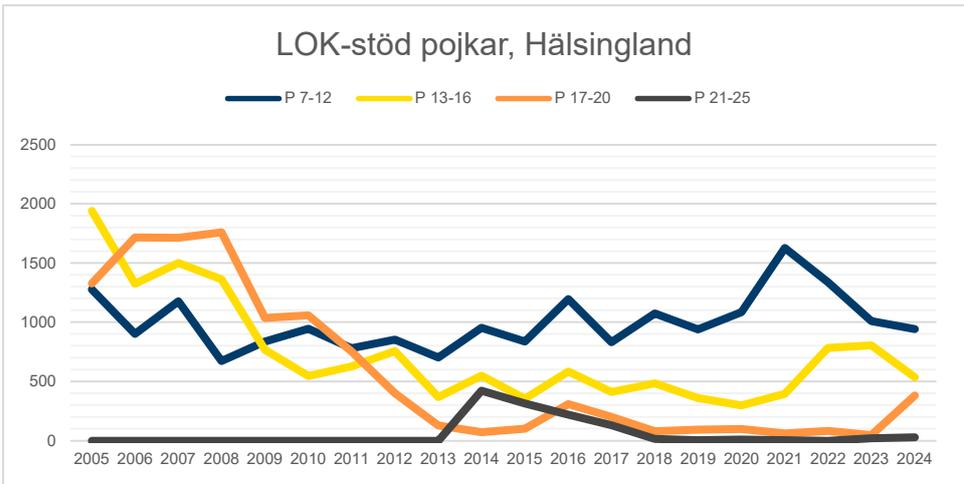


Könsfördelning 21-25 år, Sverige

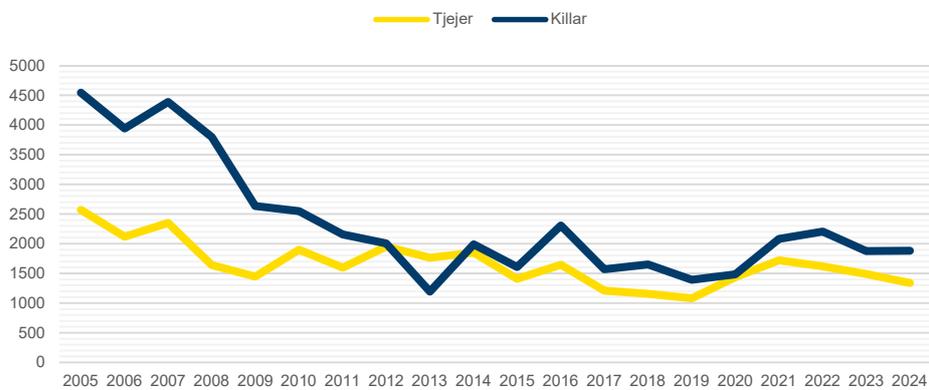


3. Hälsingland

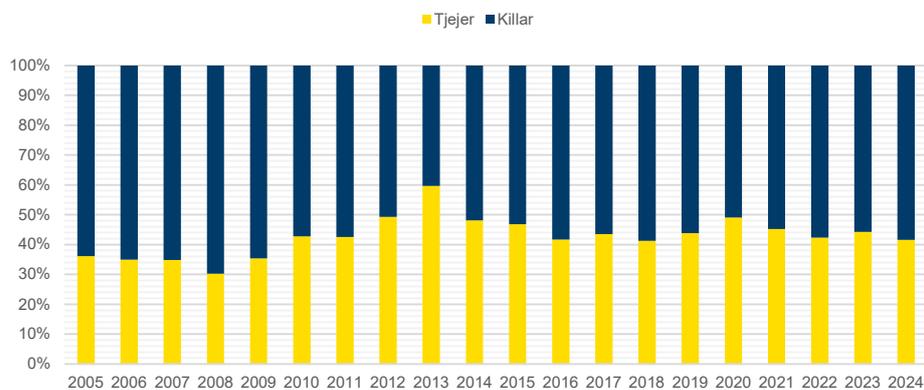




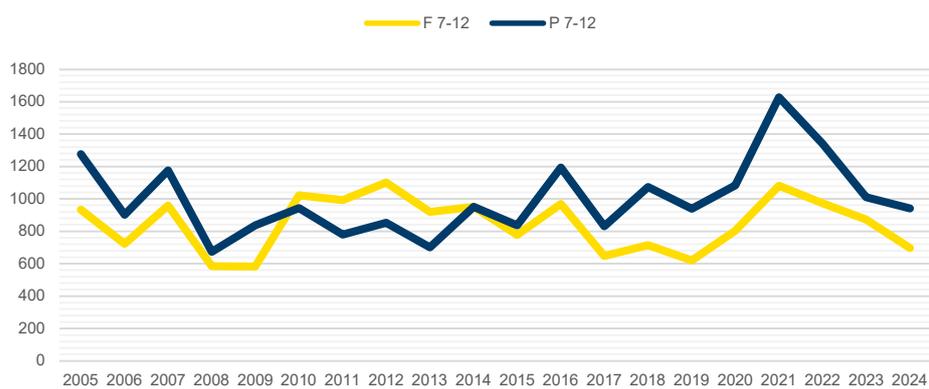
Könsfördelning LOK-stöd, Hälsingland



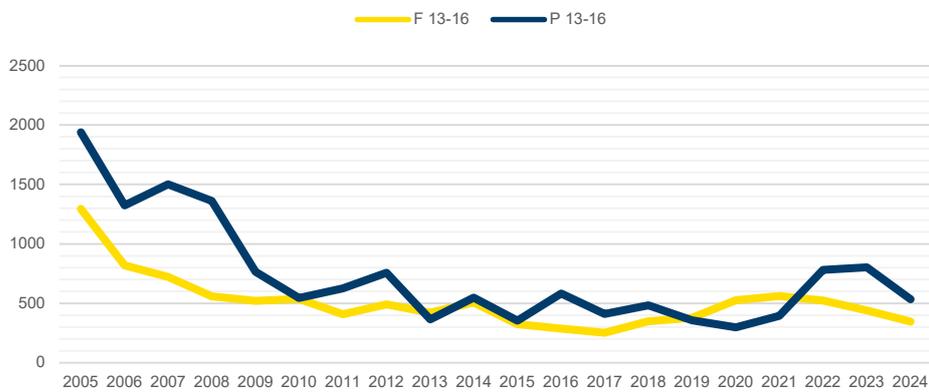
Könsfördelning LOK-stöd, Hälsingland



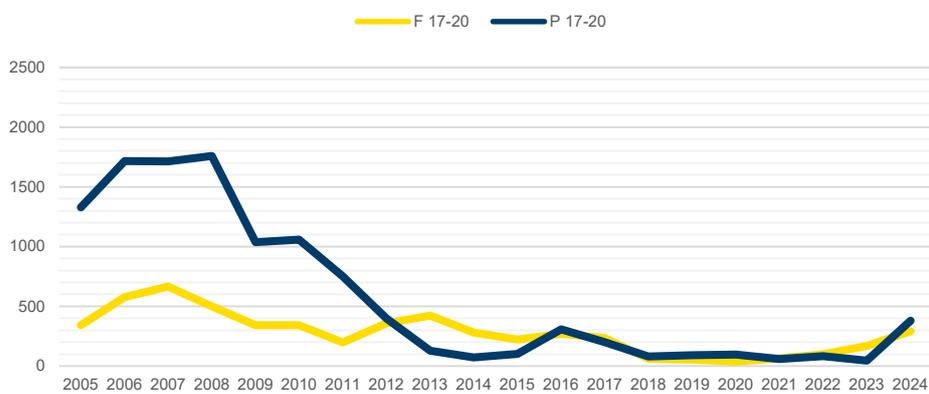
Könsfördelning 7-12 år, Hälsingland



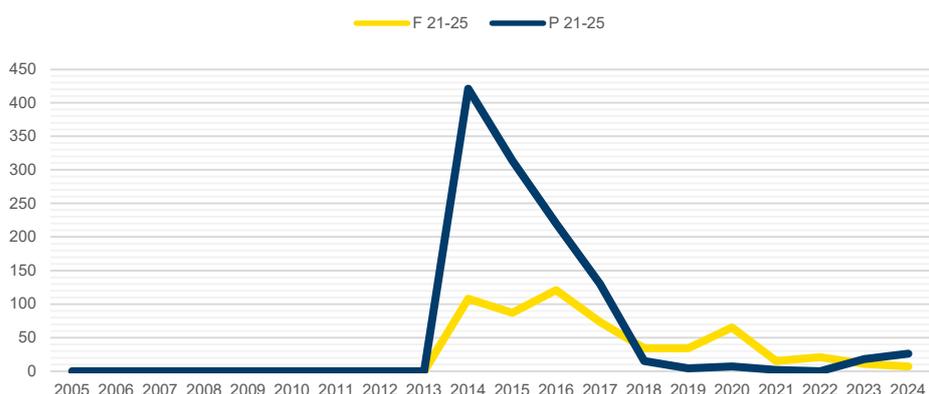
Könsfördelning 13-16 år, Hälsingland



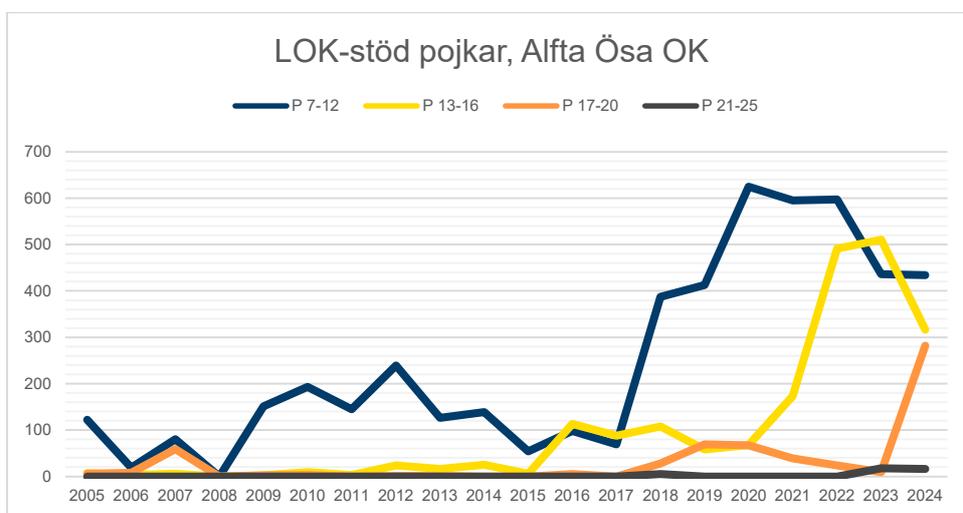
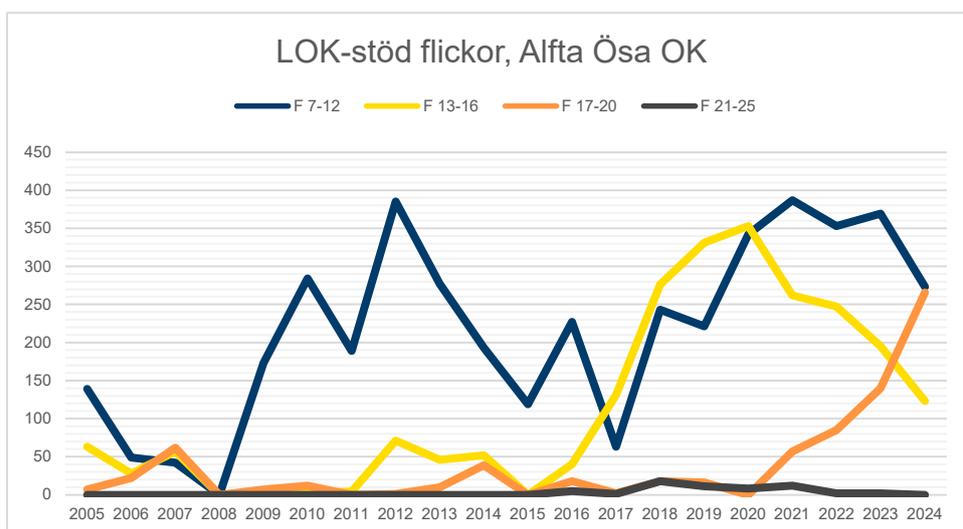
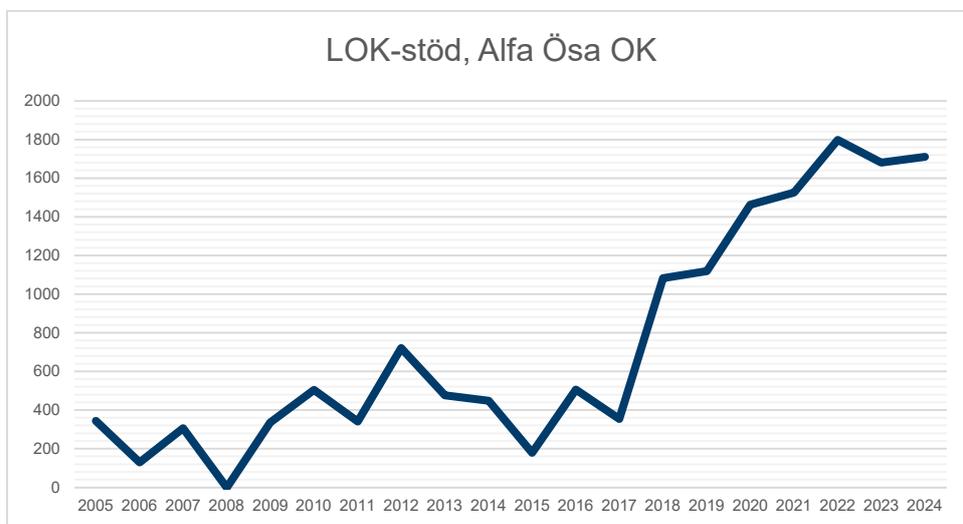
Könsfördelning 17-20 år, Hälsingland

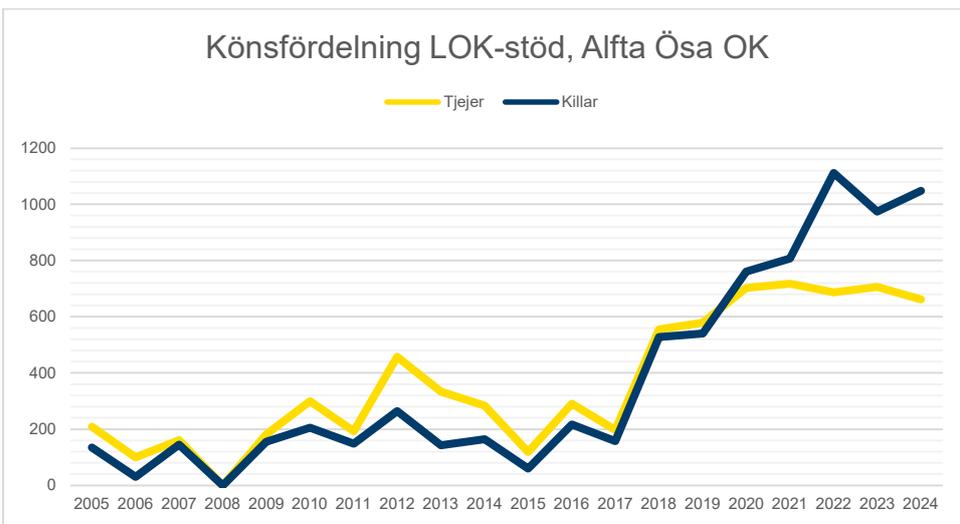
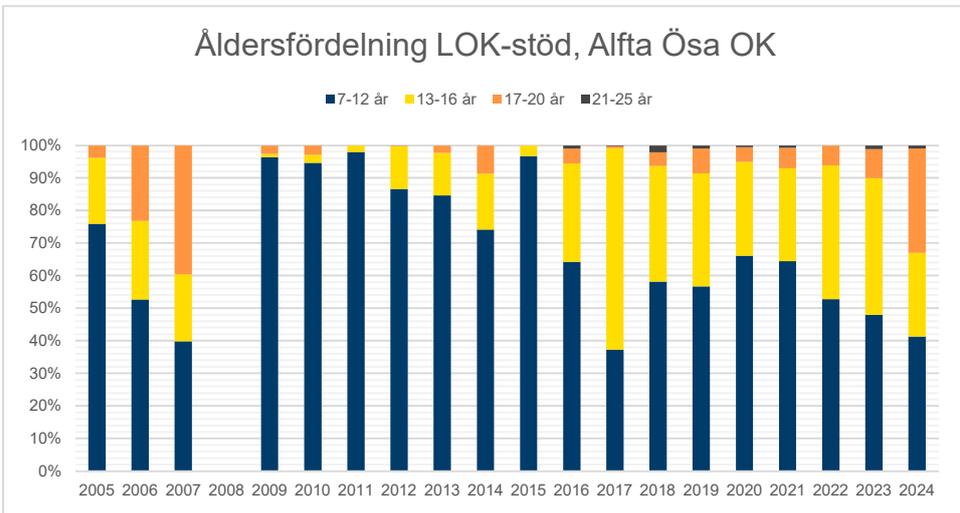
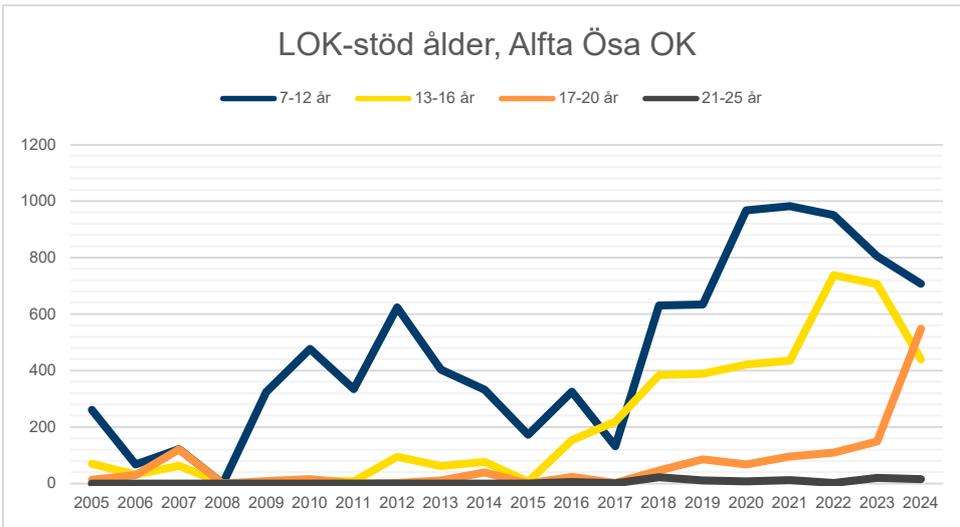


Könsfördelning 21-25 år, Hälsingland

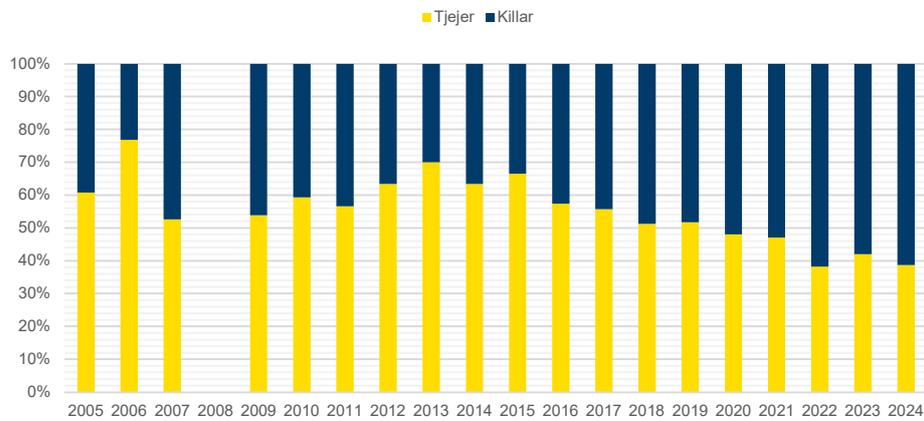


4. Alfa Ösa OK

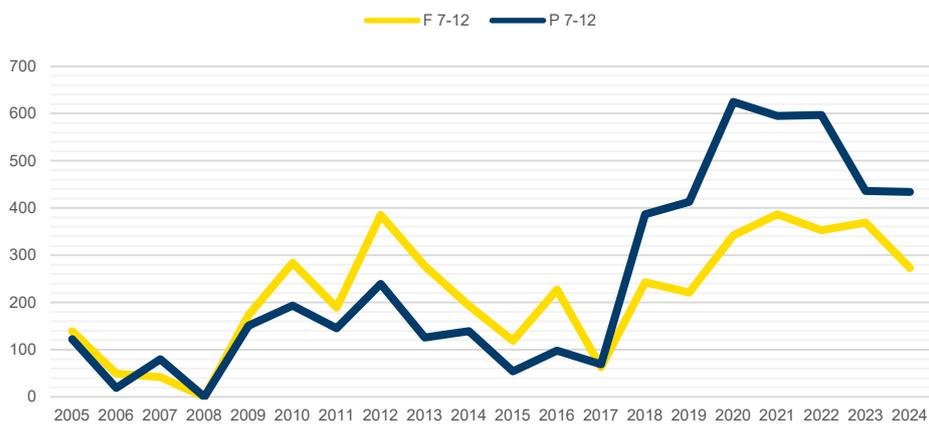




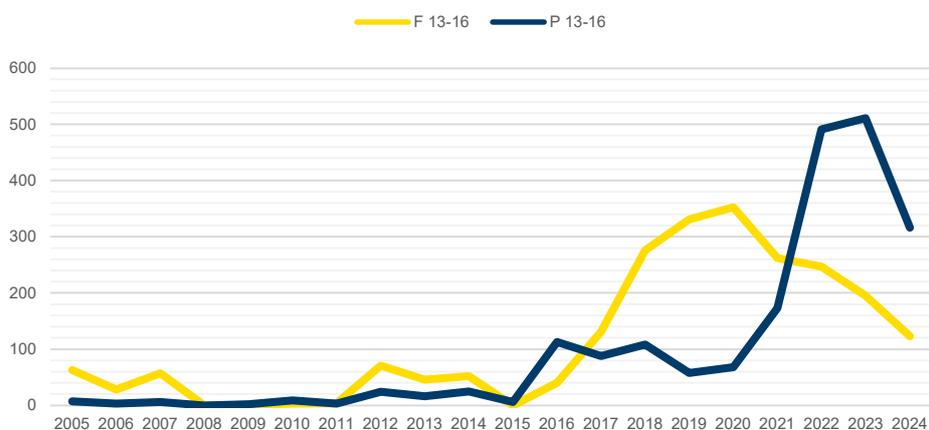
Könsfördelning LOK-stöd, Alfta Ösa OK

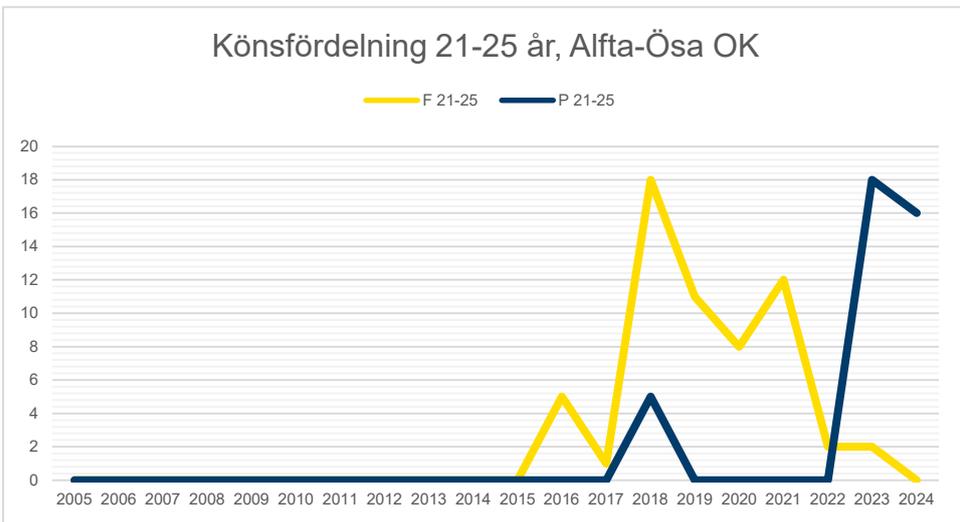
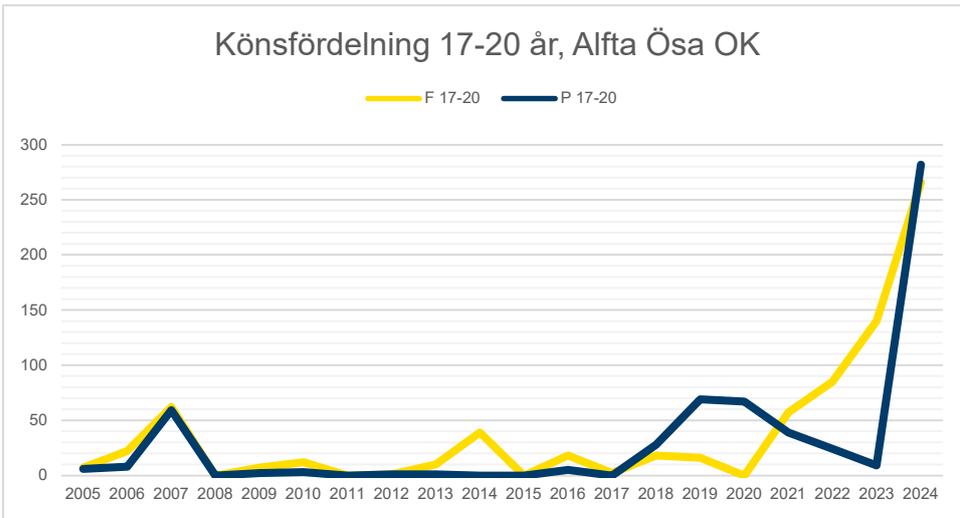


Könsfördelning 7-12 år, Alfta Ösa OK

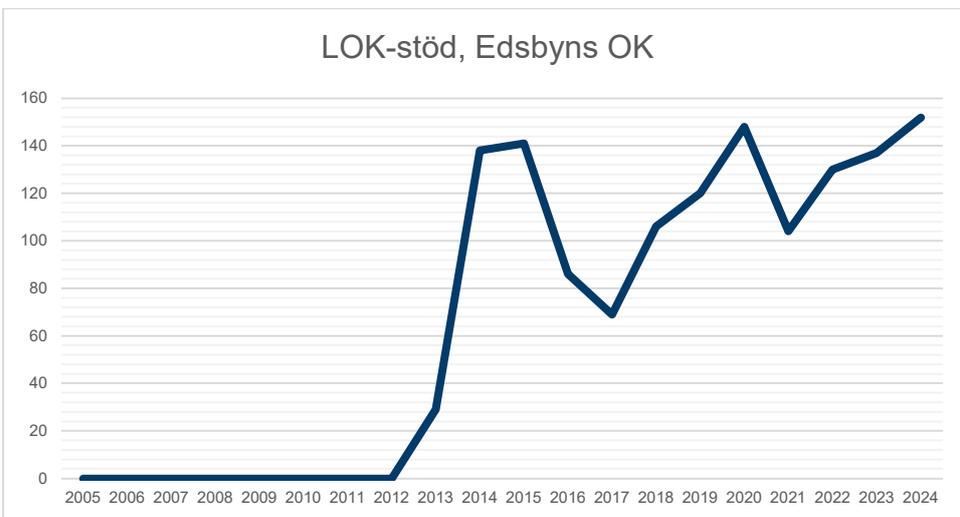


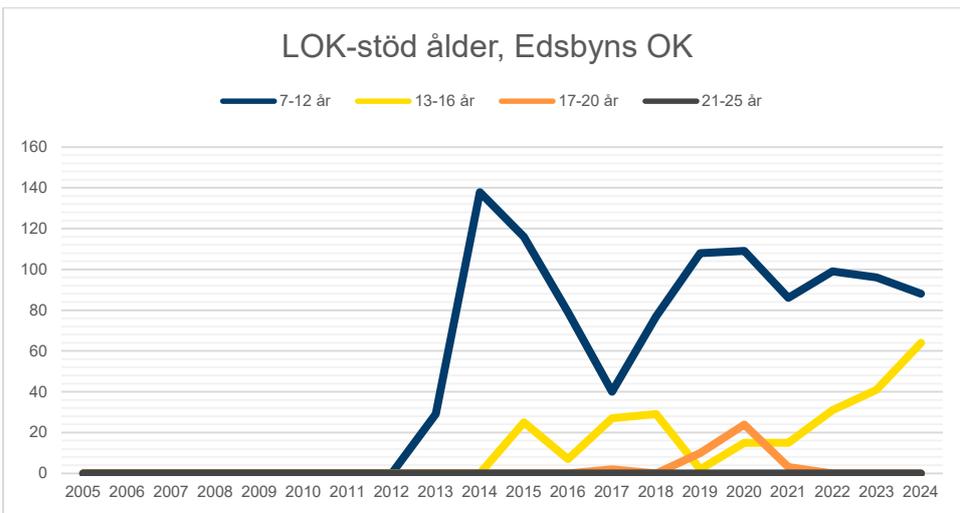
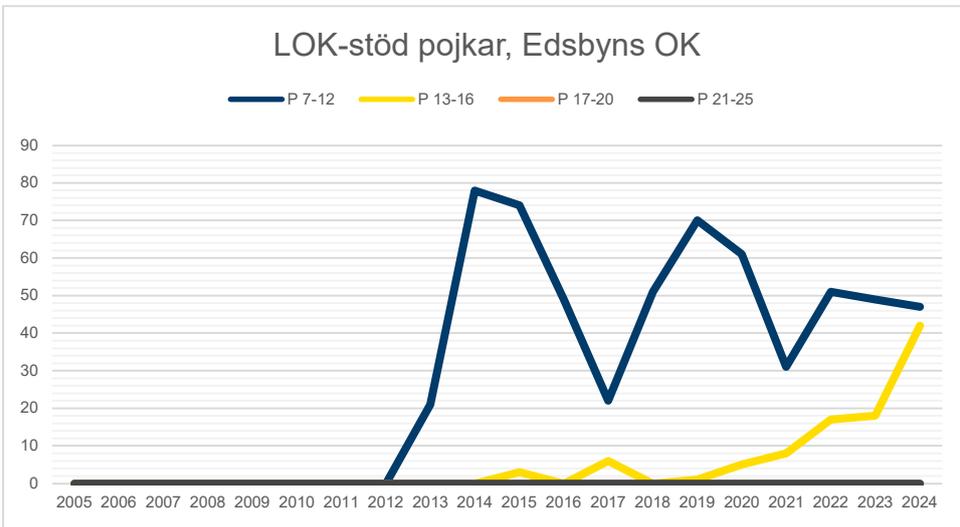
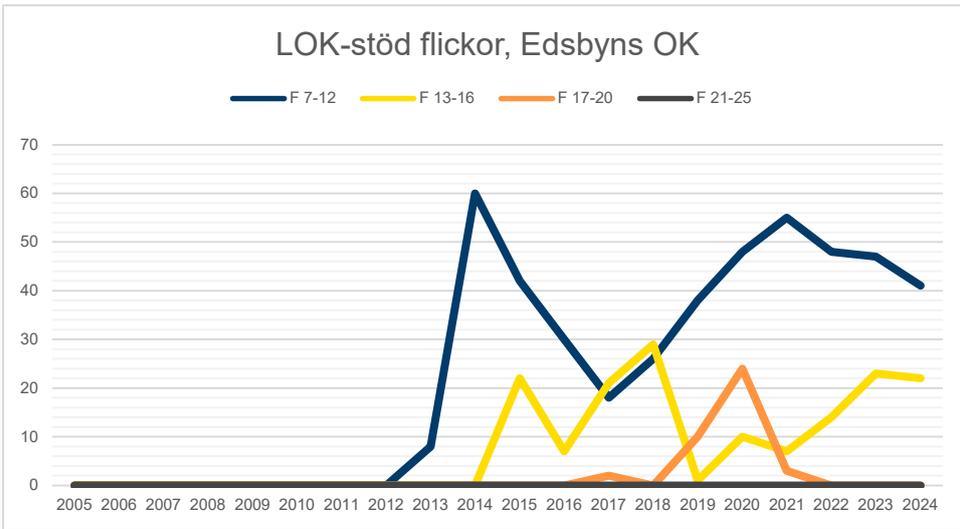
Könsfördelning 13-16 år, Alfta Ösa OK



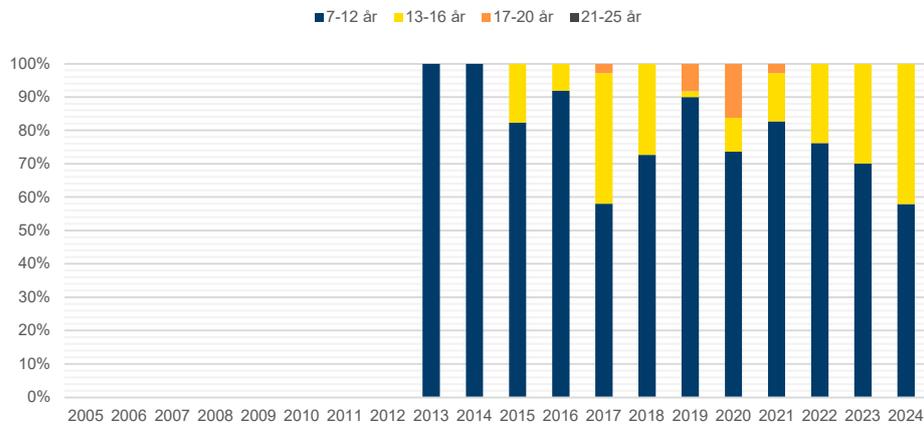


5. Edsbyns OK

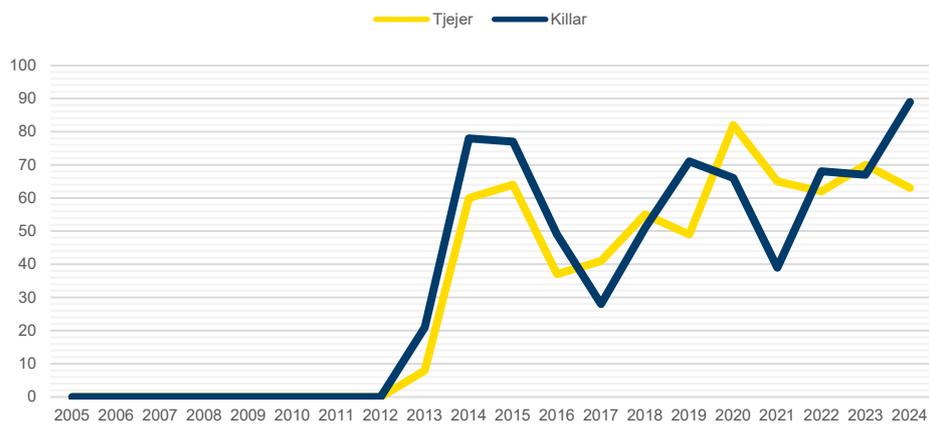




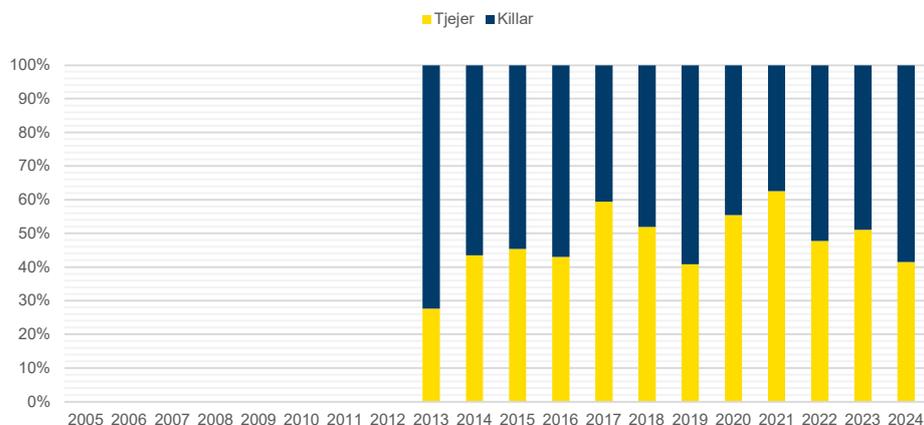
Åldersfördelning LOK-stöd, Edsbyns OK



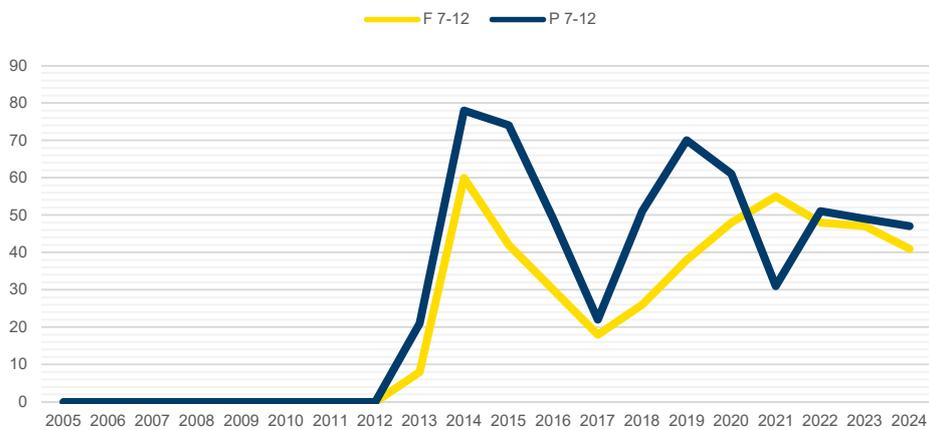
Könsfördelning LOK-stöd, Edsbyns OK



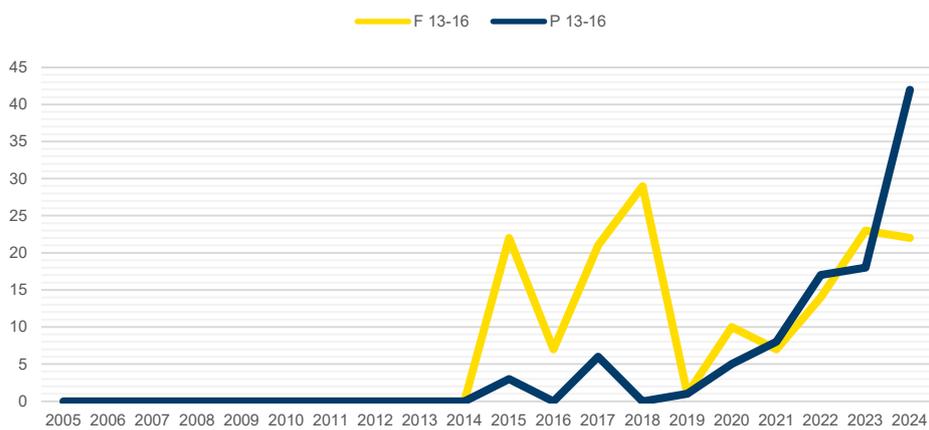
Könsfördelning LOK-stöd, Edsbyns OK



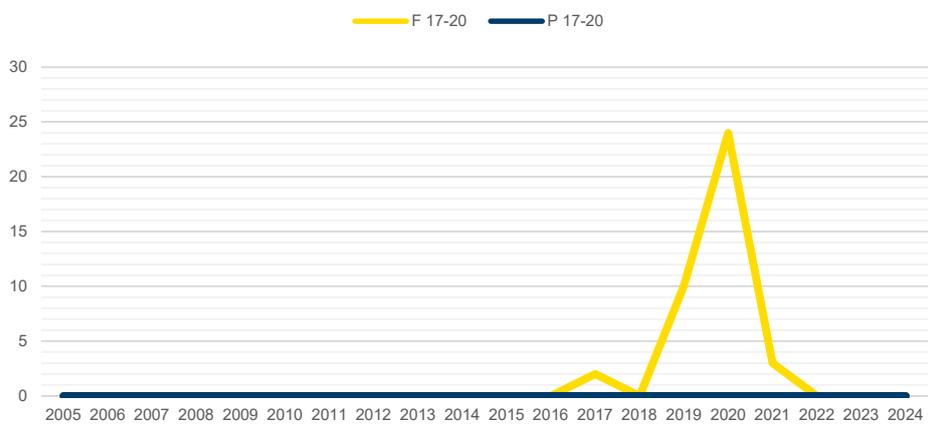
Könsfördelning 7-12 år, Edsbyns OK



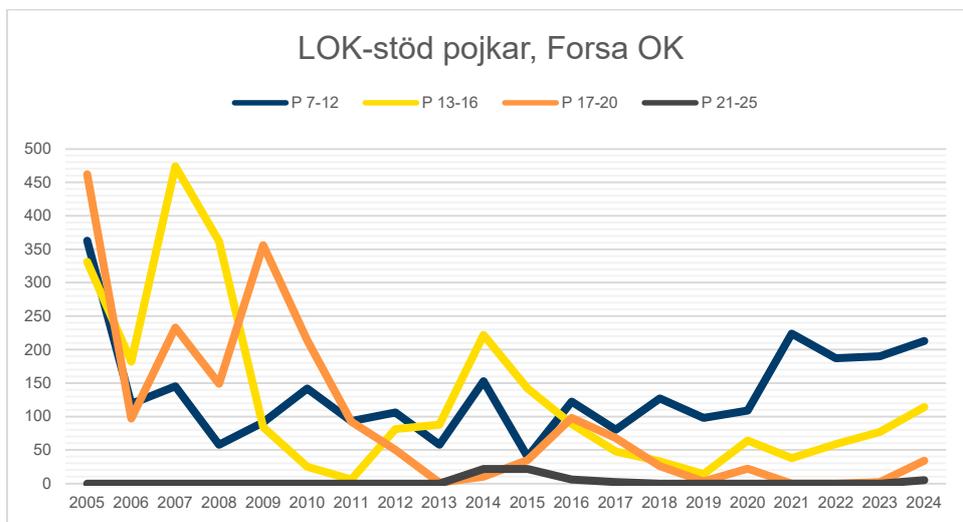
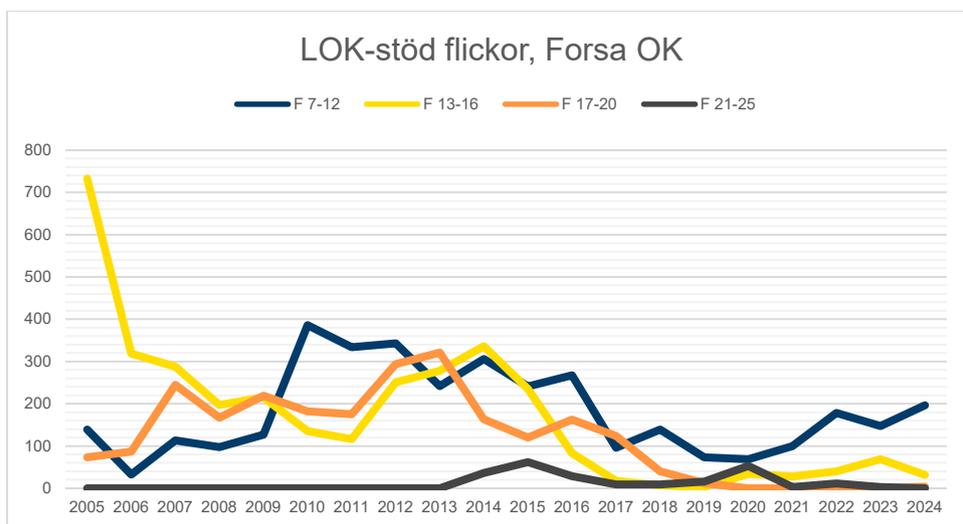
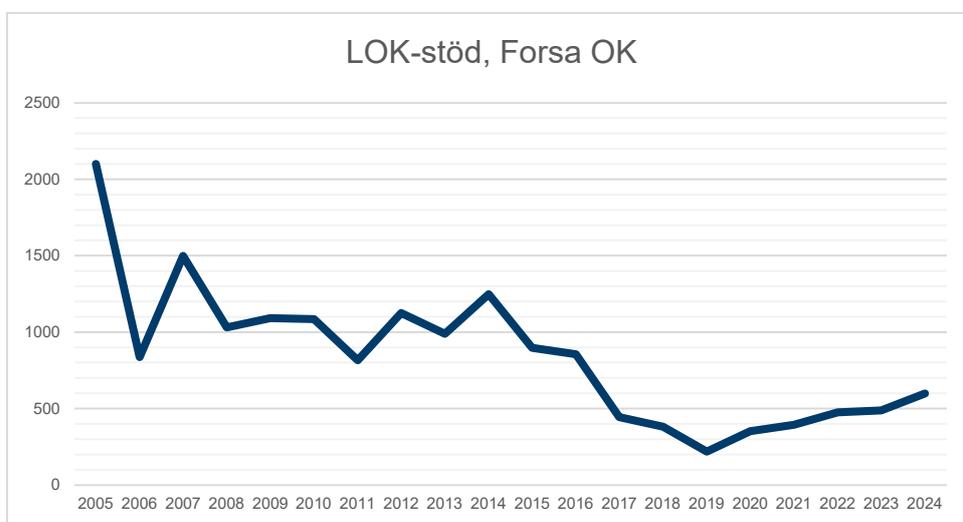
Könsfördelning 13-16 år, Edsbyns OK

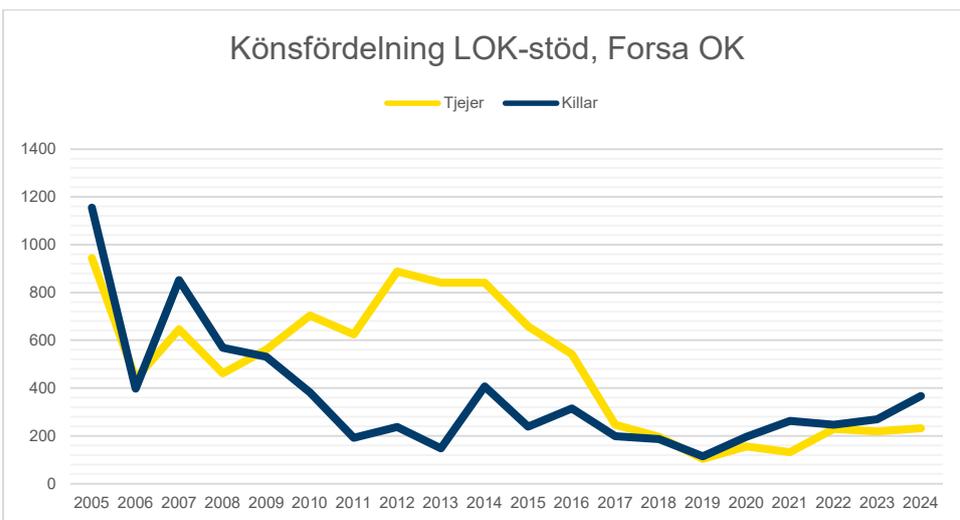
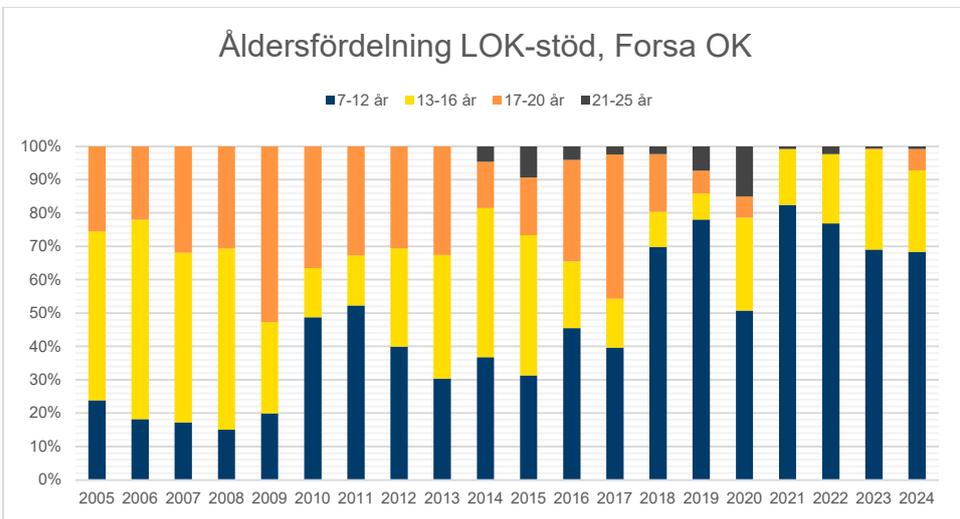
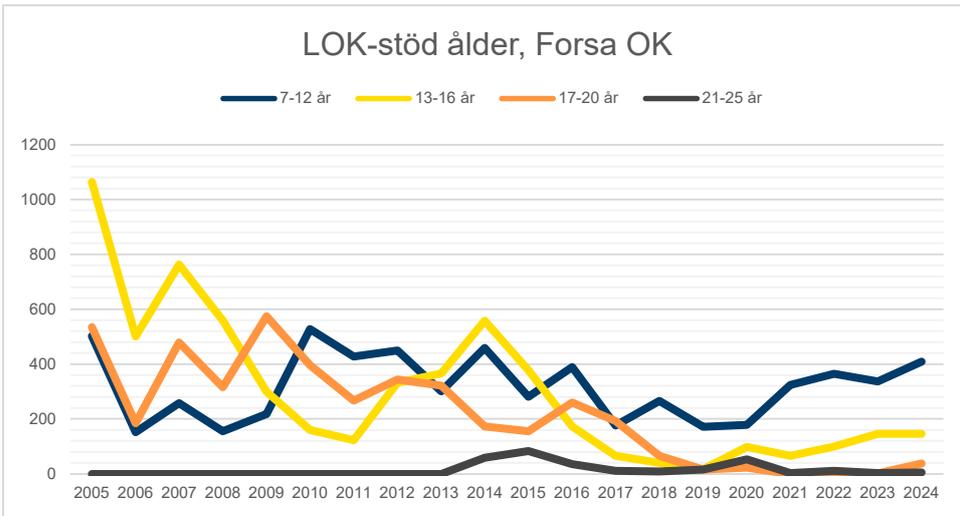


Könsfördelning 17-20 år, Edsbyns OK

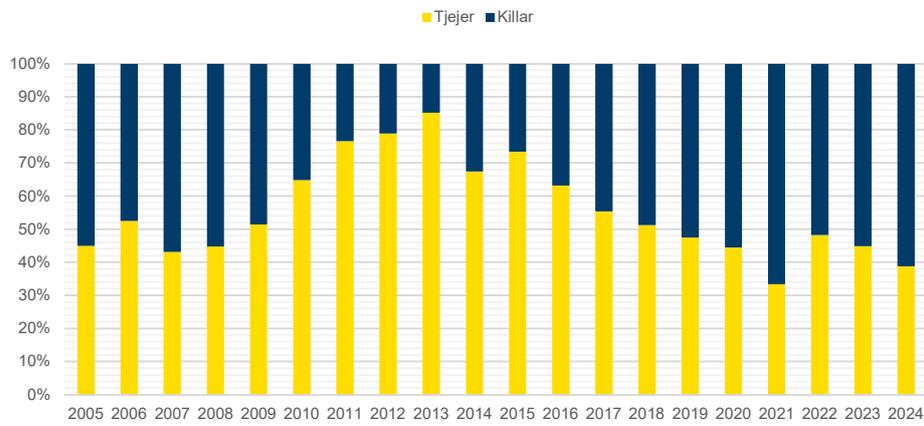


6. Forsa OK

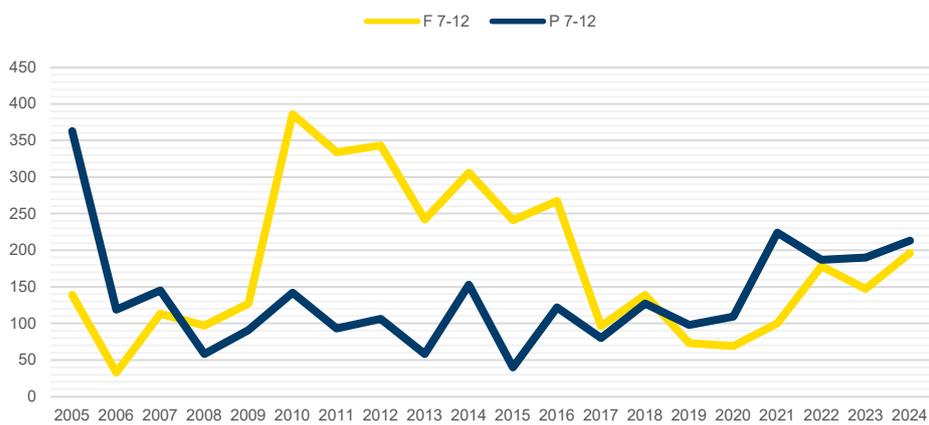




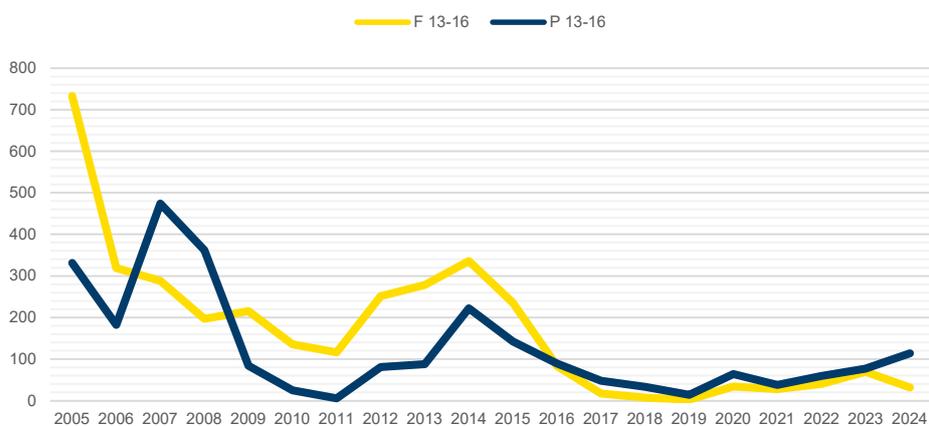
Könsfördelning LOK-stöd, Forsa OK

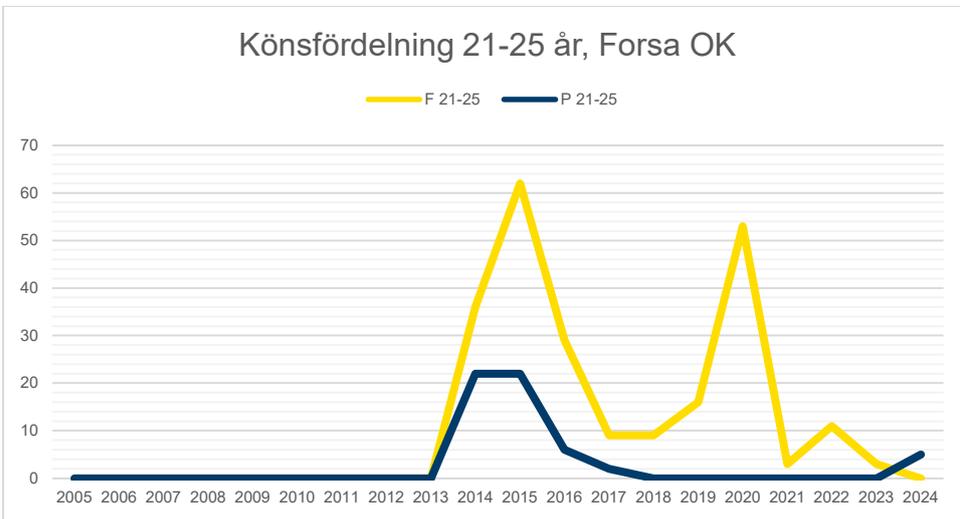
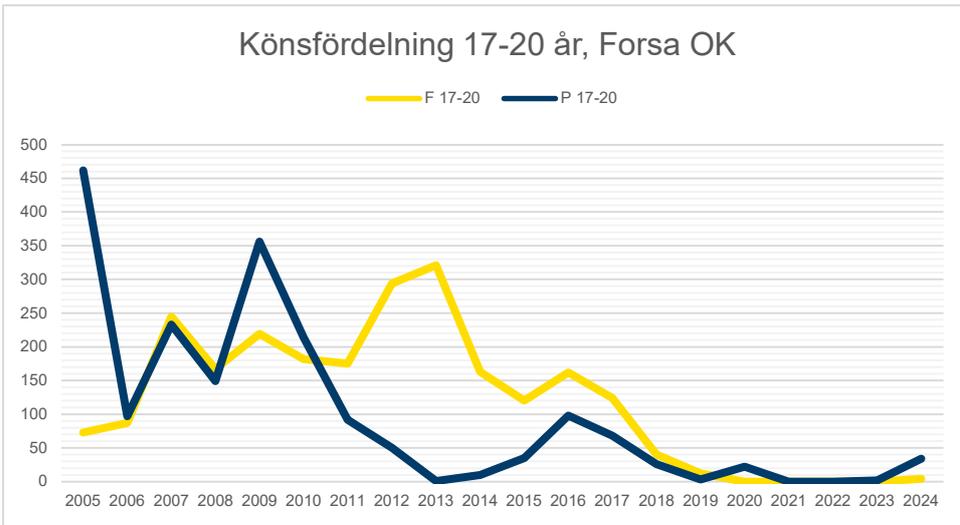


Könsfördelning 7-12 år, Forsa OK

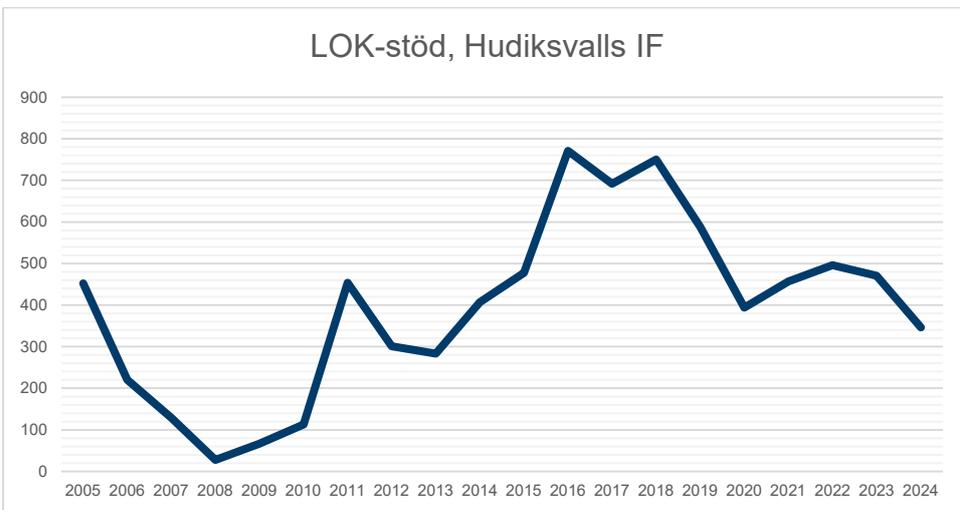


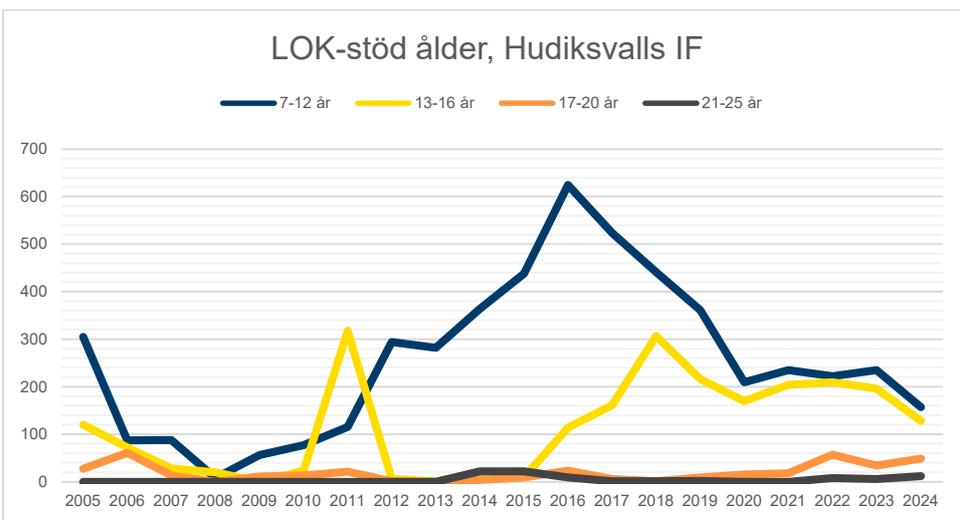
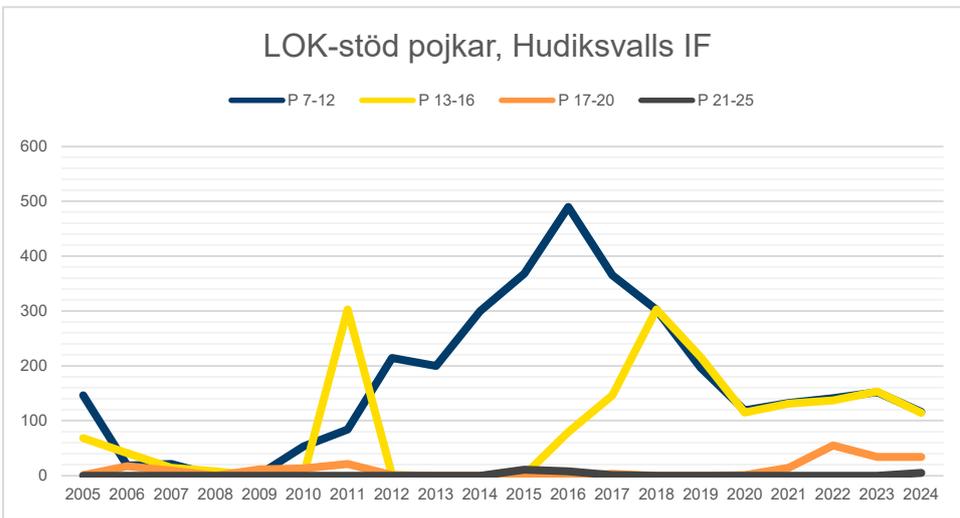
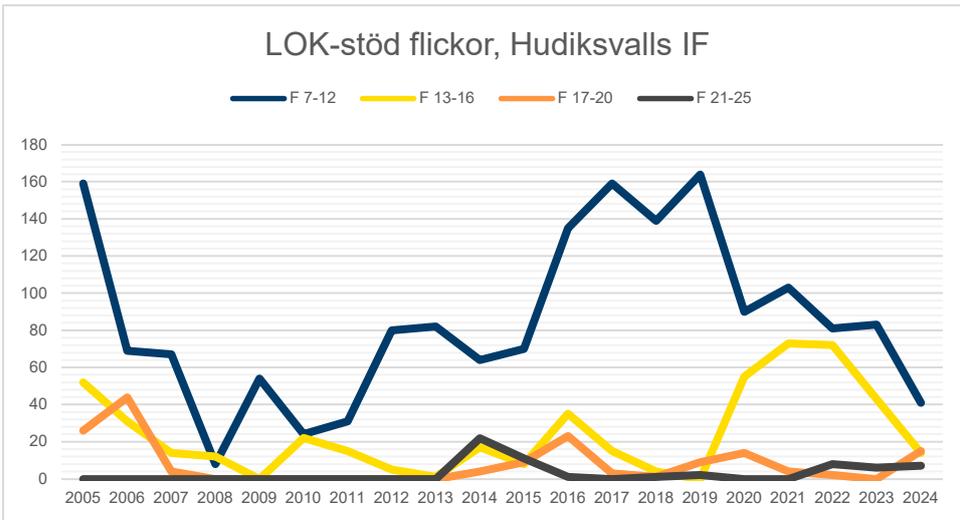
Könsfördelning 13-16 år, Forsa OK



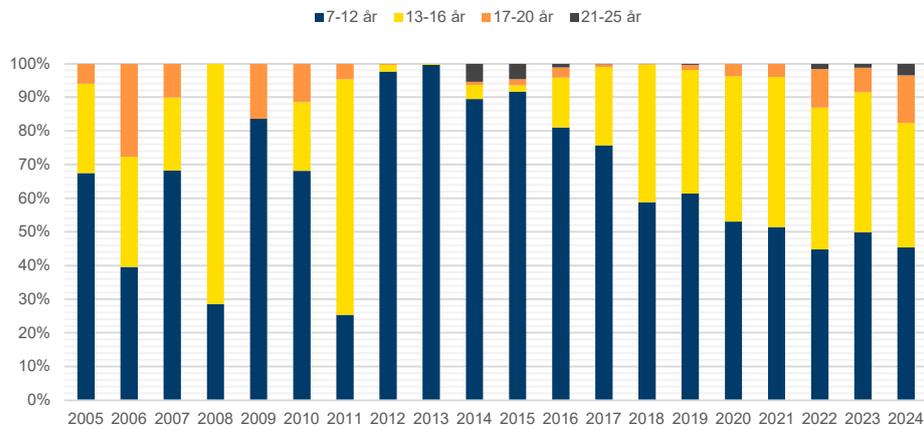


7. Hudiksvalls IF

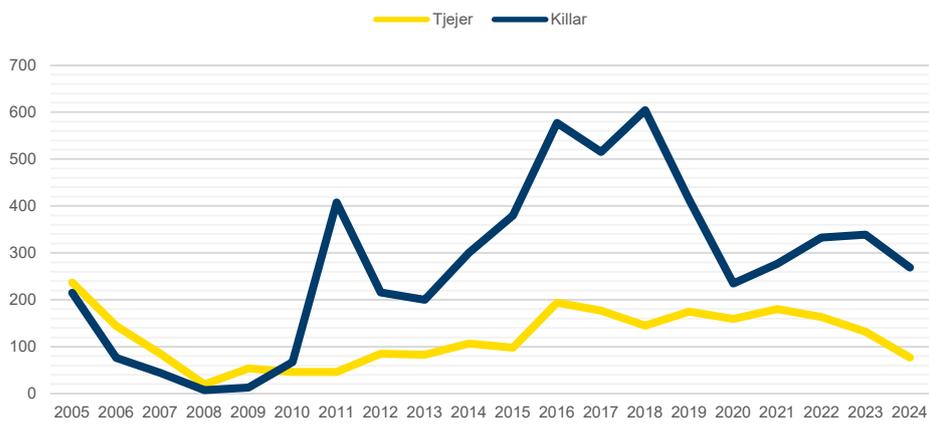




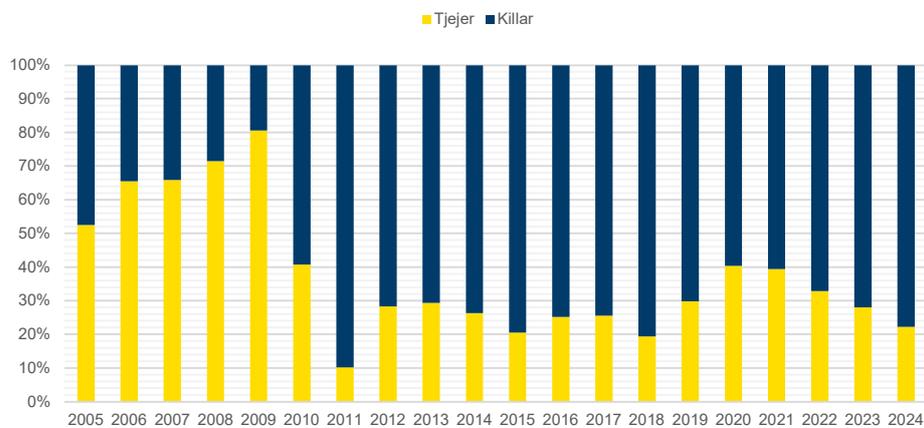
Åldersfördelning LOK-stöd, Hudiksvalls IF



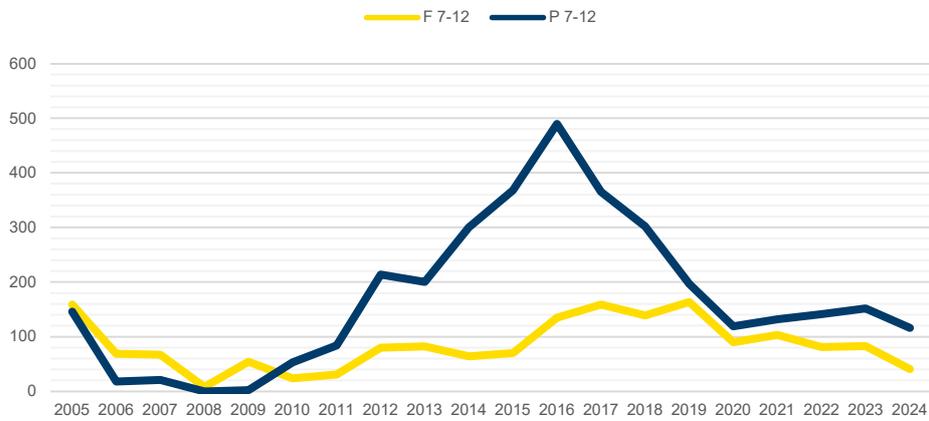
Könsfördelning LOK-stöd, Hudiksvalls IF



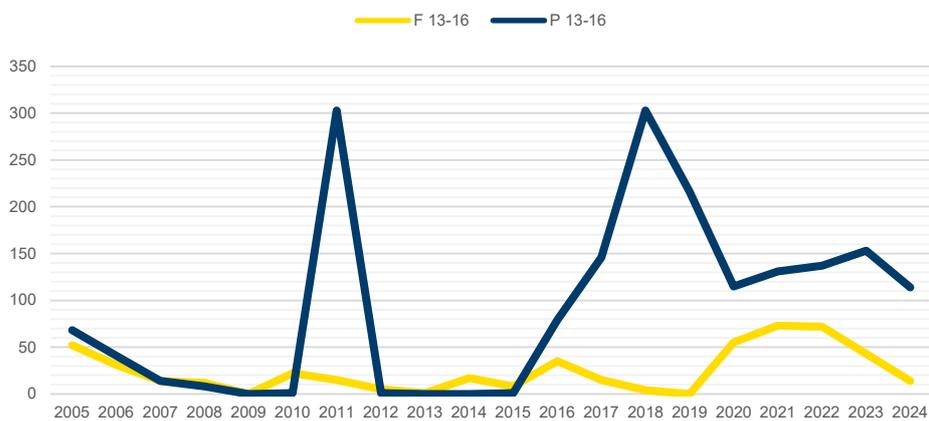
Könsfördelning LOK-stöd, Hudiksvalls IF



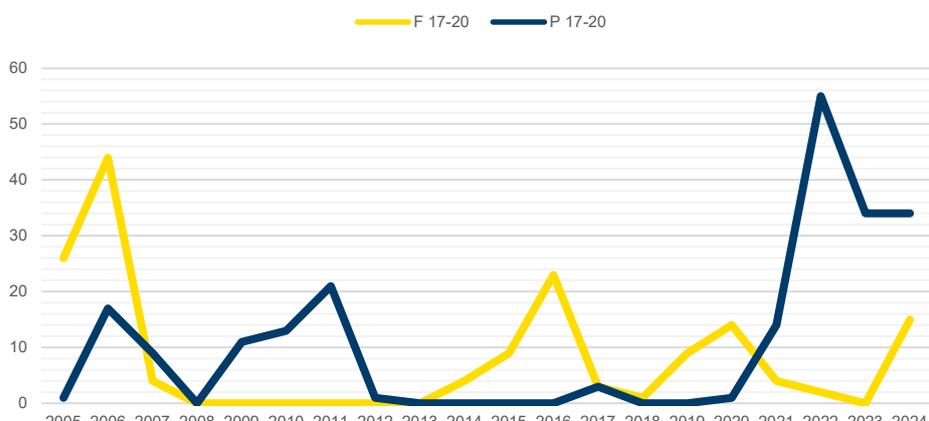
Könsfördelning 7-12 år, Hudiksvalls IF

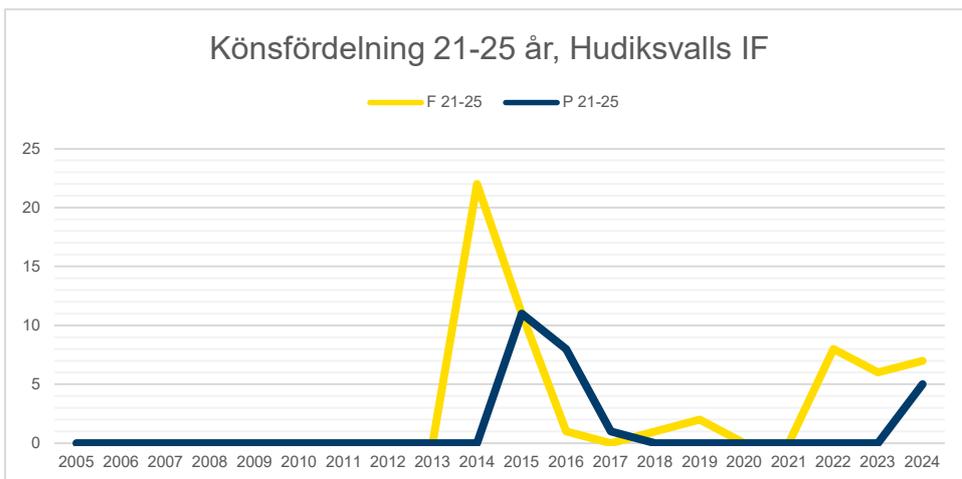


Könsfördelning 13-16 år, Hudiksvalls IF

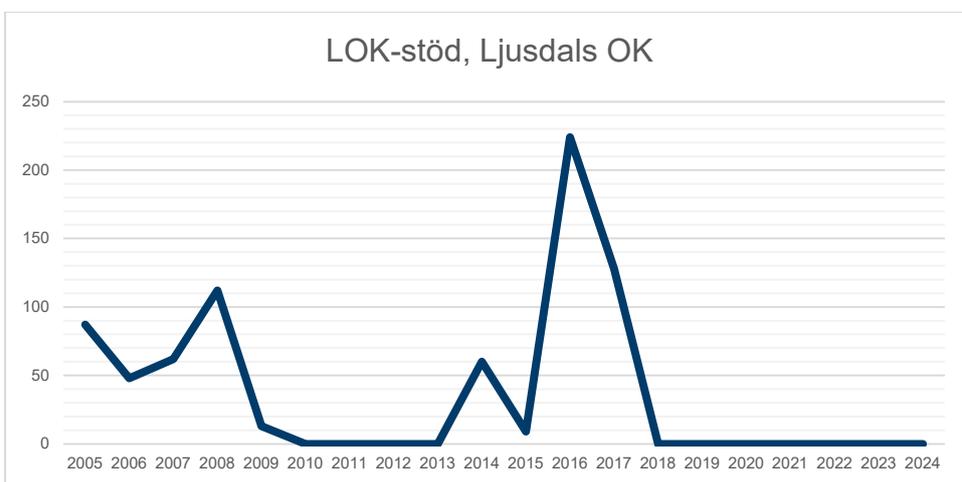


Könsfördelning 17-20 år, Hudiksvalls IF

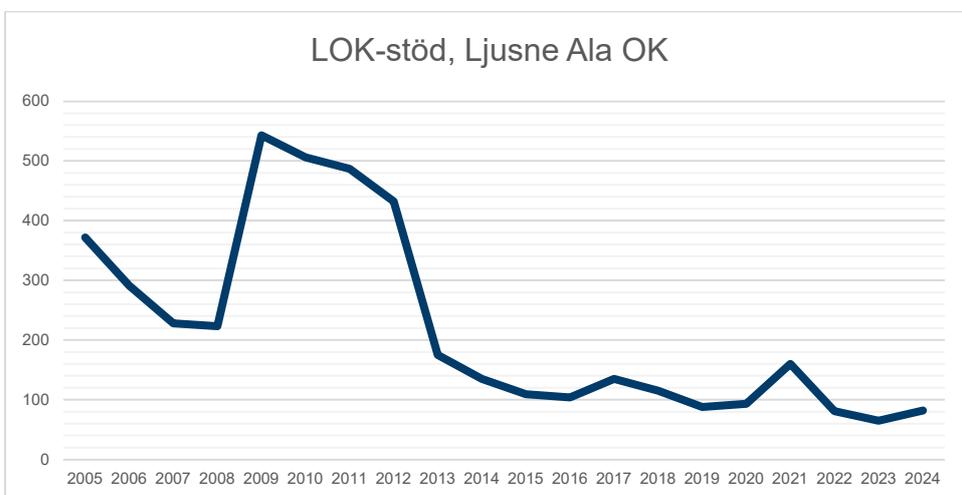


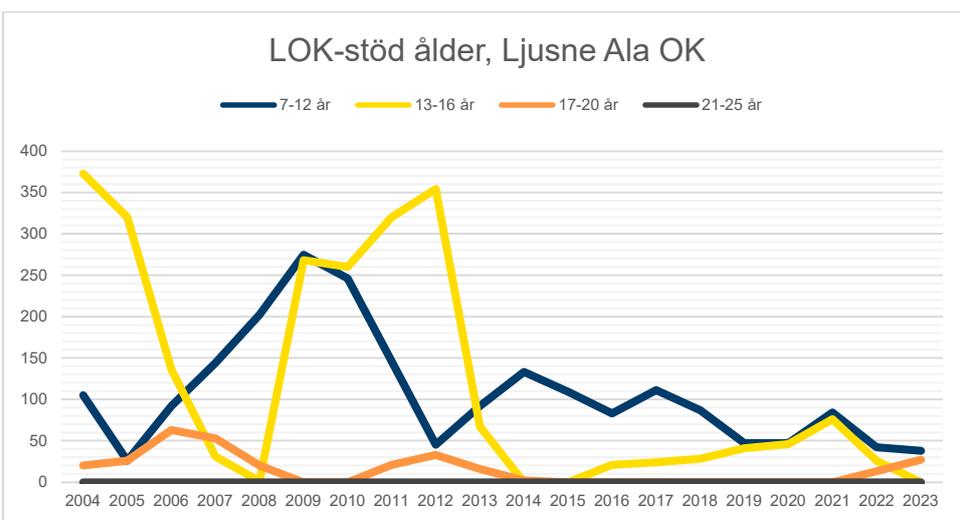
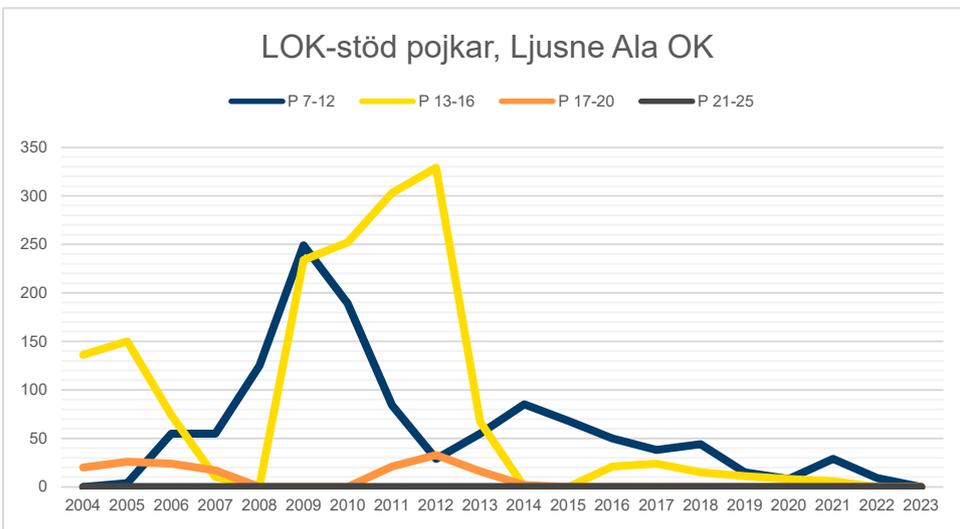
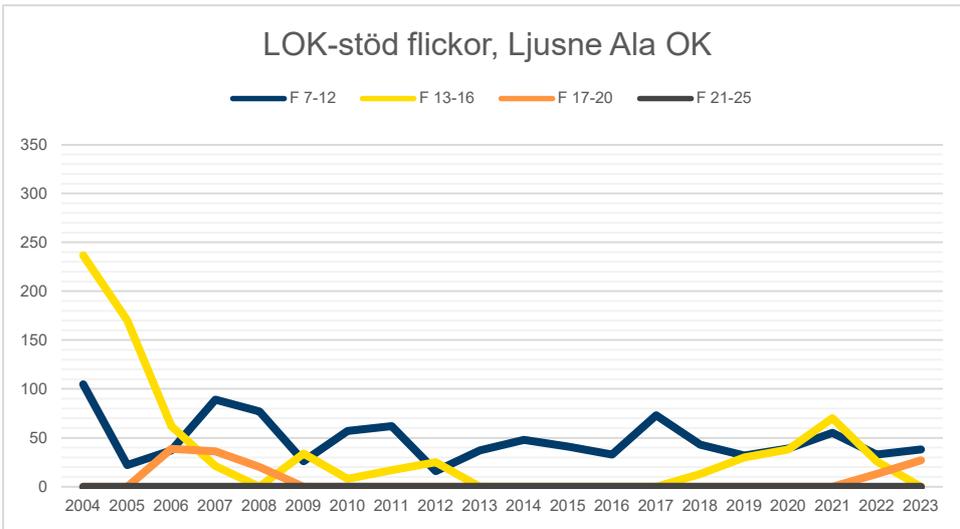


8. Ljusdals OK

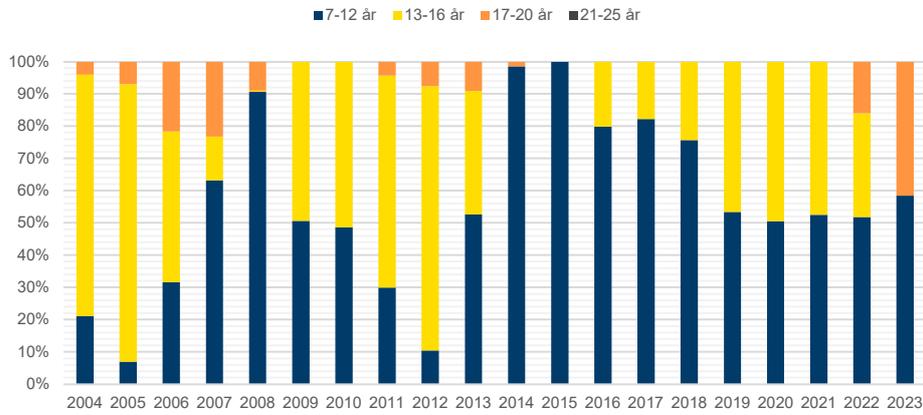


9. Ljusne Ala OK

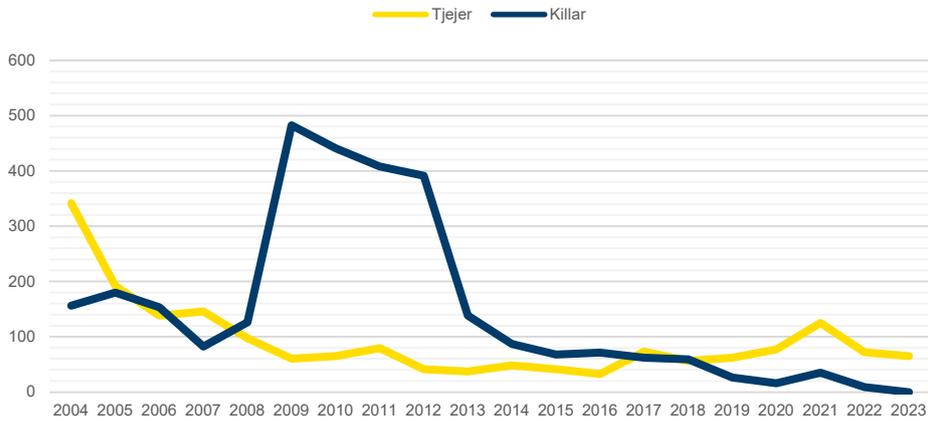




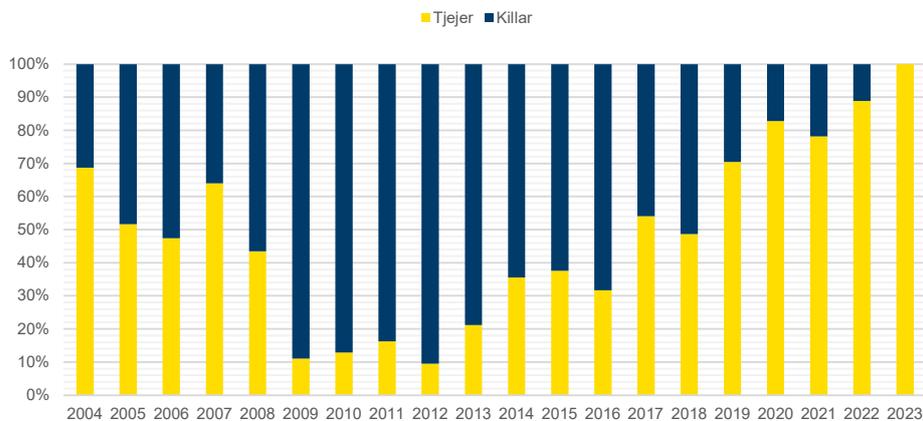
Åldersfördelning LOK-stöd, Ljusne Ala OK

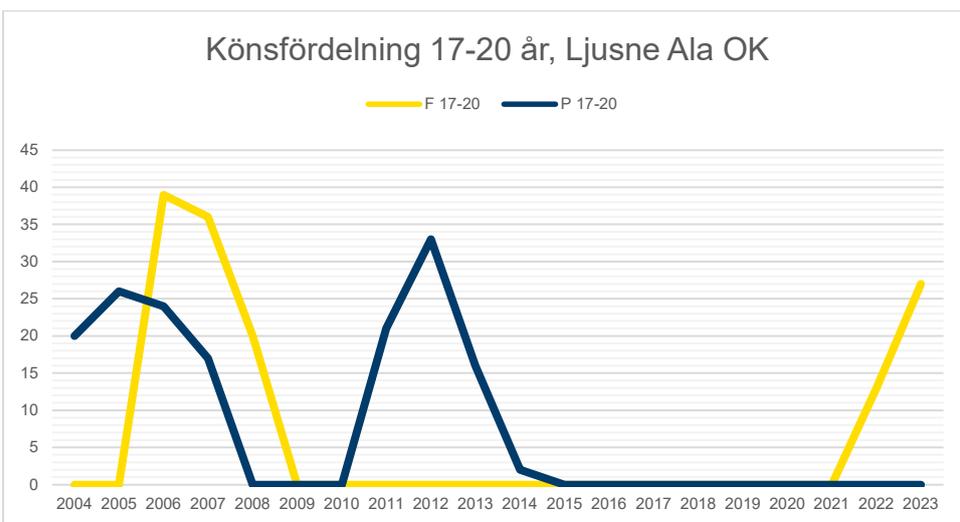
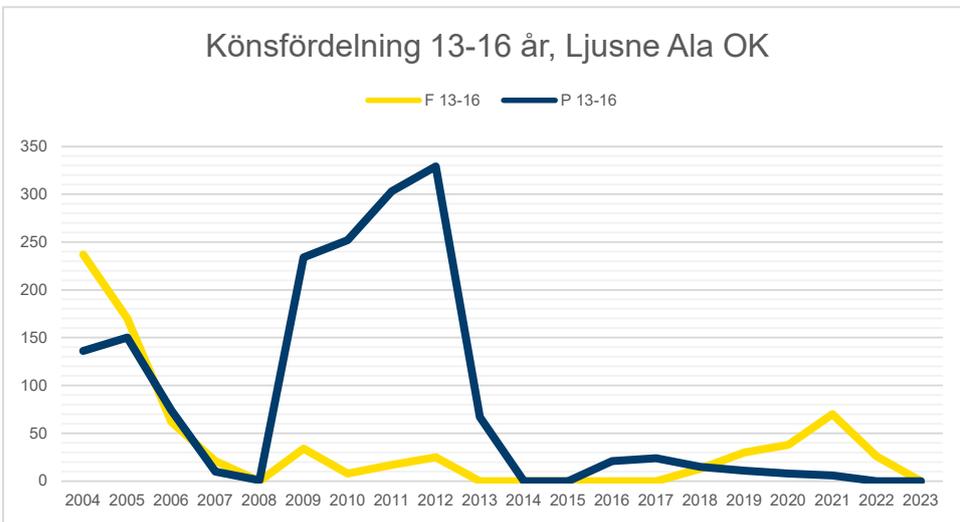
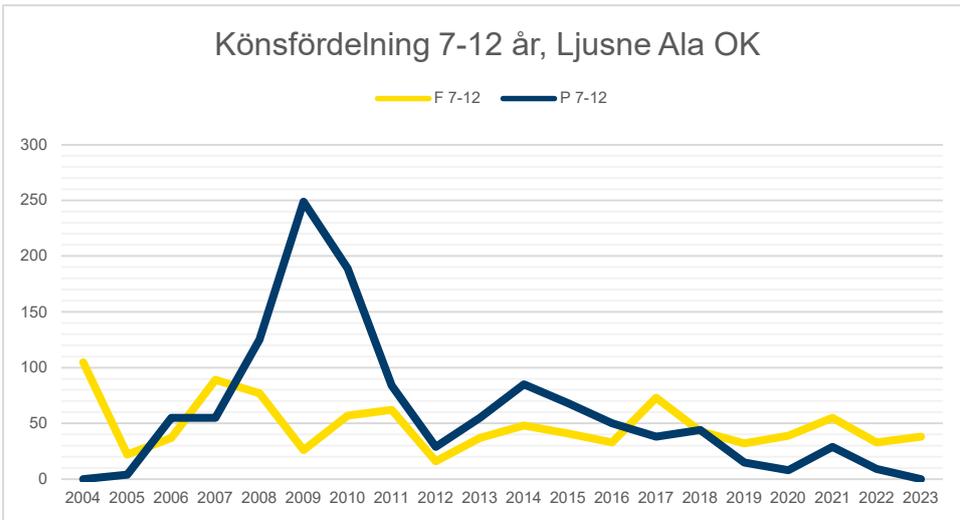


Könsfördelning LOK-stöd Ljusne Ala OK

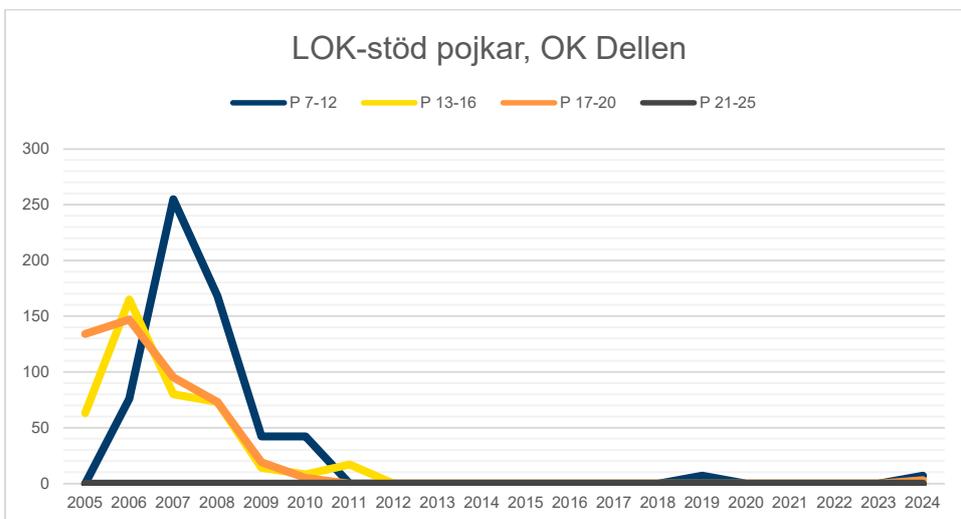
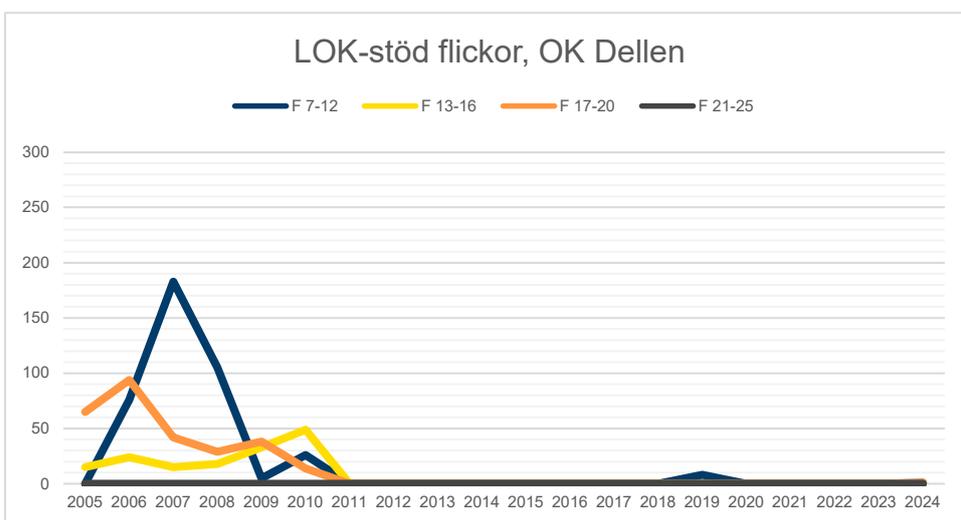
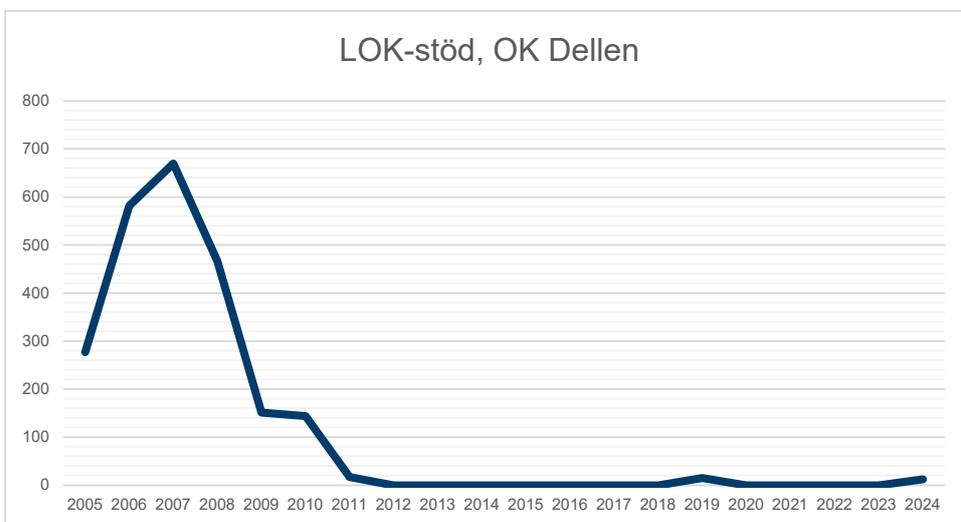


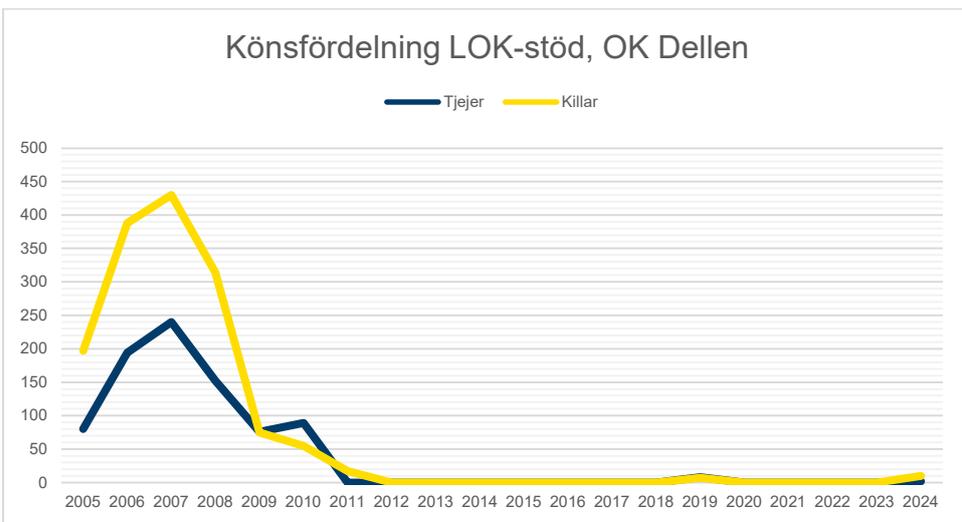
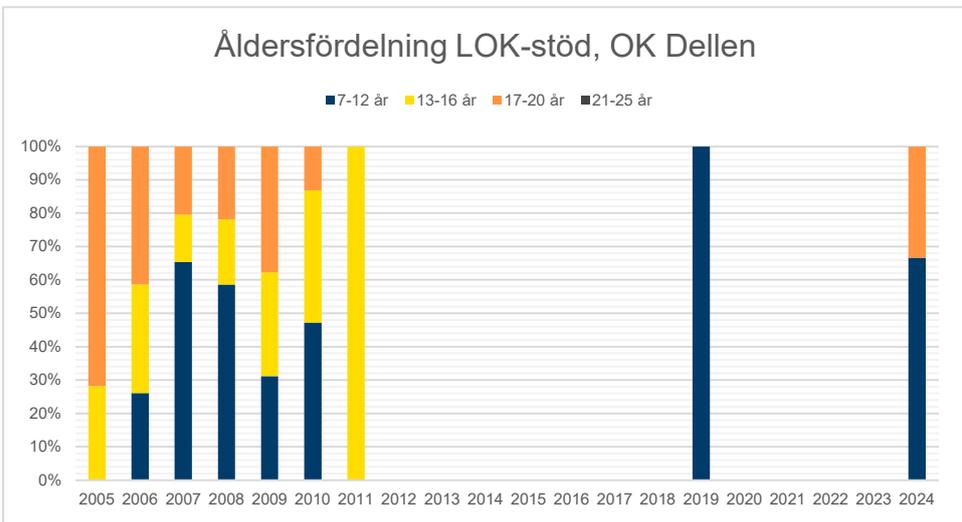
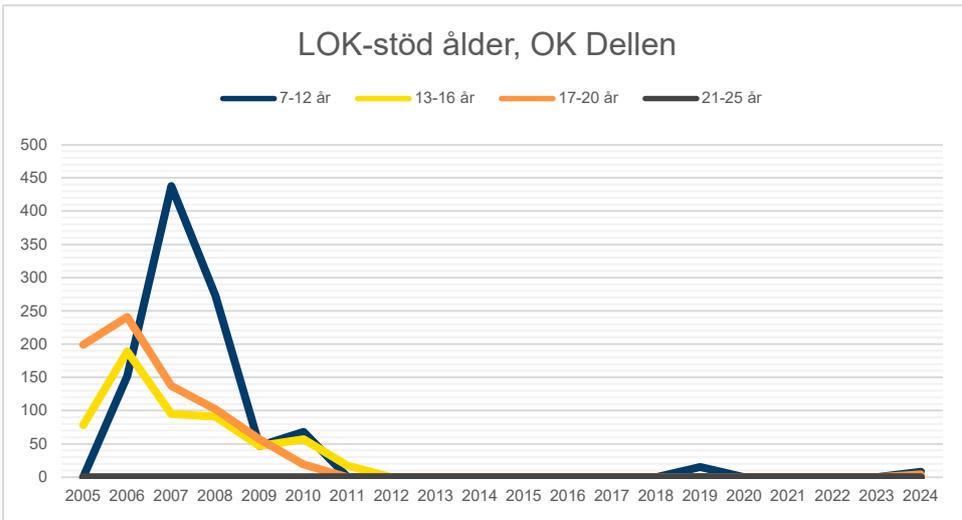
Könsfördelning LOK-stöd, Ljusne Ala OK



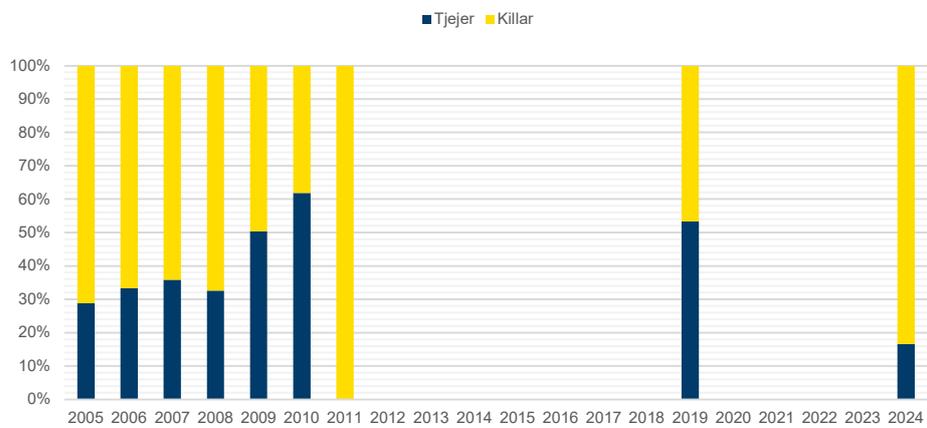


10. OK Dellen

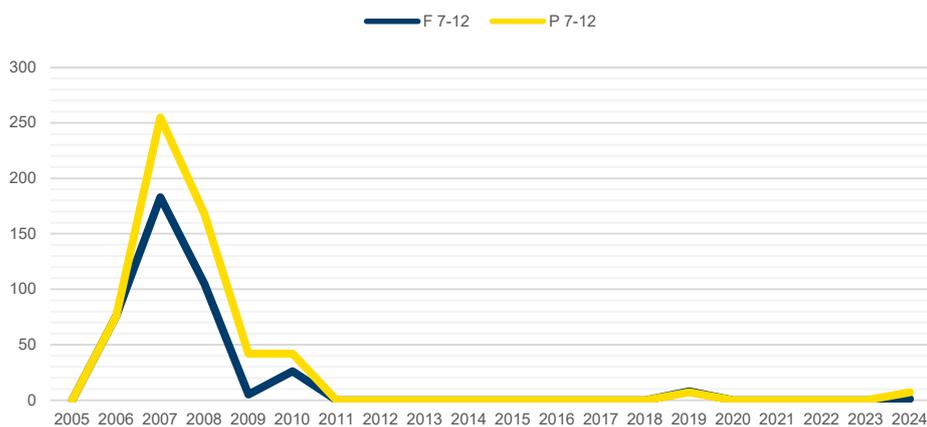




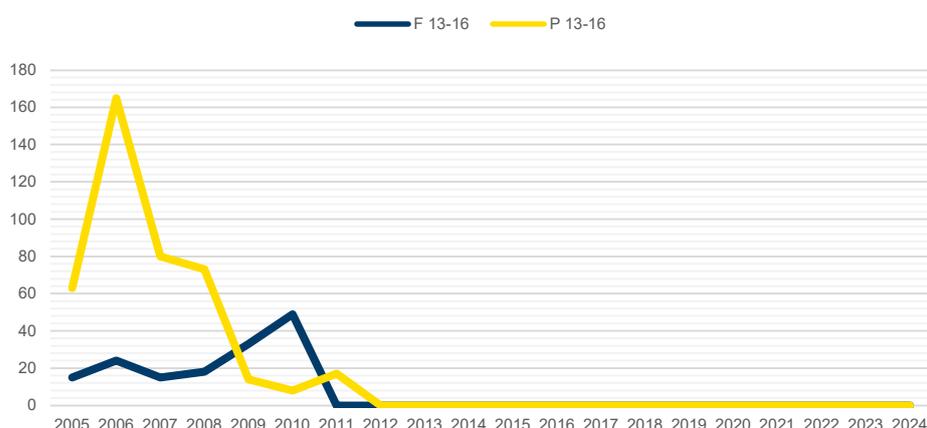
Könsfördelning LOK-stöd, OK Dellen

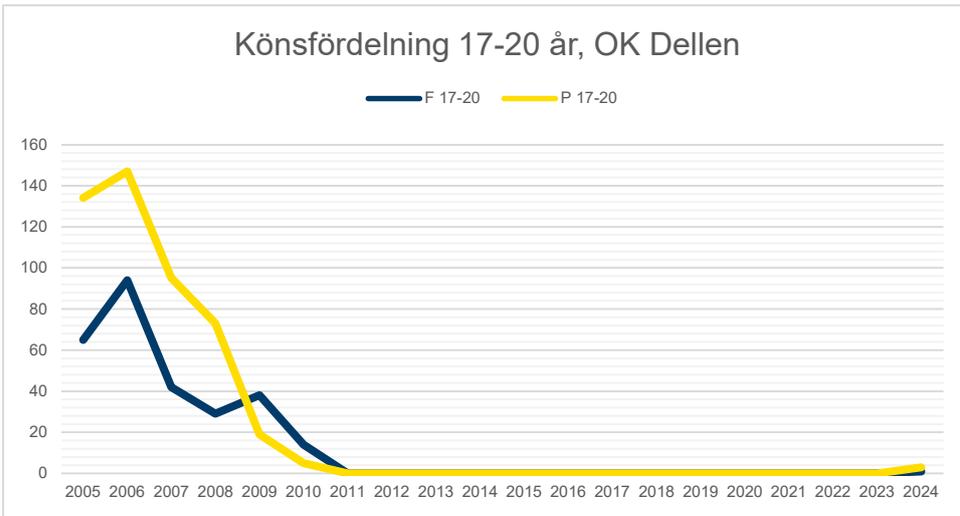


Könsfördelning 7-12 år, OK Dellen

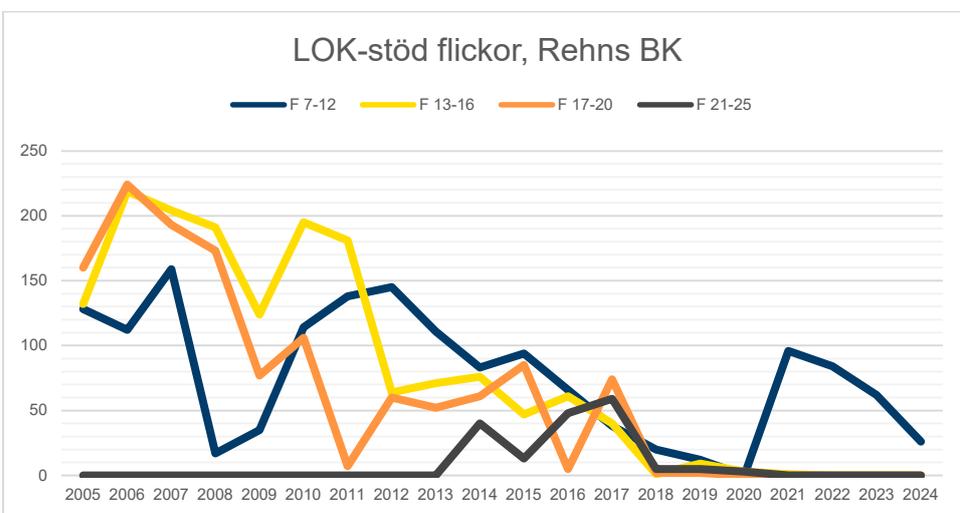
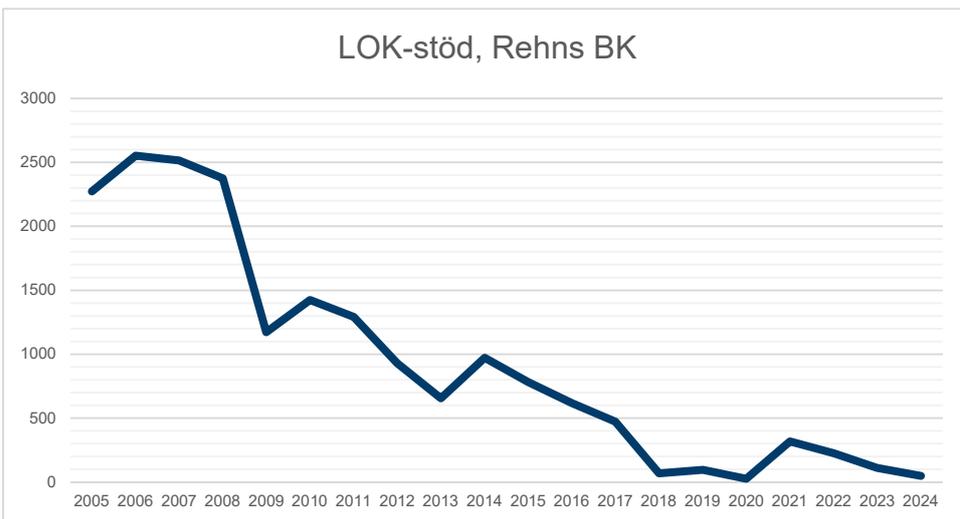


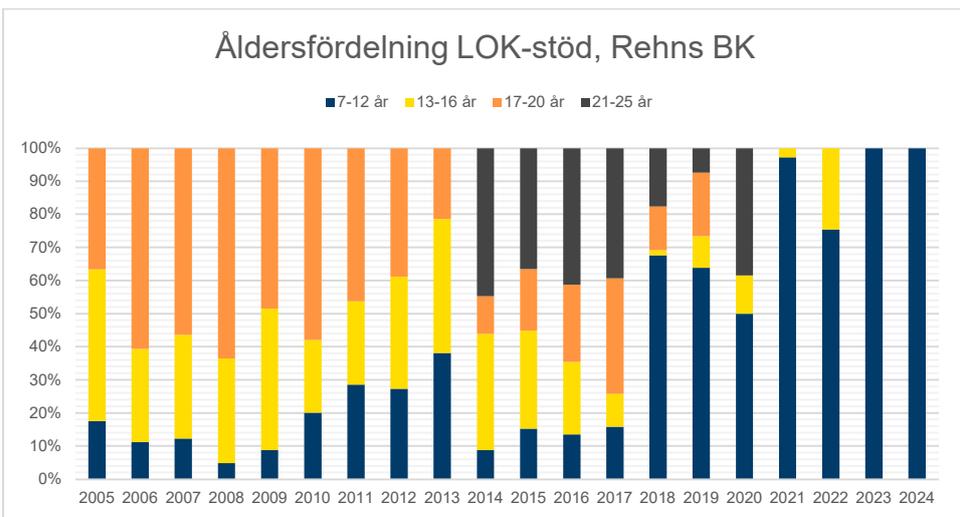
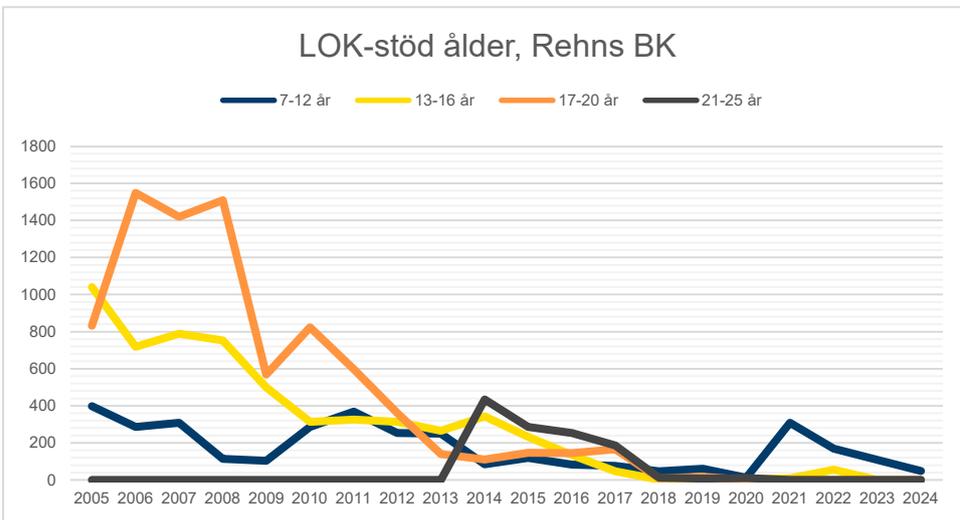
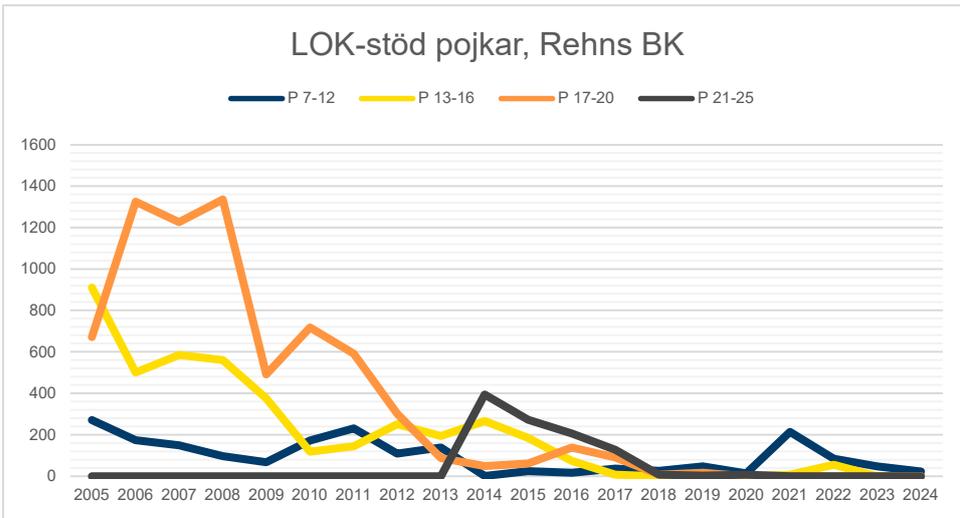
Könsfördelning 13-16 år, OK Dellen

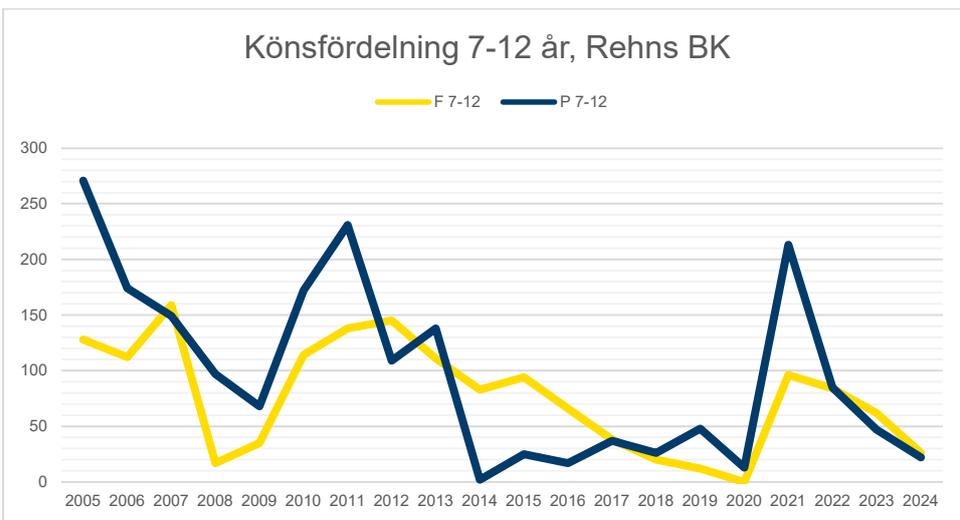
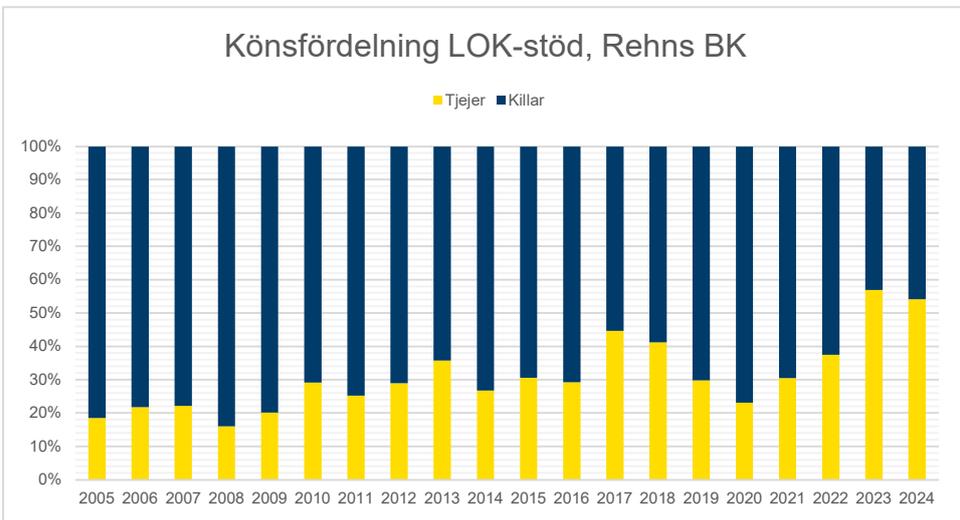
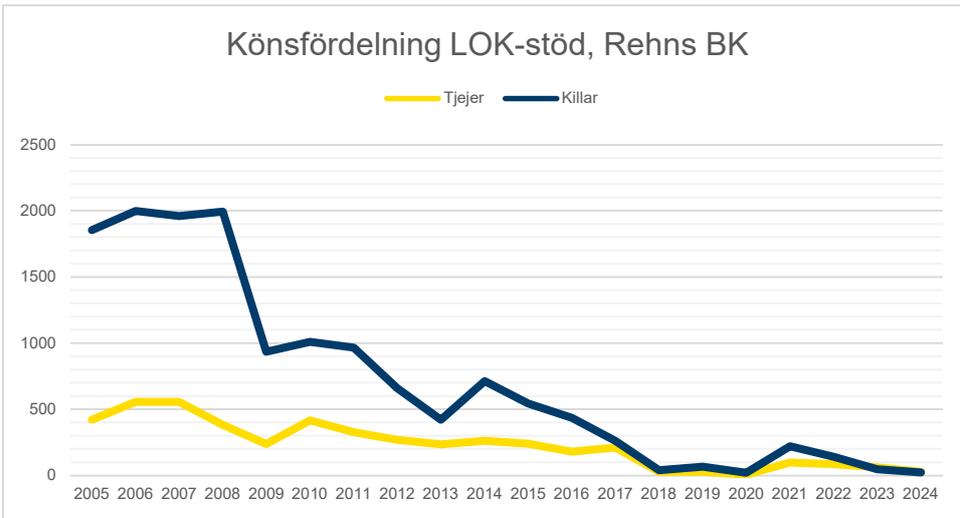




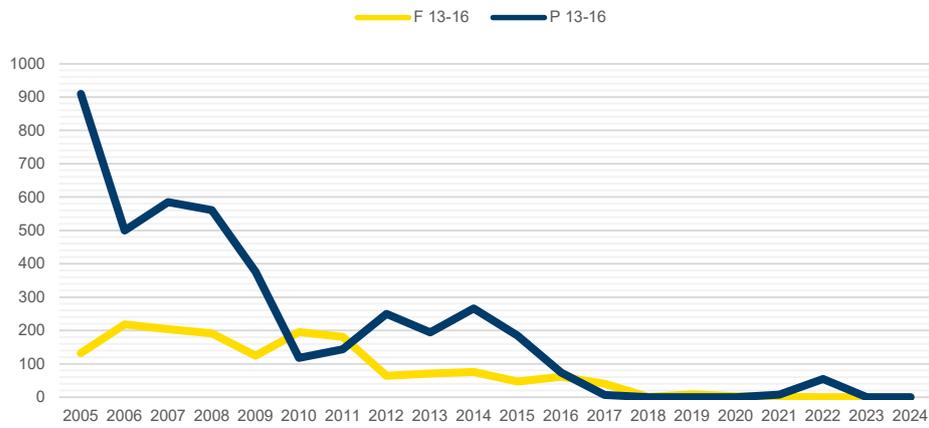
11. Rehns BK







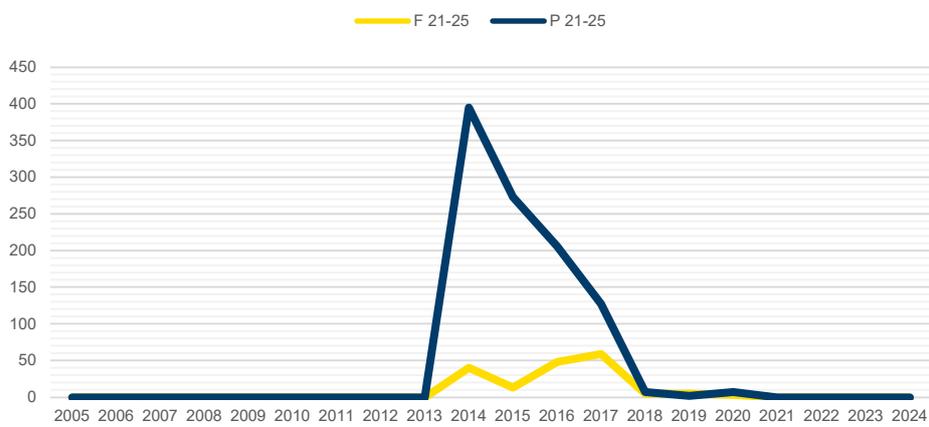
Könsfördelning 13-16 år, Rehns BK



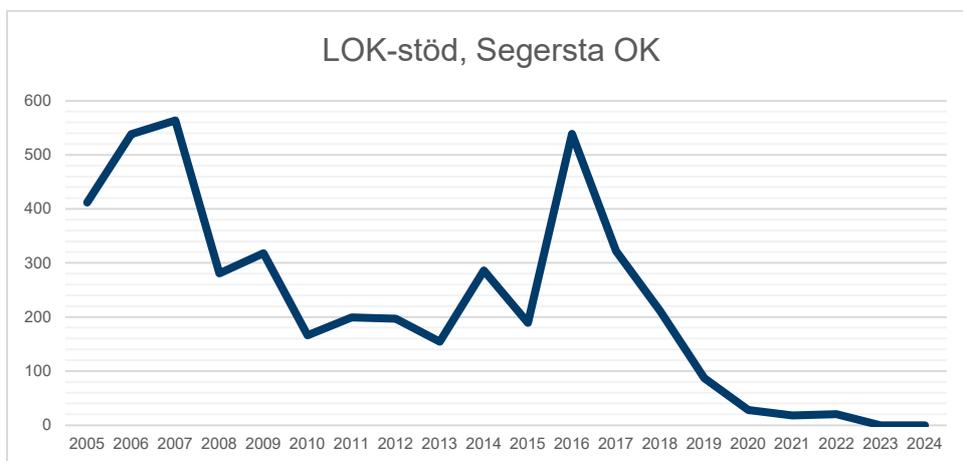
Könsfördelning 17-20 år, Rehns BK



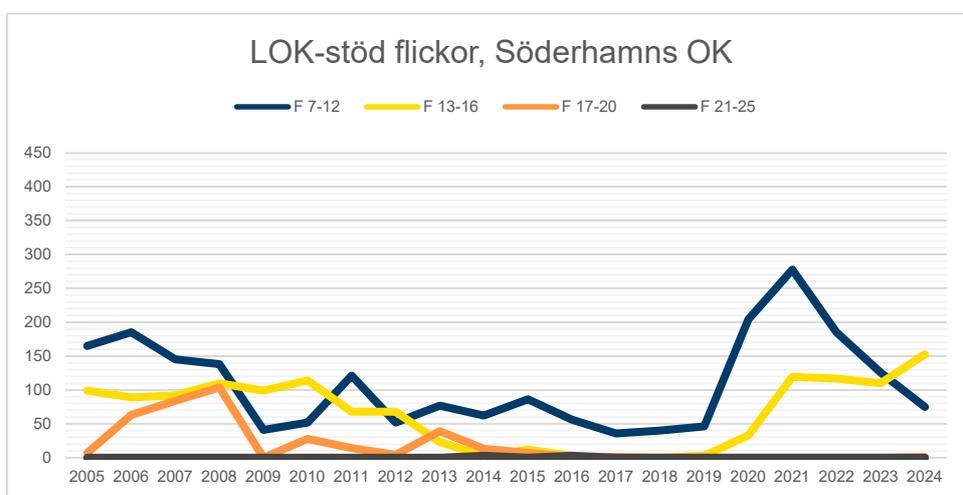
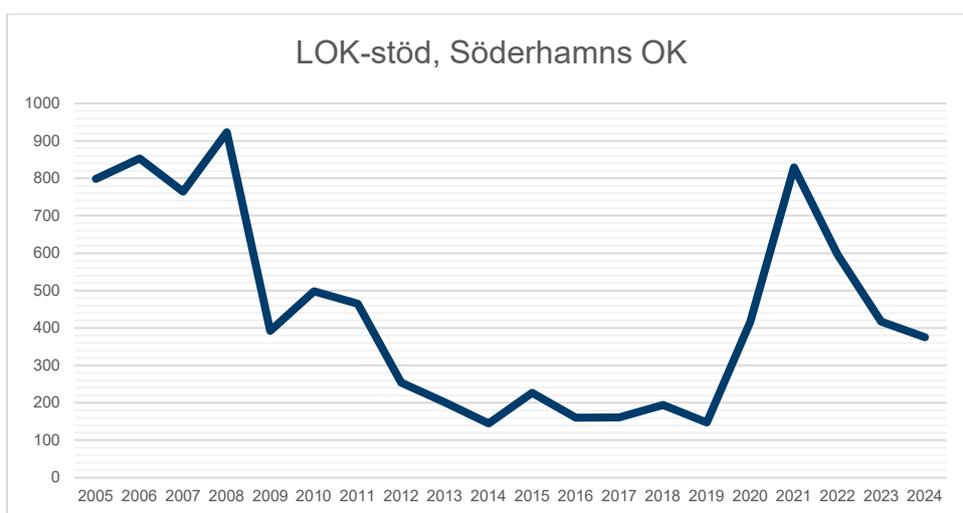
Könsfördelning 21-25 år, Rehns BK

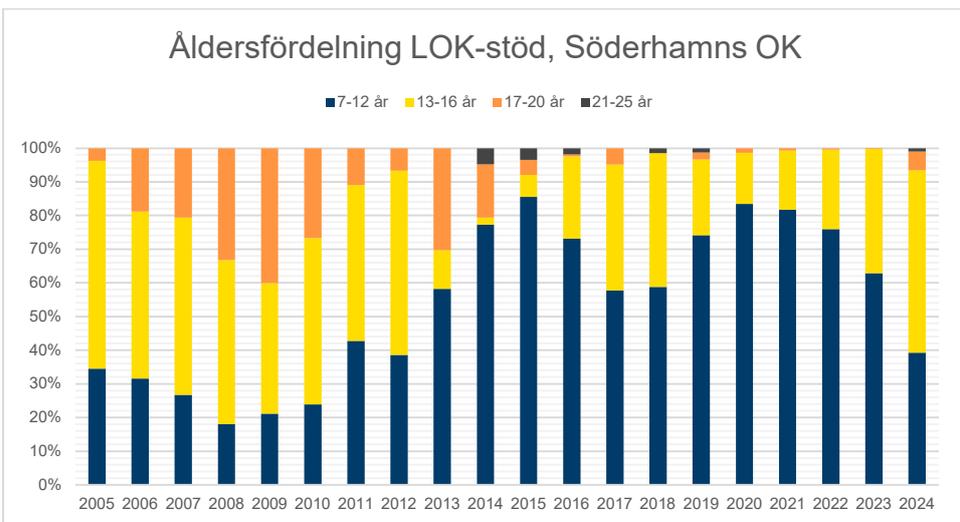
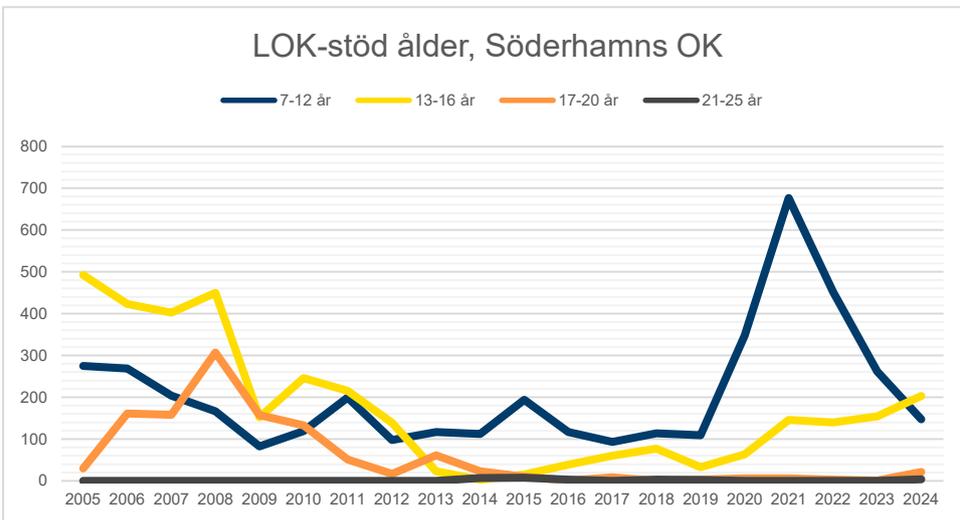
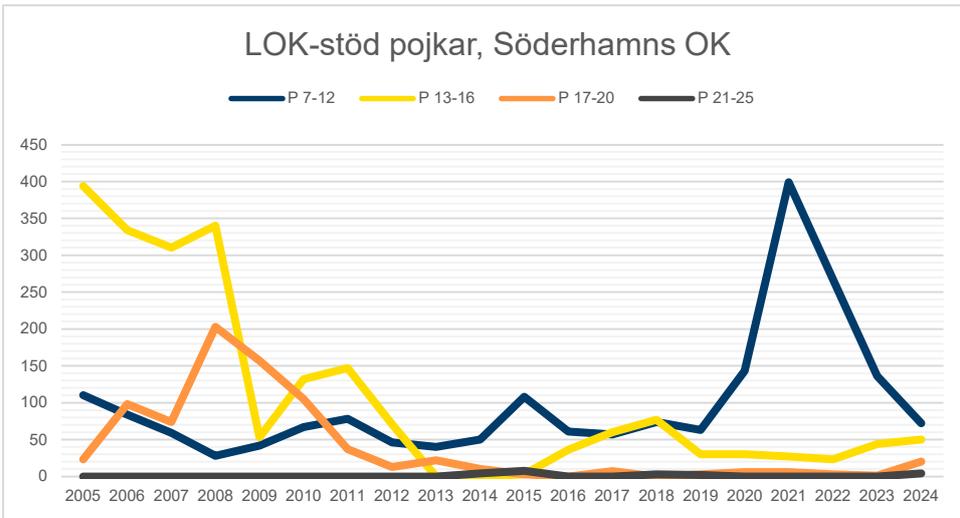


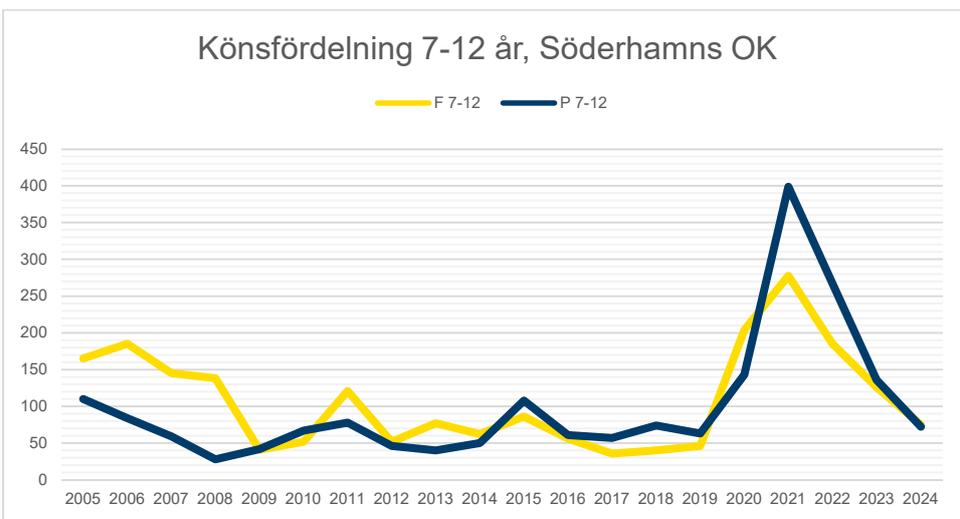
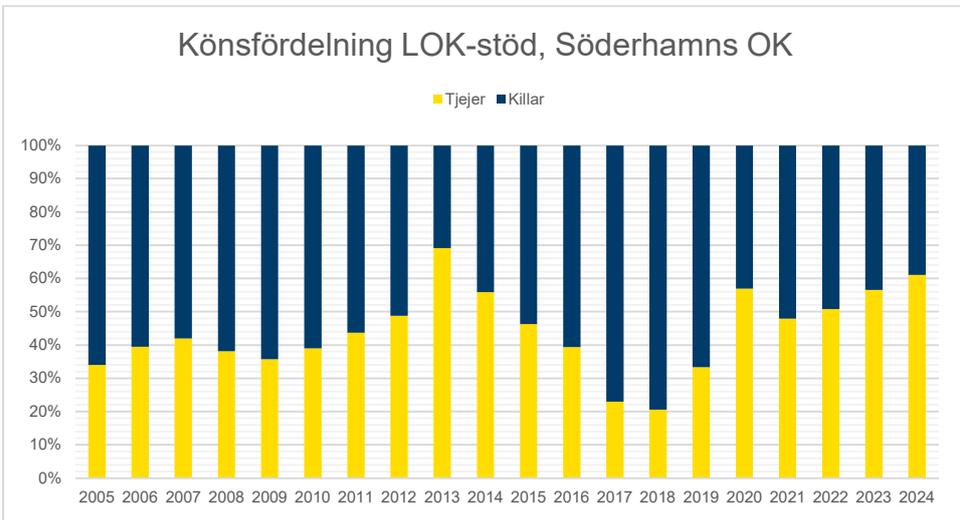
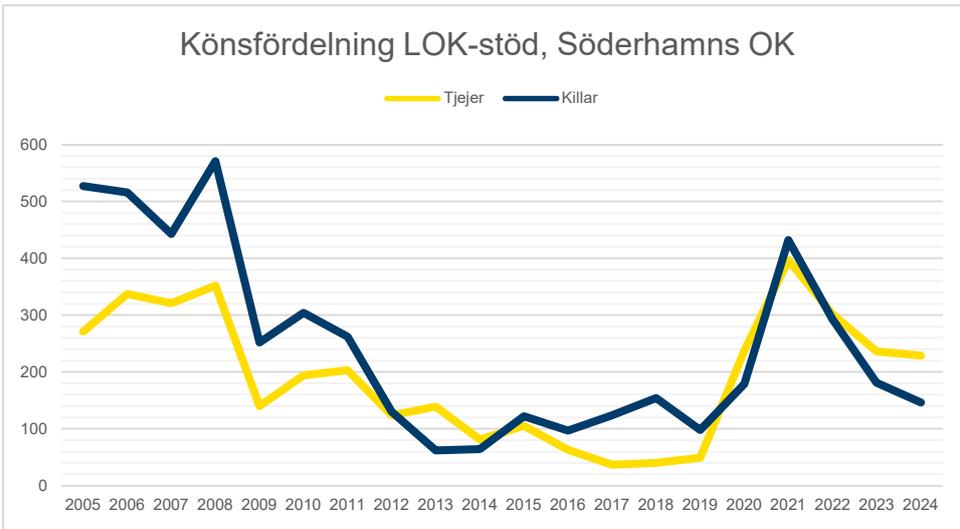
12. Segersta OK



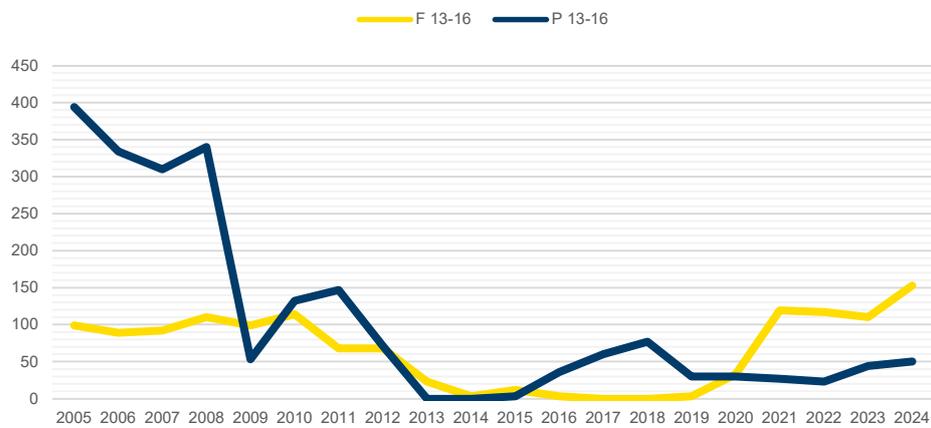
13. Söderhamns OK



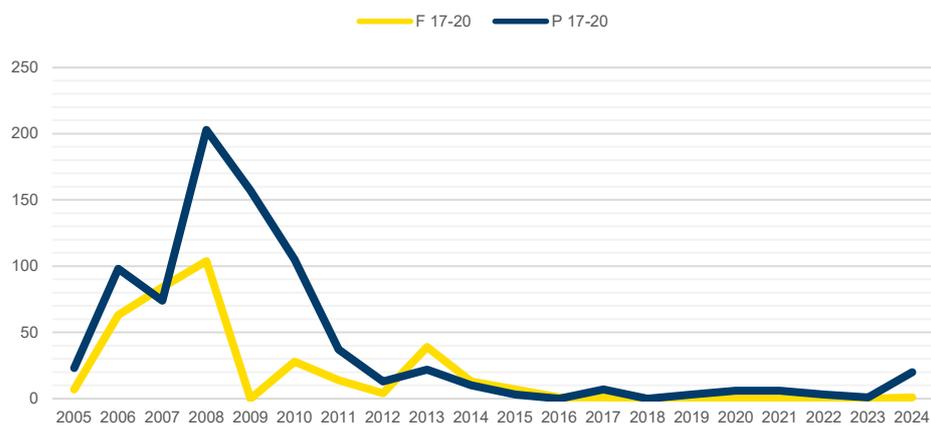




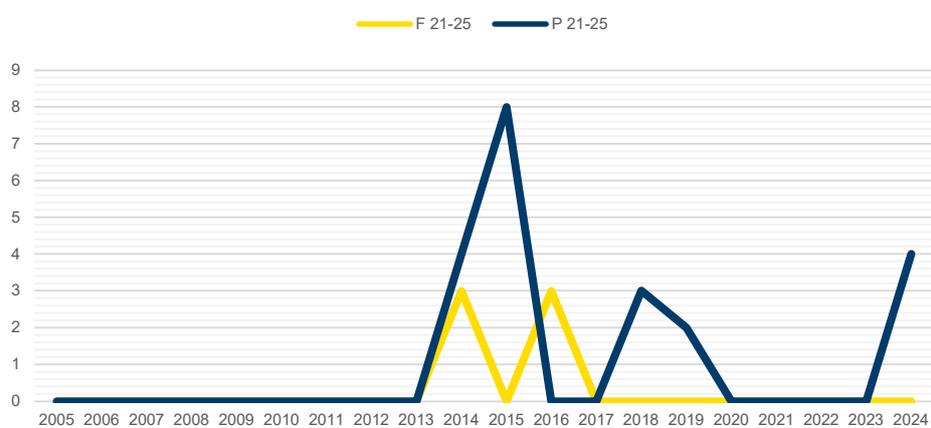
Könsfördelning 13-16 år, Söderhamns OK



Könsfördelning 17-20 år, Söderhamns OK



Könsfördelning 21-25 år, Söderhamns OK



14. Vallsta SK

